

Iowa Girls High School Athletic Union
Girls' Power Ratings
Team Power Points

Last Updated: 10/30/2009

Place	Power Points	School	Date	Meet
1	1605	BETTENDORF	9/19/2009	Little Hawk Invitational
2	1601	MASON CITY	9/22/2009	MC vs WDMValley
3	1593	CEDAR FALLS	10/2/2009	Cedar Falls Vs.Marcussen Invit
4	1581	WEST DES MOINES VALLEY	9/26/2009	WDM Valley at Tiger Tankers
5	1534	JOHNSTON	10/10/2009	Johnston Invitational
6	1525	AMES	10/6/2009	Ames vs. WDM Valley
7	1439	DECORAH	10/24/2009	North Central Swim Conference
8	1342	IOWA CITY WEST	10/6/2009	Iowa City West vs. Iowa City City High
9	1280	CEDAR RAPIDS KENNEDY	10/13/2009	DubH @ CRK
10	1271	DOWLING CATHOLIC	40064	DM Roosevelt
11	1253	CARROLL	10.10.2009	Carroll @ Johnston Inv
12	1250	LINN-MAR	10/6/2009	Cedar Rapids Washington
13	1246	DES MOINES ROOSEVELT	9/8/2009	Dowling v. Roosevelt
14	1233	NEWTON	9/26/2009	WDM Valley Tiger Tanker
15	1204	CEDAR RAPIDS WASHINGTON	9/26/2009	Tiger Tankers
16	1188	ANKENY	10/22/2009	CIML Conference
17	1101	IOWA CITY CITY	9/10/2009	City High vs Cedar Falls
18	1083	MARSHALLTOWN	9/19/2009	Bobcat Invitational
19	1062	DUBUQUE HEMPSTEAD	9/3/2009	Wahlert Vs. Hempstead
20	1025	MUSCATINE	9/5/2009	Muscatine Invite
21	1009	PLEASANT VALLEY	9/26/2009	Burlington Invitational
22	1003	LEWIS CENTRAL	10/17/2009	Lewis Central Invitational
23	948	CEDAR RAPIDS JEFFERSON	9/8/2009	CRJ vs Dubuque Wahlert
24	938	SOUTHEAST POLK	10/22/2009	SE Polk at CIML Meet
25	913	DAVENPORT CENTRAL	10/13/2009	Central vs. West
26	876	SPENCER	10/17/2009	Lewis Central Invite
27	875	CEDAR RAPIDS PRAIRIE	9/1/2009	IC City at W'burg
28	871	INDIANOLA	10/6/2009	Indianola@SEP
29	865	SIOUX CITY NORTH	10/17/2009	Lewis Central Melissa Fender Swim Invite
30	861	WATERLOO WEST	9/19/2009	Charles City Invitational
31	838	DUBUQUE WAHLERT	9/3/2009	Wahlert Catholic vs. Hempstead
32	767	DES MOINES LINCOLN	9/26/2009	DM Lincoln Invite
33	761	SIOUX CITY EAST	9/24/2009	vs. Sioux City Metro
34	737	DES MOINES HOOVER	40108	CIML Metro Conference
35	717	KEOKUK	Sept. 5, 2009	Muscatine Kick Off
36	691	DUBUQUE SENIOR	9/22/2009	Dubuque Senior @ Iowa City High
37	662	DAVENPORT WEST	9/19/2009	Clinton Invitational
38	628	DES MOINES EAST	10/6/2009	DM East vs DM Lincoln
39	598	FORT DODGE	9/12/2009	Ames Invite
40	577	BOONE	9/26/2009	DMS Lincoln Invitational
41	568	DES MOINES NORTH	9/29/2009	POLARBEAR INVITATIONAL
42	527	CEDAR RAPIDS XAVIER	12/30/1899	0
43	526	TIPTON	10/19/2009	Fairfield vs. Tipton
44	524	GRINNELL	10/24/2009	Conference
45	408	BURLINGTON	9/24/2009	vs. Rock Island
46	383	CLINTON	10/22/2009	Clinton vs United Township, East Moline
47	369	ALGONA	SEPT. 17,09	ALGONA 09
48	347	STORM LAKE	10/8/2009	Sioux City North-Dual
49	282	VINTON-SHELLSBURG	9/19/2009	Charles City Invitational
50	260	COUNCIL BLUFFS A L	9/15/2009	CB A. Lincoln vs. Sioux City Metro
51	197	DAVENPORT NORTH	9/8/2009	Davenport North VS Bettendorf dual
52	158	PERRY	9/26/2009	DM North Invitational
53	71	CHARLES CITY	9/1/2009	Double Dual vs. Cedar Falls and Waterloo