

## 2024

4/5	July/Aug.	28-4	Unified Iowa High School Activities Federation Non-Contact Period
6	August	12	Fall Sports Practice Starts
		14	IHSAA/IGHSAU New Athletic Directors Workshop
		17	IHSSA Judges/Coaches Workshop
10	September	2	Labor Day
12		27	State Debate Clinic
14	October	7	Boys Fall District Golf Meets
		11,12	Boys Fall State Golf Meet
		11,12	IHSSA Coaches Convention
		12	State Marching Band Festival: North
15		19	State Marching Band Festival: South
16		21,23	Girls Regional Volleyball Tournament, 1A,2A,3A
		22,24	Girls Regional Volleyball Tournament, 4A,5A
		23	Piano Auditions: All State Music Festival
		23	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		24	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		25	First Round State Football Playoffs, 8PL, A, 1A, 2A
		26	District Auditions: All-State Music Festival
17		28,30	Girls Regional Volleyball Tournament,1A,2A
	November	29	Girls Regional Volleyball Tournament, 3A,4A,5A
		1	First Round State Football Playoffs, Classes 3A, 4A, 5A
		1	Second Round State Football Playoffs, 8PL, A, 1A, 2A
		1	Joint Girls/Boys State Cross Country Meet, 3A/4A
		2	Joint Girls/Boys State Cross Country Meet, 1A/2A
18		4-7	Girls State Volleyball Tournament, All Classes
		7	Girls Regional Diving Meet
		7	Quarterfinal Round State Football Playoffs, 8 PL
		7	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		9	Girls Regional Swimming Meet
19		11	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		11	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		13	Semifinal Round State Football Playoffs, 8 PL
		14	Semifinal Round State Football Playoffs, A, 4A
		15	Semifinal Round State Football Playoffs, 1A, 5A
		15,16	Girls State Swimming & Diving Meet
		16	Semifinal Round State Football Playoffs, 2A, 3A
20		18	Boys Basketball and Wrestling Practice Starts
		21,22	Final Round State Football Playoffs, All Classes
		21-23	All-State Music Festival
21		28	Thanksgiving Day

## 2025

27	January	10,11	State Debate Tournament
29		25	District Speech Contest, Large Group
30		27	Jazz Band State Festival, North, All Classes
		28	Jazz Band State Festival, South, All Classes
31	February	3	State Show Choir Festival, All Classes
		8	State Speech Contest, Large Group
		8	Sectional Wrestling Meets, 1A, 2A

		7,8	Boys District Swimming Meets
32		10	State Jazz Choir Festival, All Classes
		11	Regional Dual Team Wrestling Meet, 1A, 2A
		12	Regional Dual Team Wrestling Meet, 3A
		13	Girls Regional Basketball Tournament, 1A
		14	Boys District Basketball Tournament, 1A
		15	Girls Regional Basketball Tournament, 2A, 3A
		15	Boys State Swimming Meet
		15	District Wrestling Meets, All Classes
33		17,20	Boys District Basketball Tournament, 1A, 2A
		18	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		19	State Dual Team Wrestling Meet, All Classes
		18,21	Girls Regional Basketball Tournament, 1A, 2A
		20-22	State Individual Wrestling Meet, All Classes
		19,22	Girls Regional Basketball Tournament, 3A, 4A, 5A
		22	IHSSA All-State Festival, Large Group
34		24,27	Boys Substate Basketball Tournament, 3A
		24,28	Boys Substate Basketball Tournament, 4A
		24-26	State Co-Ed Bowling Tournament, All Classes
		24	Girls/Boys Track Practice Starts
		25	Girls Regional Basketball Tournament, 4A, 5A
		25	Boys District Basketball Tournament, 1A, 2A
		26	Girls Regional Basketball Tournament, 1A, 2A
	March	1	Boys Substate Basketball Tournament, 1A, 2A
		1	District Speech Contest, Individual Events
35		3-8	Girls State Basketball Tournament, All Classes
		3	Boys Substate Basketball Tournament, 3A
		4	Boys Substate Basketball Tournament, 4A
36		10-14	Boys State Basketball Tournament, All Classes
		14, 15	State Speech Contest, Individual Events
37		17	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		17	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		29	State Music Festival, Solos and Ensembles, 3A
39		31	IHSSA Individual Events All-State Festival
	April	5	State Music Festival, Solos and Ensembles, 2A
41		12	State Music Festival, Solos and Ensembles, 1A, 4A
44	May	5	Boys Baseball Practice Starts
		5	Girls Softball Practice Starts
		9	State Music Festival, Large Group, 2A, 4A Orchestra-Quad Cities Area Only
		9	State Music Festival, Large Group, 1A, 3A
		10	State Music Festival, Large Group, 2A, 4A
45		12	Boys District Individual Tennis Meets, All Classes
		14	Boys Sectional Golf Meets, All Classes
		14	Girls Regional Individual Tennis Meets, All Classes
		15	Joint Girls and Boys State Qualifying Track Meets, All Classes
		16	Girls Regional Golf Meets, 1A, 2A, 3A
		16	Boys Substate Team Tennis Meets, All Classes
		17	Girls Regional Team Tennis Meets, All Classes
46		19	Boys District Golf Meets, All Classes
		20	Girls Regional Team Tennis Meets, All Classes
		21	Girls Regional Soccer Tournament, 1A
		21	Girls Regional Golf Meets, All Classes

		21	Boys Substate Team Tennis Meets, All Classes
		22-24	State Co-Ed Track Meet, All Classes
		22	Boys Substate Soccer Meets, All Classes
		23	Girls Regional Soccer Tournament, 2A,3A
		24	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		26	Memorial Day
		27	Girls 1st Round State Team Tennis, 1A if needed
		27,28	Boys State Golf Meet, All Classes
		27,29	Boys Substate Soccer Meets, All Classes
		27	Girls Regional Soccer Tournament, All Classes
		27,28	Boys State Tennis Meet, All Classes
		29	Girls Regional Soccer Tournament, All Classes
		29,30	Girls State Golf Meet, All Classes
		30,31	Girls State Individual Tennis Meet, All Classes
48	June	2,4,6	Boys State Soccer Tournament, All Classes
		2	Girls State Team Tennis Meet, All Classes
		3,5,7	Girls State Soccer Tournament, All Classes
		3	Boys State Team Tennis Meet, All Classes
49		10	State Co-Ed Golf Meet
		10	State Co-Ed Tennis Meet
52	July	3	Boys District Baseball Tournament, 1A
1		5	Boys District Baseball Tournament, 1A,2A
		8	Boys District Baseball Tournament, 1A,2A
		8	Girls Regional Softball Tournament, 1A,2A,3A
		9	Girls Regional Softball Tournament, 1A,2A
		10	Girls Regional Softball Tournament, 4A,5A
		11	Boys District Baseball Tournament, 3A
		11	Boys Substate Baseball Tournament, 4A
		11	Girls Regional Softball Tournament, 1A,2A,3A
		12	Boys District Baseball Tournament, 1A,2A
		12	Girls Regional Softball Tournament, 4A,5A
2		14	Boys District Baseball Tournament, 3A
		14	Boys Substate Baseball Tournament, 4A
		14	Girls Regional Softball Tournament, 1A,2A,3A
		15	Girls Regional Softball Tournament, 4A,5A
		16	Boys Substate Baseball Tournament, 1A, 2A
		17	Boys Substate Baseball Tournament, 3A, 4A
3	July	21-25	Boys State Baseball Tournament, All Classes
3	July	21-25	Girls State Softball Tournament, All Classes
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