

**Iowa Girls High School Athletic Union
Girls' Power Ratings
200 Yard Medley Relay Top Times**

State Record:

Automatic All-American:

National Record:

Last Updated: 10/30/2009

Consideration All-American:

Place	Time	School	Date	Meet
1	1:49.72	MASON CITY	10/12/2009	MC Vs Ankeny
	Name & Year	Courtney Busch 12	Ali Stearns 11	Emma Sougstad 9 Loretta Kraling 10
2	1:51.42	DECORAH	10/03/2009	Marcussen Invite
	Name & Year	Allison Orvis 10	Hannah Maher 11	Lauren Smith 11 Kenzie Smith 12
3	1:51.97	BETTENDORF	09/19/2009	Little Hawk Invitational
	Name & Year	Rebecca Alves 10	Caitlin Campbell 11	Molly Coonce 10 Rachael Schermer 10
4	1:52.22	WEST DES MOINES VALLEY	10/22/2009	WDM Valley vs CIML 'Iowa' Conference
	Name & Year	Nailah Bakari 11	Imelda Wistey 12	Sammy Zuckerman 10 Kelsey Galles 12
5	1:55.8	JOHNSTON	09/08/2009	Johnston v Ames Dual
	Name & Year	Kaytlin Tippin 10	Hannah Dankbar 12	Michaela Kinter 9 Lizzy Gerdis 12
6	1:55.86	CEDAR RAPIDS KENNEDY	10/13/2009	DubH @ CRK
	Name & Year	Carmen McCoy JR	Ashley Harris SR	Alexandra SO Kylee VonAhsen JR
7	1:56.02	DES MOINES ROOSEVELT	09/08/2009	Dowling v. Roosevelt
	Name & Year	Annie Sullivan 11	Jenny Wang 11	Melissa Veenstra 10 Sarah Larson 11
8	1:56.31	ANKENY	10/22/2009	CIML Conference
	Name & Year	Elle Westercamp 9	Jessie Stout 10	Alex Flatness 10 Brittney Buckner 10
9	1:56.36	CEDAR FALLS	10/13/2009	Cedar Falls Vs. Washington
	Name & Year	Katie Mason 10	Montana Clasby 10	Alesha Rettenmeier 10 Bailey Pons 12
10	1:56.37	LINN-MAR	09/12/2009	DCHS Sprint Meet
	Name & Year	Nicole Larsen 10	Emilie Berg 10	Sarah Wodnik 12 Alex Dunn 10
11	1:56.45	IOWA CITY WEST	09/15/2009	Iowa City West vs. Cedar Rapids
	Name & Year	Sarah Weihe 11	Savannah Butler 9	Grace Murray 12 Kathleen Bowman 10
12	1:57.48	DOWLING CATHOLIC		vs. DM Roosevelt
	Name & Year	Liza Myers 11	Hannah Aldridge 9	Emily Tuazon 9 Kayla Heille 10
13	1:57.5	IOWA CITY CITY	09/01/2009	Iowa City High at Williamsburg/CR Prarie
	Name & Year	Beth Eyanson 12	Allison Davis 12	Margaret Yapp 11 Lily Doershuk 12
14	1:57.65	CEDAR RAPIDS JEFFERSON	09/17/2009	CRJ vs DCRW
	Name & Year	Erin Kibby 10	Abbey Wharton 12	Vicki Dostal 12 Jillyn Gerken 12
15	1:58.23	CR WASHINGTON	09/15/2009	CRW vs Dub Hemp
	Name & Year	Zoey Dietz 12	Alex Stephens 11	Sami Puk 12 Jill Broghammer 11
16	1:58.72	DUBUQUE HEMPSTEAD	09/03/2009	Wahlert Vs. Hempstead
	Name & Year	Clare Slagel 10	Lauren Slagel 12	Erin Cram 9 Hannah 11
17	1:58.9	CEDAR RAPIDS PRAIRIE	10/06/2009	CR JEFF at CRP
	Name & Year	Julia Wolter 11	Katie Storey 11	Shelby Doehrmann 12 Erin Gerken 12
18	1:59.58	AMES	10/22/2009	CIML Iowa Conference Meet
	Name & Year	Lauren Rosser 10	Abby Rewoldt 11	Charlotte Quant 11 Lauren Bonett 12
19	2:01	NEWTON	09/12/2009	Dowling Sprint Meet
	Name & Year	Courtney Meyer 10	Michelle 12	Ellen Colville 10 Lindsey Hook 11
20	2:02	CARROLL	10/08/2009	Carroll vs Lewis Central
	Name & Year	Kamalha Sonnichsen 12	Karli Payer 11	Abbey Fordyce 9 Mary Halverson 10
21	2:09	MUSCATINE	09/05/2009	Muscatine Invite
	Name & Year	Haley Bartelt 11	Jen Littlejohn 12	Hannah 11 Laura Ewalt 12
22	2:11	DAVENPORT CENTRAL	10/13/2009	Central vs. West
	Name & Year	Mary Betsworth 11	Emma Shie 9	Katie Beale 12 Annie Delleman 9

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23	2:1.01	WATERLOO WEST	Mackenzie 11	Alison Schell 12	09/22/2009	Dubuque Hempstead Dual	
24	2:1.35	SIOUX CITY NORTH	Kara Martin 11	Kaija Bergdale 10	10/17/2009	Lewis Central Melissa Fender Swim Invite	
25	2:1.52	DES MOINES LINCOLN	Brooke Gillen 12	Megan La Suer 12	09/29/2009	DM Lincoln at Newton	
26	2:1.83	MARSHALLTOWN	Sam Beals 12	Elizabeth Barske 10	10/21/2009	Ft. Dodge vs Marshalltown	
27	2:2.3	DUBUQUE WAHLERT	Emily Schroeder 9	Celia Morton 10	09/03/2009	Wahlert Catholic vs. Hempstead	
28	2:3.21	FAIRFIELD	Makenzie Kauffman 11	Abby McMahon 10	09/05/2009	Muscatine Invitational	
29	2:3.4	FORT DODGE	Molly Hall 11	Ali Chambers 12	09/12/2009	Ames Invite	
30	2:3.66	LEWIS CENTRAL	Emma Maass 11	Jessica Nightser 12	10/17/2009	Lewis Central Invitational	
31	2:3.86	DAVENPORT WEST	Hailey Kitzmann 11	Paige Wolfe 12	09/19/2009	Clinton Invitational	
32	2:4.15	KEOKUK	Nicki McDowell 12	Andi Queisner 12	?	Muscatine Kick Off	
33	2:4.95	SPENCER	Hollee Mohni 11	Amy McLaury 11	09/29/2009	Spencer @ Carroll	
34	2:5.94	DES MOINES HOOVER	Amber Anderson 12	Erin Dungan 9	00/00/0000	CIML Metro Conference	
35	2:5.94	INDIANOLA	Miranda Morrow 10	Chelsea 11	10/06/2009	Indianola@SEP	
36	2:6.25	PLEASANT VALLEY	Gabbie Stecker 9	Laura Kulp 9	09/01/2009	Rock Island Dual	
37	2:6.87	DES MOINES NORTH	Keely Hesseltine 10	Katharine Ross 9	09/29/2009	POLARBEAR INVITATIONAL	
38	2:6.87	DUBUQUE SENIOR	Nicole Tallent SR	Autumn Roepsch FR	09/29/2009	Dubuque Senior vs. Dubuque Hempstead	
39	2:7.04	SOUTHEAST POLK	Taylor Bakeris 11	Dahoni Dowell 12	10/06/2009	SE Polk vs. Indianola	
40	2:8.67	BOONE	Amber Breitbarth 10	Olivia Thiel 10	09/26/2009	DMS Lincoln Invitational	
41	2:9.29	TIPTON	Danielle Stapeleton 12	Kaitlyn McKinney 10	10/10/2009	Washing JV Invite	
42	2:9.33	SIOUX CITY EAST	Ashley Vondrak 0	Lauren Bennier 0	09/24/2009	vs. Sioux City Metro	
43	2:9.4	DES MOINES EAST	Vania Boland 12	Megan Lein 11	10/06/2009	DM East vs DM Lincoln	
44	2:11.05	BURLINGTON	Elly Eibes 10	Ashleigh Harris 11	09/22/2009	vs. Davenport North	

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45	2:11.32	CEDAR RAPIDS XAVIER	12/30/1899	0
	Name & Year	Brandi Klimesh 12	Megan Iiams 12	McKenzie Asplund 9 Libby Collins 12
46	2:14.16	STORM LAKE	09/12/2009	Ames Invitational
	Name & Year	Brianna Fowler 10	Mary Mooney 12	Paige Stieneke 12 Lindsay Hall 10
47	2:14.85	ALGONA	09/08/2009	BOONE
	Name & Year	Missy Zadow 11	Hanna Degen 12	Kendall Bosch 10 Jenni Weaver 11
48	2:15.76	GRINNELL	10/24/2009	Conference
	Name & Year	Olivia Edgington 0	Caitlyn Beckwith- 0	Kayla Hall 0 Kaylee O'Halloran 0
49	2:17.32	CLINTON	10/20/2009	Clinton vs Davenport Central
	Name & Year	Alyssa Wells 12	Jordan Miller 12	Meagan Machholz 12 Kendra Evers 12
50	2:19.09	DAVENPORT NORTH	09/08/2009	Davenport North VS Bettendorf dual
	Name & Year	Marguerite DeVecchio 12	Elizabeth Hines 12	Brittany Grosskopf 10 Samantha 11
51	2:19.53	VINTON-SHELLSBURG	09/12/2009	West Relays at Waterloo
	Name & Year	Katie Lawless 9	Abby Getz 10	Brittany Ecklund 12 Savannah Jensen 9
52	2:21.31	PERRY	09/26/2009	DM North Invitational
	Name & Year	Taylor Fessler 10	Ashly Landals 9	Laura Finneseth 9 Kayla Pentico 12
53	2:23	COUNCIL BLUFFS A L	09/15/2009	CB A. Lincoln vs. Sioux City Metro
	Name & Year	Barb Christensen 0	Emily Storey 0	Ali Lombardo 0 Katie Kinley 0
54	2:37.87	CHARLES CITY	09/01/2009	Double Dual vs. Cedar Falls and
	Name & Year	Piper Colasuonno 12	Michaela 9	Megan 12 Ali Johnson 11