

2011-12 Iowa Adaptations for Girls' Basketball

- Adaptation #1** **In addition to the numbers allowed by National Federation rule, the numbers 01, 02, 03, 04, and 05 are legal. The numbers 0 and 00 are considered as the even number alternative to 1 and 01. A team shall not use 0 and 00 etc., in the same game. Beginning in 2012-13, the NF rule will be followed making these numbers illegal.**
- Adaptation #2** **Wristbands and Headwear - We will be adhering to Rules 3-5-3 and 3-6 regarding wristbands and headwear with the following exceptions. Anything worn in the hair (including headbands) must be soft and unadorned but may be any color or multi-colored and do not have to match for all teammates. Bobby pins 2” or less will also be allowed. Wristbands may be any color or multi-colored and do not have to match for all teammates, but must be moisture-absorbing material. Lance Armstrong bracelets, rubber bands, etc., are still illegal as they are not moisture-absorbing.**