

Top-ranked Crestwood made it look easy in the opening game of the Class 3A tournament.

Sophomore center Sharon Goodman recorded a double-double and teammate Ellie Friesen just missed a triple-double as the unbeaten Cadets rolled past unranked South Tama 66-28.

Crestwood held South Tama to three field goals in the first half and shot 50 percent in building a 40-12 lead. Much of the second half was played with a continuous clock as the Cadets stormed into the semifinals with a 24-0 record.

They'll play again at 5 p.m. Thursday.

At 6-feet-2, Goodman was three inches taller than any South Tama player and she capitalized on that advantage. She made eight of 12 shots, all around the basket, in scoring 20 points and grabbed 10 rebounds.

Friesen tied the Class 3A tournament record with 10 assists and added nine points and nine rebounds. Shannon Pisney scored 19 points for the Cadets, who shot 49 percent for the game, piled up a 39-24 rebounding advantage and committed only five turnovers.

Jessica Musgrave led South Tama with 14 points and 10 rebounds. Carissa Musgrave scored six for the Trojans.

Crestwood is in the tournament for the fourth time in the last five years but has not advanced past the semifinals in that span. The Cadets lost to Cherokee in the first round last year.

South Tama, which upset sixth-ranked Roland-Story on its road to state, finishes 15-10.