

2001 IOWA STATE HIGH SCHOOL CHAMPIONSHIPS

Class 3A Girls' Results

2.00 Miles
3.23 Kilometers

Saturday, October 27, 2001
Lakeside Golf Course, Kennedy Park, Fort Dodge, Iowa
Weather: 50 degrees. Wind NW 0-5 mph. Sunny. Dry course.

Course 10:46, Jeni Frudden, Iowa City West, 2001
Meet 10:47, Michelle Lilienthal, Iowa City High, 1999

11:00 PM
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| | Place in this Class | Place in own Team | Place for team Pts | Team Pts Won | Time | No | Name (Year) | Mile Pace |
|--|------------------------------|----------------------------|-----------------------------|--------------------|-------|-----|--------------------|--------------|
| | 1 | 1 | 1 | 1 | 10:46 | 791 | Jeni Frudden (SR) | 5:23 |
| | 5 | 2 | 5 | 5 | 11:27 | 792 | Robdu Adam (JR) | 5:43 |
| | 6 | 3 | 6 | 6 | 11:28 | 793 | Lynn Dobyns (JR) | 5:44 |
| | 7 | 4 | 7 | 7 | 11:37 | 795 | Julia Frudden (FR) | 5:48 |
| | 9 | 5 | 9 | 9 | 11:37 | 796 | Shirley Stern (JR) | 5:48 |
| | 11 | 6 | 11 | | 11:41 | 794 | Janet Dobyns (FR) | 5:50 |
| | 30 | 7 | 30 | | 12:11 | 797 | Nicole Novak (SO) | 6:05 |

Total team points: 28

Total time for scoring runners: 56:55:00

Average time for scoring runners: 11:23:00

1

Iowa City West

| | | | | | | | | |
|--|----|---|----|----|-------|-----|-----------------------|------|
| | 2 | 1 | 2 | 2 | 11:09 | 763 | Jennie Funk (SO) | 5:34 |
| | 14 | 2 | 14 | 14 | 11:50 | 767 | Betsy Ellsmore (JR) | 5:55 |
| | 16 | 3 | 16 | 16 | 11:53 | 765 | Meggan Reed (JR) | 5:56 |
| | 21 | 4 | 21 | 21 | 12:02 | 766 | Katie Lumpa (FR) | 6:01 |
| | 32 | 5 | 32 | 32 | 12:11 | 768 | Ali Kirsch (JR) | 6:05 |
| | 37 | 6 | 37 | | 12:14 | 764 | Mary Nelle Trefz (SO) | 6:07 |
| | 45 | 7 | 45 | | 12:19 | 769 | Monica Mims (JR) | 6:09 |

Total team points: 85

Total time for scoring runners: 59:05:00

Average time for scoring runners: 11:49:00

2

Iowa City High

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|-----------------------|------|
| | 8 | 1 | 8 | 8 | 11:37 | 819 | Kate Greer (JR) | 5:48 |
| | 31 | 2 | 31 | 31 | 12:11 | 821 | Andrea Lowry (SR) | 6:05 |
| | 33 | 3 | 33 | 33 | 12:12 | 820 | Liz Schryver (FR) | 6:06 |
| | 53 | 4 | 53 | 53 | 12:24 | 822 | Katie Brown (SR) | 6:12 |
| | 66 | 5 | 66 | 66 | 12:35 | 824 | Rachel Hawks (FR) | 6:17 |
| | 92 | 6 | 92 | | 12:54 | 825 | Michelle Jebesen (JR) | 6:27 |
| | 102 | 7 | 102 | | 13:01 | 823 | Molly Merryman (JR) | 6:30 |

Total team points: 191

Total time for scoring runners: 60:59:00

Average time for scoring runners: 12:11:48

3

Marshalltown

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|--------------------------|------|
| | 4 | 1 | 4 | 4 | 11:25 | 840 | Sara Fassbinder (SO) | 5:42 |
| | 12 | 2 | 12 | 12 | 11:47 | 841 | Mary Bridget Corken (FR) | 5:53 |
| | 48 | 3 | 48 | 48 | 12:20 | 842 | Nina Hoppenjan (JR) | 6:10 |
| | 59 | 4 | 59 | 59 | 12:31 | 844 | Tess Miller (JR) | 6:15 |
| | 73 | 5 | 73 | 73 | 12:41 | 843 | Kristin Ferring (JR) | 6:20 |
| | 90 | 6 | 90 | | 12:51 | 845 | Ellen Cooper (JR) | 6:25 |
| | 122 | 7 | 122 | | 13:16 | 846 | Holly Wallace (SR) | 6:38 |

Total team points: 196

Total time for scoring runners: 60:44:00

Average time for scoring runners: 12:08:48

4

Dubuque Wahlert

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|------------------------|------|
| | 25 | 1 | 25 | 25 | 12:08 | 750 | Lauren Hill (SO) | 6:04 |
| | 40 | 2 | 40 | 40 | 12:15 | 749 | Larisa Nordstrom (SR) | 6:07 |
| | 55 | 3 | 55 | 55 | 12:27 | 751 | Ashley Culp (JR) | 6:13 |
| | 57 | 4 | 57 | 57 | 12:30 | 752 | Ashley Tousley (SR) | 6:15 |
| | 83 | 5 | 83 | 83 | 12:45 | 753 | Cassie Isaacson (SR) | 6:22 |
| | 106 | 6 | 106 | | 13:04 | 755 | Sara Boisen (JR) | 6:32 |
| | 108 | 7 | 108 | | 13:04 | 754 | Stephanie Perkins (SO) | 6:32 |

Total team points: 260

Total time for scoring runners: 62:05:00

Average time for scoring runners: 12:25:00

5

West Des Moines Valley

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| | Place in this Class | Place in own Team | Place for team Pts | Team Pts Won | Time | No | Name (Year) | Mile Pace |
|--|------------------------------|----------------------------|-----------------------------|--------------------|-------|-----|-----------------------|--------------|
| | 13 | 1 | 13 | 13 | 11:49 | 812 | Ellen Hart (FR) | 5:54 |
| | 24 | 2 | 24 | 24 | 12:07 | 813 | Ramsey Vens (FR) | 6:03 |
| | 62 | 3 | 62 | 62 | 12:33 | 814 | Padma Rajendran (JR) | 6:16 |
| | 80 | 4 | 80 | 80 | 12:43 | 818 | Chaeli Coopman (FR) | 6:21 |
| | 82 | 5 | 82 | 82 | 12:44 | 816 | Megan Cavanaugh (FR) | 6:22 |
| | 117 | 6 | 117 | | 13:12 | 815 | Ashly Overturf (SR) | 6:36 |
| | 127 | 7 | 127 | | 13:31 | 817 | Christa Rebitzer (SR) | 6:45 |

Total team points: 261

Total time for scoring runners: 61:56:00

Average time for scoring runners: 12:23:12

6

Pleasant Valley

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|-------------------------|------|
| | 39 | 1 | 39 | 39 | 12:15 | 808 | Jessica Bates (JR) | 6:07 |
| | 49 | 2 | 49 | 49 | 12:21 | 807 | Caylin Cervetti (SO) | 6:10 |
| | 54 | 3 | 54 | 54 | 12:24 | 806 | Kate Poland (FR) | 6:12 |
| | 56 | 4 | 56 | 56 | 12:28 | 805 | Lyssa Steckelberg (SO) | 6:14 |
| | 78 | 5 | 78 | 78 | 12:42 | 811 | Kim Cessna (FR) | 6:21 |
| | 112 | 6 | 112 | | 13:06 | 810 | Kira Anderson (JR) | 6:33 |
| | 124 | 7 | 124 | | 13:24 | 809 | Cassie Naakgeboren (SO) | 6:42 |

Total team points: 276

Total time for scoring runners: 62:10:00

Average time for scoring runners: 12:26:00

7

Cedar Falls

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|----------------------|------|
| | 23 | 1 | 23 | 23 | 12:07 | 742 | Jessica Pape (SO) | 6:03 |
| | 52 | 2 | 52 | 52 | 12:23 | 743 | Karla Block (JR) | 6:11 |
| | 65 | 3 | 65 | 65 | 12:35 | 744 | Nicole Kreber (SR) | 6:17 |
| | 77 | 4 | 77 | 77 | 12:42 | 746 | Nikki Prevail (FR) | 6:21 |
| | 79 | 5 | 79 | 79 | 12:43 | 745 | Rula Andreissen (SO) | 6:21 |
| | 87 | 6 | 87 | | 12:48 | 747 | Sarah Pattison (JR) | 6:24 |
| | 103 | 7 | 103 | | 13:02 | 748 | Patricia Keane (SR) | 6:31 |

Total team points: 296

Total time for scoring runners: 62:30:00

Average time for scoring runners: 12:30:00

8

Sioux City Heelan

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|-----------------------|------|
| | 46 | 1 | 46 | 46 | 12:20 | 784 | Erin Penticoff (FR) | 6:10 |
| | 47 | 2 | 47 | 47 | 12:20 | 785 | Cari Knapp (SR) | 6:10 |
| | 60 | 3 | 60 | 60 | 12:32 | 787 | Anne Siebels (JR) | 6:16 |
| | 74 | 4 | 74 | 74 | 12:41 | 788 | Nicole Stovie (SR) | 6:20 |
| | 76 | 5 | 76 | 76 | 12:42 | 786 | Jamie Holub (FR) | 6:21 |
| | 110 | 6 | 110 | | 13:05 | 789 | Sarah Schmall (SO) | 6:32 |
| | 131 | 7 | 131 | | 13:46 | 790 | Caitlinn Curphey (SO) | 6:53 |

Total team points: 303

Total time for scoring runners: 62:35:00

Average time for scoring runners: 12:31:00

9

Cedar Rapids Xavier

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|-----------------------|------|
| | 19 | 1 | 19 | 19 | 11:57 | 770 | Carolyn Sinsky (SR) | 5:58 |
| | 35 | 2 | 35 | 35 | 12:13 | 771 | Megan Simpson (JR) | 6:06 |
| | 58 | 3 | 58 | 58 | 12:30 | 772 | Chelsea Lange (JR) | 6:15 |
| | 96 | 4 | 96 | 96 | 12:56 | 775 | Stephanie Whalen (FR) | 6:28 |
| | 104 | 5 | 104 | 104 | 13:02 | 773 | Stacy Kennedy (SR) | 6:31 |
| | 121 | 6 | 121 | | 13:14 | 774 | Abby Reiter (SO) | 6:37 |
| | 125 | 7 | 125 | | 13:28 | 776 | Kara Whalen (SO) | 6:44 |

Total team points: 312

Total time for scoring runners: 62:38:00

Average time for scoring runners: 12:31:36

10

Dubuque Senior

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|--|------------------------------|----------------------------|-----------------------------|--------------------|-------|-----|-----------------------|--------------|
| | 10 | 1 | 10 | 10 | 11:39 | 826 | Beth Whalen (SO) | 5:49 |
| | 68 | 2 | 68 | 68 | 12:37 | 827 | Abbey Gierke (JR) | 6:18 |
| | 69 | 3 | 69 | 69 | 12:37 | 828 | Sarah Hampton (SO) | 6:18 |
| | 72 | 4 | 72 | 72 | 12:41 | 829 | Kristen Brown (SR) | 6:20 |
| | 101 | 5 | 101 | 101 | 13:01 | 830 | Larissa Schwartz (JR) | 6:30 |
| | 105 | 6 | 105 | | 13:03 | 831 | Erin Anderson (FR) | 6:31 |
| | 107 | 7 | 107 | | 13:04 | 832 | Michelle Egts (FR) | 6:32 |

Total team points: 320

Total time for scoring runners: 62:35:00

Average time for scoring runners: 12:31:00

1 1

Bettendorf

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|------------------------|------|
| | 27 | 1 | 27 | 27 | 12:09 | 777 | Lindsey Croner (SR) | 6:04 |
| | 41 | 2 | 41 | 41 | 12:16 | 778 | Molly Duitsman (SR) | 6:08 |
| | 70 | 3 | 70 | 70 | 12:38 | 779 | Meredith McKean (JR) | 6:19 |
| | 94 | 4 | 94 | 94 | 12:55 | 781 | Diana Pelzer (JR) | 6:27 |
| | 100 | 5 | 100 | 100 | 12:58 | 780 | Brooke Craig (SR) | 6:29 |
| | 111 | 6 | 111 | | 13:05 | 782 | Emily Christensen (SR) | 6:32 |
| | 137 | 7 | 137 | | 14:58 | 783 | Holly Nitchals (SO) | 7:29 |

Total team points: 332

Total time for scoring runners: 62:56:00

Average time for scoring runners: 12:35:12

1 2

ELCART

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|---------------------|------|
| | 18 | 1 | 18 | 18 | 11:54 | 798 | Janelle Platts (JR) | 5:57 |
| | 36 | 2 | 36 | 36 | 12:14 | 799 | Aimee Nielsen (SR) | 6:07 |
| | 84 | 3 | 84 | 84 | 12:45 | 801 | Melissa Barnes (SR) | 6:22 |
| | 88 | 4 | 88 | 88 | 12:49 | 800 | Erin Nielsen (SO) | 6:24 |
| | 109 | 5 | 109 | 109 | 13:05 | 803 | Jessica Frank (SR) | 6:32 |
| | 115 | 6 | 115 | | 13:10 | 802 | Katie Nauman (SR) | 6:35 |
| | 132 | 7 | 132 | | 13:47 | 804 | Mary Ulrich (SO) | 6:53 |

Total team points: 335

Total time for scoring runners: 62:47:00

Average time for scoring runners: 12:33:24

1 3

Mason City

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|-------------------------|------|
| | 38 | 1 | 38 | 38 | 12:15 | 834 | MacKenzie Madison (SO) | 6:07 |
| | 44 | 2 | 44 | 44 | 12:19 | 833 | Bryna Copes (SO) | 6:09 |
| | 67 | 3 | 67 | 67 | 12:36 | 836 | Jessica Brandhorst (JR) | 6:18 |
| | 93 | 4 | 93 | 93 | 12:55 | 835 | Dawn Caffrey (JR) | 6:27 |
| | 113 | 5 | 113 | 113 | 13:06 | 839 | MacKenzie Wilson (SR) | 6:33 |
| | 114 | 6 | 114 | | 13:06 | 838 | Katie Christensen (SO) | 6:33 |
| | 128 | 7 | 128 | | 13:42 | 837 | Sara Battani (SO) | 6:51 |

Total team points: 355

Total time for scoring runners: 63:11:00

Average time for scoring runners: 12:38:12

1 4

Ankeny

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|---------------------|------|
| | 29 | 1 | 29 | 29 | 12:10 | 854 | Allison Werner (JR) | 6:05 |
| | 64 | 2 | 64 | 64 | 12:34 | 857 | Laura Erickson (FR) | 6:17 |
| | 75 | 3 | 75 | 75 | 12:42 | 856 | Jill Moeller (JR) | 6:21 |
| | 81 | 4 | 81 | 81 | 12:43 | 858 | Sarah Ita (SR) | 6:21 |
| | 120 | 5 | 120 | 120 | 13:13 | 859 | Emily Petrzela (FR) | 6:36 |
| | 129 | 6 | 129 | | 13:45 | 860 | Elaine Mertens (SO) | 6:52 |

Total team points: 369

Total time for scoring runners: 63:22:00

Average time for scoring runners: 12:40:24

1 5

Mount Pleasant

2001 IOWA STATE HIGH SCHOOL CHAMPIONSHIPS

Class 3A Girls' Results

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|--|------------------------------|----------------------------|-----------------------------|--------------------|-------|-----|----------------------|--------------|
| | 15 | 1 | 15 | 15 | 11:51 | 756 | Quinn Vermie (JR) | 5:55 |
| | 34 | 2 | 34 | 34 | 12:13 | 758 | Amy Garrett (JR) | 6:06 |
| | 97 | 3 | 97 | 97 | 12:56 | 757 | Brooke Boley (SO) | 6:28 |
| | 118 | 4 | 118 | 118 | 13:12 | 759 | Sarah Mills (JR) | 6:36 |
| | 126 | 5 | 126 | 126 | 13:28 | 760 | Mandy Link (JR) | 6:44 |
| | 134 | 6 | 134 | | 14:04 | 761 | Lisa Stefl (SO) | 7:02 |
| | 136 | 7 | 136 | | 14:51 | 762 | Danielle Kisner (SO) | 7:25 |

Total team points: 390

Total time for scoring runners: 63:40:00

Average time for scoring runners: 12:44:00

16

Southeast Polk

| | | | | | | | | |
|--|-----|---|-----|----|-------|-----|----------------------|------|
| | 50 | 1 | 50 | 50 | 12:21 | 735 | Abbie Smith (SR) | 6:10 |
| | 71 | 2 | 71 | 71 | 12:38 | 737 | Katie Nevins (FR) | 6:19 |
| | 89 | 3 | 89 | 89 | 12:50 | 736 | Anne Pick (SO) | 6:25 |
| | 98 | 4 | 98 | 98 | 12:57 | 740 | Cat Geres (SR) | 6:28 |
| | 99 | 5 | 99 | 99 | 12:57 | 739 | Allison Donahue (FR) | 6:28 |
| | 119 | 6 | 119 | | 13:13 | 738 | Chelsea Wertz (FR) | 6:36 |
| | 130 | 7 | 130 | | 13:46 | 741 | Meghan O'Neill (SR) | 6:53 |

Total team points: 407

Total time for scoring runners: 63:43:00

Average time for scoring runners: 12:44:36

17

West Des Moines Dowling

| | | | | | | | | |
|--|-----|---|-----|-----|-------|-----|---------------------|------|
| | 42 | 1 | 42 | 42 | 12:16 | 847 | Danielle Beery (SR) | 6:08 |
| | 86 | 2 | 86 | 86 | 12:48 | 850 | Julie Crow (JR) | 6:24 |
| | 91 | 3 | 91 | 91 | 12:52 | 848 | Lori Bjork (FR) | 6:26 |
| | 116 | 4 | 116 | 116 | 13:11 | 849 | Rebekah Gibbs (FR) | 6:35 |
| | 123 | 5 | 123 | 123 | 13:20 | 851 | Holly Ross (JR) | 6:40 |
| | 133 | 6 | 133 | | 13:54 | 852 | Tiffany Barz (SO) | 6:57 |
| | 135 | 7 | 135 | | 14:12 | 853 | Ali Keenan (FR) | 7:06 |

Total team points: 458

Total time for scoring runners: 64:27:00

Average time for scoring runners: 12:53:24

18

Johnston