

FIVE-PLAYER CAREER LEADERS

UPDATED: 04/20/2020 — COACHES: HELP US WITH CORRECTIONS: As always – whenever a list like this is compiled, someone is inadvertently left out. Please submit any additions to Jason Eslinger at jasoneslinger@ighsau.org. Thanks to those that have submitted corrections/additions.. Please send any career/single season numbers that might make these listed to me as I'll update this list when time allows.

CAREER TOTAL POINTS

Elle Ruffridge, Pocahontas Area (2014-17)	2951	Carleigh Paup, Paton-Churdan (2012-16)	1833
Deb Remmerde, Rock Valley (1999-2003)	2756	Shelley Sheetz, Cedar Rapids Kennedy (1987-1991)	1831
Jennifer Jorgensen, SE Webster-Grand (2005-2008)	2708	Erin Richards, Mason City (1995-1998)	1826
Caitlin Clark, Dowling Catholic (2017-20)	2547	Wendy Ausdemore, Tri-Center (2002-05)	1812
Anne O'Neil, Cedar Rapids Kennedy (1996-2000)	2494	Monica Huelman, Vinton-Shellsburg (1992-1996)	1809
Jennifer Goetz, Cardinal Stritch (1999-2003)	2433	Sharon Goodman, Crestwood (2017-20)	1798
Kala Kuhlmann, Charter Oak-Ute (2002-2006)	2337	Kate Galligan, Cedar Rapids Jefferson (1988-1992)	1797
Margo Muhlbauer, IKM (2002-2006)	2304	Morgan Paige, Marion (2005-2010)	1795
Lindsay Hoehns, Twin Cedars (2005-2010)	2253	Grace Berg, Indianola (2014-18)	1784
Hallie Christofferson, Exira (2005-2010)	2247	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	1784
Sara Stribe, Carroll (1994-1998)	2245	Ellie Peterson, Cedar Falls (1998-2002)	1773
Nicole Miller, North Linn (2011-2015)	2207	Amy Meggers, IKM (1996-2000)	1773
Stephanie Rich, Washington (1997-2001)	2205	Logan Hughes, Shenandoah (2016-19)	1769
Ashley Joens, Iowa City High (2014-18)	2158	Alison Rohdy, Harmony (1991-1995)	1767
Liz Trauger, Twin River Valley (2002-2006)	2115	Taryn Scheuermann, Van Buren County (2017-20)	1767
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	2026	Brittany Lange, Sac (2002-05)	1756
Lindsey Meder, Solon (1994-1998)	2057	Lindsay Anderson, New London (1994-1998)	1755
Amber Harrington, Davenport North (2005-2010)	2035	Stacey Schutjer, WCLT (2005-2008)	1754
Kayla Waskow, Dunkerton (2004-2008)	2031	Katie Keitges, Knoxville (2016-20)	1752
Mary Berdo, Washington (1992-1996)	2026	Kesley Cermak, Norwalk (2004-2007)	1751
Nina Smith, Waterloo West (1995-1999)	1992	Chelsea Thomas, Pleasantville (2004-2008)	1748
Linda Lappe, Winfield-Mt. Union (1994-1998)	1987	Jessica Nikkel, Lynnville-Sully (1995-1999)	1743
Jessica Gerhart, Sentral (1999-2003)	1983	Angela Bock, Iowa Mennonite (1995-1999)	1743
Tammi Blackstone, Cherokee (1992-1996)	1961	Tori Hazard, Janesville (2014-17)	1737
Tiffany Reedy, Union (1998-2002)	1942	Danielle Grabe, Cedar Rapids Prairie (1996-2000)	1733
Rachel Yeggy, Highland (2002-2006)	1941	Tarah Cullin, Fort Madison Aquinas	1729
Abby Roe, Van Buren (1992-1996)	1923	London Vais, Adair Casey (2011-14)	1719
Kary Dawson, Sibley-Ocheyedan (1993-1997)	1922	Jordan Henningsen, Alta (2007-2011)	1716
Jamie Boyd, Underwood (2000-2004)	1920	Jill Johnson, Rockwell City-Lytton (2000-2004)	1711
Alexis Conaway, MOC-Floyd Valley (2010-2014)	1901	Zoe Young, West Des Moines Valley (2016-19)	1710
Christa Subbert, Stanton (2003-2007)	1901	Jessica Mennen, Hampton-Dumont (1996-2000)	1710
Megan Meyer, Mason City (2016-19)	1888	Kiah Stokes, Linn-Mar (2007-2011)	1704
Amanda Zimmerman, Ballard (2006-2009)	1886	Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1701
Jessie Pauley, OABCIG (2008-2012)	1873	Ann Cavey, North Cedar (1994-1998)	1698
Ashtyn Veerbeek, Western Christian (2014-18)	1871	Marsha Frese, CR Reigs & CR Wash. (1986-1990)	1692
Shellie Mossman, Carroll (2002-2006)	1859	Amy Herig, Dubuque Senior (1991-1995)	1685
Molly Tideback, Waterloo Columbus (1985-1988)	1859	Lori Tumblee, Starmont (1998-2002)	1680
Shelly Hembera, Cedar Valle Christian (2011-2015)	1859	Karsyn Stratton, Clear Creek-Amaan (2016-20)	1679
Clarie Marburger, Perry (2011-2015)	1853	Kristi Moser, Maple Valley-A-O (1993-1997)	1669
Zoey Artist, CAM (1994-1998)	1845	Mikayla Nachazel, Springville (2014-18)	1662
Michelle Lund, Sioux City Bishop Heelan (2004-08)	1837	Ashley Miller, Tipton (2003-2007)	1654
		Teresa Wessling, Guthrie Center (1995-1999)	1644

Macy Williams, Fremont-Mills (2011-2015)	1642	Miranda Murphy, North Polk (2010-14)	1536
Arika Wooldridge, Center Point-Urbana (2013-16)	1640	Alli Masters, Central Decatur (2016-19)	1533
Samantha Harrington, Nashua-Plainfield (2004-2007)	1638	Brittini Donaldson, Sioux City North (2007-11)	1526
Julia Fleecs, Glidden-Ralston (2014-17)	1637	Kate Hartman, Northwood-Kensett (2006-2010)	1525
Kristin Turk, Des Moines Lincoln (2004-07)	1636	Tana Colt, Akron-Westfield (2003-2007)	1525
Hattie Davidson, Northwood-Kensett (2013-16)	1636	Mariah Criswell, Winterset (2011-2015)	1524
Erin Wibholm, West Marshall (1997-2001)	1634	Jenna Boelter, Algona Garrigan (2014-18)	1520
Kayba Laube, Marion (2017-20)	1630	Abby Richardson, Storm Lake St. Marys (2004-2007)	1519
Linda Sayavongchanh, DM Lincoln (1998-2002)	1630	Abby Emmert, Winterset (2000-2004)	1518
Brianne Schoonover, Fredericksburg (1994-1998)	1630	Jamie Armstrong, Essex (1993-1997)	1516
Wendy Sobaski, Pekin (1993-1997)	1629	Cortney Kettmann, Bellevue Marquette (1997-2001)	1515
Jill Martin, Norwalk (1999-2003)	1628	Jennifer Rochelle, CB St. Albert (1997-2001)	1515
Lexy Koudelka, Nevada (2014-18)	1625	Andrea Larson, Mediapolis (2011-15)	1513
KJ Veldman, Spirit Lake (2010-2013)	1625	Brittany Alfredson, Woodbury Central (2004-08)	1511
Amanda Moser, Maple Valley-Anthon-Oto (1998-2002)	1622	Katie Schechinger, IKM/IKM-Manning	1507
Kenzie Cunard, Logan-Magnolia (2014-18)	1621	Autumn Feaker, Solon (1990-1994)	1506
Maya McDermott, Johnston (2017-20)	1615	Jessica Vande Kooi, Hinton (1999-2003)	1505
Rylee Menster, Springville (2014-18)	1607	Ashley Arndorfer, Algona Garrigan (1998-2002)	1503
Anne Straate, Postville (1998-2002)	1603	Emily Reeder, CB Abraham Lincoln (1996-2000)	1502
Erin Maher, Davenport Assumption (1985-1989)	1601	Kim Marlow, Oelwein (1999-2003)	1502
Angie Schinstock, Central Lee (1996-2000)	1599	Erin Dohrmann, Sioux City North (1997-2003)	1499
Mackenzie Morrison, Martensdale St. Marys (2007-11)	1599	Jade Rogers, Cedar Rapids Kennedy (2005-10)	1499
Katie Eiben, Springville (2006-2009)	1598	Miranda Boekhout, Marcus-Meriden-Cleghorn (2000-04)	1497
Lisa Kriener, St. Ansgar (1997-2001)	1596	Kaylee Blake, IKM-Manning (2010-2013)	1496
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	1594	Kadie Subbert, Stanton (2007-2011)	1495
Mackenzie Roberts, Van Meter (2014-17)	1594	Sammy Blum, Rock Valley (2014-17)	1494
Kelsey Keizer, Okoboji (2002-2005)	1593	Amber Nicole Buch, Fairfield (2014-18)	1493
Ally Disterhoft, Iowa City West (2009-2012)	1590	Kelsey Maffin, Van Meter (1999-2003)	1491
Tanya Meyer, Sioux City West (2010-2014)	1590	Megan Ripperton, Lone Tree (1997-2001)	1488
Jenny Ogden, Moulton-Udell (1998-2002)	1590	Konnor Sudmann, Treynor (2016-19)	1488
Mackenzie Meyer, Mason City (2013-16)	1589	Maddie Jones, South Central Calhoun (2016-19)	1486
Ellie Friesen, Osage/Crestwood (2014-18)	1586	Katie Miller, Solon (1994-1998)	1485
Grace Flanagan, North Linn (2017-20)	1584	Kim Trine, Burlington Notre Dame (1994-1998)	1485
Shelby Spates, Van Buren (1999-2003)	1584	Chelsea Poppens, Aplington-Parkersburg (2006-09)	1484
Beth Marvin, Preston (1997-2001)	1581	Angie Schreurs, WDM Valley (1991-1995)	1484
Bailey Beckman, Panorama (2016-19)	1579	Olivia Larsen, Newell-Fonda (2016-19)	1482
Kayla Lincoln, West Central Maynard (2003-2007)	1577	Madison Gettler, CAM (2016-19)	1480
Sarah Ryan, North Mahaska (2002-05)	1576	Karen Schulte, Norway & CR Jefferson (1989-1993)	1479
Kari Fitzpatrick, Edgewood-Colesburg (2011-2015)	1575	Ashton Yossi, Dallas Center-Grimes (2007-2011)	1477
Amy Young, Preston (1997-2001)	1575	Stacy Frese, Cedar Rapids Washington (1991-1995)	1477
Lori Nowachek, Midland (1997-2001)	1575	Jordan Gronewold, Carlisle (2005-2010)	1475
Maddy Duncan, Sidney (2017-20)	1564	Brooke Scharn, Sioux Central (2007-10)	1473
Sienna Durr, Grinnell (2014-18)	1561	Serena Parker, Shenandoah (2011-2015)	1468
Taylor Hickey, Burlington Notre Dame (2011-2015)	1560	Chelsea Goedken, Cascade (2000-2002)	1468
Ashley Freerksen, Dowling Catholic (1999-2003)	1559	Kennedy Core, Pleasantville (2011-2015)	1468
Samantha Reiser, Waukon (2002-2005)	1559	Lindsay Smith, Central DeWitt (2008-11)	1467
Shateah Wetering, Montezuma (2017-20)	1558	Keri Hanson, CWL (1997-2001)	1467
Bailey Arnburg, West Central Valley (2011-2015)	1556	Addison Hirschman, Kingsley-Pierson (2015-18)	1467
Chloe Lofstrom, North Union (2017-20)	1554	Kaylee Parks, Central Springs (2014-18)	1465
Madison Weekly, Benton (2010-2013)	1552	Carrie Norman, Lynnville-Sully (1995-1999)	1460
Mackenzie Rogers, Mediapolis (2014-18)	1552	Renee Maneman, Newell-Fonda (2010-2014)	1458
Aimee Osborne, Sidney (2008-11)	1551	Kalli Richardson, NE Hamilton (2010-2013)	1457
Maya Johnson, Mediapolis (2016-19)	1549	Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	1456
Jasmine Demers, Storm Lake St. Mary's (2010-2014)	1545	Alicia Mahmens, Northeast (1996-2000)	1456
Andrew Clark, Guthrie Center (2003-2007)	1544	Maureen Head, Iowa City West (1996-2000)	1454
Kylie Williamson, Bondurant-Farrar (1995-1999)	1542	Kandy Beemer, Bedford (2002-2005)	1452
Ashley Arlen, Cascade (2004-08)	1542	Paige Bradford, Davenport North (2014-18)	1451
Madison Dreckman, LeMars (2016-19)	1541	Sara Goodman, West Marshall (1999-2003)	1450
Elle Herzberg, Manson-NW Webster (2010-2014)	1540	Alee Hugen, Twin Cedars (2010-2013)	1450
Paige Danner, Ar-We-Va (2010-2014)	1539	Shari Davis, Denver (1995-1999)	1446
Taylor Greenfield, Ballard (2008-2011)	1536	Carah Drees, Westwood (2016-19)	1446

Alysa Klein, Okoboji (2001-2004)	1445	Jessica Hansen, West Monona (2005-2008)	1372
Megan Keefe, Clear Lake (1999-2003)	1445	Rylee Olsen, New London (2000-04)	1372
Mary Halvorson, Waukon (2005-2010)	1444	Nicole VanderPol, Grundy Center (2002-2005)	1369
Ali Devries, Bellevue Marquette (2001-05)	1442	Annie Heithoff, CB St. Albert (1993-1997)	1369
Leah Miller, Lawton-Bronson (2008-2012)	1442	Jennifer Schmann, Newell-Fonda (2001-05)	1368
Megan Howard, North Polk (2006-10)	1439	Elizabeth Sneed, Malvern (1999-2003)	1366
Lacey Corcoran, Johnston (1995-1999)	1437	Laura TerHark, Algona (2007-2011)	1365
Kelli Nelson, Exira (2001-2004)	1436	Chandran Duffy, Kee (2004-07)	1364
Emma Atwood, Central Decatur (2016-19)	1434	Deha Peyton, Linn-Mar (1988-1992)	1364
Steffi Cunard, Logan-Magnolia/H. Christian (2011-2015)	1434	Marissa Schroeder, Marquette Catholic (2014-17)	1363
Keanna Levy, Waterloo West (1999-2003)	1434	Sara Goodman, West Marshall (1999-2003)	1362
Allison Kruger, South O'Brien (1995-1999)	1434	Rylee Voss, English Valleys (2011-15)	1362
Emilee Danner, Ar-We-Va (2016-19)	1429	Hallie Linhart, Central Decatur (2011-2015)	1362
Amy Swisher, Cedar Falls (1996-2000)	1425	Chelsey Luhning, A-Parkersburg, Grundy Center (02-05)	1361
Cassandra Boston, Des Moines Hoover (2002-06)	1424	Mika Rodewald, Manson-NW Webster (2007-2010)	1359
Julie Rittgers, WDM Valley (1987-1991)	1423	Caitlin Ingle, Southeast Polk (2011-14)	1349
Kate Walker, Red Oak (2011-2015)	1423	Dani Thrush, Keokuk (1992-1995)	1358
Jayne Olson, Bettendorf (1990-1994)	1422	Chelsea Matthias, Wapsie Valley (1998-2002)	1358
Ky Petersen, AHST (1993-1996)	1421	Abbey Holmes, Algona (2017-20)	1355
Tracy Paustian, Davenport West (1997-2001)	1417	Kristyn Ferris, Charles City (2001-2004)	1351
Maddie Oliver, Roland-Story	1416	Morgan Muhlbauer, IKM-Manning (2011-2015)	1351
Lindsey Petersen, Missouri Valley (1997-2000)	1416	Paige Greiner, Williamsburg (2010-2014)	1351
Alissa Brown, Jesup (2010-2014)	1415	Brittani Kozik, Belle Plaine (1999-2003)	1350
Keanna Levy, Waterloo West (1999-2004)	1415	Ali Browning, Iowa City Regina (2005-2010)	1350
Trisha Heiden, Northeast Hamilton (1993-1995)	1415	Kendra DeJong, Unity Christian (2005-09)	1348
Taryn Knuth, Johnston (2014-2017)	1414	Addie Oberman, Northeast (2010-14)	1347
Faith Troshynski, Manson-NW Webster (2013-16)	1414	Katie Lindeman, Grundy Center (2013-16)	1346
Leah Hetzler, Moulton-Udell (1996-2000)	1413	Gabie Doud, Ballard (2013-2016)	1346
Jenny Dorman, Pella (2005-08)	1406	Emily Westrand, Essex (2006-2009)	1346
Lacey Geitzenauer, Sentral (1999-2003)	1406	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	1344
Madelyn Deitchler, Treynor (2015-18)	1400	Ella Skinner, Bishop Heelan (2017-20)	1341
Erica Schlotfeldt, Rock Valley (1999-2003)	1399	Morgan Straight, Belle Plaine (2013-16)	1333
Cathy Kain, Saydel (2005-09)	1399	Lindsey Fischbach, Carroll (2000-2002)	1332
Katie Kosters, Crestwood (1996-2000)	1397	Taylor Feldman, West Liberty (2006-2009)	1331
Hailey Wallis, Grundy Center (2016-19)	1396	Rachel Hinders, Johnston (2013-16)	1327
Emily Lange, Wilton	1395	Mallory McDermott, Cedar Rapids Prairie (2017-20)	1326
Katie Sorrell, Winfield-Mt. Union (1994-1998)	1394	Katie Dentlinger, Coon Rapids-Bayard (2008-12)	1325
Marsha Frese, Cedar Rapids Washington (1987-90)	1394	Sam Abens, Knoxville (2005-2010)	1323
Melissa Krueger, Lone Tree (1989-1993)	1393	Tarah Cullen, Fort Madison Aquinas (2002-2005)	1322
Alyson Spinas-Valainis, Dav. Assumption (2005-2010)	1392	Jordan Waddell, Guthrie Center (2003-2007)	1321
Gena Fiihr, Lynnville-Sully (1992-1996)	1392	Haley Birks, South Central-Calhoun (2011-2015)	1320
Randi Peterson, Cedar Falls (1994-1998)	1391	Heather Cunard, Missouri Valley (2003-2007)	1320
Jaime Printy, Linn-Mar (2006-2009)	1391	Amber Schubert, Sergeant Bluff-Luton (2011-2015)	1320
Amy Breen, Fairfield (1989-1993)	1391	Kelsey Nickerson, Ottumwa (2008-2012)	1319
Kendra De Jong, Unity Christian (2004-2009)	1390	Kelli Freeman, WDM Valley (1996-2000)	1317
Crystal Davis, Twin Cedars (2004-2008)	1389	Kortney Drake, Wilton	1317
Sara Weirather, Central Lee (1999-2003)	1388	Chanda Zomermaand, Unity Christian (2012-16)	1316
Kameo Pope, Belle Plaine (2010-2014)	1383	Kara Haugen, Waterloo Columbus (1991-1995)	1316
Jadyn Spencer, Waterloo West (2008-2011)	1383	Ellen Gallagher, Woodbury Central (2010-2014)	1314
Morgan Nelson, Colo-Nesco (1998-2002)	1381	Brooke Wolterstorff, Western Christian (2009-2013)	1314
Ashley Williams, Lawton-Bronson (2010-2014)	1380	Katelyn Oney, Cedar Rapids Washington (2005-08)	1314
Tina Zitterich, Gilbert (1993-1997)	1379	Olivia Godfrey, Panorama (2010-2014)	1314
Brooke Bollmeyer, Hinton (1998-2002)	1379	Ali DeVries, Bellevue Marquette (2002-2005)	1313
Katie Morse, Tri-Center (1997-00)	1379	Jocelyn Coleman, Essex (2007-2010)	1312
Katelynn Tracy, Moravia (2010-13)	1378	Katie Jensen, English Valleys (2001-2005)	1312
Elisha Turek, CB Abraham Lincoln (1999-2003)	1377	Malarie Gilley, East Greene (2007-2011)	1311
Hannah Erickson, Central Elkader (2017-2020)	1376	Christy Holtkamp, Central Lee (1989-1993)	1311
Meghan Brue, Underwood, 2000-2004)	1376	Rachel Madrigal, Decorah (2004-2007)	1310
Emily Cline, Harmony (19921-95)	1373	Anna Kiel, Unity Christian (2012-16)	1308
Millie Niggeling, Sioux City Bishop Heelan (2005-2010)	1373	Grace Vander Weide, WDM Valley (2011-2015)	1304
Ellie Spelhaug, Pleasant Valley (2014-18)	1372	Nelia Olson, IKM (2004-07)	1303

Sofia Iwobi, Fairfield Maharishi (2003-06)	1303	Ashley Zobel, OA-BCIG (2008-2011)	1245
Taylor Frederick, Harlan (2013-2016)	1300	Jennie Lillis, WDM Dowling (1996-2000)	1245
Kia Rasmussen, IKM-Manning (2014-18)	1299	Lindsay Overman, Boyden-Hull (1997-2001)	1245
Marni Jacobsen, Spencer (2004-2008)	1297	Faith Meyer, Pocahontas Area (2014-17)	1244
Sidney McCrea, Cedar Rapids Prairie (2017-20)	1296	Susan Kies, Newell-Fonda (2005-2010)	1244
Jessica Leix, Newton (1992-1994)	1296	Olivia Terrones, East Marshall (2017-20)	1244
Mackenzie Knox, Madrid (1999-2003)	1294	Deja Jackson, Grinnell (2011-2015)	1242
Morgan Shuey, Southwest Valley (2016-19)	1294	Amanda Smith, Decorah (1994-1998)	1242
Emerson Green, Cedar Falls (2017-20)	1293	Erin Weber, Boyer Valley (2014-18)	1241
Autumn McDanel, Moravia (2013-2016)	1291	Ashley Dugan, Edgewood-Colesburg (1999-2003)	1239
Ally Jensen, Ballard (2006-2009)	1291	Audrey Faber, Dowling Catholic (2011-2015)	1239
Chloe Rick, Marion (2014-18)	1289	Johanna Myers, Burlington Notre Dame (2014-17)	1239
Rachel Gosselink, Iowa Christian Academy (2002-06)	1285	Bobbi Burrows, Bondurant-Farrar	1237
Leah Hetzler, Moulton-Udell (1996-2000)	1284	Sarah Anderson, Tri-Center (2002-2005)	1237
Emma Staudt, Rockford (2014-17)	1282	Josie Kopal, Lawton-Bronson (2009-2013)	1237
Nicky Wieben, Ankeny (2002-05)	1280	Tanaeya Worden, Sioux City North (2003-2007)	1236
Rachele Clark, Des Moines East (1987-1991)	1280	Elly Arganbright, Panora (2007-2010)	1235
Michelle Voigts, Clarion-Goldfield (2003-07)	1277	Nicole Strasko, Roland-Story (2006-2009)	1235
Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	1277	Kayla Henke, Cherokee (2002-2006)	1234
Michelle Kumrow, Hubbard-Radcliffe (2000-2004)	1275	Beth Mathes, Melcher-Dallas (1999-2003)	1234
Erin Goldsmith, Dallas Center-Grimes (2005-08)	1274	Kelsey Hora, Highland (2014-2017)	1233
Autumn Bartel, Cherokee (2001-2005)	1274	Susan Kies, Newell-Fonda (2006-10)	1233
Abbee Dickman, SCMT (2001-2004)	1273	Kayleen Beck, BGM (2011-2015)	1233
Jenny Noll, Muscatine (1988-1992)	1272	Brittini Donaldson, Sioux City North (2007-2011)	1232
Megan Hendricks, Clear Lake (2000-2004)	1271	Carly Pagel, Sumner-Fredericksburg (2009-2012)	1232
Brenda Frese, CR Washington (1985-1988)	1271	NaTracia Ceaser, Waterloo West (2016-19)	1231
Rachele Monroe, Union (2002-2006)	1270	Barb Bennett, Ames (1993-1997)	1231
Molly Goodenbour, Waterloo West (1985-1989)	1270	Hillari Jennings, North Central (1993-1997)	1230
Samantha Domeyer, Clayton Ridge (2014-17)	1270	Tricia Floyd, Vinton (1985-1988)	1230
Daneille Wubbens, Charles City (2003-2006)	1269	Jennifer Perkins, Fort Dodge St. Ed. (1994-1998)	1227
Katie Maguire, Trenor (1998-2002)	1269	Jessica Balek, Mason City Newman (2009-2012)	1225
Shelby Reicks, Turkey Valley (2014-17)	1266	Alyson Stokes, Highland (2016-19)	1225
Haleigh Hempen, Aplington-Parkersburg (2010-13)	1265	Kellie Metz, Tri-County (1996-2000)	1222
Marina Keck, Kingsley-Pierson	1264	Mary Halverson, Coon Rapids-Bayard (2008-2012)	1222
Jen Parsons, Clay Central-Everly (2002-2005)	1261	Amanda Brainerd, Central DeWitt (2013-2016)	1221
Michelle Burvee, Waterloo Columbus (1996-2000)	1260	Rachel Smith, Iowa Mennonite (1991-1995)	1221
Amber Kirschbaum, Spirit Lake (2006-2009)	1259	Abbie Brown, Eldora-NewProvidence (1993-1996)	1221
Jen Keitel, Central DeWitt (2008-2011)	1258	Kristi Anderson, CB Abraham Lincoln (1985-1988)	1221
Becky Avery, Clear Lake (1996-2000)	1257	Jamie Elbert, Indianola (2006-2009)	1220
Hannah Fuller, West Des Moines Valley (2014-17)	1255	Katie Nieuwsma, Pella Christian (2005-2008)	1220
Kylie Morrison, Logan-Magnolia (2017-20)	1254	Kelcie Bormann, Preston (2007-2011)	1218
Lori Bjork, Johnston (2001-2005)	1253	Ellie Foster, Dike-New Hartford (2017-20)	1217
Marla Metzger, Valley Community (2006-2009)	1252	Lindsay Chettinger, Sergeant Bluff-Luton (2000-04)	1216
Betsy Funk, Urbandale (1998-2002)	1252	Jill Eggers, West Marshall (1997-2001)	1215
Stephanie McCannon, WP Marquette (1988-1992)	1252	Angel Robertson, Vinton (1987-1991)	1215
Robin Threatt, CR Jefferson (1985-1988)	1251	Danielle Graham, Dunkerton	1214
Ali Rorah, Maquoketa (1998-2002)	1250	Jessie Dirks, Monticello (2000-2004)	1214
Missy Baker, Des Moines Lincoln (1985-1988)	1250	Traci Ollendieck, Crestwood (1999-2003)	1214
Logan Ehlers, Shenandoah (2014-17)	1248	Bri Jensen, Remen St. Mary's/Kingsley-Pierson (2015-18)	1214
Casey Spree, Aplington-Parkersburg (1994-1998)	1248	Kalee Modlin, Knoxville (1998-2002)	1209
Kristin Shields, Murray (2004-2007)	1248	Kayla Chapman, Treynor (2016-19)	1209
Melissa Kroll, CB St. Albert (1993-1997)	1248	Mackenzie Small, Hinton (2007-2010)	1207
Carrie Larson, Tipton (2001-2005)	1248	Fran Reis, Perry (1994-1998)	1207
Logan Ehlers, Shenandoah (2014-2017)	1248	Carolyn Holm, Sigourney (2007-2010)	1206
Emily Newton, Diagonal (2016-19)	1248	Anna Yung, Fort Dodge St. Edmond (2011-2015)	1206
Laura Knudtson, Lake Milies (2014-18)	1247	Jamie Hoover, Twin River Valley (1999-2003)	1204
Aubrey Hauswirth, Pocahontas Area (2003-06)	1247	Katie Reihman, Iowa Valley (1999-2003)	1204
Jamie Hoover, Twin River Valley (1999-2003)	1247	Jill Foster, North Tama (1996-2000)	1204
Allison Bailey, Kingsley-Pierson (2014-17)	1246	Kayla Moran, Maple Valley-AO (2011-15)	1202
Kortney Hilsabeck, West Central Maynard (1997-2001)	1246	Brittany Peterson, Spencer (2006-2009)	1200
Jensen Archibald, Martensdale-St. Marys (2017-20)	1246	Laurie Busching, Nashua-Plainfield (2004-2007)	1199

Natalie Hackbarth, Algona (2005-2010)	1198	Brittney Carlson, Oskaloosa, (2003-2006)	1157
Alissa Dennis, Ballard (1996-2000)	1198	Briana Lage, SCMT/West Fork (2006-2009)	1154
Jackie Aanes, Valley Community (1997-2000)	1197	Mallory Cunard, Missouri Valley (2006-2009)	1154
Taylor Smith, Central Decatur (2006-2009)	1197	Caitlin Bisinger, Midland (2007-2010)	1154
Megan Murphy, North Polk (2010-14)	1197	Kaitlyn Volesky, Mount Vernon (2014-17)	1154
Abbie Hauptert, CMB (2011-14)	1196	Rachel Freland, West Marshall/PCM (2011-15)	1153
Erica Hoffman, East Buchanan (2017-20)	1196	Pam Iverson, Denison-Schleswig (1994-1998)	1153
Kayla Morgan, Maple Valley-Anthon-Oto (2011-2015)	1194	Toni Ratliff, Shenandoah (2003-2007)	1152
Kylan Loney, Ames (1997-2001)	1194	Dani Gass, Sioux City East (2001-05)	1152
Abbie Hlas, ADM (2016-20)	1192	Tiffany Bormann, Preston (2005-2009)	1151
Brooke Witcher, Janesville (1999-2003)	1190	Samantha Uhlenkamp, Central City (2014-17)	1151
Alyssa Wiebel, Benton Community (2013-16)	1190	Paityn Hagberg, Cherokee, (2014-18)	1150
Tammy Brauer, CR Kennedy (1990-1994)	1190	Noreen Morrow, Harris-Lake Park (2010-2014)	1150
Brielle Baker, Creston (2016-19)	1189	Kelsey Powell, Bondurant-Farrar (2001-2004)	1150
Kaely Hummel, Cherokee (2011-2015)	1189	Natalie Bright, WDM Dowling (1994-1998)	1150
Teri Vander Beek, Lynnville-Sully (1999-2003)	1189	Ashley Tull, North Linn (2014-18)	1149
Blaire Thomas, Waterloo West (2011-2014)	1187	Nichole Robison, Sioux City West (1996-2000)	1147
Cathy Reiter, Union (2005-2009)	1186	Megan Keefe, Clear Lake (1999-2003)	1146
Crystal Anderson, Forest City (1997-2001)	1186	Ellie Ritscher, Benton (2003-2007)	1146
Mika Rodawald, Manson-NW Webster (2005-2010)	1184	Tarah Colt, Akron-Westfield (2001-2005)	1146
Megan Peschong, Okoboji (2013-2016)	1184	Jennifer Kennedy, Greene County (2010-13)	1145
Kate Cline, Valley Community (1995-98)	1183	Kendal Brown, Moravia (2013-2016)	1145
Morgan VanDerSloot, Storm Lake/OABCIG (2008-12)	1180	Emily Dolan, East Buchanan (1996-2000)	1145
Amy Klostermann, West Delaware (1999-03)	1180	Marival Rivera, Muscatine (1985-1989)	1145
Mindy Hutchcroft, AGWSR (2003-2007)	1180	Allison Starr, Wellsburg-St. Rock (1993-1996)	1144
Kayla Gesink, Western Christian (2007-2011)	1180	Jacqui Kalin, Sioux City North (2003-2007)	1143
Markisha Wright, Des Moines East (2007-11)	1179	Kristen Lipps, Algona (2005-2010)	1143
Gabby Reyerson, West Marshall (2013-16)	1179	Lauren Miller, English Valleys (2011-2015)	1142
Jessica Vanderleest, Solon (1996-1999)	1177	Katelyn McCunniff, Waterloo Columbus (2004-07)	1142
Emily Holterhaus, Pella (2016-19)	1176	Kamryn Finley, Cedar Falls (2014-18)	1141
Kassidy DeJong, Unity Christian (2011-2015)	1176	Shelby Graves, Davis County (2010-2014)	1141
Taylor Rodenburgh, West Sioux (2014-17)	1176	Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	1141
Tracy Hardee, Bedford (1995-1999)	1175	Bridget Yoerger, Hinton (2001-2005)	1139
Jade Lynn Vlotho, West Sioux (2009-2013)	1174	Lindsay Beran, HLV	1139
Jamie Cavey, North Cedar (1997-2001)	1173	Katie Vander Molen, Pella (2015-18)	1137
Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	1172	Caitlyn Ward, Sidney (2016-19)	1137
Brianna Mensen, Maquoketa Valley (2014-17)	1172	Jaime Hoegh, Atlantic (1999-2003)	1137
Janine Gremmel, Dubuque Wahlert (1984-1988)	1172	Amanda Frost, Denver (2005-2010)	1137
Molly Nelson, Fort Dodge (1994-1998)	1172	Amber Simon, West Liberty (1998-2002)	1136
Kirstin Nelson, Oelwein (2005-2009)	1172	Ashley Sickles, Crestwood (2004-2008)	1135
Keeley Petzenhauser, Spencer (2014-17)	1171	Abby Wedemeier, West Central Maynard	1135
Jess McDowell, AGWSR (2005-2009)	1171	LeAnn Farmer, Waco (1990-1994)	1135
Grace Blomstedt, Red Oak (2011-2015)	1170	Heather Kapler, Crestwood (1993-1997)	1135
Kylan Straight, Logan-Magnolia (2014-18)	1170	Stephanie Howe, Northeast (1999-2003)	1134
Kayla Goodchild, Clay Central-Everly (2000-2004)	1169	Anna Volter, Decorah (2002-2005)	1133
Kim Parker, Aurelia (1998-2002)	1169	Tashika Lewis, Des Moines North (1990-1994)	1132
Sara Lincoln, Central Decatur (2006-2009)	1168	Jesi Barrett, Guthrie Center (1998-2002)	1131
Amanda Chizek, West Hancock (2017-20)	1168	Lindsey Vande Wall, PCM (2006-2009)	1130
Marly Bussa, Camanche (2014-2018)	1167	Madison Baier, South Tama (2009-12)	1129
Samantha Meyers, Grundy Center (2009-13)	1167	Kelly Houser, Riceville (1999-2003)	1129
Tonia Tauke, CB Abraham Lincoln (1992-1996)	1167	Jessie Biggs, Ottumwa (1999-2003)	1128
Tess Myer, Mount Ayr (2004-2009)	1167	Helaina Hillyard, Mediapolis (2017-20)	1127
Kim Wilken, Treynor (1993-1996)	1167	Shauna Boles, Murray (1996-2000)	1126
Dawn Rayner, Lone Tree (1988-1992)	1167	Lela Sellers, Minnesota/CR Kennedy (2013-16)	1126
Melissa Eighmy, Mount Ayr (1994-1998)	1166	Taryn Williams, Fremont-Mills (2011-2015)	1125
Heather Best, Davenport West (1991-1995)	1162	Kelsey Homewood, Iowa City Regina (2000-04)	1125
Tember Schechinger, IKM-Manning (2008-2012)	1161	Stacy Makoben, Durant (1985-1989)	1124
Slone Masters, Storm Lake (2006-2010)	1159	Brooke Nelson, Colo-Nesco (2002-2006)	1124
Leah Buhmann, West Central Maynard (1993-1997)	1159	Jescenia Mosley, Essex (2014-17)	1122
Ashley Wagner, Kee (1999-02)	1159	Tedi Andrews, Kingsley-Pierson	1121
Morgan Walker, Sioux Central (2009-2012)	1159	Rachel Wedemeier, West Central Maynard (1999-2003)	1120

Alison Huss, Bellevue Marquette (2001-05)	1120	Taylor Benshoof, Winterset (2010-2013)	1086
Jalyssa Ceasar, Sioux City North (2005-2009)	1120	Lana Otting, Cascade (2004-2008)	1086
Annie Fagen, East Greene (1993-1997)	1120	Kinzee Hansen, CWL (1993-1997)	1086
Olivia Sulentic, Interstate-35 (2009-12)	1119	Kim Flossm Dike-New Hartford (2003-06)	1086
Jamie Gesink, Western Christian (2011-2015)	1119	Cari Cimmiyotti, St. Ansgar (2001-2004)	1085
Erika Massner, Wapello (2009-12)	1119	Kim Hansen, Cedar Falls (1997-2001)	1085
Jessie Fitzwater, Moulton-Udell (1996-2000)	1118	Angie Eichhorst, Marion (1985-1988)	1084
Beth Skogen, Lake Mills (1993-1997)	1117	Mary Holmes, Cedar Rapids Regis (1985-1989)	1084
Brianna James, Lynnville-Sully (2009-12)	1116	Jenny Vogel, Jesup (1995-1999)	1083
Faith Vincent, Colo-Nesco, (2016-19)	1116	Lindsey Pleuss, Boone (1997-2001)	1083
Amanda Eekhoff, Western Christian (2000-2004)	1115	Dana Weerheim, West Sioux (2008-2012)	1083
Angie Ryan, Solon (1992-1995)	1115	Jackee Meyer, Belmont-Klemme (2014-16)	1081
Amy Smith, Lone Tree (2004-2007)	1115	Cassie Chubb, Saydel (2012-16)	1081
Jenna Clark, Roland-Story (2014-18)	1112	Kjerstin Back, Lake Mills (1998-2002)	1081
Emily Wenstrand, Essex (2004-2007)	1112	Kristine Munden, Aurelia (2003-2007)	1081
Haley Puk, Waterloo West (2011-2014)	1112	Paige McAfee, CAM (2016-19)	1079
Christie Vogelgesang, Tipton (1988-1992)	1112	Kim Schwartz, Hinton (1993-1997)	1078
Christina Voss, Ankeny (2002-04)	1112	Adria Sheil-Brown, Central DeWitt (1996-2000)	1076
Nicole Denman, Ballard (1998-2002)	1112	Stacy Schlumbohm, West Sioux (1993-1997)	1076
Kiana Barney, Cedar Falls (2014-18)	1111	Trisha Nesbitt, Ames (2005-2009)	1075
Emily Treptow, Jesup (2016-19)	1110	Ashley Nally, Bedford (1999-2002)	1075
Jordan Gillenwater, Council Bluffs AL (2008-2011)	1110	Mallory Nilles, Boyden-Hull (2016-20)	1075
Alyssa Green, Cedar Rapids Washington (2003-06)	1110	Maria Gonzalez, West Hancock (2013-16)	1075
Trish Miller, Newell-Fonda (1996-2000)	1108	Emily Ivory, Bettendorf (2014-18)	1075
Sarah Larsen, IKM (1993-1996)	1108	Abi Weideman, Iowa Falls-Alden (2006-2009)	1074
Tiffany Roby, Twin Cedars (2010-14)	1108	Kristen Weber, Earlham (2012-2015)	1074
Angie Froehlich, Algona Garrigan (1996-2000)	1108	Maci Griffith, Vinton-Shellsburg (2013-2016)	1074
Gina Gunsolley, Diagonal (2002-2005)	1107	Rachel Mercer, Kingsley-Pierson (2013-16)	1074
Carrie Stromley, Rockwell-Swaledale (1997-2001)	1107	Shayla Peters, Madrid (2014-18)	1073
Kate Hanneman, Center Point-Urbana (1993-1995)	1106	Hannah Redenius, Battle Creek-Ida Grove (2006-09)	1072
Breianna Klein, Murray (2016-19)	1105	Brittany Fish, Marion (2006-2010)	1072
Abby Wisecup, Sergeant Bluff-Luton (2016-19)	1105	Brooke Zylsta, Boyden-Hull (2016-20)	1071
Mackenzie Bigbee, Williamsburg (2008-2012)	1105	Lindsey Reis, Coon Rapids-Bayard (2005-09)	1071
Renee Roelfs, Mediapolis (1997-2001)	1105	Kate Letkewicz, Waterloo West (2011-2014)	1071
Camryn Reeg, Bellevue (2014-18)	1102	Lauren Hedlund, Hinton (2010-2014)	1070
Anna Sweeting, Highland (2007-2011)	1098	Shayla Barnes, Roland-Story (2006-2009)	1069
Mikkell Korver (1997-2001)	1097	Jewell Gasteiger, Lake Mills (2014-18)	1069
Amana Simmons, Des Moines Lincoln (1989-1993)	1097	Kelly Keerar, West Hancock (2014-18)	1068
Meredith Cunningham, Knoxville (2011-2015)	1097	Lindsey Boldt, Mount Pleasant (2002-2006)	1068
Jamie Imboden, Earlham (2006-2009)	1096	Briana Schauble, Kingsley-Pierson (2004-09)	1067
Brittany Holdsworth, Carroll (2009-2013)	1096	Kaitlin Rosenbeck, Guthrie Center (2005-2010)	1066
Elsa Anderson, Des Moines Christian (2011-2015)	1095	Jill Walters, North Scott (2002-2006)	1066
Cassidy Breon, Sergeant Bluff-Luton (2008-2012)	1095	Kim Shoars, St. Ansgar (1997-2000)	1066
Casey McDermott, Newton (2004-2007)	1094	Abby Reinhard, Eldora-New Providence (1999-2003)	1066
Courtney VanHouweling, PCM (2011-2015)	1094	Kelley Trimble, West Branch (2010-2012)	1066
MacKenzie Westcott, Williamsburg (2004-2008)	1094	Felicity Jackson, CAM (2014-17)	1066
Shea Fuller, West Des Moines Valley (2016-19)	1093	Dereree Stubbe, Clarke (2016-19)	1066
Madison Forbes, Lone Tree (2014-17)	1093	Emma Dau, Spirit Lake (2011-2015)	1065
Kristi Feldman, West Liberty (2010-2013)	1093	Jodi Purdy, Winterset (2001-2005)	1065
Christine Logsdon, Keokuk C. Stritch (1988-1992)	1092	Addison Weber, Gehlen Catholic (2016-2020)	1064
Rachael Mesner, Rockwell-Swaledale (1997-2001)	1091	Raegan Boothe, Central Decatur (2014-17)	1064
Ashlton Connelly, Emmetsburg (2011-2015)	1090	Rachel Struve, South O'Brien (2010-2014)	1063
Aftin Phyfe, Waverly-Shell Rock (2009-2013)	1090	Rebecca Mulliken, Waco (1990-1994)	1061
Morgan Meyer, Sentral (2004-07)	1090	Sarah Larsen, Mid-Prairie (1998-2002)	1061
Shelby Rodman, Whiting (2010-2014)	1090	Natalie Potter, Moulton-Udell (2009-2013)	1060
Ashley Hagedorn, IKM-Manning (2006-2010)	1089	Dani Benson, West Marshall (2002-2006)	1060
Kaisha Brown, Spirit Lake (2004-2008)	1087	Johanna Vaske, Algona Garrigan (2014-18)	1059
Jessica Stanek, Tripoli (1999-2003)	1087	Courtney Coffin, Burlington Notre Dame (2011-2015)	1059
Barb Franke, CedarFalls (1987-1991)	1087	Krystal Grundmeier, Belmont-Klemme (1998-2002)	1058
Lexi Ackerman, Central Lyon (2009-2013)	1087	Sidney Beckman, Panorama (2010-2013)	1058
Erica Junod, Ankeny (1995-1999)	1087	Steph Reiter, Union (2004-2008)	1057

Katelyn Stanley, Bishop Heelan (2016-20)	1056	Andrea Robertson, Vinton-Shellsburg (1992-1996)	1030
Beth Driscoll, Linn-Mar (1990-1994)	1056	Hannah Sitzmann, SL SM/Gehlen Catholic (2010-14)	1030
Joanne Woepking, Columbus (1989-1993)	1056	Jena Bamrick, Rockwell-Swaledale (2004-2007)	1029
Bridget Doeden, Sibley-Ocheyedan (2010-2014)	1056	Ashton Moody, Hinton (2008-2011)	1028
Jackie Olson, MOC-Floyd Valley (1992-1996)	1055	Katie Almeida, Shenandoah (1997-2001)	1027
Leslie Budak, Norway and Benton (1988-1992)	1054	Nicole Burgin, Oelwein (2010-2014)	1026
Macy Harris, Grinnell (2016-19)	1053	Megan Weirather, Central Lee (2003-2006)	1026
Mackenzie Foley, Sergeant Bluff-Luton (2016-20)	1053	Darcy Waldron, Cedar Rapids LaSalle (1988-1992)	1025
Ebby Prewitt, Des Moines Christian (2013-16)	1052	Whitney Stevens, Valley Community (1996-99)	1025
Kari Mutcschler, AGWSR (2003-2007)	1052	Barb Cole, Muscatine (1985-1988)	1024
Karter Miller, CAL (2010-2014)	1052	Nicole Pettinger, East Buchanan (2017-20)	1024
Carissa Stiefel, Burlington (1989-1993)	1052	Danikah Grobe, AHSTW (2011-2015)	1023
Rachel Binneboese, MOC-Floyd Valley (1993-1997)	1052	Jessica Kruger, AGWSR (1995-99)	1023
Jami Bertelsen, Missouri Valley (1996-2000)	1052	Kerri Carpenter, Tipton (1991-1995)	1023
Maya Gyamfi, Urbandale (2017-20)	1051	Denise Sump, Clarinda (1993-1996)	1023
Summer Gordon, Sioux City North/West (2007-2011)	1051	Alison Nagel, Fort Dodge St. Edmond (2006-10)	1022
Erica Hoehns, Twin Cedars	1050	Lisa Frese, Norway (1986-1990)	1022
MaKayla Augustine, Bishop Heelan (2009-2013)	1049	Emma Kelchen, Bellevue (2014-18)	1021
Meg Tierney, Union (1997-2000)	1048	Jena Blint, New London (2003-2007)	1021
Britni Freed, Hinton (2006-2009)	1047	Michelle Nason, IC West & IC High (1986-1990)	1021
Devyn Kemble, Panorama (2014-18)	1047	Amy Steenhoek, Pella (1996-99)	1020
Abby Flanagan, North Linn (2017-20)	1047	Ashton Glaus, Morningstar & Bettendorf (2011-15)	1020
Ashley Hansen, Newton (2000-03)	1046	Beth Wastson, Elk Horn-Kimballton (1998-2002)	1020
Angie Mohr, Dubuque Senior (1986-1990)	1046	Kaci Klenk, Mediapolis (1990-1994)	1020
Michelle Mahmens, Northeast (1995-1999)	1046	Heather Hook, Grundy Center (2009-13)	1020
Laura Johnson, Cedar Falls (2005-2010)	1046	Kayla Lindenmeyer, Bedford (2010-2013)	1019
Andee Martin, Westwood (2016-19)	1046	Megan Ryan, North Mahaska (1998-2001)	1019
Allison Emrich, Vinton-Shellsburg (2008-11)	1045	Kristi De Jager, MOC-Floyd Valley (1994-98)	1019
Julie Kaesbauer, Dubuque Hempstead (1984-1987)	1045	Laura Rowan, Hampton-Dumont (1999-2003)	1019
Hannah Stafford, Pocahontas Area (2010-2014)	1044	Morgan Johnson, Earlham (2010-14)	1019
Amber DeRiemacker, West Liberty (1996-2000)	1044	Ashley Kovarik, Crestwood (2006-2010)	1018
Peyton Olson, Mason City Newman (2014-18)	1043	Corinna Schropp, New London (1997-2001)	1018
Maya Johnson, Mediapolis (2014-18)	1042	Eryka Dickey, Wapello (2017-20)	1017
Kaela Eslinger, Orient-Macksburg (2016-20)	1041	Peg Loecke, West Delaware (1987-1991)	1017
Casie Christensen, North Polk (2006-2009)	1041	Tracie Olerich, Des Moines Lincoln (1988-1992)	1017
Kandy Beemer, Bedford (2002-05)	1041	Ashley Schwartzhoff, Kee (2015-18)	1017
Caitlin Daniels, Cedar Rapids Xavier (2016-20)	1040	Sara Fedler, Holy Trinity Catholic	1016
Shayla Dean, Colo-Nesco (2011-2015)	1040	Molly Boylan, Exira (2006-2009)	1016
Traci Keller, Central Lee (2010-2013)	1040	Linissa Bowman, Preston (1997-2001)	1016
Kris Neuberger, Garner-Hayfield (1993-1997)	1040	Maddie Disney, Clarion-Goldfield-Dows (2013-16)	1016
Melanie Willadsen, Pleasant Valley (1987-1991)	1040	Holly Halstead, Hudson (2008-11)	1015
Sam Norris, Martensdale St. Marys (2007-2011)	1040	Alyson Stokes, Highland (2016-19)	1015
Steph Botkln, Cedar Rapids Kennedy (2011-2015)	1039	Brenna Lanser, Lynnville-Sully (2014-17)	1015
Jen Allen, Grinnell (2003-2006)	1038	Abbie Ackerman, Central Lyon (2006-2009)	1015
Cheyann Adamson, Highland (2013-16)	1038	Savanna Thornton, Bedford	1014
Rachel Wedemeier, West Central (1999-2003)	1037	Leah Riley, North Fayette (2004-2007)	1014
Kelsie Willert, St. Ansgar (2012-16)	1037	Aubrie Fisher, AGWSR (2016-19)	1014
Kalli Rasmussen, IKM-Manning (2011-2015)	1037	Sarah Matus, Springville (2011-2015)	1012
Janey Botkins, Durant (2013-16)	1036	Heidy Pemsli, Dubuque Wahlert (1990-1994)	1012
Adrienne Trauger, Twin River Valley (1999-2003)	1036	Allison Cooper, Ventura (1993-1996)	1012
Jordyn Moser, Harlan (2013-16)	1035	Emma Krier, Remsen St. Mary's (2007-2011)	1012
Katie Meyer, Belmond-Klemme (1998-2002)	1034	Carie O'Brien, Independence (1989-1993)	1011
Pamela Masker, Underwood (2000-2004)	1034	Tracy Reed, Riverside (1995-1999)	1011
Madison Wauters, Winerset (2016-19)	1034	Aliyah Buscher, Algona (2017-20)	1009
Katie Sobotka, Diagonal (2014-18)	1033	Sarah Schmidt, Cedar Rapids Prairie (2016-2019)	1009
Kayla Pirtle, Cedar Rapids Washington (1991-1995)	1033	Jenny Anderson, Winfield-Mt. Union (1994-1998)	1009
Ashley Hansen, Newton (1997-2003)	1033	Kim McCaffrey, Carroll (1994-1996)	1009
Kayla Pirtle, Cedar Rapids Washington (2002-05)	1033	Jenny Siebrecht, Carroll (2000-2002)	1009
Kaitlyn Johnson, Van Buren (2011-2015)	1032	Megan Linskens, Clarke (2016-19)	1009
Molly Parrott, Lewis Central (1994-1998)	1032	Grace Rehstrom, Sioux Central (2008-2011)	1008
Madie Sorensen, Adair-Casey/Indianola (2014-18)	1031	Melissa Haglund, Northeast Hamilton (2000-2004)	1008

Carson Fisk, Lynnville-Sully (2016-19)	1007
Jodi Putman, Bellevue (1991-1995)	1007
Stacy Boerema, Clinton (1998-2002)	1006
Angie Carnahan, Ottumwa (1990-1994)	1005
Emily Cecil, Harmony (1993-1997)	1004
Kate Sievers, East Central (1999-2003)	1004
Jodi Nikkel, Lynnville-Sully (2001-05)	1003
Val Feller, Preston (1992-1996)	1003
Katie Hemphill, South Hamilton (2008-2011)	1003
Whitney VanderMaten, Boyden-Hull (2008-2012)	1003
Dana Kester, Jesup (1996-2000)	1003
Hannah Lau, Garner-Hayfield-Ventura (2014-17)	1003
Dee Dee Pryor, Urbandale (2016-19)	1002
Ashley Babbitt, Earlham (2003-2006)	1002
Heather Block, George-Little Rock (1995-99)	1002
Kelsi Phipps, Mount Pleasant (2011-2015)	1002
Shelby Bailey, East Buchanan (2006-2010)	1001
Teri Blood, West Marshall (1994-1998)	1001
Jentry Schaefer, Southwest Valley (2017-20)	1001
Kendall Brown, Moravia (2013-16)	1000
Erin Gerke, Newell-Fonda (2014-17)	1000
Sara Wittenburg, Tripoli (1996-2000)	1500+
Kristin Popovics, Marion (1996-2000)	1500+
Amber Sobotka, Diagonal (1994-1998)	1600+
Kylene Stamps, Diagonal	1200+
Katie Maguire, Treynor (1998-2002)	1200+
Natalie White, Dubuque Senior (2002-2005)	1200+
Amanda Focht, Villisca (2010-2013)	1000+
Jill Vanderhoof, Villisca (2010-2013)	1000+
Taylor Shull, Mount Pleasant (2008-2013)	1000+
Jaque Moyer, Janesville (1997-2000)	1000+
Christa Moyer Janesville (1999-2002)	1000+
Maranda Mills, Janesville (1995-98)	1000+

SEASON TOTAL POINTS

Deb Remmerde, Rock Valley, 2003	859
Ellie Ruffridge, Pocahontas Area, 2017	840
Abby Roe, Van Buren, 1996	817
Margo Muhlbauer, IKM, 2006	811
Liz Trauger, Twin River Valley, 2006	805
Jennifer Jorgensen, SE Webster-Grand, 2007	804
Ashley Joens, Iowa City High, 2018	798
Jennifer Jorgensen, SE Webster-Grand, 2008	794
Caitlin Clark, Dowling Catholic, 2019	781
Caitlin Clark, Dowling Catholic, 2020	775
Deb Remmerde, Rock Valley, 2002	770
Elle Ruffridge, Pocahontas Area, 2016	766
Trisha Heiden, Northeast Hamilton, 1995	762
Lindsey Meder, Solon, 1998	742
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739
Amber Harrington, Davenport North, 2010	737
Elle Ruffridge, Pocahontas Area, 2015	733
Shelby Hembera, Cedar Valley Christian, 2014	730
Grace Boffeli, North Scott, 2020	722
Nicole Miller, New London, 2015	716
London Vais, Adair-Casey, 2014	707
Hallie Christofferson, Exira, 2010	704
Janel Grimm, Montezuma, 1994	695
Jennifer Goetz, Cardinal Stritch, 2003	695
Molly Tideback, Waterloo Columbus, 1987	692

Brenda Frese, Cedar Rapids Washington, 1988	692
Amy Meggers, IKM, 2000	684
Anne O'Neil, Cedar Rapids Kennedy, 1999	678
Nina Smith, Waterloo West, 1999	672
Liz Trauger, Twin River Valley, 2006	670
Deb Remmerde, Rock Valley, 2001	667
Liz Trauger, Twin River Valley, 2005	659
Nicole Miller, North-Linn, 2014	657
Jennifer Jorgensen, Southeast Webster-Grand, 2006	653
Trisha Heiden, Northeast Hamilton, 1994	653
Jasmine Demers, Storm Lake St. Mary, 2014	651
Kelsey Bolte, Battle Creek-Ida Grove, 2007	650
Margo Muhlbauer, IKM, 2005	650
Anne O'Neil, Cedar Rapids Kennedy, 2000	649
Kayla Waskow, Dunkerton, 2008	647
Kary Dawson, Sibley-Ocheyedan, 1995	644
Kala Kuhlman, Charter Oak-Ute, 2004	643
Karen Schulte, Cedar Rapids Jefferson, 1993	641
Mary Berdo, Washington, 1996	640
Rachele Clark, Des Moines East, 1991	639
Alison Lucy, Treynor, 1994	637
Brianne Schoonover, Fredericksburg, 1998	635
Kelsey Bolte, Battle Creek-Ida Grove 2006	632
Ally Disterhoft, Iowa City West, 2013	631
Mary Berdo, Washington, 1995	631
Jill Martin, Norwalk, 2003	631
Audi Crooks, Bishop Garrigan, 2020	626
Kiah Stokes, Linn-Marr, 2011	625
Sara Yager, Armstrong-Ringsted, 1994	625
Morgan Paige, Marion, 2010	624
Caitlin Clark, Dowling Catholic, 2018	623
Ann Cavey, North Cedar, 1998	622
Johanna Myers, Burlington Notre Dame, 2017	621
Sharon Goodman, Crestwood, 2020	621
Shelley Sheetz, Cedar Rapids Kennedy, 1991	620
Ashtyn Veerbeek, Western Christian, 2018	619
Jody Dean, Postville, 1995	618
Jodi Putman Bellevue 1995	618
Elisha Turek, CB Abraham Lincoln, 2003	616
Anne O'Neil, Cedar Rapids Kennedy, 1998	615
Ellie Herzberg, Manson-NW Webster, 2013	614
Kala Kuhlmann, Charter Oak-Ute, 2006	613
Elle Ruffridge, Pocahontas Area, 2014	612
Carli Tritz, Sioux City Bishop Heelan	610
Liz Trauger, Twin River Valley, 2003	609
Sara Stribe, Carroll, 1997	608
Delaney Bertman, ADM (2016-20)	607
Mya Merschman, Central Lee, 2020	607
Lindsay Hoehns, Twin Cedars, 2009	606
Stephanie Rich, Washington, 2000	605
Hallie Christofferson, Exira, 2009	605
Jessica Nikkel, Lynnville-Sully, 1999	603
Molly Tideback, Waterloo Columbus, 1986	603
Megan Meyer, Mason City, 2018	602
Sara Stribe, Carroll, 1996	602
Monica Huelman, Vinton-Shellsburg, 1996	601
Robin Threatt, Cedar Rapids Jefferson, 1988	599
Megan Meyer, Mason City, 2019	598
Kailey Burke, Hinton, 2016	597
Tammi Blackstone, Cherokee, 1996	597
Abby Roe, Van Buren, 1995	596

Karen Hutson, Logan-Magnolia, 2010	595
Tarah Cullen, Fort Madison Aquinas, 2004	593
Ashtyn Veerbeek, Western Christian, 2017	592
Kaely Hummel, Cherokee, 2016	591
Ellen Gallagher, Woodbury Central, 2014	591
Logan Hughes, Shenandoah, 2019	590
Stacey Schutjer, WCLT, 2008	587
Lindsey Meder, Solon, 1997	586
Jill Johnson, Rockwell City-Lytton, 2003	586
Amber Harrington, Davenport North, 2009	585
Zoe Young, West Des Moines Valley, 2019	582
Kristin Turk, Des Moines Lincoln, 2006	582
Marsha Frese, Cedar Rapids Washington, 1990	582
Shateah Wetering, Montezuma, 2020	581
Shellie Mosman, Carroll, 2006	581
Carrie Norman, Lynnville-Sully, 1999	580
Angie Schinstock, Central Lee, 2000	579
Suzanna Yoder, Iowa Mennonite, 2019	578
Jessie Pauley, OA-BCIG, 2012	577
Stephanie Rich, Washington, 1999	576
Lindsay Hoehns, Twin Cedars, 2007	576
Erin Fox, Denver, 1995	576
Shellie Mossman, Carroll, 2006	575
Jennifer Goetz, Keokuk Cardinal Strich, 2001	575
Katie Schechinger, IKM, 2008	573
Kati Jo Christensen, Audubon, 2006	573
Rachel Leerar, West Hancock, 2019	573
Angie Froehlich, Algona Garrigan, 2000	569
Sam Stewart, Mount Ayr, 2020	568
Kayla Waskow, Dunkerton, 2007	567
Sienna Durr, Grinnell, 2018	565
Alexis Conaway, MOC-Floyd Valley, 2014	565
Molly Tideback, Waterloo Columbus, 1988	564
Aimee Osborne, Sidney, 2010	562
Rachel Binneboese, MOC-Floyd Valley, 1997	562
Stephanie Rich, Washington, 2001	562
Jamie Armstrong, Essex, 1997	561
Olivia Mennen, Hampton-Dumont, 1995	561
Kate Hanneman, Center Point-Urbana, 1995	561
Zoey Artist, CAM, 1997	560
Jennifer Gries, Elk Horn-Kimballton, 1999	559
Mallory McCall, West Monona, 2020	558
Amber Smith, East Union, 2002	557
Amy Larson, Denison-Schleswig, 2004	557
Sara Stribe, Carroll, 1998	556
Carleigh Paup, Paton-Churdan, 2015	555
Shelli Mosman, Carroll, 2006	554
Tricia Floyd, Vinton, 1988	554
Margo Muhlbaurer, IKM, 2004	554
Jessica Gerhart, Sental, 2003	554
Liz McBride, Moravia, 1997	553
Rachel Yeggy, Highland, 2006	553
Brittany Lange, Sac City, 2005	553
Anne O'Neil, Cedar Rapids Kennedy, 1997	552
Christa Subbert, Stanton, 2007	552
KJ Veldman, Spirit Lake, 2012	551
Kristin Turk, Des Moines Lincoln, 2007	551
Jill Martin, Norwalk, 2002	551
Kerri Delaney, Waterloo West, 1992	551
Elizabeth Sneed, Malvern, 2003	550
Kylie Williamson, Bondurant-Farrar, 1999	550

Christy Holtkamp, Central Lee, 1993	550
Jessie Pauley, OA-BCIG, 2011	550

Junior Leaders

Jennifer Jorgensen, SE Webster-Grand	804
Caitlin Clark, Dowling Catholic, 2019	781
Deb Remmerde, Rock Valley, 2002	770
Elle Ruffridge, Pocahontas Area, 2016	766
Jennifer Goetz, Keokuk Cardinal Strich, 2002	739

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	733
Deb Remmerde, Rock Valley, 2001	667
Jennifer Jorgensen, Southeast Webster-Grand	653
Kary Dawson, Sibley-Ocheyedan, 1995	644
Kala Kuhlmann, Charter Oak-Ute, 2004	643

Freshman Leaders

Audi Crooks, Bishop Garrigan, 2020	626
Elle Ruffridge, Pocahontas Area, 2014	612
Liz Trauger, Twin River Valley, 2003	609
Lindsay Hoehns, Twin Cedars, 2007	576
Anne O'Neil, Cedar Rapids Kennedy, 1997	552

CAREER FIELD GOAL PERCENTAGE

Tammi Blackstone, Cherokee, 1996	869-1168	.744
Sharon Goodman, 2020	785-1099	.714
Angella Welch, DM Lincoln, 1996	352-493	.714
Erin Wibholm, West Marshall, 2001	666-942	.707
Nina Smith, Waterloo West, 1999	831-1169	.702
Lisa Reitsma, Western Christian, 1994	389-561	.693
Tonia Tauke, CB Abraham Lincoln, 1996	576-837	.688
Ellie Peterson, Cedar Falls, 2002	733-1074	.682

FIELD GOAL PERCENTAGE

Yearly Leaders

2020 - Sharon Goodman, Crestwood	23	269-366	.735
2019 — Sharon Goodman, Crestwood	21	210-302	.695
2018 — Sharon Goodman, Crestwood	26	228-305	.748
2017 — Aimee Adams, Kuemper Catholic	23	141-195	.723
2016 — Beth Atwood, Pekin	25	189-267	.708
2015 — Grace Berg, Indianola	22	136-199	.683
2014 — Bailey Kibsgaard, Clear Lake	25	87-132	.659
2013 — Aftin Phyfe, Waverly-Shell Rock	25	141-199	.709
2012 — Kellie Schmit, West Hancock	26	165-237	.696
2011 - Kiah Stokes, Linn-Mar	25	259-375	.691
2010 — Carli Tritz, Sioux City Heelan	27	242-367	.659
2009 — Kiah Stokes, Linn-Mar	25	173-245	.714
2008—Kristen Twait, Manson-NW Webster	23	97-140	.693
2007—McKenya Johnson, DM Roosevelt	21	92-134	.690
2006—Jessica Hunecke, Cherokee	26	173-245	.706
2005—Michelle Lund, Heelan Catholic	16	145-164	.884
2004—Stephanie Chelleen, DM Lincoln	23	177-348	.714
2003—Jenny Bridgewater, Benton	19	105-152	.691
2002—Ellie Peterson, Cedar falls	21	168-240	.700
2001—Erin Wibholm, West Marshall	25	180-235	.766
2000--Erin Wibholm, West Marshall	27	201-278	.723

1999--Nina Smith, Waterloo West	26	279-364	.766
1998--Brie Noonan, Maquoketa Valley	19	106-140	.757
1997--Casey Spree, Aplington-Parkersburg	19	169-236	.716
1996--Tammi Blackstone, Cherokee	21	256-33	.769
1995--Tammi Blackstone, Cherokee	20	255-324	.787
1994--Tammi Blackstone, Cherokee	20	228-311	.733
1993--Lisa Reitsma, Western Christian	24	177-245	.722
1992--Kerri Delaney, Waterloo West	23	235-346	.679
1991 --Sarah Pearson, WDM Dowling	12	117-178	.657
1990--Lisa Freese, Norway	20	183-27	.685
1989--Katie McFadden, Marshalltown	20	136-190	.716
1988--Molly Tideback, Waterloo Columbus	25	227-354	.641
1987--Molly Tideback, Waterloo Columbus	26	288-421	.684
1986--Robin Threatt, CR Jefferson	27	130-212	.613
1985--Juli Campbell, Linn-Mar	26	183-319	.574

All-Time Leaders

Michelle Lund, Sioux City Heelan, 2005	16	145-164	.884
Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Tammi Blackstone, Cherokee, 1996	21	256-330	.769
Erin Wibholm, West Marshall, 2001	25	180-235	.766
Nina Smith, Waterloo West, 1999	26	279-364	.766
Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Katie Greller, MOC-Floyd Valley, 1996	19	79-103	.753
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Kim Hanson, Cedar Falls, 2001	26	176-241	.730
Alison Magel, Pella, 1996	13	75-103	.728
Erin Wibholm, West Marshall, 2000	23	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Kelly Erickson, Midland, 1995	20	163-226	.721
Michelle Burvee, Waterloo Columbus, 1998	23	188-261	.720
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stokes, Linn-Mar, 2009	25	173-246	.717
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Katie McFadden, Marshalltown, 1989	20	136-190	.716
Shari Davis, Denver, 1999	27	216-302	.715
Stephanie Chelleen, DM Lincoln, 2004	23	177-348	.714
Affin Phyfe, Waverly-Shell Rock	25	141-199	.709
Shari Davis, Denver, 1997	23	161-227	.709
Andrea Milner, Griswold, 1998	17	85-120	.708
Beth Atwood, Pekin, 2016	25	189-267	.708
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703
Shari Davis, Denver, 1998	21	155-221	.701
Ellie Peterson, Cedar Falls, 2002	21	168-240	.700
Kelsey Sukovaty, Manson-NW Webster	21	152-217	.700
Nina Smith, Waterloo West, 1998	20	174-249	.699

Junior Leaders

Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Erin Wibholm, West Marshall, 2000	27	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703

Sophomore Leaders

Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stoekes, Linn-Mar, 2009	25	173-246	.717

Freshman Leaders

Michelle Lund, Heelan Catholic, 2005	16	145-164	.884
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Amanda Zimmerman, Ballard, 2006	27	207-296	.697
Grace Berg, Indianola, 2015	22	136-199	.683

TOTAL FIELD GOALS

Season Leaders

Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Trisha Heiden, NE Hamilton, 1995	27	309-493	.627
Abby Roe, Van Buren, 1996	21	307-703	.437
Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Karen Schulte, CR Jefferson, 1993	27	297-469	.633
Amber Harrington, Davenport North, 2010	21	296-589	.503
Jennifer Jorgensen, SE Webster-G, 2008	26	296-481	.615
Lindsey Meder, Solon, 1998	27	295-479	.616
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Elle Ruffridge, Pocahontas Area, 2017	28	287-493	.582
Jennifer Goetz, Cardinal Stritch, 2003	16	287-450	.637
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Brenda Frese, CR Washington, 1988	26	282-496	.569
Nina Smith, Waterloo West, 1999	26	279-364	.766
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Janel Grimm, Montezuma, 1994	24	276-424	.651
Ashley Joens, Iowa City High, 2018	26	275-445	.618
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Jessica Nikkel, Lynnville-Sully, 1999	29	268-399	.672
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Ann Cavey, North Cedar, 1998	25	265-416	.637
Nicole Miller, North Linn, 2015	27	264-489	.540
Trisha Heiden, NE Hamilton, 1994	24	260-414	.628
Jody Dean, Postville, 1995	24	260-560	.464
Jodi Putman, Bellevue, 1995	24	260-430	.605

Junior Leaders

Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409

Sophomore Leaders

Deb Remmede, Rock Valley, 2001	27	268-493	.544
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Kala Kuhlmann, 2004, Charter Oak-Ute	23	255-480	.531
Molly Tideback, Waterloo Columbus, 1986	25	251-410	.612
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Jennifer Jorgensen, SE Webster, 2006	26	244-411	.593

Freshman Leaders

Audi Crooks, Bishop Garrigan	27	270-382	.707
Liz Trauger, Twin River Valley, 2003	24	228-367	.621
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493
Brittany Heins, Postville, 2003	24	198-319	.621

FIELD GOALS ATTEMPTED

Season Leaders

Abby Roe, Van Buren, 1996	21	307-703	.437
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Amber Harrington, Davenport North, 2010	21	296-589	.503
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Jody Dean, Postville, 1995	24	260-560	.464
Shelley Sheetz, CR Kennedy, 1991	27	249-551	.452
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Alison Lucy, Treynor, 1994	28	256-544	.471
Emilee Earlywine, West Harrison, 2013	23	149-543	.274
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Belle Dingus, Heartland Christian, 2020	22	174-529	.329
Kary Dawson, Sibley-Ocheyedan, 1996	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Kami Kuh Iman, Charter Oak-Ute, 2007	22	194-526	.368

Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Kary Dawson, Sibley-Ocheyedan, 1966	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Margo Muhlbauer, IKM, 2005	27	257-506	.508

Sophomore Leaders

Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Caitlin Clark, Dowling Catholic, 2018	23	221-491	.450
Tashika Lewis, DM North, 1992	23	161-487	.331

Freshman Leaders

Lindsay Anderson, New London, 1993	20	147-450	.327
Macy Williams, Fredmont-Mills, 2012	23	135-442	.305
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Chrislyn Carr, Davenport West, 2015	21	167-417	.400
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493

CAREER FREE THROW PCT

Deb Remmerde, Rock Valley, 2003	257-269	.955
Jaime Printy, Linn-Mar, 2009	319-360	.886
Erin Richards, Mason City, 1998	330-375	.880
Riley Kilbride, Burlington Notre Dame, 2016	301-343	.878
Grace Flanagan, North Linn, 2020	249-286	.871
Mary Berdo, Washington, 1996	410-484	.847
Paige Greiner, Williamsburg, 2014	271-321	.844
Kayba Laube, Marion, 2020	213-254	.839
Kaisha Brown, Spirit Lake, 2008	257-307	.837
Kelsey Bolte, Battle Creek-Ida Grove	305-370	.824
Julie Rittgers, WDM Valley, 1991	331-402	.823
Jessica Leix, Newton, 1994	196-239	.820
Erin Maher, Davenport Assumption, 1985	283-346	.818

FREE THROW PERCENTAGE

Yearly Leaders

2020 — Kayba Laube, Marion	23	63-70	.900
2019 — Grace Flanagan, North Linn	23	61-68	.897
2018 — Rylie Rucker, North Scott	23	55-62	.887
2017 — Krystal Tranel, Dubuque Wahlert	16	65-70	.916
2016 — Riley Kilbride, Burlington ND	25	105-116	.905
2015 — Riley Kilbridge, Burlington ND	25	85-93	.914
2014 — Grace VanderWeide, WDM Valley	24	80-87	.920
2013 — Paige Greiner, Williamsburg	24	80-89	.899
2012 - Liz Skotowski, Mount Vernon	22	45-48	.938
2011 — Paige Greiner, Williamsburg	24	59-69	.855
2010 — Andrea Anderson, MOC-Floyd Valley	23	41-46	.891
2009 — Jaime Printy, Linn-Mar	25	91-101	.911
2008 — Jaime Printy, Linn-Mar	25	99-110	.900
2007 — Mindy Hutchcroft, AGWSR	25	62-69	.900
2006 — Katelyn McCunniff, W. Columbus	14	79-84	.941
2005 — Ally Weaver, Iowa City West	21	61-70	.871
2004 — Chelsie Luhning, Grundy Center	25	77-85	.906
2003 — Sam Reiser, Waukon	19	58-60	.967
2002 — Deb Remmerde, Rock Valley	29	83-84	.988
2001 — Deb Remmede, Rock Valley	27	66-69	.957
2000 — Jenny Laursen, Sac City	19	76-89	.854
1999 — Erica Junod, Ankeny	27	122-142	.859
1998 — Erin Richards, Mason City	19	73-76	.961
1997 — Erin Richards, Mason City	22	103-120	.858
1996 — Mary Berdo, Washington	25	160-181	.884
1995 — Mary Berdo, Washington	23	121-139	.871
1994 — Mindi Andringa, Pella Christian	20	48-52	.923
1993 — Melissa Krueger, Lone Tree	21	54-65	.831
1992 — Melissa Krueger, Lone Tree	22	57-62	.919
1991 — Julie Rittgers, WDM Valley	18	108-120	.900
1990 — Terry Whitlow, Louisa-Muscatine	17	55-65	.846
1989 — Lori French, CB Abraham Lincoln	17	35-42	.833
1988 — Erin Maher, Davenport Assumption	22	117-137	.854
1987 — Brenda Frese, CR Washington	23	78-89	.876
1986 — Sue Beavers, WDM Valley	18	60-74	.811
1985 — Linda Hillebrand, Davenport West	20	42-48	.875

All-Time Leaders

Deb Remmerde, Rock Valley, 2002	29	83-84	.988
Sam Reiser, Waukon, 2003	19	58-60	.967
Erin Richards, Mason City, 1998	19	73-76	.961
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Deb Remmerde, Rock Valley, 2003	29	79-83	.951

Katelyn McCuniffs, W'loo Columbus, 2006	14	79-84	.941
Liz Skotowski, Mount Vernon, 2012	22	45-48	.938
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
Krystal Tranel, Dubuque Wahlert, 2017	16	65-70	.929
Grace Vander Weide, WDM Valley, 2014	25	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Elle Ruffridge, Pocahontas Area, 2017	28	109-119	.916
Riley Kilbride, Burlington Notre Dame, 2015	25	85-93	.914
Riley Kilbride, Burlington Notre Dame, 2016	25	105-116	.905
Chelsie Luhring, Grundy Center, 2004	25	77-85	.906
Bridget O'Malley, Dowling Catholic, 2003	23	47-52	.904
Elle Ruffridge, Pocahontas Area, 2016	27	140-155	.903
Amy Hamilton, Ames, 2006	20	64-71	.901
Kayba Laube, Marion, 2020	23	63-70	.900
Jaime Printy, Linn-Mar, 2008	25	99-110	.900
Julie Rittgers, WDM Valley, 1991	18	108-120	.900
Paige Greiner, Williamsburg, 2013	24	80-89	.899
Mindy Hutchcroft, AGWSR	25	62-69	.899
Grace Flanagan, North Linn, 2019	23	61-68	.897
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Jessie Pauley, OA-BCIG, 2012	27	98-110	.891
Andrew Anderson, MOC-Floyd Valley, 2010	23	41-46	.891
Alicia Wright, Urbandale, 2007	23	58-65	.890
Tiffany Reedy, Union, 2002	24	89-100	.890
Amanda Brainerd, Central DeWitt, 2016	20	88-99	.889
Casey Huber, Denver, 2004	25	80-90	.889
Lucy Montgomery, WDM Valley, 2010	23	80-90	.889
Lindsey Meder, Solon, 1998	27	94-106	.887
Rylie Rucker, North Scott, 2018	23	55-62	.887
Liz Reschly, Davenport Central, 1992	15	62-70	.886
Haley Rasmussen, Atlantic, 2020	23	78-88	.886
Nicole McDermott, Cascade, 2019	25	85-96	.885
Taylor McBroom, Mormon Trail	17	46-52	.885
Codee Myers, Ankeny, 2016	20	69-78	.885
Mary Berdo, Washington, 1996	25	160-181	.884
Erin Richards, Mason City, 1996	21	83-94	.883
Kassidi Steel, North Mahaska, 2018	32	59-67	.881
Caroline Waite, Ames, 2019	22	52-49	.881
Grace Renaud, Iowa Falls-Alden	21	74-84	.881
Kelli Goodrich, Iowa City West, 2007	21	44-50	.880
Natalie Moon, Denver, 2004	25	73-83	.880
Mollie Sir, Crestwood, 2009		51-58	.879
Michelle Junod, Ankeny, 1996	22	94-107	.879
Taylor Houska, East Sac Country, 2019	23	86-98	.878
Laken Lienhard, Crestwood, 2020	23	50-57	.877
Dani Craig, Iowa City West, 2013	24	50-57	.877
Brenda Frese, CR Washington, 1987	23	78-89	.876
Linda Hillebrand, Davenport West, 1987	23	78-89	.876

Junior Leaders

Deb Remmerde, Rock Valley	29	83-84	.988
Krystal Tranel, Dubuque Wahlert	16	65-70	.923
Grace Vander Weide, WDM Valley, 2014	24	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Riley Kilbride, Burlington-ND, 2015	25	85-98	.914

Sophomore Leaders

Sam Reiser, Waukon, 2003	19	58-60	.967
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
LaTracia Ceaser, Waterloo West	22	67-75	.893

Erin Richards, Mason City, 1996	21	83-94	.883
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Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.890
Paige Greiner, Williamsburg, 2011	24	59-69	.855
Erin Richards, Mason City, 1995	22	71-85	.835
Jenna Twedt, Benton, 2020	22	102-124	.823
Shelby Schmidt, Battle Creek-IG, 2004	25	55-67	.821

TOTAL FREE THROWS

Season Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 14	23	216-290	.745
Ashley Joens, Iowa City High, 2018	26	204-254	
Jennifer Jorgensen, SE Webster-Grand, 08	26	197-258	.764
Rachele Clark, DM East, 1991	21	190-252	.754
Shelby Hembera, CValley Christian, 2014	23	184-302	.609'
Johanna Myers, Burlington-ND	25	182-200	.910
London Vais, Adair-Casey, 2014	27	181-215	.842
Kylee Mehrhoff, Centerville, 2010	23	178-225	.791
Kelsie Hoehns, Twin Cedars	23	175-224	.778
Grace Boffeli, North Scott, 2020	25	174-227	.767
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Allison Bailey, Kingsley-Pierson, 2017	26	164-202	.812
Autumn Barthelman, Sigourney, 2017	25	164-242	.678
Courtney Strait, CR Kennedy, 2012	23	162-196	.827
Jayne Olson, Bettendorf, 1994	25	161-214	.752
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Mary Berdo, Washington, 1996	25	160-181	.884
Holly Hinderman, Mason City Newman	24	158-213	.742
Sara Goodman, West Marshall, 2003	21	158-206	.767
Liz Trauger, Twin River-Valley, 2005	27	157-196	.801
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Amy Meggers, IKM, 2000	28	157-208	.755
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Makenzie Zeitler, Van Buren, 2012	23	156-211	.739
Missy Miller, Tipton, 2008	22	156-232	.672
Ellen Gallagher, Woodbury Central, 2014	25	154-189	.815
Bobbi Bayer, Eddyville-Blakesburg	23	154-195	.790
Amber Sobotka, Diagonal, 1998	22	154-211	.730
Courtney Burr, Lone Tree, 2010	24	154-224	.688
Kristyn Ferris, Charles City, 2004		154	
Steffi Cunard, Heartland Christian, 2014	24	153-185	.827
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Ivy Swarouth, Chariton, 2018	22	152-180	.844
Jordan Henningsen, 2011	21	152-189	.804
Ashtyn Veerbeek, Western Christian, 2017	26	151-188	.803
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Tiffany Treiber, Maple Valley-A0, 2004	20	151-238	.634
RhondaWenzel, CAL, 1994	20	151-246	.614

Junior Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Shelby Hembera, Heartland Christian, 2014	22	184-302	.609
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784

Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autumn Barthelman, Sigourney, 2017	25	164-242	.678

Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Kaylee Mehrhoff, Centerville, 2008	23	146-186	.785

Freshman Leaders

Ashley Joens, Iowa City High, 2015	23	160-228	.702
Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636

FREE THROWS ATTEMPTED

Season Leaders

Shelby Hembera, Cedar Valley Christian, 14	22	184-302	.609
Jennifer Jorgensen, SEW-Grand, 2007	27	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 2014	23	216-290	.745
Natalie Deming, North Mahaska, 2006		136-290	.469
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SW Webster-Grand, 2008	26	197-258	.763
Ashley Joens, Iowa City High, 2018	26	204-254	.803
Rachele Clark, DM East, 1991	23	190-252	.754
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rhonda Wenzel, CAL, 1994	20	151-246	.614
Autum Barthelman, Sigourney, 2017	25	164-242	.687
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Tiffany Treiber, Maple Valley-AO, 2004	20	151-238	.634
Sara Stribe, Carroll, 1997	26	143-236	.606
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Cortney Kettman, Bell. Marquette, 2000	23	109-233	.468
Missy Miller, Tipton, 2008	22	156-232	.672
Lindsay Hoehns, Twin Cedars, 2009	22	149-231	.645
Cortney Kettman, Bell. Marquette, 2001	23	123-231	.532
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Grace Boffeli, North Scott, 2020	25	174-227	.767
Katelin Adams, North Iowa, 2019	22	128-227	.564
Kaylee Merrhoff, Centerville, 2010	23	178-225	.791
Karen Hutson, Logan-Magnolia	24	143-225	.636
Kelsie Hoehns, Twin Cedars, 2006	23	175-224	.777
Brooke Bennett, Twin River Valley, 2011	23	135-223	.605
Courtney Burr, Lone Tree	24	154-223	.688
Dianna Porzio, CAL, 2016	21	114-221	.516
Emalee Funderman, Maple Valley-AO, 2016	23	149-218	.683

Junior Leaders

Shelby Hembera, C Valley Christian, 2014	22	184-302	.609
Jennifer Jorgensen, SE Webster-Grand, 2007	27	232-291	.797
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autum Barthelman, Sigourney, 2017	25	164-242	.678
Sara Stribe, Carroll, 1997	26	143-236	.606

Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Rachel Gosselink, Iowa Christian, 2004	22	124-206	.602
Amy Breen, Fairfield, 1992	16	123-206	.597

Freshman Leaders

Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Kelsey Cermak, Norwalk, 2004	23	122-187	.652

CAREER THREE POINT GOALS

Elle Ruffridge, Pocahontas Area, 2017	466
Deb Remmerde, Rock Valley, 2003	353
Maya Johnson, Mediapolis, 2019	327
Laura TerHark, Algona, 2011	321
Kayba Laube, Marion, 2020	317
Caitlin Clark, Dowling Catholic, 2020	283
Jenna Boelter, Algona Garrigan 2018	278
Ellie Friesen, Osage/Crestwood, 2018	270
Sam Abens, Knoxville, 2010	268
Grace Flanagan, North Linn, 2020	263
Abbey Holmes, Algona, 2020	262
Brittany Lange, Sac City, 2005	260
Chandra Zomermaand, Unity Christian, 2016	258
Jill Walters, North Scott, 2006	255
Kali Rasmussen, IKM-Manning, 2015	253
Brittany Fish, Marion, 2010	250
Sarah Matus, Springville, 2015	239
Ashley Zobel, OA-BCIG, 2011	236
Jordan Waddell, Guthrie Center, 2007	235
Madeline Wilkins, Grinnell, 2017	233
Kelli Freeman, WDM Valley, 2000	231
Mary Berdo, Washington, 1996	229
Kelcie Bormann, Preston, 2011	228
Megan Meyer, Mason City, 2019	227
Erin Goldsmith, Dallas Center-Grimes (2005-2008)	224
Maya Johnson, Mediapolis, 2018	221
Lori Nowachek, Midland, 2001	221
Ally Jensen, Ballard 2009	220
Janey Botkins, Durant (2013-16)	220
Kandy Beemer, Bedford (2002-05)	218
Wendi Sobaski, Pekin, 1997	215
Maya McDermott, Johnston (2017-20)	212
Haley Vesey, Indianola (2014-17)	212
Beth Ehlers, Sioux Central, 2007	212
Kelly Friedrich, Ames (2016-18)	210
Taylor Feldman, West Liberty	210
Samantha Harrington, Nashua-Plainfield, 2007	209
Emily Ivory, Bettendorf, 2018	209
Erica Schlotfeldt, Rock Valley, 2003	208
Mackenzie Rogers, Mediapolis, 2018	208
Jenna Clark, Roland-Story, 2018	208
Marly Bussa, Camanche, 2018	208
Heather Lauman, Farragut, 2003	207
Madison Weekly, Benton, 2013	205

Rachel Mercer, Kingsley-Pierson, 2017	205	Emilee Danner, Ar-We-Ca, 2019	163
Faith Troshynski, Manson-NW Webster, 2013-16)	203	Erin Maher, Davenport Assumption, 1989	162
Kenzie Cunard, Logan-Magnolia, 2014-18	202	Mackenzie Roberts, Van Meter, 2017	162
Paityn Hagberg, Cherokee, 2014-18	200	Jessie Dirks, Monticello, 2004	162
Shayla Barnes, Roland-Story, 2009	200	Morgan Paige, Marion, 2010	162
Madison Dreckman, LeMars, 2019	199	Peyton Olson, Mason City Newman (2014-18)	162
Naomi Jackson, Grinnell, 2019	198	Grace Vander Weide, West Des Moines Valley, 2015	161
Stacy Frese, Cedar Rapids Washington, 1995	198	Dani Thrush, Keokuk, 1995	160
Kylie Vogel, Camanche, 2014	198	Savanna Thornton, Bedford (2010-2013)	160
Kary Dawson, Sibley-Ocheyedan, 1997	196		
Johanna Myers, Burlington Notre Dame, 2017	196		
Maddy Duncan, Sidney, 2020	195		
Sydney Wycoff, Ankeny Centennial (2014-18)	193		
Abby Flanagan, North Linn (2017-20)	193		
Kia Rasmussen, IKM-Manning, 2018	192		
Cassandra Jones, Van Meter 2017	192		
Skylyr Stewart, Martensdale-St. Marys, 2020	192		
Aubrie Fisher, AGWSR, 2019	191		
Kennedy Core, Pleasantville, 2015	191		
Stephanie Rich, Washington, 2001	187		
NaTracia Ceaser, Waterloo West 2019	187		
Autumn McDanel, Moravia, 2016	186		
Kamryn Reeg, Bellevue, 2018	186		
Claire Ausman, Nevada, 2017	184		
Stephanie Kunard, Logan-Magnolia (2015)	182		
Melissa Krueger, Lone Tree (1990-93)	181		
Lauren Hedrick, Mason City Newman, 2010	179		
Hannah Stafford, Pocahontas Area, 2014	178		
Faith Vincent, Colo-Nesco, 2019	177		
Casey Breitbach, Dubuque Hempstead, 2005	177		
Melissa Krueger, Lone Tree, 1992	177		
Cassandra Boston, Des Moines Hoover, 2006	176		
Brook Witcher, Janesville, 2003	175		
Emily Wassom, Spencer, 2008	175		
Megan Linskens, Clarke, 2019	175		
Natalie Vance, Roland-Story, 2014	174		
Payton Rhone, Colfax-Mingo, 2019	174		
Alexis Bunkers, Remsen St. Marys', 2014	173		
KJ Veldman, Spriti Lake, 2013	173		
Alexis Bunkers, Remsen St. Mary's (2012-15)	173		
Heather Laumann, Farragut, 2003	173		
Emma Stewart, Newell-Fonda, 2019	172		
Katie Keitges, Knoxville, 2020	171		
Maci Overmhole, Kuemper Catholic, 2019	171		
Ali Devries, Bellevue Marquette, 2005	171		
Amy Stoll, Spalding Catholic, 2010	169		
Kelsey Nickerson, Ottumwa, 2012	169		
Aliyah Buscher, Algona, 2020	168		
Jaime Printy, Linn-Mar, 2009	168		
Faith Meyer, Pocahontas Area, 2017	168		
Mindy Petersen, EH-Kimballton, 1997	168		
Mikkell Korver, MOC-Floyd Valley, 2001	166		
Laura Knudtson, Lake Mills, 2018	166		
Paige Willman, Remsen St. Mary's (2014-17)	166		
Amy Young, Preston, 2001	165		
Lori Nowachek, Midland, 2001	165		
Shea Fuller, West Des Moines Valley, 2019	165		
Molly Sanders, Ames, 2015	164		
Amy Huyser, Lynnville-Sully, 2000	164		
Brittany Kozak, Belle Plaine, 2003	164		
Brittany Lingenfelter, Jesup, 220	164		

TOTAL THREE POINT GOALS

Yearly Leaders

2020 – Kayba Laube, Marion	23	88-197	.447
2019 – Maya Johnson, Mediapolis	23	106-232	.457
2018 – Maya Johnson, Mediapolis	24	109-245	.445
2017 – Elle Ruffridge, Pocahontas Area	28	157-289	.543
2016 – Elle Ruffridge, Pocahontas Area	27	114-252	.452
2015 – Elle Ruffridge, Pocahontas Area	27	116-267	.434
2014 – Elle Ruffridge, Pocahontas Area	25	79-215	.367
2013 – Kali Rasmussen, IKM-Manning	25	82-197	.416
2012 – Emily Bell, Algona Garrigan	25	77-226	.341
2011 – Abbey Albrecht, Kuemper Catholic	25	74-168	.440
2010 – Laura TerHark, Algona	26	77-198	.389
2009 – Laura TerHark, Algona	24	85-214	.397
2008 – Laura TerHark, Algona	23	86-206	.417
2007 – Erin Goldsmith, DC-Grimes	22	68-145	.470
2006 – Jordan Waddell, Guthrie Center	23	77-238	.323
2005 – Brittany Lange, Sac City	25	86-186	.462
2004 – Amy Larson, Denison-Schleswig	25	80-192	.417
2003 – Deb Remmerde, Rock Valley	29	144-260	.541
2002 – Deb Remmerde, Rock Valley	29	91-155	.581
2001 – Jane Vandevanter, Guthrie Center	24	79-268	.295
2000 – Kelli Freeman, WDM Valley	19	93-252	.369
1999 – Kelli Freeman, WDM Valley	22	89-	
1998 – Alissa Julius, Unity Christian	17	63-151	.417
1997 – Mindy Petersen, EH-Kimballton	24	75-225	.333
1996 – Mary Berdo, Washington	25	76-176	.432
1995 – Mary Berdo, Washington	23	80-151	.530
1994 – Denise Wilson, Tri-Center	21	68-162	.420
1993 – Dani Thrush, Keokuk	25	68-162	.420
1992 – Shelley Delger, DM Lincoln	23	61 -133	.459
1991 – Melissa Krueger, Lone Tree	19	60-124	.484
1990 – Lynette Seaton, Anamosa	20	51 -148	.345
1989 – Erin Maher, Dav. Assumption	21	70-139	504
1988 – Alisha Smith, Waterloo Central	19	43-121	355
1987 – Erin Maher, Dav. Assumption	21	70-139	504
1986 – Tracy Fazio, WDM Valley	19	26-59	441
1985 – Chris Seastrand, Dub. Hempstead	22	12--	

All-Time Single Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Maya Johnson, Mediapolis, 2019	23	106-232	.438
Jenna Boelter, Bishop Garrigan, 2018	25	96-230	.417
Kelli Freeman, WDM Valley, 2000	22	93-252	.369

Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-194	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Kelli Freeman, WDM Valley, 1999	22	89-	
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Kayba Laube, Marion, 2020	23	88-197	.447
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Skylyr Stewart, Martensdale-St. Marys, 2020	27	87-200	.435
Laura TerHark, Algona, 2008	23	86-206	.417
Brittany Lange, Sac City, 2004	25	86-186	.472
Erica Schlotfeldt, Rock Valley, 2002	29	85-171	.497
Laura TerHark, Algona	24	85-214	.397
Caitlin Clark, Dowling Catholic, 2020	23	84-211	.398
Johanna Myers, Burlington-ND, 2017	25	83-249	.333
Kali Rasmussen, IKM-Manning, 2013	25	82-197	.416
Grace Flanagan, North Linn, 2019	23	82-207	.396
Brooke Witcher, Janesville, 2002	23	82-218	.376
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Karly Boettcher, Sioux Central, 2020	23	81-202	.401
Mandy Willems, AGWSR, 2018	23	81-172	.471
Madeline Wilkins, Grinnell, 2017	24	81-181	.448
Sarah Matus, Springville, 2015	27	80-179	.447
Janey Botkins, Durant, 2016	24	80-193	.415
Mary Berdo, Washington, 1995	23	80-151	.530
Amy Larson, Denison-Schleswig, 2004	25	80-192	.417
Justine Malenke, Unity Christian, 2019	25	80-197	.406
Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Maggie Phipps, North Polk, 2019	26	79-213	.436
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Taylor Houska, East Sac, 2018	22	78-201	.388
Anna Brown, Waukeee, 2018	24	78-184	.424
Denise Wilson, Tri-Center, 1994	21	78-288	.342
Katie Kutzman, East Marshall, 2005	25	78-177	.440
Madeline Wilkins, Grinnell, 2015	23	78-195	.400
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	.421
Abby Holmes, Algona, 2018	24	77-195	.395
Grace Flanagan North Linn, 2020	27	78-162	.481
Mia Hoogeveen, West Lyon, 2018	23	77-206	.374
Laura TerHark, Algona, 2010	26	77-198	.389
Erika Douma, Western Christian, 2014	28	77-206	.374
Hannah Stafford, Pocahontas Area, 2014	25	77-214	.360
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Jordan Waddell, Gurthrie Center, 2006	23	77-238	.323
Mary Crompton, Iowa City Regina, 2016	26	76-166	.458
Mary Crompton, Iowa City Regina, 2017	27	76-161	.472
Naomi Jackson, Grinnell, 2019	22	76-202	.376
Mackenzie Rogers, Mediapolis, 2016	22	76-189	.402
Sam Abens, Knoxville, 2010	24	76-198	.384
Abbey Albrecht, Kuemper Catholic, 2010	25	76-164	.463
Chandra Zomermaand, Unity Christian, 2015	27	76-175	.434
Darby Massner, Mediapolis	26	75-171	.439
Mary Berdo, Washington, 1996	25	76-176	.432
Jessie Pauley, OA-BCIG, 2012	27	75-173	.434
Heather Laumann, Farragut, 2003	22	75-190	.395
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Mindy Petersen, EH-Kimballton, 1997	24	75-225	.333
Ellie Friesen, Osage, 2016	25	75-173	.434
Payton Harmsen, Western Christian, 2016	27	75-197	.381
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.349

Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-195	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332

Sophomore Leaders

Elle Ruffridge, Pocahontas, 2016	27	116-267	.434
Laura TerHark, Algona	24	85-214	.397
Kali Rasmussen, IKM-Manning	25	82-197	.416
Maggie Phipps, North Polk, 2019	26	79-213	.371
Abby Holmes, Algona	24	77-206	.374

Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	.417
Ellie Friesen, Osage, 2015	25	84-210	.400
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	.429
Elise Boulton, Montezuma, 2018	24	70-183	.383

THREE POINT GOAL ATTEMPTS

Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Denise Wilson, Tri-Center, 1994	21	78-288	.271
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Johanna Myers, Burlington-ND, 2017	25	83-249	.400
Laura TerHark, Algona, 2011	23	73-247	.296
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Jordan Waddell, Guthrie Center, 2006		77-238	.324
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.318
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Jen Allen, Grinnell, 2005	24	73-233	.313
Maya Johnson, Mediapolis, 2019	23	106-232	.457
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Sydney Dryer, Pleasant Valley, 2014	23	72-231	.361
Jenna Boelter, Algona Garrigan, 2018	25	96-230	.417
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Clair Lauterbach, Van Meter, 2020	24	63-228	.276
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Mindy Petersen, EH-Kimballton, 1997	23	75-225	.333
Lauren Hedrick, Mason City Newman, 2008		52-220	.236
Kelli Freeman, WDM Valley, 2000	19	81-222	.365
Madison Hough, GTRA, 2020	23	72-219	.329
Erin Wentzien, Gladbrook-Reinbeck, 2013	22	48-217	.220
Allison Sievers, AHST, 1996	24	48-218	.220
Brooke Witcher, Janesville, 2002	23	82-218	.376
Kali Lasher, Charles City, 2013	23	58-215	.270

Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Laura TerHark, Algona, 2009	24	85-214	.397
Lori Nowachek, Midland, 2000	22	69-214	.322
Maggie Phipps, North Polk, 2019	26	79-213	.371
Caitlin Clark, Dowling Catholic, 2020	23	84-211	.398
Allison Fast, Clarinda, 2016	22	58-210	.276
Ellie Friesen, Osage, 2015	25	84-210	.400
Jordan Waddell, Gurthrie Center, 2007		65-210	.323
Jenna Bork, Bishop Heelan, 2014	24	71-210	.338
Suzanna Yoder, Iowa Mennonite, 2018	22	65-209	.311
Caroline Waite, Ames, 2020	23	67-208	.322
Megan Swanson, Gladbrook-Reinbeck, 18	24	40-208	.192
Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Ashley Hagedorn, IKM, 2008	25	58-207	.280
Grace Flanagan, North Linn, 2019	23	82-207	.396
Kali Rasmussen, IKM-Manning, 2015	25	70-207	.338

Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Laura TerHark, Algona, 2009	24	85-214	.397
Maggie Phipps, North Polk, 2019	26	79-213	.371

Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ellie Friesen, Osage, 2015	25	84-210	.400
Laura TerHark, Algona, 2008	23	86-206	.417
Molly Joyce, Bishop Garrigan	27	65-205	.317
Macy Williams, Fremont-Mills, 2012	23	57-197	.289

THREE POINT PERCENTAGE

Season Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Allison Noland, Belmond-Klemme	20	55-85	.647
Courtnei Regan, Durant, 2005	20	33-52	.635
Karrie Vander Sluis, Sheldon, 1995	20	32-52	.615
Karlin Sedlacek, CB Abraham Lin., 1990	24	46-75	.613
Andrea Schupbach, W'loo Columbus, 2006	11	17-28	.607
Su Ann Woods, Bennett, 2001	22	24-40	.600
Ashley Joens, Iowa City High, 2018	26	44-74	.594
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Carol Lawler, Northeast, 2002	17	17-29	.586
Carol Lawlor, Northeast, 2003	17	17-29	.586
Jenna Durr, Montezuma, 2006	24	25-43	.581
Deb Remmerde, Rock Valley, 2002	26	133-299	.581
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Shannon Pisney, Crestwood, 2018	26	30-52	.577
Theresa Doyle, Fort Dodge St. Edmond, 09	20	27-45	.574

Kelley Trimble, West Branch, 2012	23	39-68	.574
Mary Maeder, Pekin, 2009	21	35-61	.574
Mandy Haight, Winfield-Mt. Union, 1992	20	20-35	.571
Lacey Heiar, Preston, 2001	28	35-62	.565
Amber Banks, Martensdale-SM, 2002	21	39-69	.565
Slye Richardson, Interstate 35, 2016	23	54-96	.563
Jennifer Long, Centerville, 1995	17	36-64	.563
Cori Hutchison, DM Lincoln, 1991	9	19-34	.559
Stacy Schlumbohm, West Sioux, 1996	17	19-34	.559

Junior Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Kelley Trimble, West Branch, 2012	23	39-68	.574

Sophomore Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Jennifer Long, Centerville, 1995	17	36-64	.563

Freshman Leaders

Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Theresa Doyle, Fort Dodge St. Edmond	20	27-47	.574
Lacey Heiar, Preston, 2001	28	35-62	.565
Anna Schmitt, Dubuque Wahlert, 2011	17	17-34	.529
Mary Berdo, Washington, 1993	21	38-72	.528

THREE POINT GOALS PER GAME

Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	5.60
Deb Remmerde, Rock Valley, 2003	29	144-260	4.97
Maya Johnson, Mediapolis, 2019	23	106-232	4.61
Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Kelli Freeman, WDM Valley, 2000	22	93-252	4.23
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89	4.05
Jenna Boelter, Algona Garrigan, 2018	25	96-230	3.84
Sierra Mitchell, Southeast Polk, 2017	23	88-231	3.83
Kayba Laube, Marion, 2020	23	88-197	3.82
Tonya Clausen, Northeast, 1994	12	45-124	3.75
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Laura TerHark, Algona, 2008	23	86-206	3.74
Denise Wilson, Tri-Center, 1994	21	78-288	3.71
Alissa Julius, Unity Christian, 1998	17	63-151	3.71
Isabelle Gradwell, West Marshall, 2018	24	89-243	3.71
Caitlin Clark, Dowling Catholic 2020	23	84-211	3.65
Kayba Laube, Marion, 2019	25	90-195	3.60
Brooke Whitcher, Janesville, 2002	23	82-21	3.57
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	3.57
Grace Flanagan, North Linn, 2019	23	80-197	3.56
Beth Ehlers, Sioux Central, 2006	20	71	3.55
Laura Ter Hark, Algona 2009	24	85-214	3.54
Mandy Willems, AGWSR, 2018	23	81-172	3.52

Karly Boettcher, Sioux Central , 2020	23	81-202	3.52
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	3.50
Mary Berdo, Washington, 1995	23	80-151	3.48
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Naomi Jackson, Grinnell	22	76-202	3.45
Brittany Lange, Sac City, 2005	25	86-186	3.44
Katie Rung, FM Aquinas, 2003	24	82-234	3.42
Heather Laumann, Farragut, 2003	22	75-190	3.41
Amanda Marshall, FM Aquinas, 1996	17	58-136	3.41
Amanda Van Kekerix, BCIG, 2003	21	71-260	3.38
Aubrie Fisher, AGWSR, 2019	21	71-193	3.38
Madeline Wilkins, Grinnell, 2017	24	81-181	3.38
Ellie Friesen, Osage, 2015	25	84-210	3.36
Caroline Waite, Ames, 2019	22	76-202	3.36
Erin Maher, Davenport Assumption, 1989	21	70-139	3.33
Janey Botkins, Durant, 2016	24	80-193	3.33
Kennedy Wallace, Iowa City Regina, 2019	21	70-205	3.33

Junior Leaders

Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89-	4.05
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Kayba Laube, Marion, 2019	25	90-195	3.60

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Laura TerHark, Algona, 2009	24	85-214	3.54
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Kali Rasmussen, IKM-Manning, 2013	25	82-197	2.28
Brittany McKowen, Wapsie Valley	22	71-204	3.23

Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	3.74
Ellie Friesen, Osage, 2015	25	84-210	3.36
Elle Ruffridge, Pocahontas Area	25	79-215	3.16
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	3.13
Samanth Abens, Knoxville, 2007	22	65-158	2.95

CAREER REBOUNDS

Rachel Yeggy, Highland (2002-2006)	1533
Jennifer Goetz, Cardinal Stritch (1999-2003)	1397
Hallie Christofferson, Exira (2005-2010)	1320
Kiah Stokes, Linn-Mar (2007-2011)	1239
Kate Hartman, Northwood-Kensett (2005-2010)	1227
Ann Cavey, North Cedar (1994-1998)	1196
Lindsay Hoehns, Twin Cedars (2005-2010)	1190
Jennifer Jorgensen, SE Webster-Grand (2005-08)	1184
Stacey Schutjer, WCLT (2005-2008)	1163
Anna Sweeting, Highland (2007-2011)	1134
Chelsea Poppens, Aplington-Parkersburg (2006-09)	1128
Jocelyn Coleman, Essex (2007-2010)	1124
Amanda Chizek, West Hancock (2017-20)	1118
Katie Dentlinger, Coon Rapids-Bayard (2009-2012)	1104
Malarie Gilley, East Greene (2007-2010)	1104
Kelsey Keizer, Okoboji (2002-2005)	1095
Nicole Strasko, Roland-Story (2006-2009)	1060
Mackenzie Morrison, Martensdale-SM (2007-11)	1046

Amy Herrig, Dubuque Senior (1991-1995)	1048
Erin Wibholm, West Marshall (1997-2001)	1045
Ashtyn Veerbeek, Western Christian (2014-18)	1041
Maddie Oliver, Roland-Story	1041
Nina Smith, Waterloo West (1995-1999)	1028
Ellie Peterson, Cedar Falls (1998-2002)	1019
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	1016
Serena Parker, Shenandoah (2011-2015)	1015
Alyson Stokes, Highland (2015-19)	1015
Chelsea Thomas, Pleasantville (2005-2008)	1012
Ann Straate, Postville (1998-2002)	1008
Jamie Boyd, Underwood (2000-2004)	1007
Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1007
Jessica Gerhart, Sentral (1999-2003)	1000
Beth Marvin, Preston (1997-2001)	999
Aimee Osborne, Sidney (2008-11)	996
Kinzee Hanson, Corwith-Wesley-LuVerne (1993-1997)	992
Jenny Noll, Muscatine (1988-1992)	989
Jessica Nikkel, Lynnville-Sully (1995-1999)	987
Lexy Koudelka, Nevada (2014-18)	985
Jill Foster, North Tama (1996-2000)	981
Kameo Pope, Belle Plaine (2010-2014)	981
Lori Trumblee, Starmont (1998-2002)	976
Leah Hetzler, Moulton-Udell (1996-2000)	974
Katelynn Tracy, Moravia (2010-2013)	974
Kelly Houser, Riceville (1999-2003)	958
Randi Peterson, Cedar Falls (1993-1997)	954
Jade Rogers, Cedar Rapids Kennedy (2005-2010)	952
Sylvia Amlie, Janesville (2010-14)	952
Amy Meggers, IKM (1996-2000)	951
Jasmine Demers, Storm Lake St. Marys (2010-2014)	948
Morgan Christner, New London (2012-15)	939
Abbie Hauptert, CMB (2011-14)	927
Anna Kiel, Unity Christian (2013-16)	927
Erica Armstrong, Clayton Ridge (2011-2015)	925
Rebecca Schroeder, Bellevue (2014-18)	925
Jessica Vander Kooi, Hinton (1999-2003)	923
Amber Kirschbaum, Spirit Lake (2006-2009)	914
Carah Drees, Westwood (2016-19)	908
Ashley Arlen, Cascade (2004-2008)	907
Jenna Sloan, East Buchanan (1999-2003)	903
Ashley Joens, Iowa City High (2014-18)	900
Sara Stribe, Carroll (1994-1998)	893
Shelly Hembera, Cedar Valley Christian (2011-2015)	893
Angie Schinstock, Central Lee (1996-2000)	891
Mikaela Millslagle, Lamoni	891
Wendy Ausdemore, Tri-Center (2002-2005)	886
Jessica Mennen, Hampton-Dumont (1996-2000)	886
Linissa Bowman, Preston (1997-2001)	880
Lindsey Petersen, Missouri Valley (1997-2000)	877
Noreen Morrow, Harris-Lake Park (2010-2014)	877
Tammi Blackstone, Cherokee (1992-1996)	875
Rylee Voss, English Valleys (2011-2015)	875
Kristi Feldman, West Liberty (2009-2013)	871
Katie Morse, Tri-Center (1997-00)	870
Rachel Struve, South O'Brien (2010-1014)	869
Stephanie Rich, Washington (1997-2001)	867
Lexi Groe, Lake Mills (2014-18)	865
Beth Driscoll, Linn-Mar (1990-1994)	865
Chloe Lofstrom, North Union (2017-20)	860
Jill Eggers, West Marshall (1997-2001)	852

Madison Baier, South Tama (2009-12)	850	Haleigh Hempen, Aplington-Parkersburg (2010-13)	780
Kayla Lincoln, West Central Maynard (2003-2007)	850	Cari Kinzenbaw, HLV (1998-01)	779
Kim Parker, Aurelia (1998-2002)	850	Nicole VanderPol, Grundy Center (2002-2005)	778
Jena Blint, New London (2004-07)	847	Miranda Murphy, North Polk (2010-2014)	777
Kim Trine, Burlington Notre Dame (1994-1998)	845	Ellie Rischer, Benton (2003-2007)	776
Pam Iverson, Denison-Schleswig (1994-1999)	844	Katie Schechinger, IKM/IKM-Manning (2006-2009)	776
Megan Frank, Keota (2003-2007)	842	Jill Martin, Norwalk (1999-2003)	775
Gabi French, Red Oak (2009-12)	842	Alexis Conaway, MOC-Floyd Valley (2010-2014)	775
Keri Hanson, CWL (1997-2001)	840	Kelsie McClarron, South Page (2014-17)	774
Carly Pagel, Sumner-Fredericksburg (2009-2012)	840	Stefanie Madsen, Sioux Central (2003-2006)	774
Taylor Burdette, Central Lee (2010-2013)	838	Danielle Schlotterbeck, Central City (2006-10)	772
Kelsey Johnkin, Sioux City West (2002-2006)	838	Jessica Hunecke, Cherokee (2002-2006)	771
Rachel Thune, Des Moines Christian (2005-2008)	837	Rachele Clark, Des Moines East (1987-1991)	771
Jackee Meyer, Belmont-Klemme (2014-16)	835	Sara Hippen, Union (1997-2001)	770
Chelsea Goedken, Cascade (2000-04)	835	Ginny Gordon, Moulton-Udell (2004-2008)	770
Lisa Kriener, St. Ansgar (1997-2001)	833	Callie Kloubec, Springville (2006-2009)	769
Megan Peschong, Okoboji (2013-16)	833	Jocelyn Anderson, Prairie Valley (2002-2005)	768
Betsy Funk, Urbandale (1998-2002)	831	Amanda Moser, Maple Valley-AO (1998-2001)	768
Haley Berminio, Belmont-Klemme (2017-20)	830	Kendal Brown, Moravia (2013-2016)	767
Heidi Venghaus, Winfield-Mt. Union (1992-1996)	830	Brooke Scharn, Sioux Central (2007-2010)	765
Ashley Dugan, Edgewood-Colesburg (1999-2003)	828	Tiffany Reedy, Union (1999-02)	764
Andrea Clark, Guthrie Center (2003-07)	827	Abbie Miller, Highland (2016-19)	764
Shari Davis, Denver (1995-1999)	819	Linda Lappe, Winfield-Mt. Union (1994-1998)	763
Alysa Klein, Okoboji (2001-2004)	818	Aubrey Hauswirth, Pocahontas Area (2003-06)	763
Megan Hendricks, Clear Lake (2000-2004)	817	Katie Miller, Solon (1994-1998)	762
Kalee Modlin, Knoxville (1998-2002)	817	Jessica Vanderleest, Solon (1996-1999)	762
Sharon Goodman, Crestwood (2017-20)	817	Ali Rorah, Maquoketa (1998-2002)	761
Jennifer Perkins, FD St. Edmond (1994-1998)	811	Megan Pretz, Columbus (2010-2013)	759
Emily Cline, Harmony (1991-1995)	810	Lisa Gronoski, Waterloo Columbus (1986-1990)	758
Shellie Mossman, Carroll (2003-2006)	809	Emily Newton, Diagonal (2016-19)	757
Taryn Scheuermann, Van Buren County (2017-20)	807	Megan Keefe, Clear Lake (1999-2003)	755
Grace Berg, Indianola (2014-2018)	807	Sara Hippen, Union (1997-2001)	753
Casey Spree, Aplington-Parkersburg (1994-1998)	807	Logan Hughes, Shenandoah, 2019	753
Carolyn Holm, Sigourney (2007-2010)	805	Gabby Ryerson, West Marshall (2013-16)	752
Taryn Knuth, Johnston (2014-17)	803	Rachel Smith, Iowa Mennonite (1991-1995)	751
Rylee Eakins, Davis County (2010-2014)	802	Josie Kennicott, Union (2002-2006)	751
Elsa Anderson, Des Moines Christian (2011-2015)	802	Mika Rodewald, Manson-NW Webster (2007-2010)	751
Delanie Uppena, Midland (2016-19)	801	Kate Cline, Valley Community (1995-98)	751
Lindsay Overman, Boyden-Hull (1997-2001)	801	Alee Hugen, Twin Cedars (2010-2013)	750
Logan Ehlers, Shenandoah (2014-2017)	799	Kayla Goodchild, Clay Central-Everly (2000-04)	749
Beth Ingersoll, Villisca (2002-2005)	799	Rylee Olsen, New London (2000-2004)	749
Jenny Vogel, Jesup (1998-2002)	798	Roni Miller, Lawton-Bronson (2003-2006)	747
Kari Fitzpatrick, Edgwood-Colesburg (2011-2015)	797	Sarah Anderson, Tri-Center (2002-2005)	747
Tori Michel, Marquette Catholic (2016-20)	796	Tarah Meyer, West Lyon (2011-2015)	747
Kayla Pirtle, CR Washington (1991-1995)	795	Paige Bradford, Davenport North (2014-18)	746
Heidi Hillyard, Mediapolis (2011-2015)	795	Julia Fleecs, Glidden-Ralston (2014-17)	744
Alissa Brown, Jesup (2010-2014)	795	Kaitlyn Volesky, Mount Vernon (2014-17)	741
Paige Spangenberg, Red Oak (2002-2006)	794	Jenny Ogden, Moulton-Udell (1998-2002)	741
Jessica Balek, Mason City Newman (2009-2012)	792	Bridget Doeden, Sibley-Ocheyedan (2010-2014)	741
Barb Franke, Cedar Falls (1987-1991)	792	Jackie Kriegel, Iowa Valley (2010-2014)	740
Addison Hirschman, Kingsley-Pierson (2015-18)	792	Andrea Larson, Mediapolis (2011-2015)	739
Megan Keefe, Clear Lake (1999-2003)	791	Millie Niggeling, Sioux City Bishop Heelan (2005-10)	739
Maureen Head, Iowa City West (1996-2000)	790	Mary Halvorson, Waukon (2005-2010)	737
Tiffany Bormann, Preston (2005-2009)	788	Tanya Meyer, Sioux City West (2010-2014)	735
Erica Daniels, Moulton-Udell (1993-1997)	787	Erin Richards, Mason City (1994-1998)	735
Olivia Godfrey, Panorama (2010-2014)	786	Katie Eiben, Springville (2006-2009)	735
Chelsey Dougherty, Belmont-Klemme (2002-2006)	786	Mckenzie Knox, Madrid (1999-2003)	734
Jamie Cavey, North Cedar (1997-2001)	785	Sienna Durr, Grinnell (2014-18)	733
Ashlea Payne, Alta (1998-2002)	781	Mariah McPartland, Boone (2011-15)	733
Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	780	Christy Holtkamp, Central Lee (1989-1993)	733
Sarah Ryan, North Mahaska (2002-2005)	780	Amanda Zimmermann, Ballard (2006-2009)	730

Allie Lamb, English Valleys (2001-2005)	730	Ali Browning, Iowa City Regina (2006-2010)	676
Cara Smith, Mount Ayr (1995-1999)	729	Samantha Meyers, Grundy Center (2009-2013)	676
Cassie Chubb, Saydel (2012-16)	728	Kristi Anderson, CB Abraham Lincokln (1985-1988)	675
Janay Michel, Farragaut (1999-2003)	723	Bailey Halbur, Manning/IKM-Manning (2006-2009)	674
Barb Bennett, Ames (1--	722	Shawna Braby, Murray (1997-2001)	672
Jill Johnson, Rockwell City-Lytton (2000-2004)	720	Ky Petersen, AHST (1992-1996)	672
Sarah Ryan, North Mahaska (2002-2005)	720	Stephani Atwood, Sigourney (2007-2010)	670
Beth Mathes, Melcher-Dallas (1999-2003)	720	Jodi Nikkel, Lynnville-Sully (2001-2005)	670
Amy Williams, Southeast Warren (2010-2013)	719	Alissa Dennis, Ballard (1996-2000)	670
Tammy Brauer, CR Kennedy (1990-1994)	719	Madi Hanna, Van Meter (2003-07)	669
Becky Wiesler, West Sioux (1995-1999)	717	Mackenzie Roberts, Van Meter (2014-17)	669
Mackenzie Foley, Sergeant Bluff-Luton (2016-20)	717	Lisa Tuetken, Monticello (1985-89)	668
Emily Beerman, CAM (2010-2013)	716	Heather Cunard, Missouri Valley (2003-2007)	667
Amanda Frost, Denver (2005-2010)	716	Arika Wooldridge, Center Point-Urbana (2013-16)	665
Megan Pederson, Lake Mills (2003-2007)	716	Katie Sorrell, Winfield-Mt. Union (1994-1998)	664
Brianna James, Lynnville-Sully (2009-12)	716	Alli Masters, Central Decatur (2016-19)	663
Rylee Andresen, Midland (2013-16)	715	Emma Chizek, West Hancock (2013-16)	663
Nikki Pasker, North Linn (2004-07)	715	Maddie Mock, Johnston (2017-20)	659
Catherine Leonard, Atlantic (2014-2017)	715	Madison Gettler, CAM (2016-19)	659
Gena Fiihr, Lynnville-Sully (1992-1996)	715	Lindsey Fischbach, Carroll (2000-2002)	657
Haley Delperding, Remsen St. Mary's (2014-17)	715	Abby Reinert, Eldora-New Providence (1999-2003)	656
Ellen Gallagher, Woodbury Central (2010-2014)	714	Becky Avery, Clear Lake (1996-2000)	654
Colby Wiemerslage, Kee, (2002)	712	Nichole Robinson, SC West (1996-2000)	663
Teresa Disney, West Marshall (2017-20)	712	Monica Huelman, Vinton-Shellsburg (1992-1996)	663
Christa Subbert, Stanton (2003-2007)	712	Joanne Woepking, Columbus (1989-1993)	658
Nicole Burgin, Oelwein (2010-14)	712	Kadie Subbert, Stanton (2007-2011)	657
Grace Blomstedt, Red Oak (2011-2015)	711	Molly Forsythe, Jesup (2002-2005)	656
Savannah Domeyer, Clayton Ridge (2014-17)	710	Susie Ciechanowski, Alta (1996-2000)	656
Erin Dohrmann, Sioux City North (1999-2003)	709	Tracy Hardee, Bedford (1995-1999)	655
Katie Kosters, Crestwood (1996-2000)	709	Danielle Jackson, Mediapolis (2005-2009)	655
Danielle Wubbens, Charles Ciy (2003-06)	708	Bethany Weber, Meidapolis (2002-2006)	654
Amanda Budden, Spalding Catholic (2003-2006)	707	Cassie Norman, Central Decatur (2001-04)	654
Betsy Derner, Panorama (2004-2007)	706	Shelby Spates, Van Buren (1999-2003)	653
Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	705	Carli Murphy, Gehlen Catholic (2011-2015)	652
Megan Wagaman, Springville (2013-2016)	704	Hannah Lau, Garner-Hayfield-Ventura (2014-17)	652
Dani Gass, Sioux City East (2003-2006)	702	Madison Wauters, Winterset (2016-19)	652
Mackenzie Bigbee, Williamsburg (2008-2012)	701	Jenny McCammant, English Valleys (2001-05)	651
Elizabeth Sneed, Malvern (1999-2003)	701	Taylor Smith, Central Decatur (2006-09)	651
Emily Wynthein, Waterloo Columbus (2010-2013)	701	Colby Lynch, Davis County (2006-2009)	650
Kim Marlow, Oelwein (1999-2003)	700	Madison Gonseth, Murray (2013-16)	650
Molly Sima, Vinton-Shellsburg (2002-2005)	700	Jill Bouma, Unity Christian (1998-2002)	650
Jennifer Schmmann, Newell-Fonda (2002-05)	698	Lisa Frese, Norway (1986-1990)	650
Jayme Olson, Bettendorf (1990-1994)	696	Aubrey Putman, Wilton	648
Meghan Glawe, Aurelia/Alta-Aurelia (2008-11)	695	Carrie Shurr, Iowa City High (1987-1991)	649
Hanna Stokes, Clear Creek-Amana (2011-15)	694	Gabie Doud, Ballard (2013-2016)	649
Jentry Schafer, Southwest Valley (2017-20)	691	Kaylee Blake, IKM-Manning (2010-2013)	647
Jennie Lillis, WDM Dowling (1996-2000)	691	Madelyn Deitchler, Treynor (2015-18)	646
Lauren Hedlund, Hinton (2010-2014)	691	Mindy Wargo, Tipton (1990-1994)	646
Kari Mutschler, AGWSR (2003-2007)	690	Angela Hatchett, Ottumwa (1988-1992)	646
Katie Brown, Spirit Lake (2003-2006)	688	Mikayal Nachazel, Springville (2014-18)	645
Jen Keitel, Central DeWitt (2008-2011)	688	Grace Meyer, Pocahontas Area (2014-17)	644
Teri Vander Beek, Lynnville-Sully (2004-07)	688	Olivia Eckels, East Union (2014-18)	644
Rachel Wooldrik, Denver (1996-1999)	685	Steffi Cunard, Logan-Magnolia/H. Christian (2011-15)	643
Leah Buhmann, West Central Maynard (1993-97)	683	Corrie Bangston, Essex (1999-2002)	642
Nicky Wieben, Ankeny (2002-2005)	682	Kendyl Gruttemeyer, Bedford (2010-2013)	642
Lacey Geitzenauer, Sentral (1999-2003)	682	Miranda Boekhout, MMC (2000-2004)	641
Janine Gremmel, Dubuque Wahlert (1984-1988)	680	Sydney Neal, West Central Valley (2017-20)	640
Michelle DeReimacker, West Liberty (1996-2000)	680	Kaela Eslinger, Orient-Macksburg (2017-20)	640
Megan Bradley, FD St. Edmond (1999-2003)	679	Steph Kramer, Nashua-Plainfield (1999-2003)	640
Taylor Frederick, Harlan (2013-2016)	677	Alison Rohdy, Harmony (1991-1995)	639
Elisha Turek, CB Abraham Lincoln (1999-2003)	677	Alexa Hotopp, West Marshall (2008-11)	638

Elissa Beckman, Mediapolis (1995-1999)	637
Kate Birchmeier, Davis County (2011-2015)	637
Melissa Kroll, CB St. Albert (1993-1997)	637
Jodi Gruber, Solon (1989-1992)	637
Claudia Larsen, Newell-Fonda (2011-14)	637
Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	637
Dani Coover, Belle Plaine (2007-2011)	637
Olivia Barritt, GMG (2011-2015)	636
Alex Knop, East Mills (2017-20)	635
Lauren Flaherty, Murray (1993-1997)	634
Marissa Schroeder, Marquette Catholic (2014-17)	634
Rachel Hinders, Johnston (2017-20)	633
Abby Ytzen, Des Moines Christian (2002-06)	633
Laura Rowan, Hampton-Dumont (1999-2003)	633
Amy Voss, Newton (2006-09)	631
Michalyn Mohr, Marion (2011-2015)	631
Erin Neuberger, Garner-Hayfield (1997-2001)	631
Melanie Hopkins, Earlham (2004-2008)	630
Mika Rodewald, Manson-NW Webster (2005-2010)	630
Amber DiRiemacker, West Liberty (1996-2000)	630
Kacy Brumbaugh, Tri-County (2010-2013)	629
Sarah Bartels, Akron-Westfield (1998-2002)	628
Jessica Hansen, West Monona (2005-2008)	628
Jess Schaben, Harlan (2011-15)	627
Lauren Devereaux, Newell-Fonda (2006-09)	627
Jalynn Quigley, Lone Tree (2005-08)	626
Ashley Gordon, Moulton-Udell (2004-2007)	625
Rachel Weedemeier, West Central Maynard (1999-03)	624
Andrea Markey, Colo-Nesco (2003-2006)	624
Michelle Mahmens, Northeast (1994-1998)	624
Ashley Tull, North Linn (2014-18)	623
MacKenzie Westcott, Williamsburg (2004-2008)	623
Audra HOneyman, Fremont-Mills & Essex (2001-2003)	622
Kendra Cooper, Kee (2015-18)	621
Jordan Gronewold, Carlisle (2005-2010)	621
Shaya Kellogg, Ames (2009-2013)	621
Tori Hazard, Janesville (2014-17)	620
Steph Marsh, Central DeWitt (1999-2003)	619
Olivia Larsen, Newell-Fonda (2016-19)	619
Bridget Yoerger, Hinton	618
Stacy Boerema, Clinton (1998-2002)	617
Heather Hook, Grundy Center (2009-13)	616
Jescenia Mosley, Essex (2014-17)	616
Danielle Eben, George-Little Rock (2011-2015)	616
Caitlyn Murphy, Gehlen Catholic (2010-2014)	616
Missy Mellecker, Tipton (1984-1988)	616
Katie Kruckenberger, Mason City Newman (2002-05)	616
Payton McHone, Jesup (2017-20)	615
Jodi DeVries, Aplington-Parkersburg (1993-1996)	615
Amy Klostermann, West Delaware (1999-2003)	614
Peg Loecke, West Delaware (1987-1991)	614
Libby Fisher, Nashua-Plainfield (2017-20)	613
Caitlyn Riese, Colo-Nesco (2010-14)	613
Kaylee Wright, Fremont-Mills (2017-20)	613
Meg Tierney, Union (1996-2000)	613
Lela Sellers, Minnesota/CR Kennedy (2013-16)	613
Kaylee Becker, Oelwein (2013-2016)	613
Marie Hoeger, Ind St. John & Independence (86-90)	612
Cathy Reiter, Union (2006-2009)	612
Jacque Ingram, Denison-Schleswig (2016-19)	611
Mikayla Galvin, Kee (2013-16)	611

Karen Schulte, Norway & CR Jefferson (1989-1993)	610
Abbie Brown, Eldora-New Providence (1993-1996)	609
Ashley Freerksen, Dowling Catholic (1999-2003)	608
Megan McHugh, Missouri Valley (1999-2003)	608
Kate Walker, Red Oak (2011-2015)	608
Molly Tideback, Waterloo Columbus (1985-1988)	607
Ruthie Jahn, Mediapolis (2017-20)	606
Kortney Hilsabeck, West Central Maynard (1997-01)	606
Aftin Phyfe, Waverly-Shell Rock (2009-2013)	605
Laura Johnson, Cedar Falls (2005-2010)	605
Jensen Boger, OABCIG (2010-2014)	603
Katelin Adams, North Iowa (2016-19)	603
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	602
Chelsea Humpal, Decorah (2005-2008)	602
Taylor Greenfield, Ballard (2008-2011)	602
Holly Bock, Mason City Newman (2013-16)	601
Lana Lindstrom, Pleasant Valley (2013-16)	601
Haley Hillyard, Mediapolis (2010-2013)	600
Jennifer Happel, CR Prairie (1992-1996)	600
Amy Breen, Fairfield (1989-1993)	600
Blair Montgomery, Clay Central-Everly	600+

REBOUNDS PER GAME

Yearly Leaders

2020 — Emily McIntosh, West Harrison	22	298	13.5
2019 — Kelsey Fields, Creston	21	296	14.1
2018 — Haley Beminio, Belmond-Klemme	21	309	14.7
2017 — Taryn Knuth, Johnston	24	314	13.7
2016 — Jolissa Kriegel, BGM	22	298	13.5
2015 — Morgan Christner, New London	23	324	14.1
2014 — Shelby Hembera, C. Valley Christ.	22	360	16.4
2013 — Allison Waters, Underwood	22	240	15.5
2012 — Nicolette Hussen, Colfax-Mingo	21	305	14.5
2011 — Antonea Stuckey, Davenport North	21	371	17.7
2010 — Joscelyn Coleman, Essex	22	420	19.10
2009 — Joscelyn Coleman, Essex	25	420	16.80
2008 — Lindsay Hoehns, Twin Cedars	21	297	14.14
2007 — Lindsay Hoehns, Twin Cedars	22	331	14.39
2006 — Nicole Strasko, Roland Story	24	344	14.33
2005 — Rachel Yeggy, Highland	26	406	15.62
2004 — Rachel Yeggy, Highland	25	469	18.76
2003 — Kelly Houser, Riceville	22	353	16.05
2002 — Ashlea Payne Albia	21	326	15.52
2001 — Jennifer Goetz, Cadinal Strich	27	431	15.96
2000 — Jill Foster, North Tama	20	346	17.30
1999 — Penny Vander Sanden, West Lyon	22	303	13.77
1998 — Leah Hetzler, Moulton-Udell	19	297	15.63
1997 — Kinzee Hanson, CWL	20	277	13.85
1996 — Lindsay Brown, Lenox	22	307	13.95
1995 — Ann Cavey, Lincoln	19	285	15.00
1994 — Jenny Childress, Washington	24	314	13.08
1993 — Christy Holtkamp, Central lee	24	303	12.63
1992 — Tiffany Cox, Sioux City North	18	248	13.78
1991 — Liz Henry, Iowa Deaf	19	261	13.74
1990 — Liz Henry, Iowa Deaf	17	252	14.82
1989 — Marie Hoeger, Independence St. John 17	243	243	14.29
1988 — Shelly Greiner, Clear Creek	20	301	15.05
1987 — Melissa Higginbotham, CB TJ	15	192	12.80
1986 — Kristi Kincaid, Waterloo West	22	256	11.64
1985 — Katie Abrahamson, CR Washington	26	219	8.42

All-Time Single Season Leaders

Joscelyn Coleman, Essex	22	420	19.10
Rachel Yeggy, Highland, 2004	25	469	18.76
Antonea Stuckey, Davenport North, 2011	21	371	17.70
Jill Foster, North Tama, 2000	20	346	17.30
Joscelyn Coleman, Essex, 2009	25	420	16.80
Kate Hartman, Northwood-Kensett	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Kelly Houser, Riceville, 2003	22	353	16.05
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Chelsea Poppens, Ap.-Parkersburg, 2009		380	15.83
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Rachel Yeggy, Highland, 2005	26	406	15.62
Ashlea Payne, Alta, 2002	21	326	15.52
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Allison Waters, Underwood, 2013		240	15.50
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Ashlea Payne, Alta, 2001	19	287	15.11
Shelly Greiner, Clear Creek, 1988	20	301	15.05
Ann Cavey, North Cedar, 1995	19	285	15.00
Kelly Houser, Riceville, 2002	23	344	14.96
Kiah Stokes, Linn-Mar, 2011	25	372	14.90
Liz Henry, Iowa Deaf, 1990	17	252	14.82
Kelsey Keitzer, Okoboji, 2004	25	352	14.67
Audra Honeyman, Essex, 2002	22	323	14.68
Angie Schinstock, Central Lee, 1998	19	278	14.63
Kelsey Keizer, Okoboji, 2005	24	350	14.58
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Jennifer Perkins, FD St. Edmond, 1998	17	247	14.53
Nicolette Hussen, Colfax-Mingo, 2012	21	305	14.50
Stefanie Madsen, Sioux Central, 2006	20	290	14.50
Nicole Strasko, Roland-Story	24	345	14.40
Haley Bemino, Belmond-Klemme, 2018	21	309	14.70

Junior Leaders

Joscelyn Coleman, Essex, 2009	24	420	16.80
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Rachel Yeggy, Highland, 2005	26	406	15.62
Ashlea Payne, Alta, 2001	19	287	15.11

Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch	27	431	15.96
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Angie Schinstock, Central Lee, 1998	19	278	14.63

Freshman Leaders

Ann Cavey, Lincoln, 1995	19	285	15.00
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Nicole Strasko, Roland-Story, 2006	24	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Rachel Yeggy, Highland, 2003	22	293	13.32

Single Season Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Joscelyn Coleman, Essex, 2010	22	420	19.10

Hallie Christofferson, Exira, 2010	26	409	15.70
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Chelsea Poppens, Ap-Parkersburg, 2009		380	15.83
Kiah Stokes, Linn-Mar, 2011	25	372	14.9
Antonea Stuckey, Davenport North, 2011	21	371	17.7
Rachel Yeggy, Highland, 2006	26	365	14.04
Stacey Schutjer, WCLT, 2007	27	361	13.60
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Kailey Kladivo, North Tama, 2012	26	357	13.7
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Jennifer Jorgensen, SE Webster-Grand 07	26	355	13.65
Stacey Schutjer, WCLT, 2008	26	354	13.61
Kelly Houser, Riceville, 2003	22	353	16.05
Kelsey Keizer, Okoboji, 2004	24	352	14.67
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Antonea Stuckey, Davenport North, 2010	22	351	16.0
Jennifer Goetz, Cardinal Stritch, 2002	27	350	12.96
Kelsey Keizer, Okoboji, 2005	24	350	14.58
Jennifer Jorgensen, SE Webster-Grand, 08	26	348	13.38
Jill Foster, North Tama, 2000	20	346	17.30
Ashtyn Veerbeek, Western Christian, 2018	24	346	14.40
Nicole Strasko, Roland-Story, 2006	24	345	14.40
Katie Dentlinger, Coon Rapids-Bayard	24	344	14.3
Kelly Houser, Riceville, 2002	23	344	14.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Barb Franke, Cedar Falls, 1991	27	336	12.44
Jessica Gerhart, Sentral, 2003	24	332	13.83
Lori Trumblee, Starmont, 2002	24	332	13.83
Becky Green, Wayne, 2000	30	330	11.00
Sofia Iwobi, Fairfield Maharishi, 2006	24	332	13.83
Amanda Eekhoff, Western Christian, 2004	23	332	14.22
Latasha Pendleton, Waterloo West, 2003	23	327	14.22
Kiah Stokes, Linn-Mar, 2010	26	332	13.10
Blaire Steenhoek, SE Warren, 2018		329	13.7
Sofia Iwobi, Fairfield Maharishi, 2005	25	326	13.04

Junior Leaders

Joscelyn Coleman, Essex	25	420	16.80
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Stacey Schutjer, WCLT, 2007	27	361	13.60

Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Katie Dentlinger, CR-Bayard, 2010	22	322	14.6
Casey Spree, Aplington-Parkersburg, 1996	26	316	12.15
Sylvia Amlie, Cedar Falls NU High, 2012	24	315	13.7
Ann Cavey, North Cedar, 1996	26	315	12.12

Freshman Leaders

Nicole Strasko, Roland-Story, 2006	20	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Audi Crooks, Bishop Garrigan	27	320	11.9
Hallie Christofferson, Exira, 2007	25	314	12.56
Jennifer Goetz, Cardinal Strich, 2000		306	14.57

CAREER STEALS

Kelli Nelson, Exira (2001-2004)	641	Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	380
Shayla Dean, Colo-Nesco (2011-2015)	605	Kristen Weber, Earlham (2011-2015)	379
Amy Young, Preston (1997-2001)	601	Ellie Peterson, Cedar Falls (1998-2002)	379
Annie Heithoff, CB St. Albert (1993-1997)	595	Kate Galligan, Cedar Rapids Jefferson (1988-1992)	379
Rylee Menster, Springville (2014-18)	581	Angela Bock, Iowa Mennonite (1995-1999)	378
Autumn Feaker, Solon (1990-1994)	560	Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	376
Autumn McDanel, Moravia (2013-2016)	560	Chelsea Poppens, Aplington-Parkersburg (2006-09)	373
Missy Hammon, Riceville (1996-2000)	559	Andrea Robertson, Vinton-Shellsburg (1992-1996)	369
Sara Weirather, Central Lee (1999-2003)	544	Tess Myer, Mount Ayr (2004-2009)	368
Cathy Reiter, Union (2006-2009)	522	Maria Gonzalez, West Hancock (2013-16)	367
Kayleen Beck, BGM (2011-2015)	519	Jenny Bridgewater, Benton (1999-2003)	366
Taylor Hickey, Burlington Notre Dame (2011-2015)	519	Ashley Nally, Bedford (1999-2002)	366
Stephanie Rich, Washington (1997-2001)	516	Devin Laughlin, East Mills (2010-2014)	365
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	516	Sam Reiser, Waukon (2002-2005)	365
Helaina Hillyard, Mediapolis (2017-20)	508	Shelly Scheetz, Cedar Rapids Kennedy (1987-1991)	365
Natalie Raub, Union (1999-2002)	508	Jenna Frederes, Remsen St. Mary's (2000-2003)	364
Jessica Vande Kooi, Hinton (1999-2003)	506	Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	364
Brooke Bollmeyer, Hinton	493	Mary Berdo, Washington (1992-1996)	364
Mackenzie Knox, Madrid (1999-2003)	480	Mackenzie Rogers, Mediapolis (2014-18)	362
Sara Stribe, Carroll (1994-1998)	479	Melissa Krueger, Lone Tree (1990-93)	362
Linda Sayavongchanh, DM Lincoln (1998-2002)	475	Jamie Hoover, Twin River Valley (1999-2003)	359
Carrie Norman, Lynnville-Sully (1995-1999)	471	Emma Staudt, Rockford (2014-17)	358
Kayla Lindenmeyer, Bedford (2010-2013)	459	Alison Rohdy, Harmony (1991-1995)	358
Carleigh Paup, Paton-Churdan (2012-16)	456	Jenny Bridgewater, Benton (1999-2003)	357
Shelby Reicks, Turkey Valley (2014-17)	455	Katie Corbett, Iowa City Regina (1992-1996)	357
Alexis Conaway, MOC-Floyd Balley (2010-2014)	452	Amy Lawson, Spencer (2001-2004)	356
Casey Huber, Denver (2001-2004)	451	Taylor Smith, Central Decatur (2006-2009)	356
Jennifer Gries, EH-Kimballton (1995-1999)	450	Faith Meyer, Pocaontas Area (2014-17)	355
Olivia Larsen, Newell-Fonda (2016-19)	444	Tori Hazard, Janesville (2014-17)	354
Trista Kolder, Aplington-Parkersburg (1997-2001)	443	Molly Goodenbour, Waterloo West (1985-1989)	354
Ashley Hagedorn, IKM-Manning (2007-2010)	442	Jill Brant, Garner-Hayfield (1999-2002)	354
Tana Colt, Akron-Westfield (2003-2007)	440	Victoria Leyh, Janesville (2010-14)	353
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	437	Hallie Christofferson, Exira (2005-2010)	351
Brittani Kozik, Belle Plaine (1999-2003)	434	Morgan Nelson, Colo-Nesco (1998-2002)	351
Nicki Bradley, Wilton (1990-1994)	431	Grace Meyer, Pocahontas Area (2014-17)	350
Kayla Chapman, Treynor (2016-19)	428	Demi Diedrich, Northeast (2007-11)	350
Christa Subbert, Stanton (2003-2007)	425	Ashton Yossi, Dallas Center-Grimes (2007-2011)	350
Maddie Jones, South Central Calhoun (2016-19)	425	Lexi Ackerman, Central Lyon (2009-2013)	350
Kelsey Homewood, Iowa City Regina (2001-04)	423	Kristin Shields, Murray (2004-2007)	349
Kayla Waskow, Dunkerton (2004-2008)	418	Megan Howard, North Polk (2006-2010)	349
Paige Danner, AHST (2010-2014)	415	KJ Veldman, Spirit Lake (2010-2013)	348
Jennifer Jorgensen, SE Webster-Grand (2005-08)	414	Faith Vincent, Colo-Nesco (2016-19)	347
Mackenzie Small, Hinton (2007-2010)	414	Taylor Smith Central Decatur (2005-09)	346
Megan Ripperton, Lone Tree (1997-2001)	419	Sarah Larsen, Mid-Prairie (1998-2002)	346
Molly Turman, Hinton	408	Erin Sobotka, Diagonal (2017-20)	345
Linda Lappe, Winfield-Mt. Union (1994-1998)	402	Sam Norris, Martensdale-St. Marys (2006-2011)	344
Shawna Boles, Murray (1997-2001)	401	Madison Gettler, CAM (2016-19)	343
Maddie Tusha, Garner-Hayfield-Ventura (2010-14)	400	Alli Masters, Central Decatur (2016-19)	342
Ashleigh Neal, Murray (2006-2009)	399	Meg Brandt, Ankeny Centennial (2013-16)	342
Tember Schechinger, IKM-Manning (2000-2012)	398	Erica Scholtfeldt, Rock Valley (1999-2003)	342
Linissa Bowman, Preston (1997-2001)	398	Jackie Olson, MOC-Floyd Valley (1992-1996)	342
Shelby Graves, Davis County (2010-2014)	398	Bridget Yoerger, Hinton	342
Kelsey Johnikin, Sioux City West (2002-2006)	398	Erin Dohrmann, Sioux City North (1999-2003)	341
Kristin Rasmussen, AGWSR (2003-2007)	397	Renee Maneman, Newell-Fonda (2011-14)	341
Renae Roelfs, Mediapolis (1997-2001)	394	Lindsay Anderson, New London (1992-1996)	339
Chelsea Winterboer, Sioux Central (2003-2006)	392	Melissa Krueger, Lone Tree (1989-1993)	339
Kary Dawson, Sibley-Ocheyedan (1993-1997)	389	Grace Rehstrom, Sioux Central (2008-2011)	338
Emilee Danner, Ar-We-Va (2016-19)	387	Cortney Kettmann, Bellevue Marquette (1997-2001)	337
Madison Weekly, Benton (2010-2013)	383	Shelby Johnson, Akron-Westfield (2004-2008)	337
		Morgan Straight, Belle Plaine (2013-16)	337
		Abby Wedemier, West Central Maynard (2003-06)	335

Courtney Miller, Hampton-Dumont-CAL (2017-20)	335
Sara Goodman, West Marshall (1999-2003)	334
Amber Nicole Buch, Fairfield (2014-18)	332
Kinzee Hansen, CWL (1993-1997)	332
Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	328
Lindsay Hoehns, Twin Cedars (2005-2010)	328
Grace Flanagan, North Linn (2017-20)	328
Melissa Eighmy, Mount Ayr (1994-1998)	327
Rachel Freland, PCM (2011-2015)	327
Ashley Wagner, Kee (1999-2002)	327
Sara Robson, Belmond-Klemme (1994-1997)	325
Leslie Budak, Norway & Benton (1988-1992)	325
Morgan Dornbier, Mason City Newman (2007-10)	325
Lindsey Vande Wall, PCM (2006-2009)	324
Brianne Fink, West Central (1993-1996)	323
Heather Eiffler, Garner-Hayfield (2002-2005)	322
Anna Doering, Waterloo Christian (2010-2014)	321
Katie Maguire, Treynor (1998-2002)	320
Courtney Van Houweling, PCM (2011-2015)	320
Steph Reiter, Union (2004-2008)	318
Morgan Walker Sioux Central (2008-2011)	318
Marci Clayton, Jesup (1998-2002)	318
Kia Rasmussen, IKM-Manning (2014-18)	317
Olivia Donlea, East Buchanan (2017-20)	317
Allison Stracke, Harlan (1998-2002)	317
Marly Bussa, Camanche (2014-18)	316
Chelsey Lampe, Highland (2011-2015)	314
Jill Lacey, Hinton	314
Rylee Olson, Osage (2016-19)	314
Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	314
Katie Nieuwsma, Pella Christian (2005-2008)	313
Amy Freese, North Cedar (1993-1996)	313
Kendyl Sorge, Janesville (2011-2015)	313
Maddie Boer, North Linn (2011-2015)	312
Brittany Peterson, Spencer (2005-2009)	312
Tara Van Rees, Lynnville-Sully (2008-2011)	312
Andrea Van Vark, Pella Christian	312
Brittany Peterson, Spencer (2006-2009)	312
Katie Clarke, Adair-Casey (2010-2013)	310
Julie Bex, Highland (1990-94)	310
Konnor Sudmann, Treynor (2016-19)	309
Mykenzie Whitney, Westwood (2014-17)	308
Caitlyn Ward, Sidney (2016-19)	308
Nicole Miller, North Linn (2011-2015)	308
Alicia Mahmens, Northeast (1996-2000)	308
Jordan Gronewold, Carlisle (2005-2010)	308
Kim Schwartz, Hinton	307
Jody Dean, Postville (1993-1995)	307
Tiffany Reedy, Union (1999-02)	306
Morgan Muhlbauer, IKM-Manning (2011-2015)	305
Brianna Mensen, Maquoketa Valley (2014-2017)	305
Jody Roslansky, Harris-Lk Pk (1993-1995)	304
Fran Reis, Perry (1994-1998)	304
Missy Daughenbaugh, DM Lincoln (1985-1988)	300
Kelsey Hora, Highland (2014-17)	300

STEALS PER GAME

Yearly Leaders

2020 — Helaina Hillyard, Mediapolis	23	146	6.34
2019 — Payton Slaughter, Cherokee	24	160	6.67
2018 — Lexi Toering, Sioux Center	27	169	6.25
2017 — Josie Durr, Solon	22	164	7.45
2016 — Autumn McDanel, Moravia	25	154	6.16
2015 — Autumn McDanel, Moravia	23	165	7.17
2014 — Autumn McDanel, Moravia	22	155	7.04
2013 - Kayleen Beck, BGM	24	174	7.29
2012 — Makenzie Zeitler, Van Buren	23	155	6.73
2011 — Demi Deidrich, Northeast	26	133	6.04
2010 - Ashley Hagedorn, IKM-Manning	23	153	6.37
2009 — Cathy Reiter, Union	22	146	6.63
2008— Cathy Reiter, Union	22	140	6.36
2007—Cathy Reiter, Union	25	139	5.56
2006—Sofia Iwobi, Maharishi	24	163	6.79
2005—Sam Reiser, Waukon	24	153	6.38
2004—Katie Kilburg, Bellevue	23	288	12.58
2003—Kelli Nelson, Exira	23	209	9.09
2002—Sara Weirather, Central Lee	25	196	7.84
2001—Amy Young, Preston	29	187	6.45
2000—McKenzie Knox, Madrid	23	148	6.43
1999—Missy Hammon, Riceville	21	147	7.00
1998—Missy Hammon, Riceville	21	156	7.43
1997--Annie Heithoff, CB St. Albert	25	190	7.60
1996--Sarah Russell, CR Kennedy	21	169	8.05
1995--Jody Dean, Postville	24	207	8.63
1994--Keely Bowman, Kingsley-Pierson	18	166	9.22
1993--Nicki Bradley, Wilton	18	139	7.72
1992--Nicki Bradley, Wilton	19	112	5.89
1991--Leslie Budak, Norway	21	127	6.05
1990--Lanette Brooks, DM Lincoln	18	99	5.50
1989--Angie Slaughter, Iowa City West	21	116	5.52
1988--Dana Hinkhouse, Wilton	19	121	6.37
1987--Missy Daughenbaugh, DM Lincoln	26	158	6.08
1986--Skeeter Myers, Mount Vernon	18	102	5.67
1985--Sharita Couch, Davenport Central	20	119	5.95

All-Time Leaders

Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Kelli Nelson, Exira, 2004	25	192	7.68
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Josie Durr, Solon, 2017	22	164	7.45
Missy Hammon, Riceville, 1998	21	156	7.43
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Kayleen Beck, BGM, 2013	24	174	7.29
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24
Autumn McDaniel, Moravia, 2015	23	165	7.17
Brook Tish, Tri-County, 2004	22	156	7.09
Shayla Dean, Colo-Nesco, 2015	25	176	7.04
Autumn McDaniel, Moravia	22	155	7.04
Missy Hammon, Riceville, 1999	21	147	7.00

Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Nicki Bradley, Wilton, 1994	26	180	6.92
Carlie Schaeffer, Chariton, 2017	22	152	6.91
Anny Burdorf, Emmetsburg, 1998	15	103	6.87
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Olivia Mennen, Hampton-Dumont, 1995	22	150	6.82

Junior Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24

Sophomore Leaders

Missy Hammon, Riceville, 1998	21	156	7.43
Kayleen Beck, BGM, 2013	24	175	7.29
Autumn McDaniel, Moravia, 2014	22	155	7.04
Katie Corbett, Iowa City Regina, 1994	19	125	6.58
Payton Slaughter, Cherokee, 2017	25	164	6.56

Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Amber Terrell, DC-Grimes, 1996	18	108	6.00
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Missy Hammon, Riceville, 1997	22	130	5.91
Liz Trauger, Twin River Valley, 2003	22	123	5.59

TOTAL STEALS

Season Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Sara Weirather, Central Lee, 2002	25	196	7.84
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Kelli Nelson, Exira, 2004	25	192	7.68
Amy Young, Preston, 2001	29	187	6.45
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20
Nicki Bradley, Wilton, 1994	26	180	6.92
Shayla Dean, Colo-Nesco	25	176	7.04
Amy Young, Preston, 2000	28	176	6.28
Kayleen Beck, BGM, 2013	24	175	7.29
Kayla Lindenmeyer, Bedford, 2012	28	171	6.11
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Makenzie Zeitler, Van Buren, 2012	23	171	6.73
Shayla Dean, Colo-Nesco, 2014	26	170	6.54
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Lexi Toerking, Sioux Center, 2018	27	169	6.26
Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Amy Lawson, Spencer, 2004	25	165	6.60
Carli Tritiz, Sioux City Bishop Heelan, 2010	27	165	6.11
Josie Durr, Solon, 2017	22	164	7.45
Payton Slaughter, Cherokee, 2017	25	164	6.56
Carrie Norman, Lynnville-Sully, 1999	29	164	5.66
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Tember Schechinger, IKM-Manning, 2012	27	164	6.07

Autumn McDanel, Moravia, 2015	23	163	7.14
Sofia Iwobi, Maharishi, 2006	24	163	6.79
Jessica VandKooi, Hinton, 2003	24	163	6.79
Shayla Deen, Colo-Nesco, 2013	26	162	6.23
Josie Kopal, Lawton-Bronson, 2013	28	162	5.79

Junior Leaders

Kelli Nelson, Exira, 2002	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20

Sophomore Leaders

Kayleen Beck, BGM, 2013	24	175	7.29
Payton Slaughter, Cherokee, 2017	25	164	6.56
Autumn McDaniel, Moravia, 2014	22	155	7.04
Shayla Dean, Colo-Nesco, 2013	26	162	6.23
Missy Hammon, Riceville, 1998	21	156	7.43

Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Rylee Menster, Springville, 2015	27	144	5.33
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Missy Hammon, Riceville, 1997	22	130	5.91
Taylor Hickey, Burlington ND, 2012	24	130	5.41

CAREER BLOCKED SHOTS

Taryn Scheuermann, Van Buren County (2017-20)	614
Kiah Stokes, Linn-Mar (2008-2011)	515
Carah Drees, Westwood (2016-19)	503
Jessica Nikkel, Lynnville-Sully (1995-1999)	497
Jocelyn Anderson, Prairie Valley (2002-2005)	485
Mackenzie Morrison, Martensdale-St. Marys (2007-11)	473
Alysa Klein, Okoboji (2001-2004)	454
Rachel Thune, Des Moines Christian (2005-2008)	452
Kameo Pope, Belle Plaine (2010-2014)	424
Katelynn Tracy, Moravia (2010-2013)	406
Elizabeth Jenkins, Saint Ansgar (2014-18)	401
Jenny Noll, Muscatine (1988-1992)	399
Amy Herrig, Dubuque Senior (1991-1995)	397
Maddie Oliver, Roland-Story	337
Brooke Morgan, Dike-New Hartford (2012-15)	391
Lori Trumblee, Starmont (1998-2002)	381
Aimee Osborne, Sidney (2008-11)	352
Miranda Boekhout, MMC (2000-2004)	351
Tammi Blackstone, Cherokee (1992-1996)	347
Mariah McPartland, Boone (2011-2015)	346
Tonia Tauke, CB Abraham Lincoln (1992-1996)	346
Monica Huelman, Vinton-Shellsburg (1992-1996)	339
Jess Schaben, Harlan (2011-15)	338
Madison Baier, South Tama (2009-12)	337
Mia Rosener, Des Moines Christian (2014-17)	330
Stacey Schutjer, WCLT (2005-2008)	327
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	327
Molly Tideback, Waterloo Columbus (1985-1988)	322
Lea Lefebure, Camanche (2014-18)	322
Kendal Brown, Moravia (2013-2016)	320
Alyson Stokes, Highland (2016-2019)	319
Katie Morse, Tri-Center (1997-00)	318

Hallie Christofferson, Exira (2005-2010)	313	Kadie Subbert, Stanton (2007-2011)	213
Quinn Ruth, Adair-Casey (2010-2013)	310	Jackee Meyer, Belmont-Klemme (2014-16)	213
Malarie Gilley, East Greene (2007-2010)	308	Brittany Arwine, Dunkerton	207
Heidi Wener, Murray (1999-2003)	303	Jodi DeVries, Aplington-Parkersburg (1993-1996)	206
Amanda Zimmerman, Ballard (2006-2009)	303	Amanda Berner, Calamus-Wheatland (1997-2001)	205
Josie Claassen, GMG (2014-17)	293	Claudia Larsen, Newell-Fonda (2011-14)	204
Nina Smith, Waterloo West (1995-1999)	291	Rylee Andresen, Midland (2013-16)	204
Amanda Chizek, West Hancock (2017-20)	291	Shelly DeJong, Unity Christian (1991-93)	204
Betsy Funk, Urbandale (1998-2002)	278	Rylee Voss, English Valleys (2011-2015)	201
Ann Straate, Postville (1998-2002)	276	Erin Wibholm, West Marshall (1997-200)	200
Kalee Modlin, Knoxville (1998-2002)	276	Lexy Koudelka, Nevada (2014-18)	200
Sara Aeschliman, Davis County (1999-2003)	276	Tammy Lansing, North Fayette (2004-2007)	200
Jamie Cavey, North Cedar (1997-2001)	275	Alli Masters, Central Decatur (2016-19)	198
Lisa Reitsma, Western Christian (1990-1994)	275	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	197
Christy Holtkamp, Central Lee (1989-1993)	273	Grace Blomstedt, Red Oak (2012-2015)	196
Jessica Balek, Mason City Newman (2009-2012)	271	Abbie Hauptert, CMB (2011-14)	196
Mandi Harms, Shenandoah (1995-1999)	271	Millie Niggeling, Sioux City Bishop Heelan (2005-10)	196
Sharon Goodman, Crestwood (2017-20)	266	Jentry Schaefer, Southwest Valley (2017-20)	195
Samantha Uhlenkamp, Central City (2014-17)	266	Asha Anderson, Des Moines Christian (2011-2015)	195
Kayla Lincoln, West Central Maynard (2003-2007)	261	Ashley Tull, North Linn (2014-18)	194
Serena Parker, Shenandoah (2011-2015)	261	Emily Beerman, CAM (2010-2013)	192
Chelsea Poppens, Aplington-Parkersburg (2006-09)	260	Lizzy Stachon, Dowling Catholic (2007-2011)	192
Abbie Schutte, Sibley-Ocheyedan (1993-1997)	256	Tiffany Cox, Sioux City North (1989-1993)	191
Mackenzie Bigbee, Williamsburg (2008-2012)	254	Molly Forsythe, Jesup (2002-2005)	190
Ann Cavey, North Cedar (1994-1998)	254	Lara Marske, Spencer (1998-2001)	190
Logan Ehlers, Shenandoah (2014-17)	253	Jamie Boyd, Underwood (2000-2004)	188
Emily Long, Montezuma (2009-2012)	251	Rachel Yeggy, Highland (2002-06)	187
Ashley Sickles, Crestwood (2004-2008)	250	Rylee Eakins, Davis County (2010-2014)	187
Stephani Atwood, Sigourney (2007-2010)	247	Janine Gremmel, Dubuque Wahlert(1984-1988)	187
Julie Gallery, East Buchanan, (1993-97)	245	Michelle Krough, Benton (1986-1990)	186
Kelsey McClarnon, South Page (2014-17)	245	Kiana Barney, Cedar Falls (2014-18)	185
Sienna Durr, Grinnell (2014-18)	245	Kylee Burt, Belmont-Klemme (1995-1999)	180
Jodi Gruber, Solon (1988-1992)	243	Katie Schmidt, Saydel (2014-18)	179
Gina Schlesselman, Belle Plaine (1999-2003)	242	Katie Kriener, Crestwood (1993-1996)	179
Alyssa Dunlop, Woodbine (2007-2010)	242	Morgan Salow, West Delaware (2001-05)	178
Haley Hillyard, Mediapolis (2010-2013)	239	Tori Hazard, Janesville (2014-17)	178
DeAnn Williams, DM Roosevelt (1985-1989)	238	Tarah Meyer, West Lyon (2011-2015)	176
Kennedy Wohlford, Hampton-Dumont (2011-2015)	238	Andrea Markey, Colo-Nesco (2003-2006)	174
Lisa Kriener, St. Ansgar (1997-2001)	236	Anna Kiel, Unity Christian (2012-16)	172
Katie Sorrell, Winfield-Mt. Union (1994-1998)	236	Andrea Larson, Mediapolis (2011-2015)	172
Beth Marvin, Preston (1997-2001)	233	Amy Bohnker, Underwood (2001-2005)	171
Amelia Ivester, Cedar Rapids Xavier (2014-18)	232	Bailey Halbur, Manning/IKM-Manning (2006-2009)	169
Mikayla Galvin, Kee (2013-16)	232	Megan Brandt, Spencer (2002-2006)	169
Kate Kusters, Crestwood (1996-2000)	231	Helaina Hillyard, Mediapolis (2017-20)	166
Kayla Pirtle, CR Washington (1991-1995)	231	Tierranny Keahna, South Tama (2013-16)	165
Sadie Shuck, Hinton (2010-2013)	230	Stephanie Bishop, Muscatine (1992-1994)	165
Pam Iverson, Denison-Schleswig (1994-1999)	230	Michelle Smith, Crestwood (1999-2003)	164
Haley Berminio, Belmont-Klemme (2017-20)	226	Bethany Weber, Mediapolis (2003-2006)	164
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	226	Brianna Konz, Spaling Catholic (2007-2010)	163
Kristen De Ronde, Pella Christian	224	Kate Hartman, Northwood-Kensett (2005-2010)	162
Ashtyn Veerbeek, Western Christian (2014-18)	224	Kennedy Brown, Iowa City Regina (2013-2016)	162
Barb Bennett, Ames (1994-1997)	223	Jessica Keefe, Ames (2000-2004)	161
Holly Bock, Mason City Newman (2013-2016)	222	Tori Michel, Marquette Catholic (2016-20)	160
Amber Kirschbaum, Spirit Lake (2006-2009)	221	Kara Haugen, Waterloo Columbus (1991-1995)	159
Allie Lamb, English Valleys (2001-2005)	221	Kristin Martindale, Spencer (2010-2014)	158
Kim Trine, Burlington Notre Dame (1994-1998)	221	Lacey Geitzenaur, Sentral (1999-2003)	157
Haley Delperding, Remsen St. Mary's (2014-17)	220	Ireland Hostetler, Mid-Prairie (2014-17)	156
Taryn Knuth, Johnston (2017-20)	217	Samantha Opal, East Mills (2013-16)	156
Addie Oberman, Northeast (2010-14)	216	Kenzie Mantz, Belle Plaine (2016-19)	156
Nicky Wieben, Ankeny (2002-2005)	214	Shari Davis, Denver (1995-1999)	154
Jessica Gerhart, Sentral (1999-2003)	214	Kaitlyn Volesky, Mount Vernon (2014-17)	153

Zoe Young, West Des Moines (2016-19)	152
Jenny DeSmet, HLV (1993-96)	151
Darcy Hirt, Highland (1987-1991)	151
Jennifer Schmann, Newell-Fonda (2001-05)	151
Ali Browning, Iowa City Regina (2005-2010)	150

BLOCKED SHOTS PER GAME

Yearly Leaders

2020 — Taryn Scheuermann, Van Buren	25	143	5.72
2019 — Taryn Scheuermann, Van Buren	23	181	7.87
2018 — Carah Drees, Westwood	22	169	7.68
2017 — Elizabeth Jenkins, Saint Ansgar	22	155	7.05
2016 — Mia Rosener, DM Christian	24	144	6.00
2015 — Gracey Griglione, I-35	24	115	4.79
2014 — Gracey Griglione, I-35	23	140	6.09
2013 — Brooke Morgan, Dike-New Hartford	23	158	6.87
2012 - Kaz Brown, Cedar Falls	23	13-	5.65
2011 — Katelynn Tracy, Moravia	19	120	6.31
2010 - Megan Flemr, Lone Tree	24	141	5.45
2009 — Kiah Stokes, Linn-Mar	25	160	6.40
2008—Rachel Thune, DM Christian	24	167	6.96
2007—Rachel Thune, DM Christian	25	161	6.44
2006—Madelyn Houser, Gilbert	21	109	5.19
2005—Jocelyn Anderson, Prairie Valley	22	108	4.91
2004—Kayla Ashland, Sheldon	23	147	6.39
2003_Jocelyn Anderson, Prairie Valley	21	148	7.05
2002—Gillian Goering, Waterloo West	14	101	7.21
2001—Alysa Klein, Okoboji	18	104	5.78
2000—Lori Trumblee, Starmont	22	146	6.64
1999—Jenny Hemann, Osage	20	149	7.45
1998—Anna Borman, Sentral	17	109	6.41
1997--Julie Gallery, East Buchanan	17	115	6.76
1996--Jennifer Perkins, FD St. Edmond	19	143	7.53
1995--Amy Herrig, Dubuque Senior	22	136	6.18
1994--Julie Wollesen, Lawton-Bronson	18	148	8.22
1993--Christy Holtkamp, Central Lee	22	116	5.27
1992--Dee Dee Madison, Davenport North	17	104	6.12
1991--Tiffany Cox, Sioux City North	20	113	5.65
1990--Jenny Noll, Muscatine	23	150	6.52
1989--Michelle Krough, Benton	19	86	4.53
1988--DeAnn Williams, DM Roosevelt	22	150	6.82
1987--Molly Tideback, Waterloo Columbus	26	108	4.15
1986--Brenda Johnson, Maquoketa	22	99	4.50
1985--Julie Palmer, Cedar Rapids Regis	21	72	3.43

All-Time Leaders

Julie Wolleson, Lawton-Bronson,1994	18	148	8.22
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Jennifer Perkins, FD St. Edmond,1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Julie Gallery, East Buchanan,1996	18	130	7.22
Gillian Goering, Waterloo West, 2001	14	101	7.21
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
Rachel Thune, DM Christian, 2008	24	167	6.96
Brooke Morgan, Dike-New Hartford	23	158	6.87

DeAnnWilliams, DM Roosevelt,1988	22	150	6.82
Julie Gallery, East Buchanan, 1997	17	115	6.76
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Lori Trumblee, Starmont, 2000	22	146	6.64
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Carah Drees, Westwood, 2017	23	171	6.57
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Jenny Noll, Muscatine,1990	23	150	6.52
Rachel Thune, DM Christian, 2007	25	161	6.44
Jessie Van Gilder, SE Webster, 1997	16	103	6.44
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Anna Bormann, Sentral, 1998	17	109	6.41
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Kayla Ashland, Sheldon, 2004	23	147	6.39
Sarah Aeschliman, Davis County, 2002	15	95	6.33
Katelynn Tracy, Moravia, 2011	19	120	6.31
Lisa Reitsma, Western Christian, 1994	20	126	6.30
Deb Freking, LeMars,1990	19	118	6.21

Junior Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Julie Gallery, East Buchanan, 1996	18	130	7.22
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
DeAnn Willams, DM Roosevelt,1988	22	150	6.82

Sophomore Leaders

Jennifer Perkins, FD St. Edmond,1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Brooke Morgan, Dike-New Hartford	23	158	6.87
Lori Trumblee, Starmont, 2000	22	146	6.64

Freshman Leaders

Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Gracey Griglione, I-35, 2014	23	140	6.09
Alysa Klein, Okoboji, 2001	18	104	5.78
Taryn Scheuermann, Van Buren, 2017	23	132	5.74
Katelynn Tracy, Moravis, 2010	19	105	5.52

TOTAL BLOCKED SHOTS

Season Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Mackenzie Morrison, Martensdale-SM, 2011	28	172	6.14
Carah Drees, Westwood, 2018	22	169	7.68
Rachel Thune, DM Christian, 2008	24	167	6.96
Rachel Thune, DM Christian, 2007	25	161	6.44
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.04
Carah Drees, Westwood, 2017	23	151	6.57

Jessica Nikkel, Lynnville-Sully, 1999	29	150	5.17
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Jenny Noll, Muscatine, 1990	23	150	6.52
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Julie Wolleson, Lawton-Bronson, 1994	18	148	8.22
Kayla Ashland, Sheldon, 2004	23	147	6.39
Lori Trumblee, Starmont, 2000	22	146	6.64
Mia Rosener, Des Moines Christian, 2016	24	144	6.00
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Taryn Scheuermann, Van Buren, 2020	25	143	5.72
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2011	25	141	5.64
Jessica Nikkel, Lynnville-Sully, 1998	27	141	5.22
Jessica Nikkel, Lynnville-Sully, 1997	26	141	5.42
Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
ToniaTauke, CB Abraham Lincoln 1995	26	139	5.35

Junior Leaders

Taryn Scheuermann, Van Buren	23	181	7.87
Carah Drees, Westwood, 2018	22	169	6.87
Rachel Thune, DM Christian, 2007	25	161	6.44
Elizabeth Jenkins, Saint Ansgar	22	155	7.05
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43

Sophomore Leaders

Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Carah Drees, Westwood, 2017	23	151	6.57
Jenny Noll, Muscatine, 1990	23	150	6.52

Freshman Leaders

Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Taryn Scheuermann, Westwood, 2017	23	132	5.74
Katelynn Tracy, Moravia, 2010	19	105	5.53
Alysa Klein, Okoboji, 2001	18	104	5.78

CAREER ASSISTS

Elle Ruffridge, Pocahontas Area (2014-17)	802
Jamie Sickles, Wapsie Valley (2002-2006)	793
Mary Berdo, Washington (1992-1996)	745
Mackenzie Rogers, Mediapolis (2014-18)	702
Taylor Hickey, Burlington Notre Dame (2011-2015)	696
Brittany Peterson, Spencer (2006-2009)	683
Ellie Friesen, Osage/Crestwood (2014-18)	681
Linda Lappe, Winfield-Mt. Union (1994-1998)	652
Lindsey Meder, Solon (1994-1998)	625
Jennifer Jorgensen, SE Webster-Grand (2005-08)	621
Gabbie Binion, Davenport Assumption (2004-2008)	599

Chelsey Lamker, MFL-Mar-Mac (2006-2010)	570
Erica Scholtfeldt, Rock Valley (1999-2003)	567
Sara Goodman, West Marshall (1999-2003)	561
Megan Ripperton, Lone Tree (1997-2001)	561
Trista Kolder, Aplington-Parkersburg (1997-2001)	557
Autumn McDanel, Moravia (2013-2016)	552
Lana Otting, Cascade (2004-2008)	552
Shelby Johnson, Akron-Westfield (2004-2008)	540
Renee Maneman, Newell-Fonda (2011-14)	537
Sara Stribe, Carroll (1994-1998)	536
Morgan Flaherty, Pocahontas Area (2000-03)	527
Heather Lauman, Farragut (2001-2003)	523
Shelby Reicks, Turkey Valley (2014-17)	518
Fran Ries, Perry (1994-1998)	516
Carrie Norman, Lynnville-Sully (1995-1999)	515
Andee Martin, Westwood (2016-19)	514
Kylee Hoewood, Iowa City Regina (2005-2010)	511
Amy Lawson, Spencer (2001-2004)	511
Corinna Schropp, New London (1997-2001)	505
Kelsey Homewood, Iowa City Regina (2001-04)	502
Mackenzie Small, Hinton (2007-2010)	501
Stephanie Rich, Washington (1997-2001)	500
Ashley Atwood, Van Buren (2003-2006)	499
Devin Laughlin, East Mills (2010-2014)	498
Caitlin Ingle, Southeast Polk (2011-14)	492
Lexi Ackerman, Central Lyon (2009-2014)	491
Kristin Rasmussen, AGWSR (2003-2007)	490
Maggie Gorman, Denison-Schleswig (1994-1998)	484
Elizabeth Rocca, Lone Tree (1990-93)	486
Molly Turman, Hinton (1998-2002)	483
Jennifer Goetz, Cardinal Stritch (1999-2003)	482
Amy Diedrich, Northeast (1995-1999)	481
Kelley Westhoff, Dubuque Wahlert (1989-1993)	481
Jackie Olson, MOC-Floyd Valley (1992-1996)	479
Crystal Anderson, Forest City (1997-2001)	479
Autumn Feaker, Solon (1990-1994)	473
Nicole Miller, North Linn (2011-2015)	467
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	467
Kelli Nelson, Exira (2001-2004)	464
Annie Heithoff, CB St. Albert (1993-1997)	461
Elizabeth Rocca, Lone Tree (1989-1993)	460
Shayla Dean, Colo-Nesco (2011-2015)	459
Lindsay Smith, Central DeWitt (2008-2011)	455
Kate Walker, Red Oak, (2011-2015)	455
Maddie Jones, South Central Calhoun (2016-19)	453
Grace Flanagan, North Linn (2017-20)	451
Helaina Hillyard, Mediapolis (2017-20)	451
Kristin Shields, Murray (2004-2007)	448
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	448
Shellie Mossman, Carroll (2003-2006)	448
Jenna Frederes, Remsen St. Mary's (2000-2003)	447
Rylee Menster, Springville (2014-18)	447
Emily Wassom, Spencer (2004-2008)	447
Caitlin Daniels, Cedar Rapids Xavier (2016-20)	442
Aubrey Dolan, East Buchanan (1999-2003)	442
Tina Marshall, Keokuk Cardinal Stritch (1986-1990)	442
Heather Eiffler, Garner-Hayfield (2002-2005)	441
Meghan Brue, Underwood (2001-2004)	441
Maya McDermott, Johnston (2017-20)	437
Kerry Juhlin, Cedar Falls (1997-2001)	437
Ali Hansen, WDM Dowling (1995-1999)	439

Kary Dawson, Sibley-Ocheyedan (1993-1997)	439	Konnor Sudmann, Treynor (2016-19)	367
Mikkell Korver, MOC—Floyd Valley (1997-01)	435	Alli Masters, Central Decatur (2016-19)	366
Kylan Loney, Ames (1997-2001)	431	Carly Martin, Springville (2006-2009)	365
Kate Galligan, CR Jefferson (1988-1992)	429	Madison Weekly, Benton (2010-2013)	365
Linda Sayavongchanh, DM Lincoln (1998-2002)	428	Becca Fisher, Benton (2005-2009)	365
Zoe Young, West Des Moines Valley (2016-19)	427	Olivia Donlea, East Buchanan (2017-20)	364
Megan Spurgin, FM Aquinas (1990-1994)	425	Kristen Weber, Earlham (2011-2015)	364
Trisha Nesbitt, Ames (2005-2009)	424	Ashley Hagedorn, IKM-Manning (2007-2010)	364
Kelly Leerar, West Hancock (2014-18)	423	Holly Janssen, Nashua-Plainfield (2002-2005)	363
Jen Steines, Central DeWitt (1994-1998)	423	Brittany Lampe, Highland (2000-04)	362
Paige Greiner, Williamsburg (2010-2014)	423	Morgan Paige, Marion (2005-2010)	362
Renae Roelfs, Mediapolis (1997-2001)	420	Alicia Mahmens, Northeast (1993-1997)	362
Megan Wagaman, Springville (2013-2016)	420	Ally Jensen, Ballard (2006-2009)	362
Jordan Gronewold, Carlisle (2005-2010)	419	Katie Nieuwsma, Pella Christian (2005-2008)	360
Lana Otting Cascade (2004-07)	417	Kayla Waskow, Dunkerton (2004-2008)	360
Kia Rasmussen, IKM-Manning (2014-18)	416	Samantha Harrington, Nashua-Plainfield (2004-2007)	360
Kirstin Nelson, Oelwein (2005-2009)	415	Erin Fox, Denver (1993-1995)	357
Kristie Langbehn, Durant(1985-1989)	413	Lauren Miller, English Valleys (2011-15)	357
Amy Huyser, Lynnville-Sully (1997-2000)	412	Morgan Flaherty, Pocahontas Area (1999-2003)	357
Olivia Olson, Mason City Newman (2007-10)	408	Jamie Dalbey, Ottumwa (1994-1998)	356
Katelyn Stanley, Bishop Heelan (2017-20)	407	Felicity Jackson, CAM (2014-17)	356
Keri Feilen, CB Abraham Lincoln(1992-1996)	406	Mollie Kleopfer, Highland (2005-2010)	356
Heather Laumann, Farragut (1999-2005)	404	Kinzey Dutler, Ridge View (2016-19)	356
Cortney Kettmann, Bellevue Marquette (1997-2001)	404	Madi Agey, West Des Moines Valley (2011-14)	355
Kylan Loney, Ames (1997-2001)	402	Erin Gerke, Newell-Fonda (2014-17)	355
Heidi Hillyard, Mediapolis (2011-2015)	401	Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	355
Molly Pickering, Carlisle (1993-1996)	399	Kiersten Pauling, DM Lincoln (1989-1993)	354
Shelby Graves, Davis County (2010-14)	398	Katie Thompson, Aplington-Parkersburg (2010-2013)	353
Grace Meyer, Pocahontas Area (2014-17)	398	Ely Arganbright, Panorama (2007-2010)	353
Shannan Smith, Waterloo West (1990-1994)	397	Abby Musser, Woodward-Granger (2011-2015)	352
Lindsey Vande Wall, PCM (2006-2009)	396	Ashley Zobel, OA-BCIG (2008-2011)	352
Rachel Culp, Newell-Fonda (2006-09)	394	Alicia Onnen, Manson-NW Webster (2007-2010)	352
Emily Schweer, Denver (2005-2010)	394	Janeen Fell, Garner-Hayfield (1999-2003)	351
Liz Schnurr, FD St. Edmond (1996-2000)	394	Britt Siebels, Anamosa (1989-1993)	351
Chelsey Winterboer, Sioux Central (2003-2006)	392	Chloe Rice, Marion (2014-18)	351
Pamela Masker, Underwood (2001-2005)	391	Anna Conover, Lynnville-Sully (1996-99)	350
Molly Goodenbour, Waterloo West (1985-1989)	388	Emma Veentstra, Des Moines Christian (2016-19)	350
Sara Weirather, Central Lee (1999-2005)	387	Laura Knudtson, Lake Mills (2014-18)	350
Natalie Raub, Union (1999-2002)	385	Tara Van Rees, Lynnville-Sully (2008-2011)	349
Julie Bex, Highland (1991-94)	384	Megan Fetter, West Delaware (1999-2003)	349
Kaisha Brown, Spirit Lake (2004-2008)	383	Morgan Markert, Manson-NW Webster (2007-2010)	349
Erica Huyser, Lynnville-Sully (1993-96)	383	Dana Kester, Jesup (1996-2000)	349
Marina Keck, Kingsley-Pierson	383	Brittany Lingenfelter, Jesup (2017-20)	349
Olivia Larsen, Newell-Fonda (2016-19)	380	Molly Sanders, Ames (2011-2015)	348
Sarah Culp, Newell-Fonda (2004-07)	379	Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	348
Mallory Cunard, Missouri Valley (2006-2009)	378	Janeen Fell, Garner-Hayfield (2000-2003)	347
Angela Bock, Iowa Mennonite (1995-1999)	377	Taylor Smith, Central Decatur (2006-2009)	346
Lauren Christianson, Manson-NW Webster (2007-10)	376	Brittany Lange, Sac City (2002-2005)	346
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	376	Stacy Frese, CR Washington (1991-1995)	346
Brianna Mensen, Maquoketa Valley (2014-2017)	375	Alison Rohdy, Harmony (1991-1995)	346
Abby Emmert, Winterset (2000-2004)	375	Morgan Muhlbauer, IKM-Manning (2011-2015)	344
Autumn Bartel, Cherokee (2001-2005)	373	Amy Young, Preston (1997-2001)	344
Rebecca Lampe, Highlang (2005-08)	373	Melissa Eighmy, Mount Ayr (1994-1998)	344
Carrie Woods, Martensdale-SM (2005-2010)	372	Missy Barrier, Tri-Center (2002-2005)	344
Abby Wedemeier, West Central Maynard (2003-06)	372	Jessica Stanek, Tripoli (1999-2003)	343
Kylie Vogel, Camanche (2010-14)	371	CassPeterson ,Alta (1996-2000)	342
Faith Vincent, Colo-Nesco (2016-19)	370	Jordan Waddell, Guthrie Center (2003-07)	342
Christa Subbert, Stanton (2003-2007)	369	Katie Keitges, Knoxville (2016-20)	341
Jordyn Moser, Harlan (2013-2016)	369	Rachel Handeland, Clear Lake (1995-1999)	341
Erica Junod, Ankeny (1995-1999)	369	Ashley Nally, Bedford (1999-2002)	341
Katie Etter, Sigourney (2004-2008)	368	Kandy Beemer, Bedford (2002-2005)	341

Ashlea Payne, Alta (1998-2002)	341
Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	340
Mackenzie Knox, Madrid (1999-2003)	340
Ashley Salgado, Ottumwa (2008-2012)	339
Kayla Gaskill, IKM (2002-2006)	339
Alex Mohr, Denison-Schleswig (2016-19)	338
Kelsey Johnikin, Sioux City West (2002-2006)	337
Britny Halleland, Roland-Story	337
Sam Norris, Martensdale St. Marys (2006-2011)	337
Becky Strathman, CR Regis & CR Wash (1991-1995)	337
Tember Schechinger, IKM-Manning (2009-2012)	336
Torie Alexander, Eddyville-Blakesburg-Fremont (2014-18)	336
Jennifer Gries, Elk Horn-Kimballton (1995-1999)	336
Maddie Boer, North Linn (2011-2015)	335
Emily Frisk, Ames (2011-2015)	334
Tori Hazard, Janesville (2014-17)	333
Sheri Sutherland, Northeast Hamilton (1994-1997)	331
Amber Nicole Buch, Fairfield (2014-18)	331
Melissa Krueger, Lone Tree (1990-93)	331
Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	331
Kortney Drake, Wilton	331
Juliann Clark, Roland-Story (2016-20)	330
Ashton Moody, Hinton (2008-2011)	330
Dani Thrush, Keokuk (1992-1995)	330
Brittani Kozik, Belle Plaine (1999-2005)	330
Molly Boylan, Exira (2006-2009)	329
Katie Schechinger, IKM/IKM-Manning (2006-2009)	328
Madison Dreckman, LeMars (2016-19)	328
Jessie Clarahan, Sigourney (1994-1997)	327
Lauren Christianson, Manson-NW Webster (2005-2010)	326
Paige O'Neal, Sergeant Bluff-Luton (2007-2011)	325
Erin Sheeley, Postville (1999-2003)	325
Camryn McClintock, Sidney (2016-19)	324
Emily Dolan, East Buchanan (1996-2000)	324
Jensen Archibald, Martensdale-St. Marys (2017-20)	323
Briana Baker-Bruce, Janesville (2016-19)	323
Christy Hebert, CR Jefferson (1989-1993)	321
Amy Freese, North Cedar (1993-1996)	320
Casey McDermott, Newton (2004-07)	317
Lisa Rasmusson, Colo-Nesco (1996-2000)	317
McKaya O'Neil, Shenandoah (2014-17)	317
Rebecca Schroeder, Bellevue (2014-18)	317
Melissa Krueger, Lone Tree (1989-1993)	317
Julie Bex, Highland (1990-1994)	317
Megan Peschong, Okoboji (2013-16)	316
Kim Altman, Bettendorf (1988-1992)	316
Bri Weber, Dike-New Hartford (2012-15)	316
Brooklyn Allgood, Saydel (2011-15)	315
Abby Flanagan, North Linn (2017-20)	314
Emerson Green, Cedar Falls (2017-20)	314
Keisha Cox, Des Moines Lincoln (1990-1994)	313
Sami Stogdill, Central Decatur (2006-2009)	312
Tracy Paustian, Davenport West (1997-2001)	311
Ellie Foster, Dike-New Hartford (2017-20)	311
Alexa Wehrle, Louisa-Muscatine (2016-19)	310
Chelsey Lampe, Highland (2011-2015)	310
Marla Metzger, Valley Community (2006-2009)	309
Taylor Schafbuch, Belle Plaine (2005-2010)	308
Katie Lorber, New London (2002-2005)	308
Traci Ollendieck, Crestwood (1999-2003)	308
Tess Myer, Mount Ayr (2004-2009)	308

Angie Lloyd, North Mahaska (2001-04)	307
Bailey Stroud, Columbus Community (2014-17)	307
Jessie Biggs, Ottumwa (1999-2003)	307
Shelly Sheetz, Cedar Rapids Kennedy (1987-1991)	306
Traci Ollendieck, Crestwood (1999-2003)	306
Ashley Sieverding, Bellevue Marquette (2001-05)	305
Tracy Paustian, Davenport West (1997-2001)	305
Faith Meyer, Pocahontas Area (2014-17)	304
Hannah Erickson, Central Elkader (2017-20)	304
Taylor Wagner, Harlan (2011-2015)	303
Megan Weirather, Central Lee (2003-2006)	303
Shawna Boles, Murray (1997-2001)	303
Kari Knopf, WDM Dowling (1989-1993)	303
Megan Meyer, Mason City (2016-19)	302
Jill Lacey, Hinton	302
Paul Pugh, Columbus (1996-1999)	302
Brianne Fink, West Central (1993-1996)	302
Leslie Budak, Norway & Benton (1988-1992)	302
Paige Danner, AHST (2010-2014)	302
Aubrie Fisher, AGWSR (2016-19)	301
Cass Peterson, Alta (1994-1998)	300
Savannah Domeyer, Clayton Rlge (2014-17)	301
Jessica VanderKooi, Hinton	301
Kayla Lincoln, West Central Maynard (2003-2007)	301
Jamie Hoover, Twin River Valley (1999-2003)	300

ASSISTS PER GAME

Yearly Leaders

2020 — Kailyn Stumbo, Okoboji	24	188	7.83
2019 — Helaina Hillyard, Mediapolis	23	172	7.48
2018 — Ellie Friesen, Crestwood	26	245	9.42
2017 — Agatha Beier, Carlisle	23	197	8.61
2016 — Elle Ruffridge, Pocahontas Area	27	230	8.51
2015 — Mackenzie Rogers, Mediapolis	26	200	7.69
2014 — Jaci Stumpf, FD St. Edmond	23	200	8.70
2013 - Lexi Ackerman, Central Lyon	28	232	8.29
2012 — Amanda Busta, Forest City	22	159	7.22
2011 — Ashley Smith, Iowa Falls-Alden	23	164	7.13
2010 — Kylee Homewood, IC Regina	23	190	8.26
2009—Brittany Peterson, Spencer, 2009	25	209	8.36
2008—Jennifer Jorgensen, SE Webster	26	230	8.84
2007—Brittany Peterson, Spencer	22	186	8.45
2006—Gabbie Binion, Dav. Assumption	26	190	7.30
2005—Jamie Sickles, Wapsie Valley	22	198	9.00
2004--Jamie Sickles, Wapsie Valley	23	233	10.13
2003--Jamie Sickles, Wapsie Valley	24	194	8.08
2002--Heather Laumann, Farragut	21	181	8.62
2001--Jill Smith, Aurelia	21	171	8.14
2000--Laura Freitag, Central Lee	25	197	7.88
1999--Lindsey Stoll, Bondurant-Farrar	24	196	8.17
1998--Anny Burdorf, Emmetsburg	15	141	9.40
1997--Lisa Cowling, Clarke	23	204	8.87
1996--Lisa Cowling, Clarke	19	152	8.00
1995--Erin Fox, Denver	24	217	9.04
1994--Mary Berdo, Washington	24	240	10.00
1993--Mary Berdo, Washington	21	191	9.10
1992--Kelley Westhoff, Dubuque Wahlert	22	194	8.82
1991 --Rose Frieberger, Iowa Deaf	16	114	7.13
1990--Tina Marshall, Cardinal Stritch	20	210	10.50

1989--Tina Marshall, Cardinal Stritch	22	174	7.91
1988--Kristie Langbehn, Durant	21	154	7.33
1987--Sara Liebscher, Dav. Assumption	14	88	6.29
1986--Jeannie Caroway, Maquoketa	23	165	7.17
1985--Linda Hillebrand, Davenport West	20	90	4.50

All-Time Leaders

Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Ellie Friesen, Crestwood, 2018	26	245	9.42
Anny Burdorf, Emmetsburg, 1998	15	141	9.40
Mary Berdo, Washington, 1993	21	191	9.10
Erin Fox, Denver, 1995	24	217	9.04
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Lisa Cowling, Clarke, 1997	23	204	8.87
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Britt Siebels, Anamosa, 1993	16	140	8.75
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Agatha Baier, Carlisle, 2017	23	197	8.61
Elle Ruffridge, Pocahontas, 2016	27	230	8.51
Brittany Peterson, Spencer, 2007	22	186	8.45
Brittany Peterson, Spencer, 2009	25	209	8.36
Jill Smith, Aurelia, 2002	22	184	8.36
Lexi Ackerman, Central Lyon	28	232	8.29
Kylee Homewood, IC Regina, 2010	23	190	8.26
Lindsay Courtney, Creston, 1997	19	157	8.26
Brittany Lampe, Highland, 2004	25	205	8.20
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Jill Smith, Aurelia, 2001	21	171	8.14
Maggie Gorman, Denison-Schleswig, 1997	22	178	8.09
Zoey Artist, CAM, 1977	23	186	8.09

Junior Leaders

Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Kelly Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51

Sophomore Leaders

Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Mackenzie Rogers, Mediapolis, 2016	22	174	7.91
Jodie Biestedt, Sentral, 1999	22	170	7.73
Brittany Heines, Postville, 2004	15	115	7.67

Freshman Leaders

Mary Berdo, Washington, 1993	21	191	9.10
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
TiffanyWimberly, Melcher-Dallas, 1996	19	135	7.11
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80

TOTAL ASSISTS

Season Leaders

Ellie Friesen, Crestwood, 2018	26	245	9.42
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Lexi Ackerman, Central Lyon, 2013	28	232	8.29
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Erin Fox, Denver, 1995	24	217	9.04
Laura Freitag, Central Lee, 2000	28	212	7.57
Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Brittany Peterson, Spencer, 2009	25	209	8.36
Gabbie Binion, Davenport Assumption, 08	27	209	7.74
Linda Lappe, Winfield-Mt. Union, 1998	28	208	7.43
Brittany Lampe, Highland, 2004	15	205	8.20
Lisa Cowling, Clarke, 1997	23	204	8.87
Elle Ruffridge, Pocahontas Area, 2017	28	203	7.25
Mackenzie Neely, Roland-Story, 2009	26	202	7.76
Jaci Stumpf, Fort Dodge St. Edmond, 2014	23	200	8.70
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Elle Ruffridge, Pocahontas Area, 2015	27	199	7.37
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Agatha Baier, Carlisle, 2017	23	197	8.57
Zoey Artist, CAM, 1997	23	197	8.09
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.84
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Taylor Hickey, Burlington Notre Dame, 203126	194		7.46

Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jaci Stumpf, Fort Dodge St. Edmond, 2014	23	200	8.70
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82

Sophomore Leaders

Mary Berdo, Washington, 1994	24	240	10.00
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Elle Ruffridge, Burlington ND, 2015	27	199	7.37
Taylor Hickey, Burlington ND, 2013	26	194	7.46
Sara Goodman, West Marshall, 2001	25	188	7.52

Freshman Leaders

Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mary Berdo, Washington, 1993	21	191	9.10
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80
Taylor Hickey, Burlington ND, 2012	24	156	6.50