

2022 Iowa XC State Qualifier - 10/19/2022**Glenwood
Glenwood, IA
Results****Event 1 Girls 5k Run CC Varsity**

Name	Year	School	Avg Mile	Finals	Points
Results - Women					
1 Timmerman, Geneva	12	Adm, Adel	5:47.5	17:59.60	1
2 Sonderman, Lindsey	10	Harlan	6:05.9	18:56.73	2
3 Rush, Ava	12	Atlantic	6:12.8	19:18.11	3
4 Mendlik, Lola	10	Denison-Schlswg	6:13.5	19:20.29	4
5 James, Haley	09	Adm, Adel	6:13.8	19:21.14	5
6 Pellett, Claire	11	Atlantic	6:15.7	19:27.10	6
7 Berglund, Madelyn	10	Glenwood	6:17.2	19:31.89	7
8 Dea, Marie	11	Kuemper Cath	6:21.2	19:44.24	8
9 Petersen, Breckyn	10	Glenwood	6:21.3	19:44.41	9
10 Desmarais, Hannah	10	Adm, Adel	6:27.6	20:04.08	10
11 Schechinger, Brylee	10	Harlan	6:28.0	20:05.46	11
12 Berg, Belle	11	Atlantic	6:30.3	20:12.42	12
13 Hughes, Lauren	11	Glenwood	6:33.3	20:21.83	13
14 Gessert, Jenna	12	Harlan	6:34.4	20:25.37	14
15 Sutton, Mackealin	10	Adm, Adel	6:39.1	20:39.81	15
16 Hughes, Haylee	09	Glenwood	6:42.0	20:48.88	16
17 Kanne, Julia	11	Kuemper Cath	6:43.2	20:52.48	17
18 Martens Sinn, Gracelyn	11	Adm, Adel	6:43.3	20:52.96	18
19 Griffin, Emerson	12	Glenwood	6:43.8	20:54.53	19
20 Schultz, Brooklyn	10	Glenwood	6:45.9	21:01.02	20
21 Mattes, Paige	11	Adm, Adel	6:46.0	21:01.18	21
22 McNeal, Isabel	11	Lewis Central	6:48.3	21:08.53	22
23 Nebel, Ryley	12	Glenwood	6:48.7	21:09.67	23
24 Schechinger, Emily	11	Harlan	6:51.5	21:18.25	24
25 Anderson, Kayla	10	Harlan	6:51.7	21:18.96	25
26 Williams, Katrina	09	Atlantic	6:51.7	21:19.09	26
27 Schrum, Charlotte	09	Denison-Schlswg	6:52.8	21:22.28	27
28 Jacobsen, Claire	10	Clarke	6:53.4	21:24.40	
29 Nelson, Alaina	09	Adm, Adel	6:55.2	21:29.88	28
30 Ryan, Gabby	12	Sb-Luton	6:56.5	21:34.01	29
31 Tremblay, Alexa	10	Denison-Schlswg	6:58.0	21:38.69	30
32 Schechinger, Lily	09	Harlan	7:01.7	21:49.99	31
33 Bussey, Ava	10	Lewis Central	7:01.8	21:50.22	32
34 Huffman, Mariah	10	Atlantic	7:03.0	21:53.95	33
35 Huffman, Hailey	10	Atlantic	7:05.0	22:00.44	34
36 Nehring, Taryn	10	Perry	7:08.2	22:10.24	35
37 Pontier, Audrey	12	Clarke	7:08.9	22:12.33	
38 Altman, Faith	11	Atlantic	7:09.5	22:14.30	36
39 Bockenstedt, Bjella	09	Sb-Luton	7:14.4	22:29.39	37
40 Miller, Claire	12	Denison-Schlswg	7:18.7	22:42.70	38
41 Wait, Olivia	09	Lewis Central	7:19.3	22:44.80	39
42 Manz, Mahri	10	Lewis Central	7:22.5	22:54.59	40
43 Tylavsky, Clara	11	Saydel	7:23.2	22:56.74	41
44 Bieker, Taylor	11	Harlan	7:23.7	22:58.53	42
45 Stafford, Autumn	12	Creston	7:24.7	23:01.51	43
46 Griebel, Cori	12	Sb-Luton	7:26.3	23:06.32	44
47 Arkfeld, Olivia	12	Lewis Central	7:26.4	23:06.65	45
48 Bahnsen, Emily	10	Denison-Schlswg	7:29.2	23:15.46	46
49 Andersen, Abby	09	Sb-Luton	7:29.4	23:16.19	47
50 Pantini, Emma	12	Creston	7:32.7	23:26.24	48
51 Vazquez, Ana	10	Denison-Schlswg	7:34.1	23:30.82	49

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6	Lewis Central	178	22	32	39	40	45	52	55
	Total Time:	1:51:44.79							
	Average:	22:20.96							
7	Sb-Luton	207	29	37	44	47	50	58	62
	Total Time:	1:54:01.81							
	Average:	22:48.37							
8	Kuemper Cath	213	8	17	59	64	65	66	70
	Total Time:	1:54:59.84							
	Average:	22:59.97							
9	Creston	256	43	48	51	53	61	63	68
	Total Time:	1:58:56.36							
	Average:	23:47.27							
10	Perry	285	35	54	60	67	69	71	
	Total Time:	2:01:59.80							
	Average:	24:23.96							
11	Saydel	317	41	57	72	73	74	75	
	Total Time:	2:17:23.37							
	Average:	27:28.68							

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Results****Event 2 Boys 5k Run CC Varsity**

Name	Year	School	Avg Mile	Finals	Points
Results - Men					
1 Eichhorn, Ethan	11	Lewis Central	5:01.6	15:36.90	1
2 Keller, Bryant	11	Glenwood	5:02.5	15:39.73	2
3 Smith, Andrew	11	Glenwood	5:13.9	16:15.18	3
4 Hays, Liam	11	Glenwood	5:17.8	16:27.10	4
5 Diercks, Kade	11	Lewis Central	5:18.6	16:29.83	5
6 Timmerman, Torin	10	Adm, Adel	5:20.4	16:35.26	6
7 Gonzalez, Richard	10	Denison-Schlswg	5:20.4	16:35.30	7
8 North, Ryan	11	Kuemper Cath	5:23.8	16:45.82	8
9 Coots, Kevin	09	Glenwood	5:25.1	16:49.84	9
10 Janzen, Evan	12	Sb-Luton	5:26.6	16:54.60	10
11 Greving, Jacob	11	Kuemper Cath	5:26.8	16:55.28	11
12 Slayman, Preston	12	Glenwood	5:27.2	16:56.33	12
13 Anderson, Dillon	12	Glenwood	5:28.1	16:59.09	13
14 Fields, Devon	10	Atlantic	5:28.2	16:59.56	14
15 Griffin, Jackson	12	Glenwood	5:28.5	17:00.55	15
16 Shelton, Ian	11	Harlan	5:29.5	17:03.47	16
17 Landphair, Hunter	11	Adm, Adel	5:32.3	17:12.16	17
18 Andemichael, Yonas	10	Perry	5:32.4	17:12.49	18
19 Arkfeld, Marshall	10	Lewis Central	5:36.2	17:24.45	19
20 Perrien, Ethan	12	Denison-Schlswg	5:37.7	17:29.01	20
21 Desmarais, Harrison	12	Adm, Adel	5:39.0	17:33.10	21
22 Gonzalez, Braulio	10	Sb-Luton	5:39.0	17:33.23	22
23 Chapman, Isaac	10	Adm, Adel	5:39.1	17:33.39	23
24 Holdmeyer, Keegan	10	Adm, Adel	5:40.5	17:37.71	24
25 Ledesma, Ivan	09	Denison-Schlswg	5:41.9	17:42.08	25
26 Selken, Richard	10	Lewis Central	5:42.5	17:43.85	26
27 Chaplin, Hubert	11	Adm, Adel	5:43.6	17:47.33	27
28 Gamble, Hayden	12	Sb-Luton	5:43.7	17:47.78	28
29 Donaldson, Richie	12	Clarke	5:44.8	17:50.99	29
30 Thompson, Christian	10	Atlantic	5:44.8	17:51.19	30
31 Sonntag, Alex	11	Atlantic	5:46.9	17:57.58	31
32 Rodenburg, Asher	09	Lewis Central	5:48.2	18:01.79	32
33 Heilesen, Keaton	11	Harlan	5:49.5	18:05.64	33
34 Vargas-Gaytan, Alejandro	10	Sb-Luton	5:50.1	18:07.64	34
35 Wieseler, Michael	11	Sb-Luton	5:51.4	18:11.69	35
36 Petersen, Grant	09	Harlan	5:52.7	18:15.66	36
37 Delarosa, Daniel	09	Sb-Luton	5:52.8	18:15.88	37
38 Milliken, Kaiden	12	Harlan	5:53.1	18:16.92	38
39 Brewer, Jaxon	10	Lewis Central	5:53.9	18:19.27	39
40 Lee, Pierson	12	Adm, Adel	5:54.3	18:20.51	40
41 Williams, Tyrell	11	Atlantic	5:55.5	18:24.24	41
42 Domina, Micah	10	Clarke	5:56.0	18:25.99	42
43 Pottebaum, Thomas	09	Kuemper Cath	5:57.2	18:29.60	43
44 Gehling, David	11	Sb-Luton	5:57.3	18:30.01	44
45 Lundquist, Calhoun	12	Clarke	5:58.9	18:34.79	45
46 Olsen, Ethan	10	Denison-Schlswg	6:00.4	18:39.56	46
47 Badding, Fletch	09	Kuemper Cath	6:00.7	18:40.37	47
48 McFadden, Mason	11	Atlantic	6:01.3	18:42.46	48
49 Wiederien, Dayton	09	Kuemper Cath	6:01.4	18:42.62	49
50 Ibarra, Brian	12	Denison-Schlswg	6:02.3	18:45.40	50
51 Wipperman, Riley	12	Creston	6:03.4	18:48.80	51

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4	Sb-Luton	129	10	22	28	34	35	37	44
	Total Time:	1:28:34.94							
	Average:	17:42.99							
5	Denison-Schlswg	148	7	20	25	46	50	64	69
	Total Time:	1:29:11.35							
	Average:	17:50.27							
6	Kuemper Cath	158	8	11	43	47	49	66	79
	Total Time:	1:29:33.69							
	Average:	17:54.74							
7	Atlantic	164	14	30	31	41	48	58	60
	Total Time:	1:29:55.03							
	Average:	17:59.01							
8	Harlan	177	16	33	36	38	54	55	67
	Total Time:	1:30:38.90							
	Average:	18:07.78							
9	Clarke	235	29	42	45	56	63	75	77
	Total Time:	1:33:06.37							
	Average:	18:37.28							
10	Perry	281	18	52	61	72	78	81	82
	Total Time:	1:37:21.40							
	Average:	19:28.28							
11	Creston	305	51	53	62	68	71	73	76
	Total Time:	1:36:34.82							
	Average:	19:18.97							
12	Saydel	346	57	65	70	74	80	83	84
	Total Time:	1:40:57.14							
	Average:	20:11.43							