



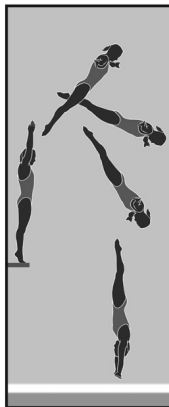
COMMON DIVES



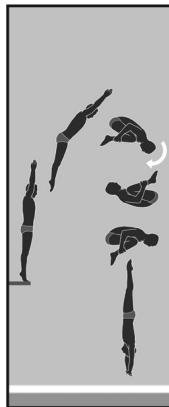
101C Forward Dive Tuck



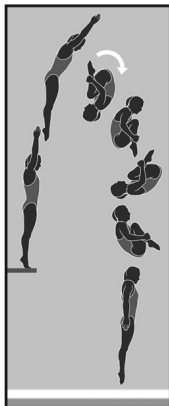
101B Forward Dive Pike



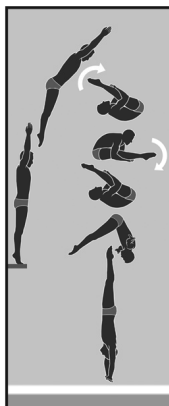
101A Forward Dive Straight



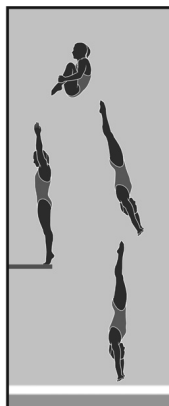
103C Forward 1 1/2 ss Tuck



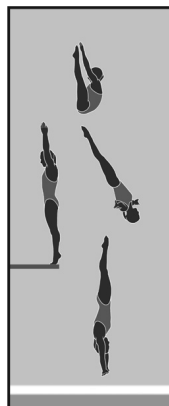
104C Forward 2 ss Tuck



105B Forward 2 1/2 ss Pike



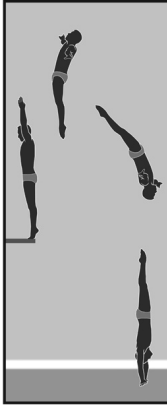
201C Back Dive Tuck



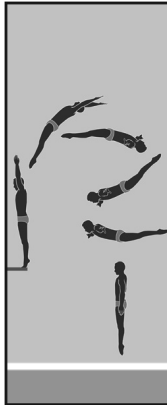
201B Back Dive Pike



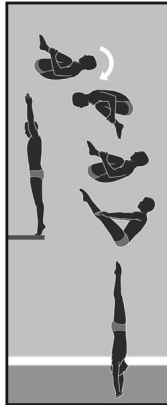
COMMON DIVES



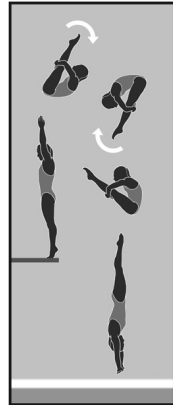
201A Back Dive
Straight



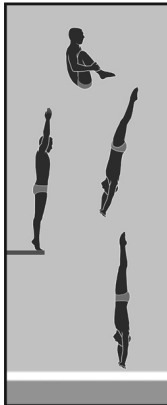
202A Back 1 ss
Straight



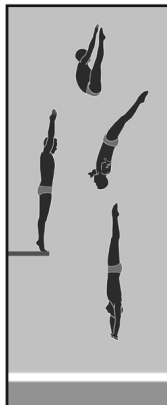
203C Back
1 1/2 ss Tuck



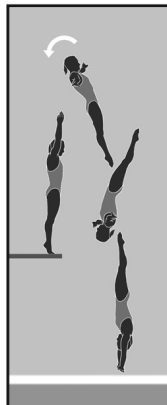
203B Back
1 1/2 ss Pike



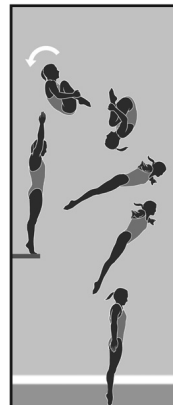
301C Reverse
Dive Tuck



301B Reverse
Dive Pike



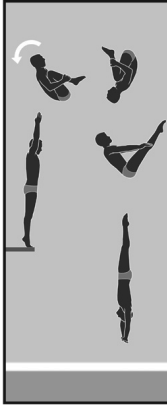
301A Reverse
Dive Straight



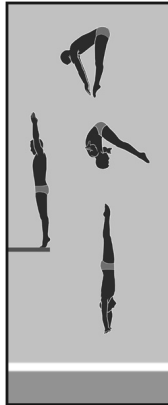
302C Reverse
1 ss Tuck



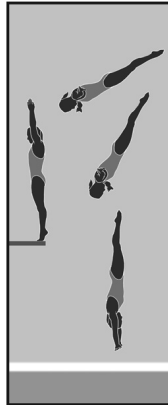
COMMON DIVES



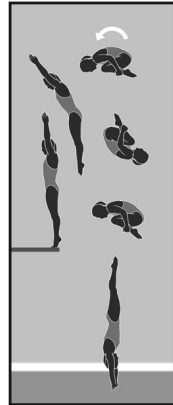
303C Reverse
1 1/2 ss Tuck



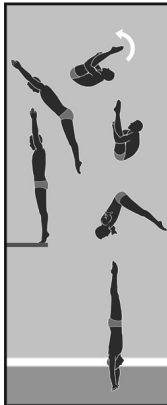
401B Inward
Dive Pike



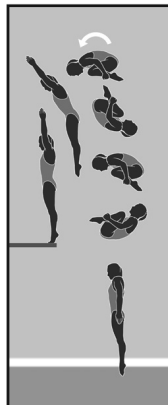
401A Inward
Dive Straight



403C Inward
1 1/2 ss Tuck



403B Inward
1 1/2 ss Pike



404C Inward
2 ss Tuck



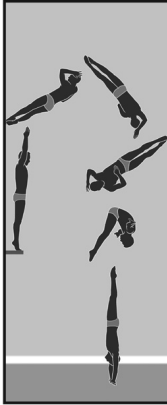
5111A Forward
1/2 Twist Straight



5122D Forward
1 ss 1 Twist Free



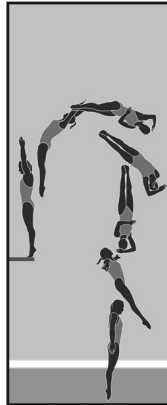
COMMON DIVES



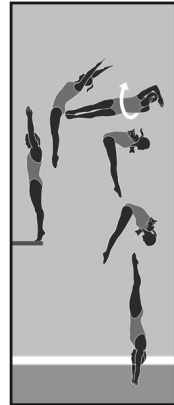
5132D Forward
1 1/2 ss
1 Twist Free



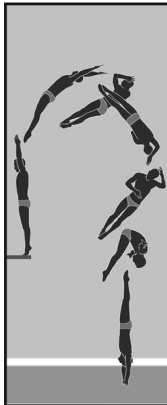
5152B Forward
2 1/2 ss
1 Twist Pike



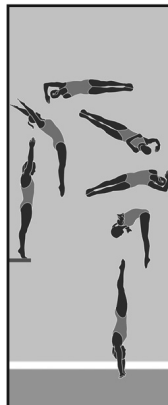
5223D Back 1 ss
1 1/2 Twists Free



5231D Back
1 1/2 ss
1/2 Twist Free



5233D Back
1 1/2 ss
1 1/2 Twists Free



5333D Reverse
1 1/2 ss
1 1/2 Twists Free