

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007

Results

Event 1 Women 1 mtr Diving

State Record: 535.70 * 1982		Mary Fischbach		Fort Dodge	
Name	Yr	School	Seed Time	Finals Score	
1	Bethany Olson	JR Cedar Falls	428.05	465.10	
2	Lauren Naeve	SR Ames	428.85	458.50	
3	Sarah Nelson	SR Decorah	422.90	420.80	
4	Sam Edwards	SR West Des Moines Valley	379.15	400.00	
5	Emily Hoerner	JR Dubuque Hempstead	403.10	398.40	
6	Lauren Nelson	JR Dowling Catholic	379.15	394.05	
7	Bridget Perkins	SR Pleasant Valley High School	354.50	392.60	
8	Madi Prouty	JR Boone	361.65	385.05	
9	Marley Dobyons	JR Ames	358.75	381.15	
10	Allison Mitchell	SR Decorah	380.95	375.90	
11	Lindsey Van Cleve	JR Dubuque Hempstead	361.45	375.60	
12	Jordan Overland	SO Boone	355.00	368.45	
13	Dahlia Gordon	FR Johnston	324.75	358.20	
14	Brittany Murray	SO Cedar Rapids Xavier	355.95	357.80	
15	Liz Hayes	FR Cedar Rapids Kennedy	329.60	336.85	
16	Meredith Bargaquast	JR Council Bluffs Abraham Lincoln	325.75	334.00	
17	Allison Miller	JR West Des Moines Valley	317.75	242.05	
18	Gabrielle Pruchno	JR Iowa City West	304.50	241.10	
19	Emily Doerder	SR Bettendorf High School	331.15	239.05	
20	Bethany Landon-Heinbuch	JR Cedar Rapids Kennedy	333.55	237.35	
21	Joanna Fravel	JR Sioux City Metro	305.00	155.25	
22	Becca Herman	JR Iowa City West	343.70	154.95	
23	Liz Fuller	JR Cedar Falls	331.60	152.25	
24	Alissa Oney	FR Cedar Rapids Washington	302.75	151.45	
25	Rebecca Ott	SR Dowling Catholic	297.30	150.40	
26	Sara Larson	FR Cedar Rapids Washington	308.10	149.70	
27	Mackenzie McLaughlin	SO Waterloo West	307.20	148.25	
28	Amy Stiehl	FR Marshalltown	292.95	145.45	
29	Alea Pollock	SO Grinnell-BGM	314.90	142.60	
30	Meredith Price	SR Pleasant Valley High School	302.55	141.90	
31	Kelsey Knief	JR Waterloo West	316.40	140.70	
32	Amber Osborn	JR Cedar Rapids Jefferson	310.20	140.35	
33	Lexie Kraus	SO Dubuque Hempstead	302.45	136.55	
34	Natalie Enloe	JR Ames	299.75	132.95	
35	Lauren Halloran	FR Cedar Falls	327.00	127.95	
---	Alison Stahler	SR Davenport West High School	378.90	DNF	

Event 2 Women 200 Yard Medley Relay

State Record: 1:46.72 * 11/2/2007		West Des Moines Valley		WDM Valley	
		D Harris, I Wistey, A Mehesan, K Galles			
Team	Relay	Seed Time	Finals Time		
1 West Des Moines Valley		1:45.94	1:46.72 *		
1) Danielle Harris JR	2) Imelda Wistey SO	3) Alexa Mehesan SR	4) Kelsey Galles SO		
27.83 30.45 23.97	24.47				
2 Cedar Rapids Kennedy		1:51.84	1:49.66		
1) Jody Petersen JR	2) Catie Baker SR	3) April Allen JR	4) Tamara Dunham SR		
28.03 30.49 25.86	25.28				
3 Mason City		1:53.18	1:51.02		
1) Courtney Busch SO	2) Emily Wiltsie SO	3) Chloe Dedic SR	4) Ali Stearns FR		
28.10 29.83 27.49	25.60				

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(Event 2 Women 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time
4 Marshalltown		1:55.26	1:51.36
1) Lora Collison JR	2) Kelsey Meyer-Davis SR	3) Andrea Duncan SR	4) Anna Buzbee JR
29.13 30.70 26.32	25.21		
5 Ankeny		1:53.68	1:52.91
1) Ashley Johnson JR	2) Lindsey Rogan SR	3) Kendra Allen SR	4) Emily Kramer SR
29.39 31.08 27.52	24.92		
6 Decorah		1:54.23	1:53.12
1) Hannah Maher FR	2) Steph Drewes SR	3) Lauren Smith FR	4) Amanda Brusio SR
28.67 31.76 27.31	25.38		
*7 Carroll		1:57.06	1:54.15
1) Krystin Winker JR	2) Karli Payer FR	3) Kamalha Sonnichsen SO	4) Lindsey Schwabe SO
28.62 31.04 29.37	25.12		
*7 Dubuque Hempstead		1:54.88	1:54.15
1) Laura Yoon SR	2) Lauren Slagel SO	3) Lydia Feldman JR	4) Ashlee Tiernan SR
27.66 33.21 26.73	26.55		
9 Johnston		1:54.96	1:54.58
1) Hannah Smith SR	2) Meredith Luksetich JR	3) Krista Tippin SR	4) Tara Lee SR
27.61 35.18 27.01	24.78		
10 Des Moines Lincoln		1:54.84	1:54.72
1) Ann Keller JR	2) Megan La Suer SO	3) Gina Song JR	4) Ashley Williams JR
28.77 32.46 28.32	25.17		
11 Cedar Falls		1:57.43	1:54.74
1) Jessa Kukral JR	2) Erica Scullin JR	3) Joanie Panec SR	4) Sarah Hedeon JR
30.66 32.10 26.97	25.01		
12 Bettendorf High School		1:55.99	1:55.02
1) Patty Kautz SR	2) Caitlin Campbell FR	3) Cat Vercillo SO	4) Margaret Barber FR
29.71 32.09 28.05	25.17		
13 Iowa City High		1:56.43	1:55.07
1) Beth Eyanson SO	2) Allison Davis SO	3) Alli Duncan SR	4) Amy Gray JR
28.44 32.20 29.13	25.30		
14 Ames		1:54.54	1:55.12
1) Tayler Steenblock JR	2) Kayla Ranney SR	3) Charlotte Quant FR	4) Magon Liu SR
30.28 31.27 28.04	25.53		
15 Dowling Catholic		1:55.21	1:55.21
1) Katie Kubat SR	2) Kathryn Greenfield SR	3) Rachael Bordelon SR	4) Steph Jones SR
28.99 33.25 28.32	24.65		
16 Des Moines Roosevelt		1:56.72	1:55.22
1) Annie Sullivan FR	2) Rebecca Prueitt JR	3) Allison Norman SR	4) Sarah Larson FR
29.17 32.54 28.28	25.23		
17 Tipton		1:57.09	1:55.51
1) Amanda Gavin JR	2) Mackenzie Moritz FR	3) Alex Proctor SR	4) Alicia Goetz JR
32.59 31.80 26.67	24.45		
18 SE Polk		1:55.96	1:55.65
1) Alyssa Shilling JR	2) Kaitlin Ogden SR	3) Olivia Egen SR	4) Stephanie Atkins SR
30.27 30.58 29.85	24.95		
19 Dubuque Wahlert High School		1:55.95	1:57.05
1) Ali Houselog JR	2) Paula Osterberger SR	3) Tabby Temperley JR	4) Alyx Nugent SO
31.07 31.94 28.16	25.88		
20 Linn-Mar		1:57.48	1:57.14
1) Ashleigh Belin SR	2) Brittany Tripp SR	3) Jenn Quella SR	4) Alix Crawford JR
29.73 33.17 28.07	26.17		
21 Clinton High School		1:57.16	1:57.44
1) Larissa Widen JR	2) Libby Hess SO	3) Patricia Pitschi JR	4) Amanda Bouchard SR
30.25 32.47 28.09	26.63		

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Results

(Event 2 Women 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time
22 Fort Dodge		1:56.46	1:57.95
1) Katie Post JR	2) Ali Chambers SO	3) Jaime Pearson SO	4) Ellie Savery JR
30.13 33.03 28.42	26.37		
23 Cedar Rapids Jefferson		1:57.84	1:57.98
1) Emily Leary SO	2) Bailey Strausser SO	3) Emily Bajet SR	4) Jillyn Gerken SO
31.75 31.98 28.33	25.92		
24 Cedar Rapids Washington		1:57.66	1:59.54
1) Zoey Dietz SO	2) Kaitlin Oney SR	3) Sami Puk SO	4) Greta Oldach SO
30.35 35.09 28.10	26.00		

Event 3 Women 200 Yard Freestyle

State Record: 1:50.92 * 11/2/2007			Stephanie Koch		Ames	
Name	Yr	School	Seed Time	Finals Time		
1 Stephanie Koch	JR	Ames	1:52.98	1:50.92 *		
26.09 28.00 28.13	28.70					
2 Emily Kopec	JR	Cedar Rapids Washington	1:58.38	1:55.19		
26.00 28.73 29.63	30.83					
3 Lisa Nathanson	SR	West Des Moines Valley	1:56.61	1:55.23		
26.24 27.93 29.83	31.23					
4 Allison Harding	JR	West Des Moines Valley	2:00.98	1:55.57		
27.42 29.31 29.49	29.35					
5 Chelsea Hartman	SR	Iowa City West	1:57.82	1:55.89		
26.71 28.91 30.42	29.85					
6 Lauren Mason	JR	Marshalltown	1:57.13	1:55.90		
25.72 29.02 30.10	31.06					
7 Kelsey Noah	SR	Charles City	2:00.71	1:57.19		
27.41 28.62 30.36	30.80					
8 Patty Kautz	SR	Bettendorf High School	1:59.65	1:57.82		
26.79 28.90 30.58	31.55					
9 Whitney Arthofer	SR	Dubuque Senior	2:02.53	1:59.75		
27.54 29.63 30.55	32.03					
10 Shea Brunsvold	JR	Mason City	2:01.13	2:00.08		
28.09 30.22 30.90	30.87					
11 Tabby Temperley	JR	Dubuque Wahlert High School	2:00.10	2:00.67		
27.42 30.20 31.77	31.28					
12 Chrisann Zuemer	FR	Ames	2:00.65	2:00.72		
27.60 30.15 31.50	31.47					
13 Caitlin Ray	SR	Pleasant Valley High School	2:00.54	2:00.83		
27.70 30.02 31.57	31.54					
14 Alyx Nugent	SO	Dubuque Wahlert High School	2:01.92	2:01.10		
28.49 30.32 30.89	31.40					
15 Katie Hines	JR	West Des Moines Valley	2:02.04	2:01.11		
27.62 30.31 31.81	31.37					
16 Alex Gustafson	SO	Johnston	1:59.12	2:01.50		
27.75 30.44 31.69	31.62					
17 Mary Kathryn Maher	FR	Decorah	2:01.40	2:01.75		
28.16 30.60 31.83	31.16					
18 Laura Krogh	SR	Ankeny	2:01.09	2:02.06		
27.90 30.50 31.77	31.89					
19 Caitlin Stewart	SR	Marshalltown	2:03.41	2:02.89		
28.27 30.96 32.23	31.43					
20 Rachel Clark	SR	Newton	2:03.11	2:03.21		
27.45 30.62 32.25	32.89					

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(Event 3 Women 200 Yard Freestyle)

Name				Yr	School	Seed Time	Finals Time
21	Amy Gray			JR	Iowa City High	2:04.32	2:03.68
	28.65	31.16	32.21		31.66		
22	Laura Guth			SR	Pleasant Valley High School	2:03.92	2:03.96
	28.37	30.60	33.04		31.95		
23	Hannah Berntson			JR	Bettendorf High School	2:03.94	2:04.85
	28.51	30.80	31.90		33.64		
24	Madi Cummings			SR	Ames	2:03.11	2:05.78
	28.05	30.74	32.74		34.25		

Event 4 Women 200 Yard IM

State Record: 2:06.10 * 1995

Sarah Dougall

CR Washington

Name				Yr	School	Seed Time	Finals Time
1	Danielle Harris			JR	West Des Moines Valley	2:10.93	2:06.98
	28.41	30.50	36.61		31.46		
2	Emily Wiltsie			SO	Mason City	2:12.41	2:10.08
	29.28	33.84	36.55		30.41		
3	Hannah Maher			FR	Decorah	2:15.96	2:11.99
	29.87	34.08	37.61		30.43		
4	Catie Baker			SR	Cedar Rapids Kennedy	2:13.93	2:13.67
	28.89	33.39	38.17		33.22		
5	Allison Davis			SO	Iowa City High	2:18.16	2:13.95
	29.66	34.96	37.48		31.85		
6	Erin Mykleby			SR	Pleasant Valley High School	2:16.94	2:14.23
	28.12	32.88	40.57		32.66		
7	Ali Stearns			FR	Mason City	2:17.13	2:14.51
	29.05	34.66	38.00		32.80		
8	Karli Payer			FR	Carroll	2:17.10	2:15.48
	29.16	35.22	39.63		31.47		
9	Mara Zuckerman			SO	West Des Moines Valley	2:21.91	2:16.97
	29.43	35.16	41.04		31.34		
10	Tanelle Berard			FR	Dowling Catholic	2:21.04	2:17.13
	28.82	34.44	41.69		32.18		
11	Chloe Dedic			SR	Mason City	2:19.80	2:17.41
	28.95	35.63	41.10		31.73		
12	Liza Myers			FR	Dowling Catholic	2:19.34	2:17.62
	28.98	34.53	42.59		31.52		
13	Shelby Doehrmann			SO	CR Prairie/Williamsburg	2:18.21	2:17.84
	28.26	34.75	43.04		31.79		
14	Paula Coryn			JR	Bettendorf High School	2:19.51	2:19.27
	30.00	35.41	41.83		32.03		
15	Katherine Cote			SO	Linn-Mar	2:19.34	2:19.54
	29.95	36.02	41.52		32.05		
16	Erin Voelschow			SR	Cedar Rapids Kennedy	2:21.12	2:20.44
	30.24	35.18	42.82		32.20		
17	Erica Scullin			JR	Cedar Falls	2:21.46	2:20.75
	30.36	37.76	39.22		33.41		
18	Megan La Suer			SO	Des Moines Lincoln	2:22.18	2:21.15
	30.83	38.59	39.55		32.18		
19	Jessa Kukral			JR	Cedar Falls	2:21.49	2:21.43
	31.23	35.04	42.93		32.23		
20	Jaime Pearson			SO	Fort Dodge	2:18.99	2:21.82
	29.81	36.07	43.82		32.12		
21	Lindsey Rogan			SR	Ankeny	2:20.07	2:22.26
	30.82	37.69	40.22		33.53		

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Results

(Event 4 Women 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time
22 Steph Drewes	SR	Decorah	2:20.01	2:22.45
29.88 37.02 40.86 34.69				
23 Taylor Rippon	JR	Clinton High School	2:22.45	2:24.82
29.77 37.05 44.04 33.96				
24 Caitlyn Meyer	JR	Newton	2:22.06	2:25.26
30.08 35.95 46.00 33.23				

Event 5 Women 50 Yard Freestyle

State Record: 22.92 * 11/2/2007		Alexa Mehesan		WDM Valley	
Name	Yr	School	Seed Time	Finals Time	
1 Alexa Mehesan	SR	West Des Moines Valley	23.64	22.92 *	
2 Becca Leffler	JR	Des Moines Hoover	24.74	24.04	
3 Meredith Johnson	SO	Marshalltown	24.54	24.24	
*4 Eno Augustine-Akpan	FR	Des Moines Roosevelt	25.06	24.63	
*4 Lindsey Lamair	JR	West Des Moines Valley	25.16	24.63	
6 April Allen	JR	Cedar Rapids Kennedy	24.77	24.87	
7 Meredith Luksetich	JR	Johnston	25.18	24.91	
8 Jill Broghammer	FR	Cedar Rapids Washington	25.63	25.10	
9 Alicia Goetz	JR	Tipton	25.10	25.28	
10 Allie Hable	FR	Ankeny	25.84	25.44	
11 Tara Lee	SR	Johnston	25.46	25.52	
12 Bridget Perkins	SR	Pleasant Valley High School	25.83	25.57	
*13 Margaret Barber	FR	Bettendorf High School	25.91	25.59	
*13 Kelsey Galles	SO	West Des Moines Valley	25.50	25.59	
15 Emily Kramer	SR	Ankeny	25.30	25.63	
16 Kaitlin Ogden	SR	SE Polk	25.57	25.66	
17 Lauren Smith	FR	Decorah	25.61	25.81	
18 Alicia Logan	JR	Keokuk High School	25.93	25.89	
19 Anna Buzbee	JR	Marshalltown	25.89	25.90	
20 Karissa Bohn	SO	Des Moines North	26.06	25.93	
21 Kristi Hanno	JR	Davenport West High School	26.07	26.31	
*22 Meagan Shultz	SR	Dubuque Senior	25.98	26.32	
*22 Steph Ferguson	JR	Johnston	25.97	26.32	
24 Katie Sawin	SO	Sioux City Metro	26.01	26.50	

Event 6 Women 100 Yard Butterfly

State Record: 54.57 * 11/2/2007		Alexa Mehesan		WDM Valley	
Name	Yr	School	Seed Time	Finals Time	
1 Alexa Mehesan	SR	West Des Moines Valley	57.17	54.57 *	
25.49 29.08					
2 Becca Leffler	JR	Des Moines Hoover	1:00.56	58.39	
26.73 31.66					
3 Beth Eyanson	SO	Iowa City High	1:00.29	58.95	
27.54 31.41					
4 Caitlin Campbell	FR	Bettendorf High School	1:00.69	58.99	
27.42 31.57					
5 Jill Broghammer	FR	Cedar Rapids Washington	1:02.13	59.36	
28.04 31.32					
6 Grace Murray	SO	Iowa City West	1:01.78	59.92	
28.26 31.66					
7 Laura Yoon	SR	Dubuque Hempstead	1:01.63	1:00.12	
27.65 32.47					

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(Event 6 Women 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time
8 Nailah Bakari 28.48 31.79	FR	West Des Moines Valley	1:02.12	1:00.27
9 Imelda Wistey 27.79 32.82	SO	West Des Moines Valley	1:02.43	1:00.61
10 Lydia Feldman 27.91 32.77	JR	Dubuque Hempstead	1:01.12	1:00.68
11 Jody Petersen 27.99 32.70	JR	Cedar Rapids Kennedy	1:02.43	1:00.69
12 Krista Tippin 28.14 32.69	SR	Johnston	1:01.99	1:00.83
13 Chloe Dedic 28.26 32.60	SR	Mason City	1:01.49	1:00.86
14 Samantha Stivers 28.28 32.59	SR	Lewis Central	1:02.97	1:00.87
15 Erin Mykleby 28.12 33.05	SR	Pleasant Valley High School	1:02.69	1:01.17
16 Andrea Duncan 28.95 32.57	SR	Marshalltown	1:02.10	1:01.52
17 Shelby Doehrmann 28.64 33.30	SO	CR Prairie/Williamsburg	1:01.84	1:01.94
18 Sami Puk 28.83 33.40	SO	Cedar Rapids Washington	1:02.77	1:02.23
19 Kelsey Staub 28.91 33.49	SO	Johnston	1:02.12	1:02.40
20 Steph Jones 28.47 34.07	SR	Dowling Catholic	1:03.36	1:02.54
21 Patricia Pitschi 29.57 34.02	JR	Clinton High School	1:03.36	1:03.59
22 Kendra Allen 29.38 34.60	SR	Ankeny	1:02.86	1:03.98
23 Taylor Rippon 30.07 33.93	JR	Clinton High School	1:03.13	1:04.00
24 Jaime Pearson 29.72 34.52	SO	Fort Dodge	1:02.52	1:04.24
25 Charlotte Quant 29.67 35.09	FR	Ames	1:03.26	1:04.76

Event 7 Women 100 Yard Freestyle

State Record: 51.55 * 11/2/2007 Lisa Nathanson		WDM Valley		
Name	Yr	School	Seed Time	Finals Time
1 Lisa Nathanson 24.38 27.17	SR	West Des Moines Valley	51.71	51.55 *
2 Meredith Johnson 25.17 27.56	SO	Marshalltown	53.57	52.73
3 Emily Kopec 25.79 27.38	JR	Cedar Rapids Washington	54.82	53.17
4 Lauren Mason 25.53 27.76	JR	Marshalltown	54.18	53.29
5 Courtney Busch 26.04 27.71	SO	Mason City	54.40	53.75
6 Lindsey Lamair 25.88 27.92	JR	West Des Moines Valley	55.38	53.80
7 Patty Kautz 26.20 27.83	SR	Bettendorf High School	54.60	54.03

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(Event 7 Women 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time
8 Eno Augustine-Akpan 25.92 28.21	FR	Des Moines Roosevelt	54.25	54.13
9 Meredith Luksetich 26.30 28.11	JR	Johnston	54.50	54.41
10 Katie Kubat 26.28 28.81	SR	Dowling Catholic	55.84	55.09
11 Ashley Williams 26.99 28.64	JR	Des Moines Lincoln	54.84	55.63
12 Kelsey Galles 26.59 29.16	SO	West Des Moines Valley	55.57	55.75
13 Alicia Logan 26.74 29.15	JR	Keokuk High School	55.97	55.89
14 Margaret Barber 26.90 29.19	FR	Bettendorf High School	56.62	56.09
15 Emily Kramer 27.39 28.84	SR	Ankeny	55.91	56.23
16 Annie Sullivan 27.19 29.09	FR	Des Moines Roosevelt	55.56	56.28
17 Sarah Weihe 26.97 29.49	FR	Iowa City West	56.26	56.46
18 Alicia Goetz 26.89 29.61	JR	Tipton	55.60	56.50
19 Catherine Crew 26.64 29.89	SR	Cedar Rapids Kennedy	56.37	56.53
20 Rachel Oyibo 27.19 29.41	SO	Johnston	56.33	56.60
21 Steph Ferguson 27.74 29.00	JR	Johnston	56.39	56.74
22 Rachel Clark 27.49 29.44	SR	Newton	56.70	56.93
23 Amanda Bruso 27.21 29.97	SR	Decorah	56.24	57.18
24 Stephanie Atkins 27.13 30.19	SR	SE Polk	56.66	57.32

Event 8 Women 500 Yard Freestyle

State Record: 4:56.97 * 1993				Sheri Theisen				Anamosa	
Name	Yr	School	Seed Time	Finals Time					
1 Stephanie Koch 27.77 30.71 30.24 31.06 31.34	JR	Ames	5:07.01	5:03.59					
2 Allison Harding 28.30 30.32 30.45 31.34 30.93	JR	West Des Moines Valley	5:19.49	5:05.95					
3 Chelsea Hartman 27.67 30.21 30.94 32.38 32.07	SR	Iowa City West	5:16.72	5:10.10					
4 Kelsey Noah 29.00 31.35 31.09 32.10 30.79	SR	Charles City	5:25.61	5:16.71					
5 Katie Hines 29.08 31.62 32.23 32.15 31.11	JR	West Des Moines Valley	5:26.29	5:18.36					

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(Event 8 Women 500 Yard Freestyle)

Name		Yr	School	Seed Time	Finals Time
6	Grace Murray	SO	Iowa City West	5:21.19	5:18.39
	28.90 30.89 31.72		31.98 32.80 32.77 32.74	32.80	
	32.45 31.34				
7	Shea Brunsvold	JR	Mason City	5:20.21	5:19.88
	28.45 30.52 31.47		32.00 32.40 32.73 33.19	33.42	
	33.67 32.03				
8	Andrea Duncan	SR	Marshalltown	5:29.51	5:24.38
	28.90 31.93 32.59		33.06 33.10 33.13 33.52	33.59	
	33.22 31.34				
9	Liza Myers	FR	Dowling Catholic	5:26.74	5:24.49
	28.72 31.45 32.02		32.58 33.12 33.90 33.77	33.99	
	33.89 31.05				
10	Mary Kathryn Maher	FR	Decorah	5:23.08	5:27.35
	28.84 31.13 31.77		32.82 33.70 33.54 34.21	34.12	
	34.19 33.03				
11	Paula Coryn	JR	Bettendorf High School	5:30.37	5:27.37
	29.04 31.83 33.42		33.14 33.82 33.71 33.62	33.57	
	33.51 31.71				
12	Caitlin Stewart	SR	Marshalltown	5:27.02	5:27.84
	29.28 31.76 33.05		33.06 33.23 33.58 33.82	34.18	
	33.13 32.75				
13	Whitney Arthofer	SR	Dubuque Senior	5:31.48	5:27.90
	28.95 30.94 32.21		32.88 32.94 33.64 33.73	34.10	
	34.48 34.03				
14	Alyx Nugent	SO	Dubuque Wahlert High School	5:25.99	5:28.54
	29.35 31.61 32.38		33.67 33.74 33.93 33.92	33.94	
	33.49 32.51				
15	Chrisann Zuemer	FR	Ames	5:33.24	5:28.94
	29.10 31.66 32.50		32.97 33.67 33.78 34.13	34.02	
	34.51 32.60				
16	Sam Molsberry	SO	Bettendorf High School	5:33.96	5:29.03
	29.17 31.64 32.21		33.07 33.49 34.11 34.20	34.47	
	33.83 32.84				
17	Marissa Sudweeks	SR	Lewis Central	5:35.98	5:29.05
	29.14 31.71 32.32		33.17 33.47 34.09 34.35	34.30	
	34.32 32.18				
18	Tabby Temperley	JR	Dubuque Wahlert High School	5:24.23	5:30.42
	28.29 31.82 32.84		33.17 33.71 33.76 34.58	34.50	
	34.42 33.33				
19	Amy Gray	JR	Iowa City High	5:33.33	5:32.52
	29.41 31.96 32.62		33.69 33.78 34.23 34.07	34.49	
	34.86 33.41				
20	Alex Gustafson	SO	Johnston	5:24.24	5:33.00
	29.43 31.98 33.18		33.69 33.49 34.06 34.57	34.45	
	34.46 33.69				
21	Laura Krogh	SR	Ankeny	5:30.13	5:33.75
	29.56 31.95 32.99		33.60 33.85 34.05 34.25	34.61	
	34.74 34.15				
22	Sarah Noser	SO	Iowa City West	5:33.83	5:34.97
	29.58 32.05 33.40		34.28 34.78 34.49 34.71	34.50	
	34.12 33.06				
23	Jessa Kukral	JR	Cedar Falls	5:33.51	5:37.14
	29.33 32.01 33.55		34.22 34.72 34.66 35.10	35.19	
	34.94 33.42				

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007

Results

(Event 8 Women 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time
24 Barb Pearson	JR	Des Moines North	5:34.39	5:43.77
29.76	32.92	33.88	34.45	34.91
35.98	34.28	35.55	36.09	35.95

Event 9 Women 200 Yard Freestyle Relay

State Record: 1:33.83 * 11/2/2007

West Des Moines Valley

WDM Valley

L Nathanson, D Harris, L Lamair, A Mehesan

Team	Relay	Seed Time	Finals Time
1 West Des Moines Valley		1:41.85	1:33.83 *
1) Lisa Nathanson SR	2) Danielle Harris JR	3) Lindsey Lamair JR	4) Alexa Mehesan SR
23.38	23.84	24.18	22.43
2 Marshalltown		1:41.72	1:39.88
1) Meredith Johnson SO	2) Caitlin Stewart SR	3) Anna Buzbee JR	4) Lauren Mason JR
24.31	26.31	25.10	24.16
3 Pleasant Valley High School		1:41.40	1:40.73
1) Erin Mykleby SR	2) Caitlin Ray SR	3) Laura Guth SR	4) Bridget Perkins SR
25.33	25.46	25.32	24.62
4 Cedar Rapids Washington		1:43.80	1:41.42
1) Kaitlin Oney SR	2) Greta Oldach SO	3) Jill Broghammer FR	4) Emily Kopec JR
27.04	25.95	24.49	23.94
5 Des Moines Roosevelt		1:43.71	1:41.83
1) Whitney Brewer SR	2) Rebecca Prueitt JR	3) Sarah Larson FR	4) Eno Augustine-Akpan FR
26.69	25.37	25.46	24.31
6 Cedar Rapids Kennedy		1:40.68	1:41.90
1) Catherine Crew SR	2) Catie Baker SR	3) Tamara Dunham SR	4) April Allen JR
26.89	25.25	25.40	24.36
7 Iowa City West		1:43.77	1:41.95
1) Sarah Weihe FR	2) Grace Murray SO	3) Chelsea Hartman SR	4) Vivian Zhu FR
26.56	24.99	24.91	25.49
8 Ankeny		1:44.33	1:41.96
1) Allie Hable FR	2) Kendra Allen SR	3) Laura Krogh SR	4) Emily Kramer SR
25.81	25.47	25.92	24.76
9 Ames		1:43.45	1:41.97
1) Magon Liu SR	2) Chrisann Zuemer FR	3) Stephanie Koch JR	4) Kayla Ranney SR
26.61	26.01	23.56	25.79
10 Johnston		1:42.97	1:42.33
1) Steph Ferguson JR	2) Lizzy Gerdis SO	3) Tara Lee SR	4) Hannah Smith SR
26.42	26.18	25.28	24.45
11 Carroll		1:45.92	1:42.57
1) Krystin Winker JR	2) Kamalha Sonnichsen SO	3) Lindsey Schwabe SO	4) Karli Payer FR
25.54	26.49	25.63	24.91
12 Des Moines Hoover		1:45.50	1:43.28
1) Ashley Signs SR	2) Amber Anderson SO	3) Emily Dungan SO	4) Becca Leffler JR
27.01	26.25	26.36	23.66
13 Dowling Catholic		1:43.68	1:43.87
1) Liza Myers FR	2) Rachael Bordelon SR	3) Keeley Driscoll JR	4) Steph Jones SR
26.65	26.10	25.96	25.16
14 Tipton		1:44.77	1:44.03
1) Alex Proctor SR	2) Amanda Gavin JR	3) Mackenzie Moritz FR	4) Alicia Goetz JR
25.97	28.29	24.96	24.81
15 Davenport West High School		1:44.55	1:44.19
1) Kristi Hanno JR	2) Paige Wolfe SO	3) Caitlin Schaeffer SR	4) Hailey Kitzmann FR
26.33	25.92	26.51	25.43

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007

Results

(Event 9 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
16 SE Polk		1:43.97	1:44.21
1) Hannah Norris JR 27.45 26.55 25.26	2) Alex Pasker JR 24.95	3) Stephanie Atkins SR	4) Kaitlin Ogden SR
*17 Fort Dodge		1:43.90	1:44.30
1) Ali Chambers SO 27.38 25.30 26.41	2) Katie Post JR 25.21	3) Ellie Savery JR	4) Jaime Pearson SO
*17 Decorah		1:44.28	1:44.30
1) Lauren Smith FR 26.04 26.29 26.53	2) Logan Thompson SO 25.44	3) Steph Drewes SR	4) Amanda Brusio SR
19 Des Moines Lincoln		1:43.86	1:44.46
1) Ann Keller JR 26.60 26.05 26.26	2) Minge Song FR 25.55	3) Gina Song JR	4) Ashley Williams JR
20 Dubuque Senior		1:45.00	1:44.49
1) Caitlyn Crawford JR 26.98 26.68 25.66	2) Jennie Lent SR 25.17	3) Whitney Arthofer SR	4) Meagan Shultz SR
21 Waterloo West		1:46.48	1:44.84
1) Mackenzie VanDen Berg FR 26.37 26.99 25.40	2) Betsy Meany JR 26.08	3) Ashlee Graham SO	4) Sadie Voigt FR
22 Muscatine High School		1:46.16	1:45.01
1) Sarah Martin SO 26.82 26.71 26.03	2) Laura Ewalt SO 25.45	3) Jennifer Littlejohn SO	4) Hannah Howard JR
23 Newton		1:44.91	1:45.67
1) Rachel Clark SR 26.05 27.64 26.60	2) Michelle Rabedeaux SO 25.38	3) Katelyn Venteicher SR	4) Caitlyn Meyer JR
24 Clinton High School		1:46.48	1:46.76
1) Taylor Rippon JR 27.49 26.45 26.54	2) Libby Hess SO 26.28	3) Amanda Bouchard SR	4) Larissa Widen JR
--- Linn-Mar		1:45.21	DQ
1) Katherine Cote SO 26.42 25.36 25.52	2) Angela Wagner SR 26.22	3) Kaitlin Ungs FR	4) Jenn Quella SR

Event 10 Women 100 Yard Backstroke

State Record:	57.09 * 1993	Jocelyn Wright	Linn-Mar	
Name	Yr	School	Seed Time	Finals Time
1 Courtney Busch 29.14 29.92	SO	Mason City	59.40	59.06
2 Hannah Smith 28.06 31.14	SR	Johnston	59.80	59.20
3 Laura Yoon 28.89 30.38	SR	Dubuque Hempstead	1:00.50	59.27
4 Beth Eyanson 28.67 30.79	SO	Iowa City High	1:01.22	59.46
5 Krista Tippin 29.46 31.38	SR	Johnston	1:02.33	1:00.84
6 Krystin Winker 29.86 31.83	JR	Carroll	1:02.92	1:01.69
7 Jody Petersen 29.50 32.36	JR	Cedar Rapids Kennedy	1:02.03	1:01.86
8 Caitlin Ray 29.97 32.43	SR	Pleasant Valley High School	1:01.13	1:02.40
9 Katie Kubat 30.22 32.30	SR	Dowling Catholic	1:03.76	1:02.52
10 Ashleigh Belin 30.68 32.11	SR	Linn-Mar	1:02.94	1:02.79

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007

Results

(Event 10 Women 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time
11 Nailah Bakari 30.80 32.37	FR	West Des Moines Valley	1:03.90	1:03.17
12 Jennifer Daugherty 30.17 33.04	SR	Ankeny	1:04.73	1:03.21
13 Mackenzie VanDen Berg 30.19 33.05	FR	Waterloo West	1:04.34	1:03.24
14 Annie Sullivan 30.78 32.48	FR	Des Moines Roosevelt	1:02.05	1:03.26
15 Ashley Johnson 30.23 33.52	JR	Ankeny	1:03.24	1:03.75
16 Sami Puk 31.30 32.64	SO	Cedar Rapids Washington	1:04.36	1:03.94
*17 Alix Crawford 31.23 32.96	JR	Linn-Mar	1:04.80	1:04.19
*17 Ann Keller 30.78 33.41	JR	Des Moines Lincoln	1:02.75	1:04.19
19 Zoey Dietz 31.05 33.22	SO	Cedar Rapids Washington	1:05.28	1:04.27
20 Lizel Bragg 31.57 32.85	JR	West Des Moines Valley	1:05.02	1:04.42
21 Sarah Weihe 31.23 33.42	FR	Iowa City West	1:04.53	1:04.65
22 Nicki McDowell 30.94 33.86	SO	Keokuk High School	1:04.89	1:04.80
23 Kamalha Sonnichsen 31.49 33.75	SO	Carroll	1:05.05	1:05.24
24 Margaret Slechta 31.82 33.74	SR	Fairfield	1:05.15	1:05.56

Event 11 Women 100 Yard Breaststroke

State Record: 1:03.96 * 11/7/2003 Hayley Fry		Linn-Mar		
Name	Yr	School	Seed Time	Finals Time
1 Emily Wiltsie 30.91 34.39	SO	Mason City	1:06.50	1:05.30
2 Danielle Harris 30.89 35.11	JR	West Des Moines Valley	1:07.92	1:06.00
3 Hannah Maher 32.27 35.00	FR	Decorah	1:08.06	1:07.27
4 Catie Baker 31.68 35.94	SR	Cedar Rapids Kennedy	1:08.40	1:07.62
5 Imelda Wistey 31.67 36.03	SO	West Des Moines Valley	1:08.66	1:07.70
6 Kelsey Meyer-Davis 31.85 35.89	SR	Marshalltown	1:07.85	1:07.74
7 Ali Stearns 32.21 36.23	FR	Mason City	1:09.44	1:08.44
8 Sarah Hedeem 32.82 36.13	JR	Cedar Falls	1:09.84	1:08.95
9 Caitlin Campbell 32.34 37.08	FR	Bettendorf High School	1:11.23	1:09.42
10 Karli Payer 32.73 36.77	FR	Carroll	1:09.49	1:09.50
11 Kirsten Goetz 32.82 36.70	SR	West Des Moines Valley	1:10.60	1:09.52

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Results

(Event 11 Women 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time
12 Allison Davis 32.69 36.84	SO	Iowa City High	1:10.45	1:09.53
13 Erica Scullin 32.85 37.34	JR	Cedar Falls	1:10.54	1:10.19
14 Kayla Ranney 32.78 37.47	SR	Ames	1:10.89	1:10.25
15 Kaitlin Ogden 31.93 38.53	SR	SE Polk	1:08.73	1:10.46
16 Ashley Harris 33.06 37.48	SO	Cedar Rapids Kennedy	1:11.50	1:10.54
17 Steph Drewes 32.53 38.59	SR	Decorah	1:09.22	1:11.12
18 Jenny Wang 33.55 37.92	FR	Des Moines Roosevelt	1:10.96	1:11.47
19 Paula Osterberger 33.46 38.56	SR	Dubuque Wahlert High School	1:12.28	1:12.02
20 Abby Rewoldt 33.54 38.86	FR	Ames	1:11.86	1:12.40
21 Abbey Wharton 33.93 38.49	SO	Cedar Rapids Jefferson	1:11.60	1:12.42
22 Libby Hess 33.87 38.65	SO	Clinton High School	1:12.06	1:12.52
23 Gwen Sorenson 33.95 38.82	SO	Ankeny	1:11.42	1:12.77
24 Ellen Motsch 33.29 40.35	JR	Dubuque Senior	1:11.84	1:13.64

Event 12 Women 400 Yard Freestyle Relay

State Record: 3:32.69 * 11/4/2005

West Des Moines Valley

A Mehesan, L Nathanson, M Carr, E Doerge

Team	Relay	Seed Time	Finals Time
1 West Des Moines Valley		3:33.43	3:34.61
1) Lisa Nathanson SR	2) Kelsey Galles SO	3) Allison Harding JR	4) Lindsey Lamair JR
24.91 52.15 25.85	54.67 25.64 54.34	25.11 53.45	
2 Marshalltown		3:41.56	3:37.64
1) Meredith Johnson SO	2) Caitlin Stewart SR	3) Andrea Duncan SR	4) Lauren Mason JR
25.04 52.45 26.76	57.31 25.92 54.79	25.04 53.09	
3 Pleasant Valley High School		3:42.69	3:39.22
1) Erin Mykleby SR	2) Caitlin Ray SR	3) Laura Guth SR	4) Bridget Perkins SR
25.97 53.82 26.58	55.14 26.41 56.31	25.69 53.95	
4 Johnston		3:42.43	3:40.05
1) Tara Lee SR	2) Krista Tippin SR	3) Meredith Luksetich JR	4) Hannah Smith SR
26.81 56.35 26.39	56.15 25.39 54.12	25.12 53.43	
5 Mason City		3:45.78	3:41.73
1) Courtney Busch SO	2) Chloe Dedic SR	3) Emily Wiltsie SO	4) Shea Brunsvold JR
26.59 54.67 27.21	57.38 26.26 54.64	26.05 55.04	
6 Cedar Rapids Washington		3:47.65	3:42.02
1) Sami Puk SO	2) Jill Broghammer FR	3) Zoey Dietz SO	4) Emily Kopec JR
27.40 57.65 25.89	54.58 26.91 56.90	24.95 52.89	
7 Cedar Rapids Kennedy		3:44.79	3:42.07
1) Catherine Crew SR	2) Tamara Dunham SR	3) Jody Petersen JR	4) April Allen JR
26.71 56.19 26.51	57.20 25.60 54.93	25.19 53.75	

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007

Results

(Event 12 Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
8 Ames		3:46.66	3:43.34
1) Stephanie Koch JR	2) Madi Cummings SR	3) Chrisann Zuemer FR	4) Kayla Ranney SR
25.31 53.03 26.54	56.34 27.35 57.03	26.94 56.94	
9 Bettendorf High School		3:48.55	3:43.59
1) Margaret Barber FR	2) Hannah Berntson JR	3) Paula Coryn JR	4) Patty Kautz SR
26.80 56.16 26.90	56.22 27.42 57.70	25.37 53.51	
10 Linn-Mar		3:47.36	3:44.89
1) Katherine Cote SO	2) Alix Crawford JR	3) Angela Wagner SR	4) Ashleigh Belin SR
27.24 56.88 26.85	56.23 26.28 55.87	26.54 55.91	
11 Des Moines Roosevelt		3:48.84	3:45.17
1) Whitney Brewer SR	2) Sarah Larson FR	3) Annie Sullivan FR	4) Eno Augustine-Akpan FR
28.02 59.12 26.20	55.63 27.47 56.94	24.85 53.48	
12 Iowa City West		3:47.87	3:45.62
1) Sarah Weihe FR	2) Grace Murray SO	3) Chelsea Hartman SR	4) Vivian Zhu FR
27.82 57.80 27.10	56.70 26.23 55.02	56.10	
13 Dowling Catholic		3:51.03	3:46.67
1) Liza Myers FR	2) Tanelle Berard FR	3) Steph Jones SR	4) Katie Kubat SR
27.59 57.29 27.47	57.04 26.95 56.60	26.27 55.74	
14 Dubuque Senior		3:49.59	3:47.87
1) Caitlyn Crawford JR	2) Emily Weig FR	3) Whitney Arthofer SR	4) Meagan Shultz SR
27.70 57.98 27.28	58.21 26.09 55.69	26.00 55.99	
15 Iowa City High		3:52.57	3:48.82
1) Amy Gray JR	2) Lily Doesrshuk SO	3) Beth Eyanson SO	4) Allison Davis SO
27.39 56.91 28.55	1:00.17 26.89 55.95	26.76 55.79	
16 Des Moines Hoover		3:49.27	3:49.21
1) Kaitlyn Rooney SR	2) Emily Dungan SO	3) Amber Anderson SO	4) Becca Leffler JR
28.44 59.41 27.76	58.85 27.96 58.52	24.60 52.43	
17 Ankeny		3:48.37	3:49.84
1) Allie Hable FR	2) Kendra Allen SR	3) Jennifer Daugherty SR	4) Laura Krogh SR
27.53 57.81 27.23	57.26 27.73 58.43	26.72 56.34	
18 Dubuque Hempstead		3:49.93	3:50.08
1) Lydia Feldman JR	2) Katie Pape FR	3) Lauren Slagel SO	4) Laura Yoon SR
26.53 55.41 28.20	59.61 27.81 58.85	26.71 56.21	
19 Newton		3:50.22	3:51.00
1) Rachel Clark SR	2) Michelle Rabedeaux SO	3) Sam Griffith SR	4) Caitlyn Meyer JR
27.32 57.13 28.07	59.21 27.24 58.13	26.96 56.53	
20 Decorah		3:48.05	3:52.23
1) Mary Kathryn Maher FR	2) Samantha Cuvelier SO	3) Amanda Brusio SR	4) Hannah Maher FR
28.23 59.16 28.51	59.88 26.58 56.17	26.81 57.02	
*21 Davenport West High School		3:53.84	3:53.06
1) Kristi Hanno JR	2) Paige Wolfe SO	3) Laura Cherryholmes JR	4) Caitlin Wolfe SR
27.41 57.59 15.04	57.94 27.47 58.61	27.80 58.92	
*21 CR Prairie/Williamsburg		3:53.82	3:53.06
1) Emilie Trumpold JR	2) Jackie Armstrong SR	3) Erin Gerken SO	4) Shelby Doehrmann SO
28.42 57.84 27.80	59.22 27.77 1:00.42	25.99 55.58	
23 Des Moines Lincoln		3:52.66	3:53.16
1) Ann Keller JR	2) Katie Linnane SO	3) Megan La Suer SO	4) Ashley Williams JR
29.51 1:00.49 27.38	59.43 27.70 57.79	26.72 55.45	
--- Dubuque Wahlert High School		3:51.76	DQ
1) Alyx Nugent SO	2) Ali Houselog JR	3) Emily Schneider JR	4) Tabby Temperley JR
27.77 57.52 27.47	58.32 27.91 59.22	27.01 56.48	

2007 IGHSAU State Swimming and Diving Meet - 11/2/2007 to 11/3/2007**Results****Scores - Women**Women - Team Rankings - Through Event 12

1. West Des Moines Valley	387	2. Marshalltown	189
3. Mason City	184	4. Cedar Rapids Kennedy	149
5. Johnston	130	6. Ames	122
7. Cedar Rapids Washington	115	8. Pleasant Valley High School	111
9. Bettendorf High School	91.5	10. Iowa City West	90
11. Decorah	88	12. Dubuque Hempstead	78
13. Des Moines Roosevelt	71.5	14. Dowling Catholic	70
15. Ankeny	68	16. Carroll	66
17. Iowa City High	62	18. Cedar Falls	47
19. Des Moines Hoover	46	20. Charles City	27
21. Linn-Mar	23	22. Des Moines Lincoln	20
23. Dubuque Senior	19	24. Boone	16
25. Tipton	15	26. Dubuque Wahlert High School	12
27. SE Polk	5	28. Waterloo West	4
28. CR Prairie/Williamsburg	4	28. Keokuk High School	4
28. Davenport West High School	4	32. Cedar Rapids Xavier	3
32. Lewis Central	3	34. Council Bluffs Abraham Lincoln	1