
1996 STATE SWIMMING AND DIVING RESULTS

TEAM SCORING

1. Cedar Falls	381
2. Dubuque Senior	193
3. Dubuque Wahlert	164
4. Cedar Falls NU High	163
5. West Des Moines Valley	151
6. Cedar Rapids Washington	136
7. Bettendorf	107
8. Linn-Mar	93
9. Cedar Rapids Jefferson	92
9. Marshalltown	92
11. Ottumwa	89
12. Ames	77
13. Sioux City East	63
14. Dubuque Hempstead	58
15. Pleasant Valley	55
16. Mason City	51
17. Iowa City West	36
18. West Des Moines Dowling	33
19. Cedar Rapids Kennedy	31
20. Indianola	27
21. Cedar Rapids Prairie	26
22. Davenport North	25
23. Perry	22
24. Burlington	21
25. Davenport West	17
25. Williamsburg	17
27. Des Moines Roosevelt	14
28. Iowa City High	13
29. Charles City	12
29. Grinnell	12
31. Ankeny	11
32. Carroll	10
32. Urbandale	10
34. Storm Lake	9
35. Clinton	7
36. Southeast Polk	4
37. Lewis Central	3
CB Abraham Lincoln	0

Des Moines Hoover	0
Des Moines Lincoln	0
Fort Dodge	0
Muscatine	0
Newton	0
Tipton	0
Waterloo East	0

DIVING

1	Kara Hajek, Cedar Rapids Kennedy	SR	428.80
2	Hillarie Welsch, Dubuque Wahlert	SR	382.05
3	Ashley Duwe, Dubuque Hempstead	SO	375.35
4	Darcee Newt, Dubuque Senior	SO	369.25
5	Jennifer Maupin, West Des Moines Valley	SR	351.30
6	Katie Divelbess, Iowa City High	SR	348.80
7	Darla Kaisand, Grinnell	JR	346.10
8	Allison Wagoner, Marshalltown	SR	345.90
9	Sara Wiezoreck, Dubuque Wahlert	SO	345.00
10	Alanna Killian, Dubuque Wahlert	FR	342.20
11	Lori Matthys, Davenport West	SO	335.25
12	Beth Wadsworth, Cedar Rapids Kennedy	SR	333.90
13	Alisha Capps, Southeast Polk	SR	333.45
14	Stephanie Barge, Mason City	SR	327.45
15	Molly Klipfel, West Des Moines Valley	SR	322.65
16	Shannon Ohmart, West Des Moines Valley	SR	320.00
17	Allison Welbes, Dubuque Hempstead	SO	231.25
18	Jennifer Bier, Mason City	SR	230.35
19	Andrea Fusaro, Iowa City West	SO	229.25
20	Lindsay Parks, Council Bluffs Abraham Lincoln	FR	222.25
21	Jenny Mershon, Cedar Falls	SO	132.60
22	Heather Lorentson, Fort Dodge	SO	130.10
23	Val Eklov, Des Moines Lincoln	SR	111.60
999	Jamie Sharp, Ames	JR	DNC

200-YARD MEDLEY RELAY

1	CEDAR FALLS	1:50.08 (C)*
	Abbie Peterson, Randi Peterson	
	Jessica Martin, Katie Galligan	
2	CEDAR FALLS NU HIGH	1:51.68 (C)
	Bonnie Pedersen, Brooke Rogge	
	Stacey Wertz, Sara Cordes	

3	DUBUQUE SENIOR Meghan Hesselning, Dana Wallis Molly Gavin, Erin Strub	1:52.31 (C)
4	CEDAR RAPIDS WASHINGTON Brooke Croshier, Sarah Dougall Afor Nji, Joanna Aiels	1:54.53 (C)
5	OTTUMWA Laurie Bratten, Kate Ferguson Sarah Harned, Lana Conner	1:54.63 (C)
6	WEST DES MOINES VALLEY Andrea Newton, Mandy Schulte Calley Voorhees, Kristin Hogan	1:54.77 (C)
7	BETTENDORF Jessica Brenner, Karly Klein Kerry Fear, Melissa Fisher	1:55.30 (C)
8	DUBUQUE HEMPSTEAD Sarah Miller, Jill Sutter Kelsey Collins, Stacy Hoffman	1:56.16
9	SIOUX CITY EAST Sarah Ullrich, Lacey Sheneman Stefanie Miller, Keely O'Harrow	1:56.77
10	LINN-MAR Heidi Landherr, Mary Beth Russell Angela Bossard, Andrea Bossard	1:56.93
11	DUBUQUE WAHLERT Jenny Vogt, Kelly Sheehan Lauren Schrup, Kristen Murray	1:57.04
12	AMES Mandy Noll, Nicole Shaul Brooke Winton, Angie Lankford	1:57.10
13	MASON CITY Elizabeth Morris, Katie Miller Sarah Larson, Emily Afdahl	1:57.32
14	CARROLL Wendy Smith, Bridget Brenny Amelia Anders, Sara Becker	1:57.45
15	IOWA CITY WEST Sara Rasley, Allison Lyle Tara Hanson, Abbie Theobald	1:58.27
16	WILLIAMSBURG Angela Westcott, Erika Uthoff Carrie Ackerman, Greta Ackerman	1:58.56
17	WEST DES MOINES DOWLING Emily Sanders, Selina Heilskov Bridget Lubavs, Alison Blyth	1:58.99
18	BURLINGTON Sarah Ritson, Reagan King Karin Demijan, Katie Ritson	1:59.34

19	CHARLES CITY Trisha Dunkel, Noelle Noah Heather Loge, Kari Redenius	1:59.39
20	CEDAR RAPIDS KENNEDY Beth Lemme, Staci Schmidt Amber Mahrer, Amanda Wuest	1:59.74
21	DES MOINES ROOSEVELT Carla Holtze, Maggie Clark Sara Kalhorn, Catherine Lozier	1:59.83
22	CLINTON Michelle Laczynski, Jennifer White Michelle Larson, Brandi Cassaday	2:00.71
999	MARSHALLTOWN Melissa Schrader, Nicole Chizek Liz Tyler, Sam Gervich	DQ-1:57.34
999	ANKENY Amanda Gibbons, Sarah Van Oort Rachel Roth, Shelley McQuinn	DQ-1:58.25

200-YARD FREESTYLE

1	Stacey Wertz, Cedar Falls NU High	SR	1:51.81 (C)*
2	Hillary Mason, Cedar Falls	JR	1:55.62 (C)
3	Becky Lyons, Cedar Falls	FR	1:57.43
4	Traci Koch, Cedar Rapids Jefferson	SR	1:58.12
5	Jessica Martin, Cedar Falls	SR	1:59.87
6	Bridget Lubavs, West Des Moines Dowling	SR	2:00.44
7	Jenny Vogt, Dubuque Wahlert	SR	2:00.56
8	Nicole Rubin, Davenport North	JR	2:01.11
9	Megan Muller, Cedar Rapids Washington	SO	2:01.81
10	Michelle Stoffel, Dubuque Wahlert	SO	2:02.12
11	Diana Kuykendall, Pleasant Valley	SR	2:02.23
12	Kari Redenius, Charles City	JR	2:02.33
13	Christine Van Meter, Ames	SO	2:02.40
14	Victoria Ortega, Davenport West	SR	2:02.79
15	Shannon Pullen, Ottumwa	SR	2:02.95
16	Jenny Murray, Dubuque Wahlert	FR	2:03.04
17	Melissa Matz, Dubuque Senior	JR	2:03.53
18	Diana Kersbergen, Marshalltown	SO	2:04.28
19	Sara Sager, West Des Moines Dowling	JR	2:04.87
20	Megan Stephenson, Ames	SR	2:05.24
21	Jenny Elliott, Bettendorf	FR	2:05.85
22	Adrienne Clark, West Des Moines Valley	JR	2:07.39
23	Erica Sharp, Pleasant Valley	SR	2:08.03
24	Megan McDermott, Mason City	FR	2:11.38

200-YARD INDIVIDUAL MEDLEY

1	Sarah Dougall, Cedar Rapids Washington	SR	2:06.13 (C)
2	Heidi Landherr, Linn-Mar	SO	2:07.73 (C)
3	Katie Galligan, Cedar Falls	JR	2:12.76
4	Alex Cook, Cedar Falls	FR	2:13.70
5	Sanami Fottral, Cedar Rapids Prairie	JR	2:14.36
6	Andrea Newton, West Des Moines Valley	SR	2:14.97
7	Shannon Dowd, Cedar Falls	JR	2:15.12
8	Laurie Bratten, Ottumwa	FR	2:15.51
9	Meghan Hesselning, Dubuque Senior	SO	2:15.65
10	Sarah Miller, Dubuque Hempstead	JR	2:15.82
11	Lacey Sheneman, Sioux City East	SR	2:16.39
12	Karly Klein, Bettendorf	SO	2:18.66
13	Jessica Brenner, Bettendorf	SO	2:19.97
14	Alison Blyth, West Des Moines Dowling	FR	2:20.60
15	Brooke Ralston, Cedar Rapids Jefferson	FR	2:20.68
16	Erika Uthoff, Williamsburg	FR	2:20.74
17	Jamie Gallagher, West Des Moines Valley	JR	2:20.95
18	K.C. Grafft, Cedar Rapids Washington	JR	2:21.08
19	Elizabeth Morris, Mason City	SO	2:21.21
20	Leah Leddin, Davenport North	FR	2:21.45
21	Michelle Larson, Clinton	FR	2:21.64
22	Katie Miller, Mason City	SR	2:26.00
23	Staci Schmidt, Cedar Rapids Kennedy	JR	2:26.84
999	Heather Loge, Charles City	SO	DQ-FS

50-YARD FREESTYLE

1	Randi Peterson, Cedar Falls	SR	24.41 (C)
2	Erin Strub, Dubuque Senior	SO	24.68 (C)
3	Whitney Sondall, Marshalltown	FR	24.74 (C)
4	Abbie Peterson, Cedar Falls	SO	24.84 (C)
5	Mary Beth Russell, Linn-Mar	SO	24.88 (C)
6	Melissa Fisher, Bettendorf	SR	24.96 (C)
7	Allison Lyle, Iowa City West	JR	25.00 (C)
8	Sarah Burbach, Dubuque Wahlert	SO	25.06
9	Emily Afdahl, Mason City	SO	25.21
10	Amanda Modlin, Indianola	SR	25.27
11	Justine Archer, Sioux City East	SO	25.65

12	Laura Marz, Cedar Rapids Jefferson	SR	25.71
13	Maria Kerr, Urbandale	FR	25.78
14	Katie Knott, Lewis Central	SR	25.87
15	Sara Becker, Carroll	FR	25.89
16	Molly Gavin, Dubuque Senior	SR	26.10
17	Melanie Brewer, Davenport West	SO	26.12
18	Rachel Broek, Urbandale	JR	26.14
19	Emily Joseph, Bettendorf	JR	26.18
20	Joanna Aiels, Cedar Rapids Washington	JR	26.19
20	Sam Gervich, Marshalltown	JR	26.19
22	Kristen Murray, Dubuque Wahlert	JR	26.27
22	Bonnie Pedersen, Cedar Falls NU High	JR	26.27
24	Keely O'Harrow, Sioux City East	JR	26.50

100-YARD BUTTERFLY

1	Heidi Landherr, Linn-Mar	SO	:58.27	(C)
2	Amber McDowell, Pleasant Valley	JR	:59.48	(C)
3	Calley Voorhees, West Des Moines Valley	JR	:59.96	
4	Nicole Shaul, Ames	SR	1:00.26	
5	Shannon Dowd, Cedar Falls	JR	1:01.28	
6	Janae Weiser, Perry	FR	1:01.33	
7	Molly Gavin, Dubuque Senior	SR	1:01.97	
8	Jessica Martin, Cedar Falls	SR	1:02.30	
9	Kerry Fear, Bettendorf	SO	1:02.65	
10	Erin Coen, Cedar Falls	SO	1:02.69	
11	Lauren Schrup, Dubuque Wahlert	JR	1:02.81	
12	Kristin Hogan, West Des Moines Valley	SO	1:02.85	
13	Brooke Winton, Ames	JR	1:02.91	
14	Kelsey Collins, Dubuque Hempstead	SO	1:03.66	
15	Kristin Walz, Dubuque Senior	FR	1:03.82	
16	Amelia Anders, Carroll	JR	1:04.45	
17	Sam Gervich, Marshalltown	JR	1:05.07	
18	Lindsey Raabe, Cedar Rapids Jefferson	JR	1:05.10	
19	Angela Bossard, Linn-Mar	JR	1:05.17	
20	Amelia Wuest, Cedar Rapids Kennedy	SO	1:05.48	
21	Liz Tyler, Marshalltown	JR	1:05.66	
22	Cassie Sampson, Bettendorf	JR	1:06.40	
23	Keely O'Harrow, Sioux City East	JR	1:06.76	
24	Alison Blyth, West Des Moines Dowling	FR	1:06.98	

100-YARD FREESTYLE

1	Stacey Wertz, Cedar Falls NU High	SR	51.56	(A)(C)*
2	Katie Galligan, Cedar Falls	JR	51.85	(C)*
3	Mary Beth Russell, Linn-Mar	SO	53.61	(C)
4	Erin Strub, Dubuque Senior	SO	54.01	(C)
5	Traci Koch, Cedar Rapids Jefferson	SR	54.07	(C)
6	Randi Peterson, Cedar Falls	SR	54.46	
7	Alex Cook, Cedar Falls	FR	54.54	
8	Melissa Fisher, Bettendorf	SR	54.70	
9	Sarah Burbach, Dubuque Wahlert	SO	54.80	
10	Kari Redenius, Charles City	JR	55.14	
11	Amanda Modlin, Indianola	SR	55.22	
12	Reagan King, Burlington	SO	55.54	
13	Maria Kerr, Urbandale	FR	55.86	
14	Afor Nji, Cedar Rapids Washington	FR	56.09	
15	Nikki Gibson, Sioux City East	SO	56.22	
16	Justine Archer, Sioux City East	SO	56.48	
17	Sara Becker, Carroll	FR	56.56	
18	Kristen Murray, Dubuque Wahlert	JR	56.73	
19	Katie Knott, Lewis Central	SR	56.74	
20	Melanie Brewer, Davenport West	SO	57.36	
21	Emily Joseph, Bettendorf	JR	57.48	
22	Megan Stephenson, Ames	SR	57.80	
23	Sara Sager, West Des Moines Dowling	JR	57.83	
24	Margo Levine, Ames	JR	58.61	

500-YARD FREESTYLE

1	Hillary Mason, Cedar Falls	JR	5:03.59	(C)
2	Calley Voorhees, West Des Moines Valley	JR	5:13.67	
3	Amber McDowell, Pleasant Valley	JR	5:13.77	
4	Becky Lyons, Cedar Falls	FR	5:18.29	
5	Nicole Rubin, Davenport North	JR	5:19.26	
6	Lacey Sheneman, Sioux City East	SR	5:20.53	
7	Megan Muller, Cedar Rapids Washington	SO	5:20.70	
8	Bridget Lubavs, West Des Moines Dowling	SR	5:22.34	
9	Christine Van Meter, Ames	SO	5:25.19	
10	Shannon Pullen, Ottumwa	SR	5:25.86	
11	Kristin Walz, Dubuque Senior	FR	5:27.08	
12	Melissa Matz, Dubuque Senior	JR	5:28.75	
13	Kerry Fear, Bettendorf	SO	5:28.85	
14	Diana Kuykendall, Pleasant Valley	SR	5:30.03	
15	Brooke Ralston, Cedar Rapids Jefferson	FR	5:31.53	
16	Kim Graper, Cedar Falls	SR	5:32.20	
17	Jenny Elliott, Bettendorf	FR	5:34.40	

18	Victoria Ortega, Davenport West	SR	5:34.68
19	Jenny Murray, Dubuque Wahlert	FR	5:36.65
20	Adrienne Clark, West Des Moines Valley	JR	5:37.76
21	Sarah Stadie, Cedar Rapids Jefferson	SO	5:38.62
22	Kelsey McCarville, Ankeny	FR	5:41.19
23	Shauna Gray, Cedar Rapids Washington	SO	5:41.51
24	Erin Schwendinger, Ankeny	FR	5:44.13

200-YARD FREESTYLE RELAY

1	CEDAR FALLS Randi Peterson, Abbie Peterson Katie Galligan, Alex Cook	1:37.55 (A)(C)*
2	MARSHALLTOWN Whitney Sondall, Melissa Schrader Diana Kersbergen, Sam Gervich	1:41.17 (C)
3	DUBUQUE WAHLERT Sarah Burbach, Michelle Stoffel Jenny Murray, Kristen Murray	1:41.55 (C)
4	DUBUQUE SENIOR Kate Tabor, Erin Strub Melissa Matz, Molly Gavin	1:42.32 (C)
5	CEDAR RAPIDS JEFFERSON Lindsey Raabe, Tristen Towe Traci Koch, Laura Marz	1:42.97 (C)
6	CEDAR FALLS NU HIGH Sara Cordes, Amy Bowlin Bonnie Pedersen, Brooke Rogge	1:43.25 (C)
7	MASON CITY Elizabeth Morris, Emily Afdahl Laurel Gladish, Jennifer Oppold	1:43.83 (C)
8	OTTUMWA Laurie Bratten, Sarah Harned Lana Conner, Shannon Pullen	1:44.30 (C)
9	AMES Megan Stephenson, Christine Van Meter Margo Levine, Nicole Shaul	1:44.39 (C)
10	INDIANOLA Julie Fridlington, Emily Fridlington Katie Fisher, Amanda Modlin	1:44.50 (C)
11	CEDAR RAPIDS WASHINGTON Joanna Aiels, Akwi Nji Brooke Croshier, Afor Nji	1:44.84 (C)
12	WEST DES MOINES VALLEY Jessica Zaroski, Cassie Kloberdanz	1:45.13 (C)

13	Jamie Gallagher, Kristin Hogan DES MOINES ROOSEVELT	1:45.25 (C)
14	Carla Holtze, Maggie Clark Sara Kalhorn, Catherine Lozier ANKENY	1:45.86
15	Shelley McQuinn, Sarah Van Oort Alissa Tollakson, Rachel Roth BETTENDORF	1:46.17
16	Emily Joseph, Marcie Thomason Jenny Elliott, Kerry Fear URBANDALE	1:46.53
17	Rachel Broek, Lanie Smith Lisa Stradley, Maria Kerr CARROLL	1:46.94
17	Megan Davis, Bridget Brenny Amelia Anders, Sara Becker NEWTON	1:46.94
19	Nicole Brooks, Anna Poulter Abby Townsend, Megan Parker DAVENPORT WEST	1:46.95
20	Melanie Brewer, Nicole Duvall Carmen Steward, Victoria Ortega CLINTON	1:47.28
21	Jennifer White, Stacey Hartwig Brandi Cassaday, Michelle Larson DES MOINES HOOVER	1:47.39
22	Sherry Van_Zee, Tara Taylor Amy Petersen, Katie Bierma DUBUQUE HEMPSTEAD	1:47.53
23	Sarah Miller, Tiffany Latham Stacy Hoffman, Connie Wysocki WEST DES MOINES DOWLING	1:47.70
999	Sara Sager, Emily Sanders Sara Sager, Morgan Day CHARLES CITY	DQ-1:43.35
	Heather Loge, Noelle Noah Mandy Jones, Kari Redenius	

100-YARD BACKSTROKE

1	Sarah Dougall, Cedar Rapids Washington	SR	:58.34 (C)
2	Laurie Bratten, Ottumwa	FR	:59.94 (C)
3	Sara Cordes, Cedar Falls NU High	SO	1:00.33
4	Abbie Peterson, Cedar Falls	SO	1:00.78
5	Andrea Newton, West Des Moines Valley	SR	1:00.90

6	Whitney Sondall, Marshalltown	FR	1:01.65
7	Meghan Hesselning, Dubuque Senior	SO	1:01.70
8	Jenna Courts, Cedar Falls	SR	1:01.86
9	Janae Weiser, Perry	FR	1:01.94
10	Jenny Vogt, Dubuque Wahlert	SR	1:02.21
11	Elizabeth Morris, Mason City	SO	1:02.78
12	Jessica Brenner, Bettendorf	SO	1:03.05
13	Sarah Miller, Dubuque Hempstead	JR	1:03.58
14	Sarah Ullrich, Sioux City East	SR	1:03.95
15	Carla Holtze, Des Moines Roosevelt	JR	1:04.23
16	Emily Afdahl, Mason City	SO	1:04.24
17	K.C. Grafft, Cedar Rapids Washington	JR	1:04.27
18	Karin Demijan, Burlington	JR	1:04.43
19	Leah Leddin, Davenport North	FR	1:04.65
20	Bonnie Pedersen, Cedar Falls NU High	JR	1:04.69
21	Julie Schubich, Muscatine	SO	1:04.91
22	Brooke Croshier, Cedar Rapids Washington	JR	1:05.80
23	Stephanie Haasis, Waterloo East	SO	1:06.41
24	Melissa Schrader, Marshalltown	JR	1:08.90

100-YARD BREASTSTROKE

1	Allison Lyle, Iowa City West	JR	1:06.95 (C)
2	Nicole Shaull, Ames	SR	1:07.28 (C)
3	Reagan King, Burlington	SO	1:08.46 (C)
4	Brooke Rogge, Cedar Falls NU High	SO	1:09.07
5	Erika Uthoff, Williamsburg	FR	1:09.14
6	Dana Wallis, Dubuque Senior	FR	1:09.97
7	Sanami Fottral, Cedar Rapids Prairie	JR	1:10.07
8	Mandy Schulte, West Des Moines Valley	JR	1:11.90
9	Amy Brown, Storm Lake	SO	1:11.93
10	Michelle Larson, Clinton	FR	1:12.02
11	Staci Schmidt, Cedar Rapids Kennedy	JR	1:12.15
12	Sarah Van Oort, Ankeny	SR	1:12.57
13	Jill Sutter, Dubuque Hempstead	JR	1:12.72
14	Jackie Brown, Pleasant Valley	JR	1:12.75
15	Kate Ferguson, Ottumwa	JR	1:12.80
16	Bridget Brenny, Carroll	SO	1:13.15
17	Kathryn Northrup, Dubuque Senior	SO	1:13.24
18	Katie Miller, Mason City	SR	1:13.32
19	Karly Klein, Bettendorf	SO	1:13.47
20	Sarah Larson, Mason City	SR	1:13.67
21	Selina Heilskov, West Des Moines Dowling	FR	1:13.90
22	Noelle Noah, Charles City	SO	1:14.23
23	Meghan Osborn, Tipton	SO	1:14.31

24 Nicole Chizek, Marshalltown

SO 1:17.69

400-YARD FREESTYLE RELAY

1	CEDAR FALLS Alex Cook, Becky Lyons Hillary Mason, Jessica Martin	3:36.93 (C)*
2	DUBUQUE WAHLERT Sarah Burbach, Michelle Stoffel Jenny Murray, Jenny Vogt	3:40.15 (C)
3	CEDAR FALLS NU HIGH Sara Cordes, Beth Koch Brooke Rogge, Stacey Wertz	3:40.69 (C)
4	CEDAR RAPIDS WASHINGTON Sarah Dougall, Joanna Aiels Brooke Croshier, Afor Nji	3:43.83 (C)
5	BETTENDORF Emily Joseph, Karly Klein Jessica Brenner, Melissa Fisher	3:45.78
6	CEDAR RAPIDS JEFFERSON Brooke Ralston, Lindsey Raabe Traci Koch, Laura Marz	3:46.66
7	DUBUQUE SENIOR Kate Tabor, Kristin Walz Melissa Matz, Meghan Hesseling	3:47.50
8	WEST DES MOINES VALLEY Calley Voorhees, Jessica Zaroski Kristin Hogan, Andrea Newton	3:47.74
9	MARSHALLTOWN Diana Kersbergen, Beth Muckler Becky Wildman, Whitney Sondall	3:47.99
10	SIOUX CITY EAST Nikki Gibson, Justine Archer Lacey Sheneman, Keely O'Harrow	3:48.66
11	LINN-MAR Mary Beth Russell, Emily Afdahl Liz Tyler, Whitney Sondall	3:51.43
12	PLEASANT VALLEY Erica Sharp, Diana Kuykendall Jackie Brown, Amber McDowell	3:51.80
13	DAVENPORT WEST Victoria Ortega, Nicole Duvall Carmen Steward, Melanie Brewer	3:52.16
14	WEST DES MOINES DOWLING Emily Sanders, Sara Sager	3:52.34

15	Alison Blyth, Bridget Lubavs DES MOINES ROOSEVELT Catherine Lozier, Maggie Clark Sara Kalhorn, Carla Holtze	3:53.42
16	DUBUQUE HEMPSTEAD Connie Wysocki, Katie Beadle Stacy Hoffman, Sarah Miller	3:53.52
17	AMES Christine Van Meter, Brooke Winton Margo Levine, Megan Stephenson	3:53.54
18	URBANDALE Maria Kerr, Lisa Stradley Lanie Smith, Rachel Broek	3:53.77
19	ANKENY Kelsey McCarville, Shelley McQuinn Alissa Tollakson, Rachel Roth	3:54.00
20	IOWA CITY HIGH Kristy Hirokawa, Ellen Stimmel Jenny Harper, Nina Lohman	3:56.24
21	NEWTON Janna Skinner, Courtney Brooks Abby Townsend, Megan Parker	3:56.25
22	BURLINGTON Demaris Levinson, Jenny Clark Karin Demijan, Reagan King	3:58.32
23	OTTUMWA Shannon Pullen, Lana Conner Sarah Harned, Laura Gaumer	3:58.46
24	CEDAR RAPIDS KENNEDY Amelia Wuest, Kellee Kusel Amanda Wuest, Beth Lemme	3:58.92

*-State Meet Record
(A)-All-American Automatic
(C)-All-American Consideration

FORT DODGE--Cedar Falls won its fourth straight state swimming championship in record fashion.

The Tigers broke their own state record with 381 points as they became just the second team to win four straight titles. The 1995 Cedar Falls winning point total was 374. Des Moines Hoover won four team championships in the early seventies.

Cedar Falls won all three relay events and set state marks in each, while senior Randi Peterson became the all-time leader in state championships earning her eighth, ninth and tenth during the meet. Jennifer Linder of Des Moines Hoover held the old mark with eight state titles from 1982-1985.

Peterson, also a first team all-state performer in basketball won the 50-yard freestyle and swam on a pair of relay winners. She joined Abbie Peterson, Jessica Martin and Katie Galligan on the 200-yard medley team which set a record with a time of 1:50.08, breaking the mark set by the same four last year. The Petersons were joined by Galligan and Alex Cook on the 200-yard freestyle team which swam 1:37.55.

Members of the record breaking 400-yard freestyle relay team (3:36.93) were Cook, Becky Lyons, Hillary Mason and Martin.

The only other individual title for Coach Dick Marcussen's team winners was by Mason, a junior in the 500-yard freestyle at 5:03.59. The winners had five state championships, two runner-up finishes and a total of twenty placings in the top eight.

Randi Peterson and Cedar Falls NU High's Stacey Wertz became the ninth and tenth swimmers to win a state meet event four straight years. It was the fourth time that Peterson had been a member of the 200 freestyle winning team.

Wertz, who was named as the meet's outstanding swimmer by the Iowa High School Swimming Coaches Association set marks in the 100 (:51.56) and 200 (1:51.82) yard freestyle events. It was her fourth title in the shorter event.

Sarah Dougall of Cedar Rapids Washington also closed out a great career as a double winner. She missed her own record by just .03 second in a 2:06.13 win the 200- yard individual medley and also won the 100-yard backstroke. She finished with five individual championships in three years of state meet competition.

Sophomore Heidi Landherr of Marion Linn-Mar repeated as champion in the 100-yard free butterfly while Allison Lyle won her first state title in the 100-yard breaststroke. Lyle, a junior, attends school at Keota but competes for Iowa City West in a cooperative sharing program.

Dubuque Senior was the runner-up team with 193 points in a day long battle among five teams. Dubuque Wahlert (164) was third followed by Cedar Falls NU High (163) and West Des Moines Valley (151).

