

1998 IOWA GIRLS STATE SWIMMING AND DIVING RESULTS

November 6 and 7--Fort Dodge High School

TEAM SCORING

1	Cedar Falls.....	250
2	Dubuque Senior.....	246
3	Bettendorf.....	207
4	West Des Moines Dowling.....	185
5	Linn-Mar.....	153
6	Sioux City East.....	120 1/2
7	Marshalltown.....	117 1/2
8	Clinton.....	100
9	Ankeny.....	86
10	Ames.....	81
11	Mason City.....	79
12	Dubuque Wahlert.....	66
13	Des Moines Roosevelt.....	62
14	Charles City.....	54 1/2
15	West Des Moines Valley.....	48
16	Cedar Rapids Prairie.....	42
17	Davenport West.....	41
	Lewis Central.....	41
	Perry.....	41
20	Carroll.....	38 1/2
21	Cedar Falls NU High.....	27
22	Davenport North.....	25 1/2
23	Storm Lake.....	21
24	Newton.....	20
	Ottumwa.....	20
26	Decorah.....	19
27	Tipton.....	18 1/2
28	Dubuque Hempstead.....	18
29	Cedar Rapids Kennedy.....	15
	Council Bluffs Abraham Lincoln.....	15
	Iowa City West.....	15
32	Iowa City High.....	14
33	Estherville-Lincoln Central.....	13
34	Cedar Rapids Washington.....	9
35	Fairfield.....	7
36	Grinnell.....	5

37	Cedar Rapids Jefferson.....	2
38	Muscatine.....	1
	Pleasant Valley.....	1
40	Burlington.....	0
	Fort Dodge.....	0
	Waterloo East.....	0

DIVING

1	Lori Matthys, Davenport West	SR	490.35
	103-38.25 105-44.40 401-35.25 403-52.80 5225-58.05		
	201-40.80 203--42.00 301-40.80		
	303-48.75 5223-51.75 5233-37.50		
2	Sara Wiezorek, Dubuque Wahlert	SR	453.05
	401-34.50 403-34.80 201-31.45 203-50.40 303-48.75		
	103-38.25 105-38.40 5111-42.30		
	301-35.10 5132-46.20 104-52.90		
3	Darcee Newt, Dubuque Senior	SR	417.35
	103-14.45 104-44.00 201-42.50 203-39.60 5223-42.55		
	301-36.00 303-44.85 401-42.30		
	403-41.80 5111-27.90 5124-41.40		
4	Andrea Shields, Cedar Rapids Kennedy	SO	408.95
	103-33.15 402-35.70 403-46.20 203-33.00 303-41.40		
	201-34.85 5122-38.00 104-37.40		
	105-25.20 301-36.90 5223-47.15		
5	Ashley Duwe, Dubuque Hempstead	SR	405.40
	101-24.00 104-41.80 401-31.50 403-41.80 5223-34.50		
	301-40.50 302-33.60 201-39.95		
	103-39.10 5111-41.40 202-38.25		
6	Angela Unkrich, Iowa City West	SR	404.55
	103-35.70 104-36.30 203-42.00 401-31.50 5223-43.70		
	201-31.45 301-31.50 303-28.75		
	5111-31.50 5124-44.85 403-47.30		
7	Megan Seibert, Bettendorf	SO	397.00
	201-33.60 5122-29.45 104-36.30 203-42.90 303-49.45		
	301-39.10 401-27.00 403-45.10		
	101-24.70 5124-37.95 103-31.45		
8	Lindsey Parks, Council Bluffs Abraham Lincoln	JR	395.90
	103-40.80 202-24.65 104-36.30 203-46.80 5231-34.65		
	5223-41.40 301-33.15 403-27.50		
	401-24.00 303-44.85 5132-41.80		
9	Maria Hardinger, Mason City	SR	389.75
	401-29.25 5225-44.55 103-38.25 302-32.80 403-39.60		
	5124-43.70 201-34.00 203-37.40		
	301-19.20 402-33.60 104-37.40		
10	Abi Fangman, Mason City	SO	388.50
	103-33.15 403-33.00 302-36.00 203-38.50 402-36.00		
	5223-41.40 301-25.60 5124-27.60		
	401-33.75 201-34.00 104-49.50		
11	Alanna Killian, Dubuque Wahlert	SR	388.25
	301-28.90 303-39.10 201-26.40 203-33.60 104-39.60		
	402-31.20 403-42.90 5111-36.90		
	103-38.25 105-30.00 5222-41.40		

12	Gina James, Davenport West	SR	381.05
	103-36.55 104-35.20 201-28.80 203-38.40 303-34.50		
	301-39.10 5223-37.95 401-32.25		
	403-41.80 5132-26.40 105-30.00		
13	Tasha Splinter, Dubuque Hempstead	JR	380.50
	103-36.55 104-37.40 201-32.30 203-35.20 5223-34.50		
	301-36.00 303-40.25 401-32.25		
	5111-35.10 101-27.95 403-33.00		
14	Katy Byington, Davenport West	JR	378.50
	103-33.15 104-49.50 201-32.00 203-33.60 5223-34.50		
	301-34.00 303-31.05 401-31.50		
	403-37.40 5132-33.00 105-28.80		
15	Hannah Rapson, Iowa City High	JR	368.35
	103-29.75 201-33.15 104-40.70 203-37.40 303-33.35		
	301-31.50 401-33.75 5132-26.40		
	5111-36.00 403-33.00 5223-33.35		
16	Jennifer Meeker, Iowa City West	SO	365.15
	103-20.40 201-34.00 104-39.60 203-31.90 403-36.30		
	301-36.90 5111-27.00 5223-37.95		
	401-33.75 302-33.15 5122-34.20		
17	Andrea Fusaro, Iowa City West	SR	261.20
	103-32.30 104-34.10 401-30.00 403-37.40 5223-35.65		
	201-33.15 301-33.30 303-25.30		
18	Stacey Arkovich, Ames	FR	255.10
	402-28.80 403-26.40 103-28.80 104-39.60 5124-33.35		
	202-32.30 5223-37.95 301-27.90		
19	Katie Bures, Cedar Rapids Kennedy	SO	246.70
	401-31.50 403-35.20 103-30.60 104-31.05 202-33.15		
	302-23.20 5122-32.30 5132-29.70		
20	Jill Beckwith, West Des Moines Valley	SR	237.15
	401-25.20 201-29.75 302-31.20 301-33.30 203-36.30		
	5111-32.40 402-25.60 101-23.40		
21	Jessica Wellnitz, Waterloo East	SR	152.60
	402-24.65 202-22.10 403-35.20 203-39.60 5223-31.05		
22	Heather Lorentson, Fort Dodge	SR	150.00
	5122-34.20 5223-35.65 104-28.60 301-29.70 303-21.85		
23	Elisa Arkovich, Ames	SO	143.25
	103-26.35 104-19.80 402-29.60 403-33.00 5124-34.50		
24	Kassie Graziano, West Des Moines Dowling	SO	131.70
	5111-22.10 401-25.50 301-27.00 5122-28.50 104-28.60		

200 MEDLEY RELAY

1	Linn-Mar	Darby Hollinrake, Mary Beth Russell Heidi Landherr, Meghan Oglesby	1:52.80 (C)
		28.46 31.69 27.54 25.11	
2	Cedar Falls	Abbie Peterson, Jessie Crawford Erin Coen, Ellie Peterson	1:52.91 (C)
		28.39 32.58 27.74 24.20	
3	Bettendorf	Jessica Brenner, Karly Klein Kerry Fear, Marcy Thomasson	1:53.71 (C)
		28.82 32.05 27.90 24.94	
4	Dubuque Senior	Megan Hemmer, Dana Wallis Kristen Walz, Lindsay Steinback	1:53.88 (C)
		29.40 30.90 27.91 25.67	
5	Clinton	Ashley Eizenga, Michelle Larson	

		Kristen Tucker, Shannon Parker	1:54.65
6	Ankeny	30.26 31.13 27.52 25.74 Rachel Roth, Angie White Marla Ballard, Jamie Wieben	1:54.90
7	Ames	27.90 32.93 29.50 24.57 Abby Van Maaren, Anne Lewis Christine Van Meter, Lindsay Kiliper	1:55.27
8	Mason City	28.25 32.21 28.54 26.27 Liz Morris, Emily Afdahl Amber Nolan, Laurel Gladish	1:55.40
9	West Des Moines Dowling	29.08 32.81 28.83 24.68 Chrissy Hermann, Selina Heilskov Bridget Tursi, Janet Reid	1:55.63
10	Sioux City East	28.51 33.24 27.82 26.06 Samantha Reinking, Nikki Gibson Stefenie Miller, Justine Archer	1:56.00
11	Cedar Rapids Prairie	30.54 31.48 28.87 26.64 Chantelle Shea, Erika Uthoff Masumi Fottral, Greta Ackerman	1:57.10
12	Storm Lake	30.18 31.60 28.68 26.64 Amy Fitzgerald, Amy Brown Ann Torrey, Kelly Schultz	1:57.16
13	Perry	30.57 31.26 28.43 26.90 Jessica Sholley, Christina Dowd Janae Weiser, Erin Larson	1:57.19
14	Marshalltown	31.63 31.94 27.51 26.11 Beth Muckler, Sarah Allen, Missy Septer, Nicole Chizek	1:57.40
15	Cedar Falls NU High	29.77 32.59 29.37 25.67 Brittany Rogge, Brooke Rogge Sarah Wambold, Sara Cordes	1:58.29
16	Charles City	30.93 33.28 29.18 25.00 Rachel Smith, Sara Brinkman Noelle Noah, Mandy Jones	1:59.28
17	Lewis Central	30.40 34.61 28.90 25.37 Liz Payne, Samantha Smith Melissa Fender, Candice Netz	1:59.65
18	Cedar Rapids Washington	30.88 34.45 27.86 26.46 Keely Hearn, Elisabeth Nims Christina Erb, Afor Nji	2:00.71
19	Davenport West	33.04 33.05 28.85 25.87 Melanie Brewer, Meagan Maus Stacey Brewer, Stefanie Barnhart	2:01.15
20	Iowa City High	30.16 34.82 29.97 26.20 Nina Lohman, Ellen Stimmel Kristi Hirokawa, Micah Swesey	2:01.63
21	Fort Dodge	30.58 35.60 29.49 25.96 Katie Gronbach, Kelli Pierce Kenda Loots, Heather Lorentson	2:01.68
999	West Des Moines Valley	31.66 33.25 29.67 27.10 Olivia Doerge, Amy Post Maria Lemmerman, Laura Burke	dq--2:00.16
999	Tipton	30.80 35.06 28.80 25.50 Kelly Foley, Meghan Osborn Rachel Suchomel, Michaela Osborn	dq--1:55.63
999	Cedar Rapids Kennedy	30.09 32.67 28.51 24.36 Elizabeth Baker, Rachel Wilson	

Amelia Wuest, Maria Zimmerman
 31.79 33.42 28.03 25.43

dq--1:58.67

200 FREESTYLE

1	Abby Heinz, Sioux City East				FR	1:55.77
	26.37	28.95	29.74	30.71		
2	Becky Lyons, Cedar Falls				JR	1:55.83
	27.28	29.05	29.78	29.72		
3	Leigh Taylor, Bettendorf				SO	1:55.95
	27.20	28.35	29.87	30.53		
4	Erica Noah, Charles City				FR	1:58.46
	27.68	29.56	30.82	30.40		
4	Amy Haldeman, Davenport North				SO	1:58.46
	27.21	29.06	30.70	31.49		
6	Jenna Kubat, West Des Moines Dowling				SO	1:59.30
	27.97	30.07	30.84	30.42		
7	Katie Koenig, Dubuque Senior				FR	1:59.75
	28.18	30.01	31.34	30.22		
8	Janna Skinner, Newton				SR	2:00.60
	28.17	30.31	31.17	30.95		
9	Michelle Collins, Lewis Central				FR	2:01.61
	28.77	31.11	31.36	30.37		
10	Katie Funk, West Des Moines Valley				FR	2:01.90
	27.60	30.26	32.00	32.04		
11	Paige Muller, Cedar Rapids Washington				SO	2:02.10
	27.88	30.63	32.02	31.57		
12	Abby Pape, Cedar Falls				SO	2:02.21
	28.35	30.44	31.48	31.94		
13	Diana Kersbergen, Marshalltown				SR	2:03.01
	27.53	30.81	32.06	32.61		
14	Shauna Gray, Cedar Rapids Washington				SR	2:03.52
	28.92	31.28	32.11	31.22		
15	Mara Kellogg, Lewis Central				FR	2:03.59
	28.06	30.50	32.36	32.67		
16	Beth Muckler, Marshalltown				JR	2:03.76
	28.26	31.27	32.24	31.99		
17	Sara Wehrman, Pleasant Valley				SR	2:03.99
	28.72	31.37	31.69	32.21		
18	Heather Reynolds, Davenport North				FR	2:05.34
	28.71	31.30	32.77	32.56		
19	Megan McDermott, Mason City				JR	2:05.50
	28.96	31.39	32.88	32.27		
20	Jenny Riggs, Tipton				JR	2:05.60
	28.32	31.60	32.97	32.71		
21	Stacey Hartwig, Clinton				SR	2:05.72
	28.35	31.08	32.91	33.38		
22	Bicky Cam, Cedar Falls				SO	2:06.02
	28.05	31.10	33.39	33.49		
23	Sarah Kalhorn, Des Moines Roosevelt				JR	2:06.04
	27.80	30.30	34.27	33.67		
24	Amber Gedlinske, Iowa City West				JR	2:06.05
	28.16	31.90	32.87	33.12		

200 INDIVIDUAL MEDLEY

1	Heidi Landherr, Linn-Mar				SR	2:09.67 (C)
	28.63	32.97	37.31	30.76		
2	Michelle Larson, Clinton				JR	2:11.72
	29.21	34.23	37.58	30.70		
3	Karly Klein, Bettendorf				SR	2:12.77
	29.25	33.77	37.93	31.82		
4	Jessica Crawford, Cedar Falls				JR	2:13.48
	30.19	34.55	38.39	30.35		
5	Alex Cook, Decorah				JR	2:13.92
	29.14	33.01	40.03	31.74		
6	Alison Blyth, West Des Moines Dowling				JR	2:14.58
	27.69	35.69	39.53	31.67		
7	Kristen Walz, Dubuque Senior				JR	2:14.63
	29.13	35.00	38.47	32.03		
8	Rachel Roth, Ankeny				JR	2:15.62
	29.47	35.31	39.26	31.58		
9	Meghan Hesselting, Dubuque Senior				SR	2:15.81
	29.71	33.66	39.34	33.10		
10	Tashia Welling, West Des Moines Valley				JR	2:16.29
	30.18	34.46	40.70	30.95		
11	Ashley Eizenga, Clinton				SO	2:16.68
	30.13	34.81	39.56	32.18		
12	Mary Beth Russell, Linn-Mar				SR	2:17.89
	29.53	36.46	39.46	32.44		
13	Masumi Fottral, Cedar Rapids Prairie				JR	2:18.63
	30.34	36.97	38.91	32.41		
14	Kim Rogers, Cedar Falls				FR	2:19.14
	29.97	36.07	42.32	30.78		
15	Kelsey Klein, Bettendorf				SO	2:19.46
	31.21	36.36	39.42	32.47		
16	Erika Uthoff, Cedar Rapids Prairie				JR	2:20.07
	30.89	36.92	39.20	33.06		
17	Liz Morris, Mason City				SR	2:20.20
	30.64	34.34	42.62	32.60		
18	Katie Tiemeier, Bettendorf				SR	2:20.69
	31.74	36.85	38.90	33.20		
19	Sara Nachtman, Dubuque Wahlert				SR	2:21.33
	31.58	34.95	41.71	33.09		
20	Sarah Crane, Mason City				JR	2:21.92
	29.90	35.62	42.66	33.74		
21	Samantha Smith, Lewis Central				FR	2:22.84
	30.42	37.24	40.38	34.80		
22	Jeannette Neumann, Des Moines Roosevelt				SO	2:22.88
	30.17	36.75	43.26	32.70		
23	Megan Muller, Cedar Rapids Washington				SR	2:23.19
	30.48	37.37	42.50	32.84		
24	Chantelle Shea, Cedar Rapids Prairie				SO	2:23.23
	32.58	36.74	40.86	33.05		

50 FREESTYLE

1	Erin Strub, Dubuque Senior				SR	24.19 (C)
2	Ellie Peterson, Cedar Falls				FR	24.88
3	Katie Martin, Des Moines Roosevelt				FR	24.89
4	Maria Kerr, West Des Moines Dowling				JR	24.94

5	Nikki Gibson, Sioux City East	SR	24.96
5	Whitney Sondall, Marshalltown	JR	24.96
7	Abby Van Maaren, Ames	SO	25.06
8	Sarah Burbach, Dubuque Wahlert	SR	25.19
8	Sara Cordes, Cedar Falls NU High	SR	25.19
10	Abbie Peterson, Cedar Falls	SR	25.25
11	Laurel Gladish, Mason City	JR	25.34
12	Whitney Jensen, Grinnell	FR	25.37
13	Melanie Brewer, Davenport West	SR	25.38
14	Justine Archer, Sioux City East	SR	25.53
15	Tina Sanders, Carroll	SR	25.56
16	Sara Becker, Carroll	JR	25.62
16	Michaela Osborn, Tipton	SO	25.62
18	Holly Danker, Council Bluffs Abraham Lincoln	SO	25.65
19	Katie Blum, Marshalltown	FR	25.74
20	Emily Afdahl, Mason City	SR	25.75
21	Marcy Thomasson, Bettendorf	JR	25.92
22	Afor Nji, Cedar Rapids Washington	JR	26.09
23	Amy Post, West Des Moines Valley	SR	26.37
24	Stef Barnhart, Davenport West	SO	26.45

100 BUTTERFLY

1	Heidi Landherr, Linn-Mar	SR	:59.65
	28.37 31.28		
2	Alison Blyth, West Des Moines Dowling	JR	:59.89
	28.13 31.76		
3	Darby Hollinrake, Linn-Mar	FR	1:00.92
	28.85 32.07		
4	Abby Heinz, Sioux City East	FR	1:01.54
	28.68 32.68		
5	Kristen Walz, Dubuque Senior	JR	1:01.56
	28.79 32.77		
6	Janae Weiser, Perry	JR	1:01.85
	28.72 33.13		
7	Mary Beth Russell, Linn-Mar	SR	1:02.03
	29.24 32.79		
8	Kim Rogers, Cedar Falls	FR	1:02.54
	29.53 33.01		
9	Kristen Tucker, Clinton	SO	1:02.70
	28.87 33.83		
10	Jessica Brenner, Bettendorf	SR	1:02.81
	29.14 33.67		
11	Christine Van Meter, Ames	SR	1:02.99
	29.20 33.79		
12	Kerry Fear, Bettendorf	SR	1:03.08
	29.21 33.87		
13	Melissa Fender, Lewis Central	FR	1:03.12
	29.73 33.39		
14	Erin Coen, Cedar Falls	SR	1:03.56
	29.74 33.82		
15	Bridget Tursi, West Des Moines Dowling	SR	1:03.67
	29.54 34.13		
16	Becky Witinok-Huber, Iowa City West	FR	1:03.74
	29.44 34.30		
17	Paige Muller, Cedar Rapids Washington	SO	1:03.97

		29.85	34.12		
18	Whitney Jensen, Grinnell			FR	1:04.56
		30.47	34.11		
19	Amber Nolan, Mason City			SO	1:04.68
		30.27	34.41		
20	Sara Brammann, Davenport North			FR	1:04.90
		30.60	34.30		
21	Paige Taylor, Bettendorf			SO	1:05.14
		30.00	35.14		
22	Ann Torrey, Storm Lake			JR	1:05.33
		29.39	35.94		
23	Erica Esbeck, Tipton			JR	1:05.34
		30.38	34.96		
24	Anna Carey, Clinton			SR	1:05.95
		30.46	35.49		

100 FREESTYLE

1	Erin Strub, Dubuque Senior			SR	52.59 (C)
		25.44	27.15		
2	Becky Lyons, Cedar Falls			JR	53.71
		26.30	27.41		
3	Maria Kerr, West Des Moines Dowling			JR	53.92
		26.02	27.90		
4	Nikki Gibson, Sioux City East			SR	54.39
		25.99	28.40		
5	Audrey Clark, Bettendorf			SO	54.55
		25.90	28.65		
6	Sarah Burbach, Dubuque Wahlert			SR	54.56
		26.07	28.49		
7	Katie Martin, Des Moines Roosevelt			FR	54.67
		25.93	28.74		
8	Amy Haldeman, Davenport North			SO	54.83
		26.30	28.53		
9	Melanie Brewer, Davenport West			SR	54.99
		26.78	28.21		
10	Sara Cordes, Cedar Falls NU High			SR	55.12
		26.98	28.14		
11	Jamie Wieben, Ankeny			FR	55.32
		27.02	28.30		
12	Alex Cook, Decorah			JR	55.71
		26.57	29.14		
13	Holly Danker, Council Bluffs Abraham Lincoln			SO	55.80
		26.76	29.04		
14	Laurel Gladish, Mason City			JR	55.96
		26.89	29.07		
15	Justine Archer, Sioux City East			SR	56.05
		26.46	29.59		
16	Diana Kersbergen, Marshalltown			SR	56.27
		27.23	29.04		
17	Tina Sanders, Carroll			SR	56.29
		26.85	29.44		
18	Marcy Thomasson, Bettendorf			JR	56.31
		27.24	29.07		
19	Katie Blum, Marshalltown			FR	56.43
		27.63	28.80		

20	Bicky Cam, Cedar Falls	SO	56.63
	27.57 29.06		
21	Abby Townsend, Newton	JR	56.91
	27.22 29.69		
22	Sara Becker, Carroll	JR	56.97
	27.35 29.62		
23	Afor Nji, Cedar Rapids Washington	JR	57.13
	27.30 29.83		
24	Kara Swindler, Clinton	FR	58.00
	27.86 30.14		

500 FREESTYLE

1	Leigh Taylor, Bettendorf	SO	5:12.01
	28.21 29.60 29.93 30.60 31.66 31.81		
	32.05 32.68 32.93 32.54		
2	Jenna Kubat, West Des Moines Dowling	SO	5:18.02
	28.94 31.23 31.83 31.99 32.18 32.25		
	32.30 32.48 32.88 31.94		
3	Katie Koenig, Dubuque Senior	FR	5:20.74
	28.89 31.42 32.13 32.40 32.84 32.75		
	32.94 33.51 32.92 30.94		
4	Meghan Hesselning, Dubuque Senior	SR	5:21.30
	28.58 32.48 32.24 32.56 32.76 32.67		
	32.61 32.95 32.89 31.56		
5	Erica Noah, Charles City	FR	5:21.33
	28.71 31.58 32.14 32.60 32.89 33.07		
	32.93 32.97 33.01 31.43		
6	Abby Pape, Cedar Falls	SO	5:21.37
	28.96 30.93 32.10 32.54 32.80 33.06		
	33.27 33.28 33.06 31.37		
7	Katie Funk, West Des Moines Valley	FR	5:23.58
	28.64 31.42 31.84 32.27 32.99 33.07		
	33.56 33.61 33.70 32.48		
8	Sarah Bzdega, West Des Moines Dowling	SO	5:24.81
	29.18 31.70 32.12 32.43 32.76 32.91		
	33.43 33.40 33.70 33.18		
9	Janna Skinner, Newton	SR	5:26.15
	29.29 31.37 32.30 32.69 33.42 33.66		
	33.55 33.72 33.50 32.65		
10	Christine Van Meter, Ames	SR	5:26.17
	29.16 31.31 32.06 32.68 33.18 33.40		
	33.59 33.72 33.50 32.65		
11	Ashley Eizenga, Clinton	SO	5:27.19
	29.42 31.76 32.68 33.04 33.24 33.67		
	33.32 33.71 33.36 32.99		
12	Masumi Fottral, Cedar Rapids Prairie	JR	5:27.68
	30.50 33.08 32.87 32.80 32.76 32.68		
	32.92 33.39 33.34 33.34		
13	Rachel Smith, Charles City	FR	5:28.12
	30.38 32.47 32.86 32.87 33.43 33.67		
	33.33 33.21 33,55 32.35		
14	Beth Muckler, Marshalltown	JR	5:28.98
	29.19 32.09 33.10 33.32 33.62 33.93		
	33.68 33.49 33.28 33.28		
15	Michelle Collins, Lewis Central	FR	5:30.52

	30.05	33.00	32.64	33.86	33.67	33.40		
	33.09	33.84	34.14	32.83				
16	Kerry Fear, Bettendorf						SR	5:31.42
	30.20	32.82	33.09	33.16	33.63	33.28		
	34.00	33.72	34.15	33.37				
17	Sara Wehrman, Pleasant Valley						SR	5:32.32
	29.82	32.48	33.29	32.94	33.01	33.58		
	34.19	34.31	34.80	33.90				
18	Megan McDermott, Mason City						JR	5:33.32
	29.72	32.46	33.89	34.24	34.18	34.07		
	34.01	34.25	33.95	32.55				
19	Heather Reynolds, Davenport North						FR	5:33.97
	30.19	32.70	33.51	33.48	33.55	33.73		
	34.32	33.98	34.95	33.56				
20	Megan Muller, Cedar Rapids Washington						SR	5:34.50
	29.95	33.11	33.92	34.21	34.28	34.39		
	34.37	34.14	34.27	31.86				
21	Sarah Crane, Mason City						JR	5:34.67
	29.64	32.23	33.13	33.75	34.10	34.71		
	35.07	34.79	34.43	32.82				
22	Shauna Gray, Cedar Rapids Washington						SR	5:35.50
	29.58	31.80	33.01	33.59	34.00	34.05		
	34.58	35.25	35.20	34.44				
23	Amber Gedlinske, Iowa City West						JR	5:36.67
	29.45	33.64	33.73	34.13	34.25	34.44		
	34.43	34.62	34.06	33.92				
24	Hillary Vogt, Dubuque Wahlert						SO	5:38.22
	29.07	32.59	33.66	34.82	34.44	34.74		
	35.30	35.30	34.77	33.53				

200 FREESTYLE RELAY

1	Cedar Falls	Bicky Cam, Ellie Peterson, Becky Lyons, Kim Rogers	26.36	24.44	24.18	25.37	1:40.35 (C)
2	Marshalltown	Nicole Chizek, Katie Blum, Diana Kersbergen, Whitney Sondall	26.59	24.99	25.08	24.17	1:40.83 (C)
3	Dubuque Senior	Meghan Hesselning, Katie Koenig, Lindsay Steinback, Erin Strub	26.02	25.55	25.86	23.66	1:41.09 (C)
4	Carroll	Ingrid Gronstal, Bridget Brenny Tina Sanders, Sara Becker	26.55	25.86	24.55	24.76	1:41.72 (C)
5	Mason City	Liz Morris, Emily Afdahl Sarah Crane, Laurel Gladish	26.21	25.25	26.28	24.42	1:42.16 (C)
6	Sioux City East	Nikki Gibson, Stefanie Miller Samantha Reinking, Abby Heinz	24.58	26.56	26.72	24.52	1:42.38 (C)
7	West Des Moines Dowling	Janet Reid, Alison Blyth, Jenna Kubaat, Maria Kerr	26.36	25.57	26.19	24.27	1:42.39 (C)
8	Ankeny	Jamie Wieben, Kimber Jones Kelsey McCarville, Rachel Roth	25.38	26.04	26.48	25.03	1:42.93 (C)

9	Bettendorf	Audrey Clark, Kelsey Klein Marcy Thomasson, Leigh Taylor	1:43.01 (C)
		25.72 26.32 25.58 25.39	
10	West Des Moines Valley	Amy Post, Katie Welling, Tasha Welling, Laura Burke	1:43.20 (C)
		26.26 25.60 25.63 25.71	
11	Des Moines Roosevelt	Jeannette Neumann, Brooke Badger Sarah Kalhorn, Katie Martin	1:43.45 (C)
		26.47 26.94 25.36 24.68	
12	Dubuque Wahlert	Sarah Burbach, Jenny Murray, Katy Burbach, Hillary Vogt	1:44.09
		25.78 27.86 24.02 26.43	
13	Iowa City High	Kristy Hirokawa, Nina Lohman Ellen Stimmel, Micah Swesey	1:44.35
		26.46 25.93 26.37 25.59	
14	Charles City	Mandy Jones, Noelle Noah, Haley Hippen, Erica Noah	1:44.68
		26.19 27.19 25.81 25.49	
15	Cedar Falls NU High	Brooke Rogge, Sarah Wambold Brittany Rogge, Sara Cordes	1:44.78
		26.24 27.69 25.52 25.33	
16	Tipton	Michaela Osborn, Erika Barglof Rachel Suchomel, Jenny Riggs	1:44.83
		25.83 26.37 26.23 26.40	
17	Grinnell	Jamie Clay, Tasha Fenner Tonya Fenner, Whitney Jensen	1:45.43
		6.47 27.92 26.10 24.94	
18	Pleasant Valley	Tina Wolfe, Sandi Bunch Kristen Delleman, Sara Wehrman	1:46.04
		27.14 26.95 26.00 25.95	
19	Cedar Rapids Kennedy	Amelia Wuest, Maria Zimmerman Carol Cahalan, Natalie Ross	1:46.05
		26.51 25..78 27.28 26.53	
20	Cedar Rapids Washington	Megan McCright, Afor Nji Shauna Gray, Christine Erb	1:46.21
		27.43 25.95 26.64 26.19	
21	Lewis Central	Melissa Fender, Allison Ambrose Candace Netz, Michelle Collins	1:46.39
		27.04 26.39 26.71 26.25	
22	Davenport West	Stef Barnhart, Stacey Brewer Brittany Duvall, Melanie Brewer	1:46.77
		27.21 27.53 27.17 24.85	
23	Newton	Anna Poulter, Janna Skinner Emily Smit, Abby Townsend	1:47.87
		27.16 26.97 27.87 25.87	
999	Clinton	Shannon Parker, Monica Schmidt Kristen Tucker, Michelle Larson	dq-1:44.10
		26.86 26.74 25.87 24.63	

100 BACKSTROKE

1	Laurie Bratten, Ottumwa	JR	:59.37 (C)
	28.64 30.73		
2	Whitney Sondall, Marshalltown	JR	:59.42 (C)
	28.85 30.57		
3	Jessica Crawford, Cedar Falls	JR	1:00.09

	29.50	30.59		
4	Rachel Roth, Ankeny		JR	1:00.27
	29.21	31.06		
5	Darby Hollinrake, Linn-Mar		FR	1:00.28
	29.61	30.67		
6	Maggie Peterson, Estherville-LC		FR	1:00.33
	28.97	31.36		
7	Abbie Peterson, Cedar Falls		SR	1:00.71
	29.01	31.70		
8	Chrissy Hermann, West Des Moines Dowling		SO	1:01.08
	29.67	31.41		
9	Abby Van Maaren, Ames		SO	1:01.68
	29.52	32.16		
10	Audrey Clark, Bettendorf		SO	1:02.19
	30.24	31.95		
11	Jamie Wieben, Ankeny		FR	1:02.44
	30.50	31.94		
12	Janae Weiser, Perry		JR	1:02.66
	29.97	32.69		
13	Liz Morris, Mason City		SR	1:02.98
	30.18	32.80		
14	Jessica Brenner, Bettendorf		SR	1:03.29
	30.82	32.47		
15	Brooke Ralston, Cedar Rapids Jefferson		JR	1:03.32
	30.22	33.10		
16	Julie Schubich, Muscatine		SR	1:03.50
	30.69	32.81		
17	Mara Kellogg, Lewis Central		FR	1:03.56
	30.75	32.81		
18	Rachel Smith, Charles City		FR	1:03.59
	30.83	32.76		
19	Tashia Welling, West Des Moines Valley		JR	1:03.98
	31.30	32.68		
20	Sara Nachtman, Dubuque Wahlert		SR	1:04.86
	31.74	33.12		
21	Samantha Smith, Lewis Central		FR	1:05.62
	31,85	33,56		
22	Kelly Foley, Tipton		JR	1:06.83
	31.92	34.91		
23	Sarah Ritson, Burlington		JR	1:06.92
	32.04	34.88		
24	Emily Sanders, West Des Moines Dowling		SR	1:07.44
	30.94	36.50		

100 BREASTSTROKE

1	Erika Uthoff, Cedar Rapids Prairie		JR	1:07.94 (C)
	31.90	36.04		
2	Michelle Larson, Clinton		JR	1:08.16 (C)
	32.35	35.81		
3	Dana Wallis, Dubuque Senior		JR	1:10.01
	32.10	37.91		
4	Karly Klein, Bettendorf		SR	1:10.46
	33.56	36.90		
5	Kara Swindler, Clinton		FR	1:10.75
	33.40	37.35		

6	Christina Dowd, Perry		FR	1:10.89
	32.94	37.95		
7	Michaela Osborn, Tipton		SO	1:10.94
	33.18	37.76		
8	Amy Brown, Storm Lake		SR	1:11.16
	32.15	39.01		
9	Kelsey Klein, Bettendorf		SO	1:11.19
	33.89	37.30		
10	Dana Kuiken, Fairfield		JR	1:11.47
	33.61	37.86		
11	Sarah Allen, Marshalltown		SO	1:11.81
	33.68	38.13		
12	Anne Lewis, Ames		SR	1:12.17
	33.22	38.95		
13	Meghan Osborn, Tipton		SR	1:12.20
	33.25	38.95		
14	Kristen Tucker, Clinton		SO	1:12.23
	33.79	38.44		
15	Brooke Rogge, Cedar Falls NU High		SR	1:13.15
	34.26	38.89		
16	Brooke Howard, Pleasant Valley		SR	1:13.21
	33.91	39.30		
17	Chantelle Shea, Cedar Rapids Prairie		SO	1:13.24
	34.84	38.40		
18	Emily Afdahl, Mason City		SR	1:13.41
	34.56	38.85		
19	Elisabeth Nims, Cedar Rapids Washington		JR	1:13.43
	34.26	39.17		
20	Katie Tiemeier, Bettendorf		SR	1:13.76
	35.00	38.76		
21	Selina Heilskov, West Des Moines Dowling		JR	1:13.86
	34.31	39.55		
22	Marla Ballard, Ankeny		SR	1:14.00
	34.80	39.20		
23	Amy Post, West Des Moines Valley		SR	1:15.71
	35.44	40.27		
24	Kelli Pierce, Fort Dodge		JR	1:17.98
	35.57	42.41		

400 FREESTYLE RELAY

1	Cedar Falls	Becky Lyons, Abbie Peterson				
		Ellie Peterson, Jessie Crawford				3:35.75 (C)*
	26.11	27.39	25.72	29.65		
	25.68	27.89	25.61	27.70		
2	Dubuque Senior	Meghan Hesseling, Katie Koenig				
		Kristen Walz, Erin Strub				3:38.33 (C)
	26.85	28.70	26.71	28.89		
	25.68	27.89	25.61	27.70		
3	Marshalltown	Diana Kersbergen, Katie Blum				
		Beth Muckler, Whitney Sondall				3:41.56 (C)
	26.85	29.15	xxxx	(55.59)		
	26.30	29.91	25.19	28.57		
4	Bettendorf	Leigh Taylor, Jessica Brenner				
		Karly Klein, Audrey Clark				3:43.24 (C)

	26.79	29.59	27.07	29.61	
	26.85	29.30	25.75	28.28	
5	West Des Moines Dowling	Maria Kerr, Jenna Kubat, Katey Dorweiler, Alison Blyth			3:44.17
	26.27	28.22	27.09	29.12	
	27.95	30.15	26.09	29.28	
6	Linn-Mar	Darby Hollinrake, Meghan Oglesby Heidi Landherr, Mary Beth Russell			3:46.21
	27.99	29.09	27.23	30.66	
	26.69	29.24	25.99	29.32	
7	Lewis Central	Samantha Smith, Allison Ambrose, Mara Kellogg, Michelle Collins			3:47.64
	28.22	30.63	27.01	29.93	
	26.64	29.41	26.72	29.08	
8	Des Moines Roosevelt	Jeannette Neumann, Rachel Smith Sarah Kalhorn, Katie Martin			3:47.79
	27.69	30.08	27.93	31.34	
	26.42	29.25	26.15	28.93	
9	Ames	Abby Van Maaren, Lindsey Kiliper Anne Lewis, Christine Van Meter			3:48.20
	26.49	28.69	26.81	29.98	
	27.21	30.74	27.60	30.68	
10	Charles City	Mandy Jones, Noelle Noah Rachel Smith, Erica Noah			3:48.45
	27.78	29.75	27.85	30.56	
	27.66	29.91	26.36	28.58	
11	Sioux City East	Abby Heinz, Samantha Reinking, Stefenie Miller, Justine Archer			3:48.84
	26.40	27.89	28.19	32.53	
	27.47	30.86	26.01	29.49	
12	Dubuque Wahlert	Sarah Burbach, Sarah Nachtman, Hillary Vogt, Jenny Murray			3:49.15
	26.20	28.60	28.86	31.01	
	28.05	30.52	26.19	29.72	
13	West Des Moines Valley	Laura Burke, Olivia Doerge Tashia Welling, Katie Funk			3:50.28
	28.05	29.46	28.35	30.60	
	27.46	29.24	26.99	30.13	
14	Carroll	Ingrid Gronstal, Becky Gray Tina Sanders, Sara Becker			3:51.94
	28.08	30.54	28.05	31.60	
	xxxxx	(57.03)	26.80	29.84	
15	Iowa City High	Kristy Hirokawa, Nina Lohman Ellen Stimmel, Micah Swesey			3:53.91
	27.36	30.18	27.58	31.66	
	27.47	31.26	27.57	30.83	
16	Perry	Erin Larson, Mandy Rasmussen Christina Dowd, Janae Weiser			3:54.41
	28.29	30.42	29.52	31.34	
	27.42	30.43	27.10	29.89	
17	Cedar Rapids Prairie	Masumi Fottral, Greta Ackerman, Chantelle Shea, Erika Uthoff			3:55.12
	27.53	29.55	27.65	30.84	
	28.85	31.62	27.69	31.39	
18	Tipton	Minna Halme, Erika Barglof Rachel Suchomel, Jenny Riggs			3:55.89
	28.73	31.36	27.91	30.49	

19	Clinton	27.97	31.51	27.61	30.31	
				Stacey Hartwig, Monica Schmidt		
				Kara Swindler, Shannon Parker		3:56.35
		28.01	30.50	28.78	31.11	
		28.20	31.41	27.77	30.57	
20	Grinnell			Jamie Clay, Tasha Fenner		
				Tonia Fenner, Whitney Jensen		3:56.56
		27.92	30.76	29.52	31.85	
		27.95	31.96	27.22	29.38	
21	Mason City			Sarah Crane, Megan McDermott		
				Lydia Missal, Amy Noll		3:56.73
		28.29	30.57	27.97	30.96	
		27.88	32.26	27.90	30.90	
22	Pleasant Valley			Sandi Bunch, Tina Wolfe		
				Kristen Delleman, Sara Wehrman		3:57.84
		28.65	31.05	29.19	31.56	
		28.79	30.95	27.13	30.52	
23	Ankeny			Kelsey McCarville, Libby Berg,		
				Jessica George, Kimber George		3:58.48
		28.72	31.27	28.36	31.41	
		27.80	32.27	27.71	30.94	
24	Burlington			Demaris Levinson, Reagan King,		
				Carrie Dodge, Sarah Ritsen		4:02.62
		29.26	31.95	27.27	30.63	
		30.26	32.47	29.32	31.46	