

2010 STATE TRACK & FIELD RELAY ENTRY FORM

Iowa Girls High School Athletic Union • PO Box 10348, Des Moines, IA 50306



IMPORTANT

Bring this sheet to the south door of the press box if your running order is ***different than the regional order***. Changes made in running order between preliminaries and finals must also be reported to the south door of the press box.

SCHOOL NAME _____ CLASS _____

COACH NAME _____

4x100 Meter Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

4x200 Meter Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

4x400 Meter Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

4x800 Meter Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

1600 Meter Distance Medley Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

800 Meter Sprint Medley Relay

GR

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Shuttle Hurdle Relay

GR

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |