



Iowa Girls' High School Athletic Union

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Volleyball Memo #2 September 6, 2022

Coaches Online Rules Meeting – The deadline to take the Volleyball Coaches' Rules Meeting is September 12th. ALL head varsity coaches must view the Rules Meeting. **Failure to view the Rules Meeting by the deadline may result in that head coach not being allowed to coach their team during the 2022 post-season tournament series.** If you are uncertain about your rules meeting status, email me at ben@ighsau.org.

Site Availability – To be considered for hosting regional tournament matches, athletic directors need to apply via the Site Availability form on Bound. **All schools are eligible to apply to host and must do so by September 9th.**

Season Stats on Bound: Statistic updates are due on Bound every Tuesday at 4:30 PM for all matches played through Saturday of the previous week. Please doublecheck your Bound rosters to ensure that they include players' name, grade, and height.

Officials: All varsity matches are required to have two (2) certified officials. Coaches are not permitted to serve as the R2.

Team Bench Rule: Only uniformed players are permitted to stand at the end of the bench area. Managers, injured players (non-uniformed), etc. must be seated on the bench. Standing players should be at the END of the bench area, not standing in front of chairs. If a bleacher bench is your team bench and players are standing, that area becomes non-playable.

Lineup Sheets: A reminder that only the new lineup sheets should be used for matches. Please do not use the old ones. The new ones are available in the volleyball section under the Coaches and Administrators tab. They can also be found [HERE](#). When filling out your line-up sheets, DO NOT simply put "Serving Team" and "Receiving Team" on set 1 and 2. You are permitted to fill out all 5 sets before the match, but should be checking and verifying it is still correct prior to each set.

Uniform Clarifications:

1. The libero uniform must **clearly** contrast from the predominant color of the team uniform.
2. Multiple styles of uniform bottoms are permitted (spandex, tights/leggings, etc.), but must be the same color.
3. Beginning July 1, 2023, the body of the uniform number must clearly contrast from the body of the uniform top, regardless of trim. [Ex: A white uniform top with a white number outlined in black would be illegal.]

Date / Match Limit Clarifications (High School):

1. Players are permitted 14 playing dates for each level of competition.
2. Players are permitted a maximum of 6 matches per day.
3. There is no set limit per date.

Pre-Game Warm-Up: During the opponent's 6:00 of net time, teams are permitted to do ball-handling/pepper beyond the end line.

Regional Assignments: Regional assignments will be released the week of October 3rd. Assignments will be posted on our website and published on Twitter.

State Volleyball Hotels: A list of Coralville area hotels will be published on our website later this week under the volleyball section on the Coaches and Admin tab.

Wishing you all the best on the remainder of your seasons!

Ben Van Wyk | IGHS AU Assistant Director | Volleyball Administrator