



# Iowa Girls' High School Athletic Union

5000 Westown Parkway \* Suite 150 \* West Des Moines, Iowa 50266

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[www.ighsau.org](http://www.ighsau.org)



## 2023 IGHS AU Regional Wrestling Assignments

Friday, January 27 | 11:00 AM

### Tyson Events Center Sioux City

#### Region 1

AHSTW  
Boydén-Hull/ Rock Valley  
C-L / GLR  
Clarinda  
Council Bluffs Coop  
Denison-Schleswig  
Eagle Grove  
Fort Dodge  
Glenwood  
Humbolt  
Lewis Central  
Logan-Magnolia  
Manson NW Webster  
Okoboji / HMS  
Pocahantas Area  
Sergeant Bluff- Luton  
Sheldon / South O'Brien  
Sioux Center  
Sioux City West  
SWAT  
Treyner  
Underwood

#### Region 2

Audubon  
Carroll  
East Sac County  
Emmetsburg  
GTRA  
Kuemper Catholic  
Le Mars  
Missouri Valley  
MOC-Floyd Valley  
Red Oak  
Ridge View  
Riverside  
Shenandoah  
Sioux Central  
Sioux City East  
Sioux City North  
South Central Calhoun  
Southwest Iowa  
Spencer  
Spirit Lake Park  
West Lyon  
Western Christain  
Western Iowa

### Iowa Events Center Des Moines

#### Region 3

Albia  
Ankeny  
Ballard  
BGM, Brooklyn  
Cedar Falls  
Centerville  
Clarke / Murray  
Creston  
Dallas Center-Grimes  
Des Moines Public Schools  
Indianola  
Interstate 35  
Marshalltown  
Moravia  
Newton  
North Mahaska  
North Tama  
Norwalk  
Oskaloosa  
Ottumwa  
Pleasantville  
SE Warren/Melcher-Dallas  
Southern Tier  
West Marshall  
Williamsburg

#### Region 4

Ames  
Baxter  
Boone  
Cardinal Community  
Carlisle  
Chariton  
Colfax-Mingo  
E-B-F  
Earlham  
Fairfield  
Gilbert  
Grinnell  
Johnston  
Martensdale-St Marys  
Nevada  
Ogden  
Panorama  
Pella  
Perry  
Raccoon River-Northwest  
Saydel  
South Tama County  
Southeast Polk  
Urbandale  
WDM Valley

**Alliant Energy PowerHouse**  
Cedar Rapids

**Region 5**

Belle Plaine  
Benton  
Bettendorf  
Camanche  
Cedar Rapids Jefferson  
Cedar Rapids Kennedy  
Davenport  
Davenport Assumption  
Durant  
Fort Madison  
Highland, Riverside  
Independence  
Iowa City, City High  
Linn-Mar  
Maquoketa  
Mid-Prairie  
Midland  
Mount Pleasant  
Mount Vernon  
North Scott  
Tipton  
WACO  
Wapello  
Washington  
West Liberty

**Region 6**

Cedar Rapids Washington  
Central City  
Central DeWitt  
Clear Creek-Amara  
Clinton  
Columbus / WMU  
East Buchanan  
English Valleys-Tri County  
Iowa City, Liberty  
Iowa City, West  
Iowa Valley  
Keokuk  
Louisa-Muscatine  
Marion  
Muscatine  
Notre Dame, Burlington  
Pekin  
Pleasant Valley  
Prairie, Cedar Rapids  
Regina, Iowa City  
Solon  
Vinton-Shellsburg  
Waverly-Shell Rock  
West Branch  
Wilton

**Luther College**  
Decorah

**Region 7**

Anamosa  
AP-GC  
Bellevue  
Cascade  
Decorah  
Denver  
Mason City  
MFL MarMac  
Nashua-Plainfield  
North Butler-Clarksville  
North Cent Trailblazers  
North Fayette Valley  
Oelwein  
Tripoli  
Union, LaPorte City  
Waterloo East  
Waterloo West  
West Delaware  
West Fork  
Western Dubuque

**Region 8**

AGWSR  
Alburnett  
Algona  
BCLUW-SH  
Center Point-Urbana  
Central Comm, Elkader  
Charles City  
Clear Lake  
Crestwood  
Dubuque Hempstead  
Dubuque Senior  
Iowa Falls-Alden  
NH/TV  
Osage  
Postville  
South Winneshiek  
Starmont  
Sumner-Fredericksburg  
Wahlert, Dubuque  
Waukon