

# 1998 IOWA GIRLS' STATE TRACK CHAMPIONSHIPS RESULTS -- CLASS 1A

By Track-on-a-Mac on May 25, 1998 at 12:53 PM

## Class 1A Team Scoring

1 Belle Plaine 38  
2 Williamsburg 32  
3 Calamus-Wheatland 25  
4 Prairie Valley 24  
5 AHST 22  
5 Collins-Maxwell-Baxter 22  
7 South Winneshiek 21  
8 Fredericksburg 16  
9 Treynor 14 1/2  
10 Midland 14  
10 Winfield-Mt. Union 14  
12 Aplington-Parkersburg 13  
12 Denver 13  
12 Starmont 13  
15 Durant-Bennett 12  
15 North Linn 12  
17 Manson-NW Webster 11  
18 Lynnville-Sully 10 1/2  
19 East Union 9  
19 West Hancock 9  
21 Clear Creek-Amana 8  
21 Dike-New Hartford 8  
21 Mount Ayr 8  
21 Pocahontas Area 8  
21 Pomeroy-Palmer 8  
21 Sac City 8  
27 Laurens-Marathon 7  
27 Remsen St. Mary's 7  
27 Villisca 7

30 HLV 6  
30 Lenox 6  
30 Nashua-Plainfield 6  
30 North Iowa 6  
30 Northeast Hamilton 6  
30 Van Meter 6  
36 Guthrie Center 5  
37 Cedar Falls NU High 4  
37 George-Little Rock 4  
37 Wall Lake View-Auburn 4  
40 Belmond-Klemme 3  
40 Elk Horn-Kimballton 3  
40 Galva-Holstein 3  
40 Hartley-Melvin-Sanborn 3  
40 Pekin 3  
40 Southern Cal 3  
46 Audubon 2  
46 Bedford 2  
46 Iowa City Regina 2  
46 North Tama 2  
46 River Valley 2  
46 Tipton 2  
46 Wapsie Valley 2  
53 Hinton 1  
53 Jesup 1  
53 Marcus-Meriden-Cleghorn 1  
53 Preston-East Central 1  
53 St. Ansgar 1  
54 West Marshall 1

## **Class 1A 100 Meter Dash Finals**

1 Susie Reinhardt; Belle Plaine 12.60  
2 Amanda Beck; Prairie Valley 12.65  
3 Robin Sullivan; HLV 12.78  
4 Bree Elsbernd; South Winneshiek 12.82  
5 Molly O'Brien; Williamsburg 12.91  
6 Abby Gonzales; Guthrie Center 12.96  
7 Katie Brees; Keota 13.03  
8 Pam Betz; Dows-CAL 13.11

## **Heat 1**

1 Bree Elsbernd; South Winneshiek 12.84

- 2 Abby Gonzales; Guthrie Center 12.92
- 3 Amy Smith; Cardinal 13.14
- 4 Jessy Bertling; Midland 13.20
- 5 Andrea Johnson; Des Moines Christian 13.27
- 6 Shelly McFarland; Fredericksburg 13.36
- 7 Jami Sonney; Ventura 13.39
- 8 Pam Haidsiak; Bedford 13.72

## Heat 2

- 1 Susie Reinhardt; Belle Plaine 12.72
- 2 Amanda Beck; Prairie Valley 12.77
- 3 Pam Betz; Dows-CAL 13.10
- 4 Debbie Stephens; Mount Ayr 13.20
- 5 Angie Behrend; Guttenberg 13.34
- 6 Nicole Jaycox; Hartley-Melvin-Sanborn 13.35
- 7 Jenny Goodall; Lake Mills 13.41
- 8 Carol Spicer; Nishna Valley 13.83

## Heat 3

- 1 Robin Sullivan; HLV 12.74
- 2 Molly O'Brien; Williamsburg 12.78
- 3 Katie Brees; Keota 12.92
- 4 Katie McFarland; Iowa City Regina 13.16
- 5 Breanne Hucka; Greene 13.29
- 6 Sarah Glynn; Nishna Valley 13.32
- 7 Tonya Gutshall; Prairie Valley 13.41
- 8 Rachel Richtermeier; Lawton-Bronson 13.75

## Class 1A 200 Meter Dash Finals

- 1 Amanda Beck; Prairie Valley 25.35
- 2 Susie Reinhardt; Belle Plaine 25.75
- 3 Mareike Baldin; Villisca 25.85
- 4 Annette Otdoerfer; Starmont 26.02
- 5 Brianne Schoonover; Fredericksburg 26.13
- 6 Abby Gonzales; Guthrie Center 26.25
- 7 Miki Schmidt; Audubon 26.36
- 8 Carla Wosoba; Midland 26.60

## Heat 1

- 1 Brianne Schoonover; Fredericksburg 26.29
- 2 Jennifer Zumbach; North Linn 26.42
- 3 Casey Thompson; FM Aquinas/WP Marquette 26.76
- 4 Tina Sanders; Sac City 27.00
- 5 Kara Rechterman; Tipton 27.05
- 6 Amy Smith; Cardinal 27.15
- 7 Jami Sonney; Ventura 27.26
- 8 Amanda Eckrich; Clear Creek-Amana 27.61

## Heat 2

- 1 Mareike Baldin; Villisca 25.86
- 2 Susie Reinhardt; Belle Plaine 25.95
- 3 Annette Ottoerfer; Starmont 26.16
- 4 Carla Wosoba; Midland 26.38
- 5 Miki Schmidt; Audubon 26.40
- 6 Brooke Engelmann; Albert City-Truesdale 26.76
- 7 Breanne Hucka; Greene 27.17
- 8 Andrea Johnson; Des Moines Christian 27.68

## Heat 3

- 1 Amanda Beck; Prairie Valley 25.91
- 2 Abby Gonzales; Guthrie Center 26.31
- 3 Linda Lappe; Winfield-Mt. Union 26.57
- 4 Amber Uhlenhopp; Aplington-Parkersburg 26.61
- 5 Heidi Brody; Denver 26.71
- 6 Pam Betz; Dows-CAL 26.77
- 7 Jill Zevenbergen; Hinton 27.40
- 8 Jen Van Utrecht; North Mahaska 27.63

## Class 1A 400 Meter Dash Finals

- 1 Brianne Schoonover; Fredericksburg 0:57.21
- 2 Carla Wosoba; Midland 0:58.18
- 3 Tina Sanders; Sac City 0:58.83
- 4 Linda Lappe; Winfield-Mt. Union 0:58.84
- 5 Heidi Brody; Denver 0:59.09
- 6 Nicki Vellinga; West Marshall 0:59.09
- 7 Alice Ottoerfer; Starmont 1:00.07

Jessica Jensen; Elk Horn-Kimballton DQ1:01.12

## Heat 1

- 1 Linda Lappe; Winfield-Mt. Union 0:59.40
- 2 Heidi Brody; Denver 0:59.42
- 3 Kari Johnson; George-Little Rock 1:01.22
- 4 Stacy Lister; Earlham 1:01.34
- 5 Brooke Engelmann; Albert City-Truesdale 1:02.03
- 6 Sommer Hackenmiller; St. Ansgar 1:02.03
- 7 Tara Sands; Woodbury Central 1:03.03
- 8 Brittany Ewoldt; Eldora-New Providence 1:04.56

## Heat 2

- 1 Carla Wosoba; Midland 0:59.20
- 2 Alice Otdoerfer; Starmont 0:59.98
- 3 Jessica Jensen; Elk Horn-Kimballton 1:00.16
- 4 Summer Meier; Van Meter 1:01.29
- 5 Renae Raap; Pekin 1:01.51
- 6 Chelsey Wille; Williamsburg 1:02.02
- 7 Kristen Reichenauer; Central City 1:02.54
- 8 Laura Haden; Rockwell City-Lytton 1:02.97

## Heat 3

- 1 Brianne Schoonover; Fredericksburg 0:57.74
- 2 Tina Sanders; Sac City 0:58.31
- 3 Nicki Vellinga; West Marshall 0:59.61
- 4 Jessica Hall; Midland 1:01.14
- 5 Stephanie Roepke; East Buchanan 1:01.17
- 6 Paula Preston; North Kossuth 1:02.06
- 7 Stevie Light; Colfax-Mingo 1:02.94
- 8 Michelle Bartachek; Belle Plaine 1:04.53

## Class 1A 800 Meter Run Finals

- 1 Michelle Lahann; Calamus-Wheatland 2:17.62
- 2 Ronda Cheers; East Union 2:17.79
- 3 Lindsay Kropf; Wall Lake View-Auburn 2:19.25

- 4 Amber Schmidt; Laurens-Marathon 2:19.34
- 5 Ashley Drahn; Belle Plaine 2:21.20
- 6 Lydia Brawner; Hartley-Melvin-Sanborn 2:22.50
- 7 Brianna Wilkerson; Danville 2:22.76
- 8 Leah Zidon; Bondurant-Farrar 2:23.53
- 9 Alicia Cox; Wapsie Valley 2:23.88
- 10 Kristen Reichenauer; Central City 2:24.43
- 11 Gina Martin; HLV 2:25.07
- 12 Nicole Lahann; Calamus-Wheatland 2:25.51
- 13 Jamie Quass; Tripoli 2:25.52
- 14 Rachel Eide; Hubbard-Radcliffe 2:25.66
- 15 Vanessa Kettner; Cedar Falls NU High 2:25.81
- 16 Jess Wolter; Denver 2:25.92
- 17 Nicole Edwards; Manson-NW Webster 2:27.12
- 18 Beth Neal; Williamsburg 2:27.15
- 19 Brandi Tentinger; Remsen-Union 2:27.84
- 20 Amy Anderson; Eldora-New Providence 2:27.95
- 21 Cassity Lindgren; Odebolt-Arthur 2:28.73
- 22 Kate McCormick; Pocahontas Area 2:28.96
- 23 Aimee Dunlop; Woodbine 2:29.25
- 24 Renate Ruggles; Pekin 2:30.69

## **Class 1A 1500 Meter Run Finals**

- 1 Michelle Lahann; Calamus-Wheatland 4:56.78
- 2 Erin Kappeler; Durant-Bennett 4:58.40
- 3 Sarah Arens; Remsen St. Mary's 5:00.25
- 4 Ronda Cheers; East Union 5:01.31
- 5 Jane McDermott; North Tama 5:02.55
- 6 Katie Hayen; Calamus-Wheatland 5:04.79
- 7 Ann McMillen; Bedford 5:05.14
- 8 Stacey Shaw; Dike-New Hartford 5:05.65
- 9 Shannon Van Muester; Durant-Bennett 5:05.99
- 10 Leah Zidon; Bondurant-Farrar 5:06.52
- 11 Leslie Marshall; Harmony 5:09.09
- 12 Julie Arthur; Williamsburg 5:10.49
- 13 Ruth Spangler; Pocahontas Area 5:10.89
- 14 Katie Rulapaugh; SCMT 5:10.99
- 15 Kristy Blasberg; Tripoli 5:12.74
- 16 Sara Phillips; Colo-Nesco 5:14.41
- 17 Jenni Hedrick; North Linn 5:15.47
- 18 Heather Kite; Jesup 5:15.57
- 19 Carrisa Chesnut; Iowa City Regina 5:16.88
- 20 Aimee Dunlop; Woodbine 5:17.78
- 21 Michelle Beck; Preston/East Central 5:19.37

- 22 Amber Schmidt; Laurens-Marathon 5:20.70
- 23 Beth Fischer; Wall Lake View-Auburn 5:25.47
- 24 Michelle Beichley; Gladbrook-Reinbeck 6:30.47

## **Class 1A 3000 Meter Run Finals**

- 1 Michelle Lahann; Calamus-Wheatland 10:29.70
- 2 Erin Kappeler; Durant-Bennett 10:34.40
- 3 Amber Schmidt; Laurens-Marathon 10:38.40
- 4 Sarah Arens; Remsen St. Mary's 10:44.96
- 5 Ann McMillen; Bedford 10:47.64
- 6 Suzy Van Wyngarden; Lynnville-Sully 10:51.18
- 7 Stacey Shaw; Dike-New Hartford 10:51.62
- 8 Jane McDermott; North Tama 10:53.16
- 9 Katie Hayen; Calamus-Wheatland 10:54.18
- 10 Kristy Blasberg; Tripoli 10:55.06
- 11 Jannelle Doddema; Cedar Falls NU High 10:59.63
- 12 Angie Holthaus; South Winneshiek 11:02.96
- 13 Jenni Hedrick; North Linn 11:18.66
- 14 Lisa Matt; Valley CEW 11:21.58
- 15 Katie Rulapaugh; SCMT 11:23.16
- 16 Maggie Burhans; Interstate 35 11:27.98
- 17 Kari Ruffcorn; West Harrison 11:30.28
- 18 Teresa Wessling; Guthrie Center 11:32.91
- 19 Tara Pratt; Denver 11:33.95
- 20 Ruby Bode; Algona Garrigan 11:38.29
- 21 Mikila Sprouse; Van Buren 11:41.85
- 22 Lacey Leinbaugh; Galva-Holstein 11:41.87
- 23 Heather Kite; Jesup 12:07.04
- 24 Courtney Slota; Remsen-Union 12:13.21

## **Class 1A 100 Meter Hurdles Finals**

- 1 Molly O'Brien; Williamsburg 14.90
- 2 Kristin Gerzema; North Iowa 14.93
- 3 Stephanie Goettsch; AHST 14.97
- 4 Abby Gonzales; Guthrie Center 15.21
- 5 Carrie Leber; Treynor 15.25
- 6 Lindsay Schultz; Manson-NW Webster 15.40
- 7 Elizabeth Teisinger; Tripoli 15.64
- 8 Melissa Eighmy; Mount Ayr 15.75

## Heat 1

- 1 Kristin Gerzema; North Iowa 14.81
- 2 Abby Gonzales; Guthrie Center 15.07
- 3 Elizabeth Teisinger; Tripoli 15.44
- 4 Becky Kingery; Pleasantville 15.54
- 5 April Lien; North Central 16.13
- 6 Jill Hansen; Clear Creek-Amana 16.19
- 7 Theresa Trede; Treynor 16.26
- 8 Cindy Reis; Schaller-Crestland 16.31

## Heat 2

- 1 Carrie Leber; Treynor 15.18
- 2 Stephanie Goettsch; AHST 15.26
- 3 Melissa Eighmy; Mount Ayr 15.34
- 4 Jenny Randeris; Audubon 15.68
- 5 Steph Francois; Starmont 15.96
- 6 Shelly McFarland; Fredericksburg 16.15
- 7 Elicia Brocka; Aplington-Parkersburg 16.41
- 8 Brandee Spratt; Williamsburg 16.93

## Heat 3

- 1 Molly O'Brien; Williamsburg 15.20
- 2 Lindsay Schultz; Manson-NW Webster 15.33
- 3 Jacque Moyer; Janesville 15.64
- 4 Jessi Lincoln; Edgewood-Colesburg 15.67
- 5 Erin Steinkamp; Southern Cal 15.79
- 6 Katie Nanninga; LeMars Gehlen Catholic 15.84
- 7 Carrie Wooton; Winfield-Mt. Union 16.29
- 8 Molly Clifton; North Cedar 16.30

## Class 1A 400 Meter Hurdles Finals

- 1 Melissa Eighmy; Mount Ayr 1:04.37
- 2 Summer Meier; Van Meter 1:04.73
- 3 Callie Trei; George-Little Rock 1:05.17
- 4 Jessica Jensen; Elk Horn-Kimballton 1:06.16
- 5 Carmen Oswald; Collins-Maxter-Baxter 1:06.37



- 6 Gail Schimmels; Denver 1:07.25
- 7 Paula Preston; North Kossuth 1:07.37
- 8 Lindsay Schultz; Manson-NW Webster 1:08.94

## Heat 1

- 1 Jessica Jensen; Elk Horn-Kimballton 1:05.47
- 2 Summer Meier; Van Meter 1:05.88
- 3 Gail Schimmels; Denver 1:06.79
- 4 Allison Lyle; Keota 1:06.96
- 5 Molly Clifton; North Cedar 1:09.77
- 6 Meggan Farrell; Ar-We-Va 1:10.43
- 7 Elicia Brocka; Aplington-Parkersburg 1:10.67
- 8 Ethanie Wallinga; Hartley-Melvin-Sanborn 1:11.13

## Heat 2

- 1 Melissa Eighmy; Mount Ayr 1:05.83
- 2 Lindsay Schultz; Manson-NW Webster 1:06.69
- 3 Paula Preston; North Kossuth 1:06.73
- 4 Brittany Ewoldt; Eldora-New Providence 1:08.62
- 5 Jenny Gruber; Pocahontas Area 1:10.73
- 6 Allison Reinking; Sumner 1:11.04
- 7 Elizabeth Grooters; Central Lyon 1:13.56
- 8 Cathy Herman; Sigourney 1:20.01

## Heat 3

- 1 Callie Trei; George-Little Rock 1:05.06
- 2 Carmen Oswalt; Collins-Maxter-Baxter 1:06.38
- 3 Elizabeth Teisinger; Tripoli 1:07.15
- 4 Kristi Rohe; LeMars Gehlen Catholic 1:09.56
- 5 Bonnie Pedersen; Cedar Falls NU High 1:10.17
- 6 Jill Anderson; Audubon 1:10.89
- 7 Corey Arndt; Tipton 1:10.97
- 8 Jen Ware; Glidden-Ralston 1:14.24

## Class 1A 4x100 Meter Relay Finals

- 1 Abbie Hunter, Samantha Hammen, Tonya Gutshall, Amanda Beck; Prairie Valley 50.04

- 2 Carmen Oswalt, Rachel Flora, Amber Long, Mindy Ketchum; Collins-Maxwell-Baxter 50.99
- 3 Alice Otdoerfer, Tara Robinson, Steph Francois, Annette Otdoerfer; Starmont 51.05
- 4 Steph Corkery, Deanna Miller, Autum Boddicker, Jennifer Zumbach; North Linn 51.09
- 5 Gigi Fairchild, Mandy Fredricks, Gina Martin, Robin Sullivan; HLV 51.23
- 6 Tristan Kolder, Angie Wessels, Carly Zacharias, Amber Uhlenhopp; Aplington-Parkersburg 51.27
- 7 Molly DeMeulenaere, Ashley Jacobi, Shanna Hirschberger, Susie Reinhardt; Belle Plaine 51.29
- 8 Anna Brantz, Jessica Sornson, Theresa Trede, Carrie Leber; Treynor 51.47

## Heat 1

- 1 Molly DeMeulenaere, Ashley Jacobi, Shanna Hirschberger, Susie Reinhardt; Belle Plaine 50.91
- 2 Trista Kolder, Angie Wessels, Carly Zacharias, Amber Uhlenhopp; Aplington-Parkersburg 50.93
- 3 Gigi Fairchild, Mandy Fredricks, Gina Martin, Robin Sullivan; HLV 51.21
- 4 Anna Brantz, Jessica Sornson, Theresa Trede, Carrie Leber; Treynor 51.29
- 5 Nicole Jaycox, Sarah Schulz, Shanna Vetter, Jodi Epping; Hartley-Melvin-Sanborn 51.63
- 6 Karen Swanson, Annie Blythe,, Jess Duncan, Lindsay Clark,; Ogden 52.47
- 7 Michele Hardy, Erin Feld, Abbie Willis, Stacy Dowling; Southern Cal 52.93

## Heat 2

- 1 Abbie Hunter, Samantha Hammen, Tonya Gutshall, Amanda Beck; Prairie Valley 50.67
- 2 Alice Otdoerfer, Tara Robinson, Steph Francois, Annette Otdoerfer; Starmont 50.94
- 3 Ashley Jacobs, Jill Hansen, Amanda Eckrich, Shelly Hochstetler; Clear Creek-Amana 51.48
- 4 Jen Moore, Kaitlyn Greenbowe, Christian Romano, Marissa Maestas; Gilbert 52.10
- 5 Molly Attig, Kearstin Caswell, Shawna Tausz, Meredith Austin; Central Lyon 52.22
- 6 Deanna Kohlhaas, Liz DeWard,, Jill Erpelding, Lisa Boekelman; Algona Garrigan 52.58
- 7 Katie McFarland, Laura Platt, Hilarie McDonald, Becky Miller; Iowa City Regina 53.08
- 8 Mindy Stuart, Amana Werner, Jessica Gepner, Debbie Stephens; Mount Ayr 53.26

## Heat 3

- 1 Carmen Oswalt, Rachel Flora, Amber Long, Mindy Ketchum; Collins-Maxter-Baxter 51.09
- 2 Steph Corkery, Deanna Miller, Autum Boddicker, Jennifer Zumbach; North Linn 51.42
- 3 Gina Greiner, Allison Lyle, Jill Vittetoe, Katie Brees; Keota 51.61
- 4 Stephanie Van Syoc, Robin Lamm, Rachel Miller, Jamie Strawhacker; New London 51.62
- 5 Nicole Stout, Jen Van Utrecht, Shauna Dyjack, Stacy Stout; North Mahaska 52.25
- 6 Molly Movall, Mandy Rydberg, Jeni Rydberg, Cindy Reis; Schaller-Crestland 52.40
- 7 Mandy Grell, Rachel Pieper, Kristen Ehlers, Rachel Hoffman; Ar-We-Va 52.42
- Mandie Sorensen, Mistee Hendricks, Cindy Hanneman, Kristi Haberman; Nashua-Plainfield DQ53.85

## Heat 4

1 Sena Pratt, Andrea Ohl, Kara Pralle, Pam Betz; Dows-CAL 52.16

## Class 1A 4x200 Meter Relay Finals

- 1 Carmen Oswalt, Rachel Flora, Amber Long, Mindy Ketchum; Collins-Maxwell-Baxter 1:46.44
- 2 Steph Corkery, Deanna Miller, Autum Boddicker, Jennifer Zumbach; North Linn 1:47.02
- 3 Angie Wessels, Carly Zacharias, Ashley Uhlenhopp, Amber Uhlenhopp; Aplington-Parkersburg 1:47.35
- 4 Nikki Hitesman, Ann Bakewell, Beth Moore, Bree Elsbernd; South Winneshiek 1:47.80
- 5 Kristi Menke, Amana Wagner, Abby Eilbeck, Kara Rechterman; Tipton 1:49.35
- 6 Anna Brantz, Katie Lauver, Jennifer Anderson, Jessica Sornson; Treynor 1:49.60
- 7 Michele Hardy, Michelle Blessington, Jenny Otto, Stacy Dowling; Southern Cal 1:49.89
- 8 Stephanie Van Syoc, Robin Lamm, Rachel Miller, Jamie Strawhacker; New London 1:50.43

### Heat 1

- 1 Nikki Hitesman, Ann Bakewell, Beth Moore, Bree Elsbernd; South Winneshiek 1:47.43
- 2 Steph Corkery, Deanna Miller, Autum Boddicker, Jennifer Zumbach; North Linn 1:47.45
- 3 Angie Wessels, Carly Zacharias, Ashley Uhlenhopp, Amber Uhlenhopp; Aplington-Parkersburg 1:48.61
- 4 Anna Brantz, Katie Lauver, Jennifer Anderson, Jessica Sornson; Treynor 1:49.37
- 5 Stephanie Van Syoc, Robin Lamm, Rachel Miller, Jamie Strawhacker; New London 1:49.63
- 6 Molly Movall, Mandy Rydberg, Jeni Rydberg, Traci Bode; Schaller-Crestland 1:50.49
- 7 Brandy Milford, Allison Lyle, Jill Vittetoe, Katie Brees; Keota 1:51.58
- 8 Brandi Hansen, Vanessa Wright, Teanna Stevenson, Marissa Simmons; River Valley 1:51.97

### Heat 2

- 1 Melissa Atalig, Beth Madsen, Carrie Hejlik, Steph Atalig; Garner-Hayfield 1:49.95
- 2 Mandie Sorensen, Mistee Hendricks, Kristi Haberman, Jill Sinnwell; Nashua-Plainfield 1:49.97
- 3 Molly Attig, Kearstin Caswell, Shawna Tausz, Meredith Austin; Central Lyon 1:50.42
- 4 Missy Gerrard, Ashley Kakacek, Jenny Gruber, Niki Dewall; Pocahontas Area 1:50.49
- 5 Ashley Jacobs, Shelly Hochstetler, Laura Chipman, Amanda Eckrich; Clear Creek-Amana 1:50.75
- 6 Molly Hostetler, Chrystal Roberts, Jami Wheelock, Chelsie Reifschneider; Colo-Nesco 1:51.11
- 7 Angie Hulse, Laura Platner, Beth Stolte, Ali Sandberg; North Cedar 1:51.92
- 8 Dawn Weiskamp, Jamie Veldhouse, Allison Hejlik, Sara Miller; West Hancock 1:54.46

### Heat 3

- 1 Carmen Oswalt, Rachel Flora, Amber Long, Mindy Ketchum; Collins-Maxter-Baxter 1:47.26
- 2 Kristi Mente, Amana Wagner, Abby Eilbeck, Kara Rechterman; Tipton 1:49.29
- 3 Michele Hardy, Michelle Blessington, Jenny Otto, Stacy Dowling; Southern Cal 1:49.30

- 4 Mandy Grell, Rachel Pieper, Meggan Farrell, Rachel Hoffman; Ar-We-Va 1:50.19
- 5 Jodi Block, Tanya Sitzmann, Kari Wiltgen, Jessi Campbell; LeMars Gehlen Catholic 1:50.92
- 6 Abbie Hunter, Samantha Hammen, Julie Boehme, Tonya Gutshall; Prairie Valley 1:51.29
- 7 Shannon Ticknor, Zoey Artist, Amanda Dorsey, Beth Hartman; CAM 1:51.32
- 8 Maggie Wells, Whitney Glenn, Mindy Wells, Krista Mitchell; Seymour DQ

## Class 1A 4x400 Meter Relay Finals

- 1 Gail Schimmels, Liz Smith, Jess Wolter, Heidi Brody; Denver 4:05.31
- 2 Abby McNeal, Nikki Hitesman, Angie Holthaus, Ann Bakewell; South Winneshiek 4:05.85
- 3 Amy McMartin, Stephanie Goettsch, Cassie Jacobsen, Stephanie Collins; AHST 4:05.88
- 4 Michelle Bartachek, Lauren Drahos, Molly DeMeulenaere, Ashley Drahm; Belle Plaine 4:06.66
- 5 Shelley Atwood, Rachel Flora, Emily Stratton, Mindy Ketchum; Collins-Maxwell-Baxter 4:08.83
- 6 Heather DeRocher, Kyndara Hardersen, Mikyla Hardersen, Jill Zevenbergen; Hinton 4:09.00
- 7 Mareike Baldin, Jordan Marsh, Anna Wainwright, Jessie Gray; Villisca 4:10.48
- 8 Beth Madsen, Laura Imoehl, Carrie Hejlik, Steph Atalig; Garner-Hayfield 4:15.36

### Heat 1

- 1 Abby McNeal, Nikki Hitesman, Angie Holthaus, Ann Bakewell; South Winneshiek 4:07.58
- 2 Amy McMartin, Stephanie Goettsch, Cassie Jacobsen, Stephanie Collins; AHST 4:08.03
- 3 Heather DeRocher, Kyndara Hardersen, Mikyla Hardersen, Jill Zevenbergen; Hinton 4:08.12
- 4 Emily Stratton, Rachel Flora, Shelley Atwood, Mindy Ketchum; Collins-Maxter-Baxter 4:09.20
- 5 Anna Wainwright, Jordan Marsh, Jessie Gray, Mareike Baldin; Villisca 4:11.06
- 6 Brittany Ewoldt, Dia Dohlman, Jenn Beare, Amy Anderson; Eldora-New Providence 4:13.43
- 7 Abby Tiernan, Heather Iburg, Beth Neal, Chelsey Wille; Williamsburg 4:15.31
- 8 Molly Attig, Tracy LeMonds, Shawna Tausz, Meredith Austin; Central Lyon 4:16.04

### Heat 2

- 1 Gail Schimmels, Liz Smith, Jess Wolter, Heidi Brody; Denver 4:07.40
- 2 Beth Madsen, Laura Imoehl, Carrie Hejlik, Steph Atalig; Garner-Hayfield 4:09.61
- 3 Jamie Hansmann, Melea Zacharias, Rachael Spree, Leslie Junker; Aplington-Parkersburg 4:11.19
- 4 Emily Dolan, Jessie Sloan, Kelly Dolan, Stephanie Roepke; East Buchanan 4:13.07
- 5 Erin Hoffman, Jami Layland, Tiffany Christensen, Miki Schmidt; Audubon 4:14.85
- 6 Amy Young, Kayla Fulrath, Linissa Bowman, Jamie Larson; Preston/East Central 4:16.12
- 7 Brandi Hansen, Allison Riddle, Marissa Simmons, Kayla Lundt; River Valley 4:18.46
- 8 Megan Tapps, Nikki Robinson, Jessica Emerson, Summer Meier; Van Meter 4:20.70

### Heat 3

- 1 Michelle Bartachek, Lauren Drahos, Molly DeMeulenaere, Ashley Drahn; Belle Plaine 4:09.88
- 2 Heather Allen, Allison Hejlik, Dustie Smith, Brooke Wilson; West Hancock 4:11.81
- 3 Katie Mayer, Getchen Porisch, Kristy Larson, Sommer Hackenmiller; St. Ansgar 4:11.88
- 4 Katie Lauver, Anna Brantz, Jill Deitchler, Jessica Sornson; Treynor 4:14.05
- 5 Renae Pruess, Beth Stolte, Molly Clifton, Ali Sandberg; North Cedar 4:14.93
- 6 Casey Willsher, Sherry Mathias, Toni Mohring, Kristi Haberman; Nashua-Plainfield 4:15.57
- 7 Renae Raap, Tiffany Brain, Mary Raap, Renate Ruggles; Pekin 4:15.86
- 8 Kara Rechterman, Jenni Janssen, Christy Hansen, Kelly Foley; Tipton 4:16.15

## **Class 1A 4x800 Meter Relay Finals**

- 1 Julie Arthur, Amber Ealy, Chelsey Wille, Beth Neal; Williamsburg 09:49.24
- 2 Carrie Schreck, Tiffany Tjepkes, Stacey Shaw, Miranda Weber; Dike-New Hartford 09:57.00
- 3 Susie Gray, Erin Ver Ploeg, Erin Sheaern, Suzy Van Wyngarden; Lynnville-Sully 09:58.48
- 4 Bindy Comito, Jannelle Doddema, Bethany Richter, Vanessa Kettner; Cedar Falls NU High 09:59.10
- 5 Kassie Leistikow, Amanda Corcoran, Joy Schutte, Alicia Cox; Wapsie Valley 09:59.30
- 6 Michelle Beck, Beth Rowan, Amy Young, Linissa Bowman; Preston/East Central 10:00.23
- 7 Kate Olesen, Teresa Shannon, Shannon LaBuff, Kelly Smith; Nodaway Valley 10:03.36
- 8 Jessie Sackett, Denise Miller, Lani Nielsen, Kylan Schulte; North Linn 10:03.77
- 9 Nicole Lahann, Alisa Timmerman, Tara Pickering, Katie Hayen; Calamus-Wheatland 10:06.12
- 10 Heather DeRocher, Lindsey Held, Kyndara Hardersen, Mikyla Hardersen; Hinton 10:06.17
- 11 April Goodale, Ari-Anne Kleckner, Tina May, Katie Mayer; St. Ansgar 10:08.20
- 12 MacKenzie Henryson, Anne Allen, Liz Dunshee, Mary Oppold; Gilbert 10:08.33
- 13 Emily Glace, Amy Anderson, Elaine McDonald, Jenn Beare; Eldora-New Providence 10:09.16
- 14 Ruth Spangler, Joanna Schrieber, Dena Ricklefs, Kate McCormick; Pocahontas Area 10:09.17
- 15 Cami Schrage, Cassie Aalderks, Jamie Hansmann, Leslie Junker; Aplington-Parkersburg 10:09.63
- 16 Amanda Balik, Tanya Pohusta, Candice Schneberger, Angie Holthaus; South Winneshiek 10:11.68
- 17 Renae Raap, Renate Ruggles, Tiffany Brain, Tammy Askew; Pekin 10:11.91
- 18 Renae Brandt, Kristi Kurtzleben, Carmen Garst, Trelawny Renstrom; North Iowa 10:14.67
- 19 Erin McGuire, Kelli McCaulley, Emily Markert, Nicole Edwards; Manson-NW Webster 10:15.94
- 20 Hallie Wombacher, Monica Hosek, Lisa Hosek, Carrisa Chesnut; Iowa City Regina 10:19.76
- 21 Heather Stence, Angie Kohlhaas, Sadie Kohlhaas, Jenny McAlpine; Algona Garrigan 10:24.49
- 22 Erica Esbeck, Laura Schwitzer, Rachelle Dlouhy, Jenni Janssen; Tipton 10:26.16
- 23 Anita August, Amanda Buesing, SuAnn Woods, Shannon Van Muester; Durant-Bennett 10:30.06
- 24 Jill Anderson, Shawna Nelson, Jill Jackson, Kristin Anderson; South Page 10:47.11

## **Class 1A Sprint Medley Relay Finals**

- 1 Carrie Wooton, Leslie Johnson, Ashley Wilkerson, Linda Lappe; Winfield-Mt. Union 1:51.11
- 2 Jessy Bertling, Mary Dabling, Jessica Hall, Carla Wosoba; Midland 1:51.16
- 3 Katie Holthaus, Beth Moore, Bree Elsbernd, Ann Bakewell; South Winneshiek 1:52.60

- 4 Tara Robinson, Bri Henry, Annette Otdoerfer, Alice Otdoerfer; Starmont 1:52.79
- 5 Jenny Franzen, Kimberly Petersen, Shelly McFarland, Brianne Schoonover; Fredericksburg 1:52.89
- 6 Heather Doughan, Mandy Kirsch, Dawn Weiskamp, Brooke Wilson; West Hancock 1:53.01
- 7 Michelle Mitchell, Kathy Carlson, Sara Osborne, Tina Sanders; Sac City 1:54.59
- 8 Jill Nevill, Beth Madsen, Carrie Hejlik, Steph Atalig; Garner-Hayfield 1:55.28

## Heat 1

- 1 Carrie Wooton, Leslie Johnson, Ashley Wilkerson, Linda Lappe; Winfield-Mt. Union 1:50.74
- 2 Katie Holthaus, Beth Moore, Bree Elsbernd, Ann Bakewell; South Winneshiek 1:53.11
- 3 Jill Nevill, Beth Madsen, Carrie Hejlik, Steph Atalig; Garner-Hayfield 1:53.59
- 4 Gigi Fairchild, Dani Smith, Mandy Fredricks, Robin Sullivan; HLV 1:53.87
- 5 Mistee Hendricks, Toni Mohring, Casey Willsher, Jill Sinnwell; Nashua-Plainfield 1:55.22
- 6 Sammi Smith, Jill Masonholder, Anna Sands, Paula Pugh; Columbus 1:55.71
- 7 Laura Platner, Jennifer Lawson, Renae Pruess, Ali Sandberg; North Cedar 1:56.53
- 8 Erin Wallerich, Abbie Hammes, Becky O'Rourke, Karla Flynn; Sigourney 2:01.35

## Heat 2

- 1 Jenny Franzen, Kimberly Petersen, Shelly McFarland, Brianne Schoonover; Fredericksburg 1:52.57
- 2 Tara Robinson, Bri Henry, Annette Otdoerfer, Alice Otdoerfer; Starmont 1:53.19
- 3 Nicole Jaycox, Jodi Epping, Shanna Vetter, Lydia Brawner; Hartley-Melvin-Sanborn 1:53.89
- 4 Amy McMartin, Robyn Plagman, Cassie Jacobsen, Stephanie Collins; AHST 1:54.05
- 5 Tanya Sitzmann, Katie Schiltz, Kari Wiltgen, Jessi Campbell; LeMars Gehlen Catholic 1:55.86
- 6 Brandi Jorgensen, Megan Willey, Amy Young, Jamie Larson; Preston/East Central 1:57.78
- 7 Amber Long, Emily Stratton, Katie Ketchum, Amanda Long; Collins-Maxter-Baxter 1:59.72
- Kelly Crouthamel, Kylan Crouthamel, Brooke Stanley, Alicia Hraha; Interstate 35 FS

## Heat 3

- 1 Jessy Bertling, Mary Dabling, Jessica Hall, Carla Wosoba; Midland 1:51.04
- 2 Michelle Mitchell, Kathy Carlson, Sara Osborne, Tina Sanders; Sac City 1:53.42
- 3 Heather Doughan, Mandy Kirsch, Dawn Weiskamp, Brooke Wilson; West Hancock 1:53.65
- 4 Stephanie Van Syoc, Robin Lamm, Jamie Strawhacker, Rachel Miller; New London 1:55.04
- 5 Stacy Dowling, Michelle Blessington, Michele Hardy, Erin Steinkamp; Southern Cal 1:55.87
- 6 Tristan Kolder, Alyson Youngberg, Ashley Uhlenhopp, Rachael Spree; Aplington-Parkersburg 1:58.18
- 7 Hilarie McDonald, Becky Miller, Katie McFarland, Hallie Wombacher; Iowa City Regina 1:58.34
- 8 Christie Schreck, Leasha Bass, Miranda Weber, Carrie Schreck; Dike-New Hartford 1:58.80

## Class 1A Distance Medley Relay Finals

- 1 Molly DeMeulenaere, Shanna Hinschberger, Lauren Drahos, Ashley Drahn; Belle Plaine 4:15.85
- 2 Dawn Weiskamp, Jamie Veldhouse, Allison Hejlik, Brooke Wilson; West Hancock 4:16.99
- 3 Ashley Uhlenhopp, Jamie Hansmann, Rachael Spree, Leslie Junker; Aplington-Parkersburg 4:18.23
- 4 Holly Lamp, Cassie Jacobsen, Amy McMartin, Stephanie Collins; AHST 4:19.71
- 5 Jodi Epping, Jennifer Harms, Shanna Vetter, Lydia Brawner; Hartley-Melvin-Sanborn 4:20.29
- 6 Rose Donahue, Kristy Larson, Getchen Porisch, Katie Mayer; St. Ansgar 4:21.86
- 7 Brandi Jorgensen, Megan Willey, Jamie Larson, Linissa Bowman; Preston/East Central 4:22.31
- 8 Sheena Getty, Bridget Bollmeyer, Sam Taggart, Mikyla Hardersen; Hinton 4:22.58
- 9 Jessie Weeks, Tori Norman, Naomi Hoffman, Ronda Cheers; East Union 4:23.30
- 10 Annette Yoder, Mary Beth Talbot, Laina Eichelberger, Jeanette Slabach; Iowa Mennonite 4:23.64
- 11 Jessica Semsch, Rachel Schroeder, Maret Wilson, Erin Kappeler; Durant-Bennett 4:24.62
- 12 Mary Maher, Amy Whitman, Ashley Henning, Nicole Lahann; Calamus-Wheatland 4:24.90
- 13 Annie Herrick, Heather Bass, Bridget Wallace, Kate Olesen; Nodaway Valley 4:24.97
- 14 Diann Merfeld, Miranda Weber, Carrie Schreck, Tiffany Tjepkes; Dike-New Hartford 4:25.59
- 15 Kristin Wiebbecke, Brooke Arp, Jill Foster, Jane McDermott; North Tama 4:25.73
- 16 Shelly Plotz, Heather Iburg, Abby Tiernan, Julie Arthur; Williamsburg 4:25.83
- 17 Afton Strand, Kelly Burns, Amber Wood, Crystal Kadlec; Alburnett 4:26.04
- 18 Becky O'Rourke, Tessa Hammes, Karla Flynn, Cathy Herman; Sigourney 4:26.13
- 19 Teresa Tremel, Angie Dickinson, Brandy Rath, Aimee Dunlop; Woodbine 4:28.27
- 20 Jessica Wheeler, Rebecca Wheeler, Monica Bubke, Sheryl Anfinson; Kingsley-Pierson 4:30.18
- 20 Anna Conover, Carrie Norman, Susie Gray, Jill Rozendaal; Lynnville-Sully 4:30.18
- 22 Jenny Reeves, Lindsey Weldin, Kirsten Doolittle, Emery Burton; Northeast Hamilton 4:31.84
- 23 Jamie Knudson, Liz Smith, Gail Schimmels, Jess Wolter; Denver 4:33.68
- 24 Lindsay Steinhoff, Heather Jones, Amber Pomranky, Brenda Lage; Westwood 4:37.68

## Class 1A Shuttle Hurdle Relay Finals

- 1 Nicole Streit, Raegan Schultz, Jennifer Jepson, Lindsay Schultz; Manson-NW Webster 1:04.91
- 2 Katie Lauver, Theresa Trede, Linsey Boehme, Carrie Leber; Treynor 1:05.16
- 3 Brandee Spratt, Cassie Milder, Ashlee Capper, Molly O'Brien; Williamsburg 1:05.35
- 4 Jill Hansen, Ashley Jacobs, Teri Stimmel, Laura Chipman; Clear Creek-Amana 1:06.18
- 5 Erika Levis, Jami Wiges, Brooke Fancher, Jenny Randeris; Audubon 1:07.36
- 6 Erin Feld, Jenny Otto, Diana Smith, Erin Steinkamp; Southern Cal 1:08.79
- Jodi Block, Katie Schiltz, Katie Hughes, Katie Nanninga; LeMars Gehlen Catholic DQ1:05.07
- Emily Crane, Renae Kingery, Cory Stecker, Becky Kingery; Pleasantville DQ1:10.42

## Heat 1

- 1 Erika Levis, Jami Wiges, Brooke Fancher, Jenny Randeris; Audubon 1:06.02
- 2 Erin Feld, Jenny Otto, Diana Smith, Erin Steinkamp; Southern Cal 1:06.72
- 3 Jenny Anderson, Ashley Wilkerson, De Palar, Carrie Wooton; Winfield-Mt. Union 1:07.33
- 4 Autum Boddicker, Nikki Broghammer, Michelle Mais, Laura Reinhardt; North Linn 1:07.72

## Heat 2

- 1 Nicole Streit, Raegan Schultz, Jennifer Jepson, Lindsay Schultz; Manson-NW Webster 1:05.80
- 2 Emily Crane, Renae Kingery, Cory Stecker, Becky Kingery; Pleasantville 1:06.64
- 3 Melissa Eighmy, Amana Werner, Jessica Gepner, Rachel Derscheid; Mount Ayr 1:07.67
- 4 Lesley Menken, Kari Petersen, Kristie Roberts, Mandy Weber; Rockwell-Swaledale 1:08.62

## Heat 3

- 1 Mindy Kakacek, Jessica Heyer, Heidi Jensvold, Kristin Gerzema; North Iowa 1:07.40
- 2 Traci Powell, Sherry Ticknor, Shannon Ticknor, Traci Powell; CAM 1:07.97
- 3 Elicia Brocka, Melea Zacharias, Angie Wessels, Carly Zacharias; Aplington-Parkersburg 1:08.10
- 4 Meggan Farrell, Tiffany Wolterman, Mandy Grell, Rachel Hoffman; Ar-We-Va 1:08.41

## Heat 4

- 1 Jill Hansen, Ashley Jacobs, Teri Stimmel, Laura Chipman; Clear Creek-Amana 1:06.22
- 2 Katie Schiltz, Jodi Block, Katie Hughes, Katie Nanninga; LeMars Gehlen Catholic 1:06.35
- 3 Karen Swanson, Meredith Mahoney, Lindsay Clark, Annie Blyth; Ogden 1:07.06
- 4 Connie Koob, Krystal Lein, Lindsey Hagen, April Lien; North Central 1:08.11

## Heat 5

- 1 Katie Lauver, Theresa Trede, Linsey Boehme, Carrie Leber; Treynor 1:05.46
- 2 Kayla Buls, Jen Boeckmann, Angie Boeckmann, Elizabeth Teisinger; Tripoli 1:07.03
- 3 Kaitlyn Greenbowe, Rebecca Trampel, Jen West, Kelly Quarnstrom; Gilbert 1:08.26
- 4 Michaela Osborn, Meghan Osborn, Michele Marchik, Corey Arndt; Tipton 1:09.96

## Heat 6

- 1 Brandee Spratt, Cassie Milder, Ashlee Capper, Molly O'Brien; Williamsburg 1:06.14
- 2 Patsy Orr, Jamie Waldron, Dena Ruppert, Mareike Baldin; Villisca 1:07.76
- 3 Tara Lacey, Stacy Stout, Mary DeVore, Nicole Stout; North Mahaska 1:08.31
- Kerryann Mehmen, Cindy Hanneman, Alisha Balsley, Jill Sinnwell; Nashua-Plainfield DQ

## Class 1A High Jump Finals



- 1 Stephanie Goettsch; AHST 5'07" (1.70m)
- 2 Lindsay Brown; Lenox 5'04" (1.63m)
- 3 Theresa Trede; Treynor 5'03" (1.60m)
- 3 Jessica Criswell; Lynnville-Sully 5'03" (1.60m)
- 5 Allison Riddle; River Valley 5'03" (1.60m)
- 6 Ashley Dickey; Pekin 5'02" (1.57m)
- 7 Christi Miller; Battle Creek-Ida Grove 5'02" (1.57m)
- 8 Angie Froehlich; Algona Garrigan 5'02" (1.57m)
- 9 Jenny Anderson; Winfield-Mt. Union 5'00" (1.52m)
- 10 Jen Alexander; Martensdale-St. Mary's 5'00" (1.52m)
- 11 Katie Stecker; Pleasantville 5'00" (1.52m)
- 12 Amy Whitman; Calamus-Wheatland 5'00" (1.52m)
- 13 Sara Langel; LeMars Gehlen Catholic 5'00" (1.52m)
- 13 Amanda Brasch; Cedar Falls NU High 5'00" (1.52m)
- 15 Kathy Wagner; West Sioux 5'00" (1.52m)
- 16 Paula Hughes; Farragut 5'00" (1.52m)
- 17 Nikki Reiter; Dunkerton 4'10" (1.47m)
- 17 Marrissa Knehans; Starmont 4'10" (1.47m)
- 19 Tarah Murray; Hudson 4'10" (1.47m)
- 19 Jill Foster; North Tama 4'10" (1.47m)
- Mindy Wells; Seymour NH \*
- Jenny Overgard; Turkey Valley NH \*
- Anne Nelson; South Hamilton NH \*
- Jenny Randeris; Audubon NH \*

## Class 1A Long Jump Finals

- 1 Susie Reinhardt; Belle Plaine 17'09.00" (5.41m)
- 2 Molly O'Brien; Williamsburg 17'06.75" (5.35m)
- 3 Brianne Schoonover; Fredericksburg 17'03.75" (5.28m)
- 4 Mareike Baldin; Villisca 17'02" (5.23m)
- 5 Katie McFarland; Iowa City Regina 17'00.50" (5.19m)
- 6 Linda Lappe; Winfield-Mt. Union 16'11" (5.16m)
- 7 Carrie Leber; Treynor 16'07.75" (5.07m)
- 8 Debbie Stephens; Mount Ayr 16'07.25" (5.06m)
- 9 Niki Dewall; Pocahontas Area 16'06.50" (5.04m)
- 9 Casey Thompson; FM Aquinas/WP Marquette 16'06.50" (5.04m)
- 11 Katie Brees; Keota 16'05.00" (5.00m)
- 12 Elicia Brocka; Aplington-Parkersburg 16'03.50" (4.97m)
- 13 Jessica Jensen; Elk Horn-Kimballton 16'03.25" (4.96m)
- 14 Kara Rechterman; Tipton 16'02.75" (4.95m)
- 15 Paula Pugh; Columbus 16'00.50" (4.89m)
- 16 Jenny Lincoln; Fremont-Mills 15'09" (4.80m)
- 17 Candice Reynolds; Stanton 15'08.50" (4.79m)
- 18 Brittany Jacobsen; Battle Creek-Ida Grove 15'05" (4.70m)

19 Jill Ulrich; Armstrong-Ringsted 15'03" (4.65m)  
20 Beth Hartman; CAM 14'08.75" (4.49m)  
21 Lindsay Schultz; Manson-NW Webster 14'03.75" (4.36m)  
22 Robin Sullivan; HLV 13'06.50" (4.13m)  
Pam Betz; Dows-CAL F  
Stacy Dowling; Southern Cal dnj J

## Class 1A Shot Put Finals

1 Alyse Hohensee; Pocahontas Area 38'04.00" (11.68m)  
2 Lisa Heiden; Northeast Hamilton 37'10.75" (11.55m)  
3 Stephanie Thomas; Sac City 37'00.25" (11.28m)  
4 Alissah Brosamle; Galva-Holstein 36'08.00" (11.18m)  
5 Rochelle Ruggles; Pekin 36'06.75" (11.14m)  
6 Amy Dean; Jesup 35'10.5" (10.93m)  
7 Scarlett Davis; South Page 35'05.25" (10.80m)  
8 Ann Cavey; North Cedar 34'10.75" (10.64m)  
9 Carrie Miller; Earlham 34'10.25" (10.62m)  
10 Buffy Irwin; Southern Cal 34'08.75" (10.59m)  
11 Julie Moses; Nashua-Plainfield 34'06.75" (10.53m)  
12 Abby Guard; Hubbard-Radcliffe 34'04.75" (10.48m)  
13 Christina Neve; Rockford 34'04.50" (10.48m)  
14 Dusty Thomae; Lone Tree/Highland 34'02.75" (10.43m)  
15 Beth Inglis; Olin 33'10.00" (10.31m)  
16 Brianne Schneider; Treynor 33'04.75" (10.18m)  
17 Sarah Vorthmann; Treynor 33'04.25" (10.17m)  
18 Jessi Veach; Andrew 33'04.00" (10.16m)  
19 Casey Hankins; Fremont-Mills 33'03.25" (10.14m)  
20 Sharon Brockmann; Hartley-Melvin-Sanborn 32'09.50" (9.99m)  
21 Angie Behrend; Guttenberg 31'08.00" (9.65m)  
22 Erica Hofer; Collins-Maxter-Baxter 31'03.75" (9.54m)  
23 Annie Erickson; Dike-New Hartford 30'09.00" (9.37m)  
24 Amy McManigle; Fredericksburg 30'06.25" (9.30m)

## Class 1A Discus Finals

1 Stacy Anderson; Pomeroy-Palmer 123'10" (37.74m)  
2 Julie Moses; Nashua-Plainfield 119'09" (36.50m)  
3 Jennifer Ruppert; Clear Creek-Amana 119'09" (36.50m)  
4 Jennifer Hansen; Belmont-Klemme 119'06" (36.42m)  
5 Buffy Irwin; Southern Cal 118'08" (36.17m)  
6 Laura Lunders; Marcus-Meriden-Cleghorn 115'09" (35.28m)

- 7 April Hanson; Valley CEW 114'00" (34.75m)
- 8 Jackie Aanes; Valley CEW 113'07" (34.62m)
- 9 Sarah Vorthmann; Treynor 111'11" (34.11m)
- 10 Theresa Stotts; Northwood-Kensett 111'06" (33.99m)
- 11 Rochelle Ruggles; Pekin 111'04" (33.93m)
- 12 Christina Neve; Rockford 108'08" (33.12m)
- 13 Kristy Myers; Grundy Center 107'09" (32.84m)
- 14 Jen Bice; Woodward-Granger 105'03" (32.08m)
- 15 Nikki Brauning; River Valley 103'09" (31.62m)
- 16 Alyse Hohensee; Pocahontas Area 102'08" (31.29m)
- 17 Shelby Johnston; Laurens-Marathon 102'06" (31.24m)
- 17 Sara Nolte; Prairie Valley 102'06" (31.24m)
- 19 Sara Stewart; Clear Creek-Amana 101'08" (30.99m)
- 20 Mindy Corbin; Wall Lake View-Auburn 098'08" (30.07m)
- 21 Beth Nelson; Bondurant-Farrar 098'04" (29.97m)
- 22 Kelly Foley; Tipton 097'08" (29.77m)
- 23 Micki Straight; Mount Ayr 092'07" (28.22m)
- 24 Stephanie Thomas; Sac City 085'09" (26.14m)

## Heat 2

- 5 Alicia Fischell, Amber Beer, Amber Narveson, Michelle Sieck; Center Point-Urbana 52.14
- 7 Jordan Robertson, Brandi Thornburg, Amanda Friedrichsen, Sarah Kautzky; Perry 1:53.47
- 11 Shalene Miller, Allison Kruger, Sandra Tjaden, Mary Kummerfield; South O'Brien 4:22.81

# 1998 IOWA GIRLS' STATE TRACK CHAMPIONSHIPS RESULTS CLASS 2A

By Track-on-a-Mac on May 25, 1998 at 1:16 PM

## Class 2A Team Scoring

1. Atlantic 46
2. Benton 40
3. Spirit Lake Park 37
4. Clear Lake 34
4. Mount Vernon-Lisbon 34
6. Forest City 28
7. Ballard 22
8. North Fayette 20
9. Algona 17
9. Fort Dodge St. Edmond 17
11. Dyersville Beckman 16
12. Davenport Assumption 14
12. Eagle Grove 14
12. Oelwein 14
15. Shenandoah 13
16. Cherokee 11
17. Harlan 9
17. Sibley-Ocheyedan 9
19. Estherville-Lincoln Central 8
19. Jefferson-Scranton 8
19. Pella Christian 8
22. Center Point-Urbana 7
22. Centerville 7
24. Carroll 6
24. Grinnell 6
26. Decorah 5
26. Nevada 5
26. New Hampton 5
29. Boyden-Hull-Rock Valley 4

- 29. Cascade 4
- 29. Council Bluffs St. Albert 4
- 29. MOC-Floyd Valley 4
- 29. Union 4
- 29. Washington 4
- 35. Boyer Valley 3
- 35. Creston 3
- 35. Humboldt 3
- 35. Vinton-Shellsburg 3
- 39. Perry 2
- 40. Chariton 1
- 40. Davis County-Fox Valley 1
- 40. Mediapolis 1
- 40. MFL-Mar-Mac 1
- 40. Monticello 1
- 40. Prairie City-Monroe 1
- 40. Sergeant Bluff-Luton 1

## **Class 2A 100 Meter Dash Finals**

- 1 Greta Goerss; Spirit Lake Park 12.91
- 2 Tiffany Pedersen; Atlantic 12.92
- 3 Keely Huber; Oelwein 13.05
- 4 Cathy Kister; Creston 13.06
- 5 Beth Aanonson; Ballard 13.11
- 6 Michelle Sieck; Center Point-Urbana 13.17
- 7 Jenny Buls; Crestwood 13.22
- 8 Tracy Simons; Carroll Kuemper 13.30

### **Heat 1**

- 1 Greta Goerss; Spirit Lake Park 12.77
- 2 Michelle Sieck; Center Point-Urbana 13.04
- 3 Tracy Simons; Carroll Kuemper 13.09
- 4 Tasha Harvey; Storm Lake 13.11
- 5 Amanda Bothe; Fort Dodge St. Edmond 13.23
- 6 Mackinzie Campbell; Cherokee 13.42
- 7 Jackie Wittrock; Okoboji 13.70
- 8 Shaunta Simmons; West Lyon 14.09

### **Heat 2**

- 1 Cathy Kister; Creston 12.85

- 2 Beth Aanonson; Ballard 12.99
- 3 Tiffany Pedersen; Atlantic 13.03
- 4 Erin Gervais; Storm Lake 13.12
- 5 Danae Breeden; Grinnell 13.15
- 6 Pam Harland; Mid-Prairie 13.33
- 7 Angie Miller; Wilton 13.35

## Heat 3

- 1 Keely Huber; Oelwein 12.93
- 2 Jenny Buls; Crestwood 12.96
- 3 Alison Nicholas; Council Bluffs St. Albert 13.26
- 4 Brooke Christensen; Winterset 13.28
- 5 Madelyn Yocum; Chariton 13.38
- 6 Missy Rork; Fort Dodge St. Edmond 13.53
- 7 Stacy Wiederin; Carroll Kuemper 13.54
- 8 Rosie Brodell; Davenport Assumption 13.65

## Class 2A 200 Meter Dash Finals

- 1 Nikki Nelson; Mount Vernon-Lisbon 25.31
- 2 Julie Drzycimski; Fort Dodge St. Edmond 26.18
- 3 Anna Teigland; Clear Lake 26.28
- 4 Sarah Haan; Pella Christian 26.39
- 5 Lindsay Moss; Algona 26.44
- 6 Beth Aanonson; Ballard 26.70
- 7 Tracy Simons; Carroll Kuemper 26.76
- 8 Ashley Gray; Spirit Lake Park 26.97

## Heat 1

- 1 Anna Teigland; Clear Lake 26.65
- 2 Tracy Simons; Carroll Kuemper 26.91
- 3 Angie Miller; Wilton 26.96
- 4 Kathy Wohlers; Missouri Valley 27.09
- 5 Brandee Bierschenk; Benton 27.27
- 6 Stephanie Pisarik; Mount Vernon-Lisbon 27.47
- 7 Greta Nelson; Marion 27.72
- 8 Brandi Ficek; Council Bluffs St. Albert 27.87

## Heat 2

- 1 Nikki Nelson; Mount Vernon-Lisbon 25.36
- 2 Julie Drzycimski; Fort Dodge St. Edmond 26.34
- 3 Sarah Haan; Pella Christian 26.43
- 4 Michelle Bakkum; MFL-Mar-Mac 26.99
- 5 Tammy Ervin; Ballard 27.03
- 6 Tami Smith; Perry 27.03
- 7 Jessica Miner; Okoboji 27.18
- 8 Erin Sherman; Centerville 27.51

## Heat 3

- 1 Lindsay Moss; Algona 26.54
- 2 Beth Aanonson; Ballard 26.55
- 3 Ashley Gray; Spirit Lake Park 26.82
- 4 Auny Kerndt; Decorah 26.98
- 5 Sara Schulte; Benton 27.32
- 6 Madelyn Yocum; Chariton 27.43
- 7 Ashley Burton; MFL-Mar-Mac 27.54
- 8 Jeana Heistand; Boyer Valley 27.67

## Class 2A 400 Meter Dash Finals

- 1 Nikki Nelson; Mount Vernon-Lisbon 0:56.84
- 2 Sarah Stevens; Eagle Grove 0:58.96
- 3 Ashley Gray; Spirit Lake Park 0:59.78
- 4 Julie Drzycimski; Fort Dodge St. Edmond 0:59.98
- 5 Tami Smith; Perry 1:00.20
- 6 Jessie Brooks; MFL-Mar-Mac 1:00.75
- 7 Kali Kiner; Monticello 1:01.16
- 8 Amy Allen; Grinnell 1:01.60

## Heat 1

- 1 Julie Drzycimski; Fort Dodge St. Edmond 1:00.00
- 2 Ashley Gray; Spirit Lake Park 1:00.42
- 3 Jessie Brooks; MFL-Mar-Mac 1:00.72
- 4 Amy Allen; Grinnell 1:00.91
- 5 Kendra Kindley; Knoxville 1:02.80
- 6 Dena Schubert; Webster City 1:04.04

- 7 Courtney Williams; Sergeant Bluff-Luton 1:04.08
- 8 Susan Kenyon; Emmetsburg 1:04.37

## Heat 2

- 1 Sarah Stevens; Eagle Grove 0:59.50 P
- 2 Tami Smith; Perry 0:59.94 P
- 3 Jackie Walton; Solon 1:01.58
- 4 Jessica Rowenhorst; Unity Christian 1:02.28
- 5 Shelly Tomlinson; Ballard 1:02.50
- 6 Kara Dietrich; Benton 1:03.07
- 7 Brynn Wagner; Davenport Assumption 1:05.99
- 8 Bobbie Ann Ruba; Webster City 1:10.64

## Heat 3

- 1 Nikki Nelson; Mount Vernon-Lisbon 0:57.56 P
- 2 Kali Kiner; Monticello 1:00.89
- 3 Chrystal Heins; MFL-Mar-Mac 1:02.57
- 4 Beth Boyer; Waukee 1:02.96
- 5 Amy Hemesath; Benton 1:03.19
- 6 Kara Lukes; Decorah 1:03.31
- 7 Audra Wischmeier; Mediapolis 1:03.68
- Rachel Riepma; Sheldon DQ

## Class 2A 800 Meter Run Finals

- 1 Jana Benson; Forest City 2:16.78
- 2 Sara Stribe; Carroll 2:17.90
- 3 Brianne Hupke; Benton 2:20.26
- 4 Kristen Keefe; Clear Lake 2:20.88
- 5 Missy Domeyer; Dyersville Beckman 2:21.67
- 6 Missy Buttry; Shenandoah 2:21.75
- 7 Stephanie Richardson; Washington 2:22.18
- 8 Maggie Driscoll; Davenport Assumption 2:22.53
- 9 Courtney Ebersole; Sergeant Bluff-Luton 2:22.73
- 10 Angie Schwickerath; New Hampton 2:23.27
- 11 Nicole Cueno; Maquoketa 2:23.30
- 12 Leah Hentges; Spirit Lake Park 2:24.54
- 13 Jen Hasty; Stuart West Central 2:25.08
- 14 Alex Cook; Decorah 2:25.62
- 15 Angela Van Meeteren; Sheldon 2:26.75



16 Marie Elsberry; Atlantic 2:27.15  
17 Megan Dabroski; Maquoketa Valley 2:28.57  
18 Jill Mangold; Vinton-Shellsburg 2:28.99  
19 Jessica Moore; Camanche 2:29.59  
20 Jackie Hackman; Decorah 2:31.29  
20 Angie Angel; Carroll Kuemper 2:31.29  
22 Kristen Kubik; Davenport Assumption 2:34.53  
23 Liz Markwitz; Benton 2:36.11  
Rachel Thompson; Eddyville-Blakesburg DNC

## **Class 2A 1500 Meter Run Finals**

1 Kristi Schmidt; Spirit Lake Park 4:50.29  
2 Missy Buttry; Shenandoah 4:54.58  
3 Georgia Millward; Benton 4:55.05  
4 Val Oltman; Nevada 4:58.42  
5 Katie Milner; Council Bluffs St. Albert 4:59.91  
6 Kristina Quigley; Council Bluffs St. Albert 5:00.70  
7 Martie Houtsma; Sibley-Ocheyedan 5:01.92  
8 Amie Brunko; Independence 5:02.14  
9 Amy Olson; Humboldt 5:02.35  
10 Kendra Versendaal; Prairie City-Monroe 5:03.11  
11 Michelle Behrens; Carroll Kuemper 5:06.75  
12 Eve Kummerfeld; South O'Brien 5:07.73  
13 Sarah Moreau; Estherville-LC 5:09.07  
14 Stephanie Legore; Mount Vernon-Lisbon 5:09.97  
15 Jenni Mudd; Independence 5:11.00  
16 Laura Storkamp; Decorah 5:12.16  
17 Carmen White; Mediapolis 5:13.73  
18 Stacey Luedtka; Solon 5:13.74  
19 Tara Norris; North Fayette 5:14.72  
20 Dove Morrow; Benton 5:16.18  
21 Leigh Hagen; Davenport Assumption 5:16.72  
22 Brenda Brighton; Monticello 5:24.58  
23 Lyndsy Owen; Waukee 5:26.64  
24 Jill Schechinger; Harlan 5:30.59

## **Class 2A 3000 Meter Run Finals**

1 Kristi Schmidt; Spirit Lake Park 10:28.73  
2 Missy Buttry; Shenandoah 10:38.32  
3 Georgia Millward; Benton 10:43.34

- 4 Martie Houtsma; Sibley-Ocheyedan 10:45.05
- 5 Val Oltman; Nevada 10:47.64
- 6 Kendra Versendaal; Prairie City-Monroe 10:55.50
- 7 Amy Olson; Humboldt 10:58.17
- 8 Eve Kummerfeld; South O'Brien 10:58.59
- 9 Mindy Engel; Union 11:01.66
- 10 Kristina Quigley; Council Bluffs St. Albert 11:04.93
- 11 Amie Brunko; Independence 11:16.23
- 12 Lyndsy Owen; Waukee 11:21.89
- 13 Lindsey Hansen; New Hampton 11:25.01
- 14 Nikki Billmeyer; Monticello 11:25.90
- 15 Amber Friedrich; Algona 11:26.92
- 16 Lori Osterhaus; Waukon 11:30.28
- 17 Tessa Utsinger; Vinton-Shellsburg 11:34.46
- 18 Leigh Hagen; Davenport Assumption 11:34.57
- 19 Shannon White; Atlantic 11:35.73
- 20 Emily Nestor; Sheldon 11:38.55
- 21 Beth Johnston; Sergeant Bluff-Luton 11:40.75
- 22 Alison Lessenger; Louisa-Muscatine 11:48.02
- 23 Kira Johanson; Mount Vernon-Lisbon 11:50.25
- 24 Lauren Sauter; Mount Vernon-Lisbon 11:59.15

## Class 2A 100 Meter Hurdles Finals

- 1 Tiffany Pedersen; Atlantic 14.63
- 2 Vanessa Doerscher; Davenport Assumption 14.80
- 3 Sam Kinne; Jefferson-Scranton 14.93
- 4 Sarah Wrage; Cherokee 15.00
- 5 Keely Huber; Oelwein 15.40
- 6 Heather McLatchie; Mediapolis 15.50
- 7 Brooke Christensen; Winterset 15.62
- 8 Michelle Clausen; Creston 15.66

## Heat 1

- 1 Vanessa Doerscher; Davenport Assumption 15.28
- 2 Keely Huber; Oelwein 15.41
- 3 Heather McLatchie; Mediapolis 15.54
- 4 Brooke Christensen; Winterset 15.64
- 5 April Mueller; Spirit Lake Park 15.90
- 6 Rachel Dykstra; MOC-Floyd Valley 15.98
- 7 Mandi Harms; Shenandoah 15.99

8 Lindsay Albertsen; Union 16.15

## Heat 2

- 1 Tiffany Pedersen; Atlantic 14.75
- 2 Sarah Wrage; Cherokee 15.22
- 3 Michelle Clausen; Creston 15.78
- 4 Ann Brinker; Harlan 15.88
- 5 Shawna Duetsch; Vinton-Shellsburg 16.18
- 6 Amber Carstens; Missouri Valley 16.26
- 7 Amber Webb; Adel-DeSoto-Minburn 16.54
- 8 Brandy Beyer; Eddyville-Blakesburg 16.72

## Heat 3

- 1 Sam Kinne; Jefferson-Scranton 15.41
- 2 Heather Mitchell; Centerville 15.93
- 3 Kathy Wohlers; Missouri Valley 15.98
- 4 Ashley Jones; Webster City 16.11
- 5 Shaunta Simmons; West Lyon 16.49
- 6 Rebecca Schelhaas; Unity Christian 16.55
- 7 Suzanne Van Roekel; Pella Christian 17.01
- 8 Kristin Hart; Louisa-Muscatine 17.18

## Class 2A 400 Meter Hurdles Finals

- 1 Keely Huber; Oelwein 1:04.88
- 2 Amy Allen; Grinnell 1:06.57
- 3 Lindsay Albertsen; Union 1:06.99
- 4 Earleen Meseck; Boyer Valley 1:07.30
- 5 Amy Sheldahl; Boyden-Hull/Rock Valley 1:07.40
- 6 Suzanne Wiggers; Ballard 1:07.99
- 7 Laura Korth; Forest City 1:09.94
- 8 Kalyn Byers; Clarinda 1:11.89

## Heat 1

- 1 Amy Sheldahl; Boyden-Hull/Rock Valley 1:04.95
- 2 Lindsay Albertsen; Union 1:06.56
- 3 Suzanne Wiggers; Ballard 1:06.68

- 4 Robyn Cejka; Storm Lake 1:08.24
- 5 Kristin Hart; Louisa-Muscatine 1:09.35
- 6 Melissa Nelson; Algona 1:09.42
- 7 Natasha Wiese; Cherokee 1:10.14
- 8 Erin Borchers; Sheldon 1:10.53

## Heat 2

- 1 Keely Huber; Oelwein 1:05.65
- 2 Amy Allen; Grinnell 1:06.04
- 3 Earleen Meseck; Boyer Valley 1:06.71
- 4 Kalyn Byers; Clarinda 1:07.83
- 5 Tara Fox; Hampton-Dumont 1:09.79
- 6 Stacie Snyder; Carroll Kuemper 1:10.73
- 7 Becky Cotten; Stuart West Central 1:11.27
- 8 Ashley Jones; Webster City 1:12.15

## Heat 3

- 1 Laura Korth; Forest City 1:06.91
- 2 Brooke Christensen; Winterset 1:07.98
- 3 Stephanie Collier; Perry 1:09.07
- 4 Darci Bouma; Unity Christian 1:09.30
- 5 Kristi Robinson; Okoboji 1:10.18
- 6 Jamie Wallace; Mount Vernon-Lisbon 1:11.69
- 7 Julisa Leistad; Jefferson-Scranton 1:12.49
- 8 Jessie Moe; Decorah 1:13.00

## Class 2A 4x100 Meter Relay Finals

- 1 Sarah Graham, Jaclyn Fritz, Lindsay Olson, LaKisha Harper; North Fayette 50.14
- 2 Andrea O'Rourke, Julie Drzycimski, Amanda Bothe, Missy Rork; Fort Dodge St. Edmond 50.36
- 3 Kristin Smolik, Megan Kromminga, Sara Schulte, Brandee Bierschenk; Benton 50.74
- 4 Amber Gembler, April Mueller, Kim Puhrman, Greta Goerss; Spirit Lake Park 50.78
- 5 Kristy Echelberger, Brandi Halsne, Angie Doebel, Liz Jaben; Clear Lake 50.94
- 6 Angie Kerndt, Jamie Lemke, Josie Einck, Auny Kerndt; Decorah 51.11
- 7 Rachel Hutchins, Carey Gile, Katie Ripple, Lindsey Mescher; Cascade 51.35
- 8 Darla Kaisand, Danae Breeden, Ara Thompson, Alison PirkI; Grinnell 51.48

## Heat 1

- 1 Kristin Smolik, Megan Kromminga, Sara Schulte, Brandee Bierschenk; Benton 50.61
- 2 Rachel Hutchins, Carey Gile, Katie Ripple, Lindsey Mescher; Cascade 51.43
- 3 Anna Kalkwarf, Michelle Peterson, Erin Wycoff, Greta Nelson; Marion 51.71
- 4 Rita Venaglia, Anne Solis, Vanessa Doerscher, Rosie Brodell; Davenport Assumption 51.80
- 5 Sarah Hannah, Jennifer Wieck, Katie Wolfe, Jenny Carroll; Hampton-Dumont 52.17
- 6 Monica Vermeer, Kayla Rozeboom, Jana Bahrke, Kirsten Overlie; Sioux Center 52.53
- 7 Emily Vorm, Anna Sonntag, Kaarin Lamb, Anna Casteel; Atlantic 52.76
- 8 Sasha DeShaw, Laura Norlin, Billie Hunt, Laurie Steffen; Maquoketa Valley 52.77

## Heat 2

- 1 Sarah Graham, Jaclyn Fritz, Lindsay Olson, LaKisha Harper; North Fayette 50.47
- 2 Kristy Echelberger, Brandi Halsne, Angie Doebel, Liz Jaben; Clear Lake 51.16
- 3 Mackinzie Campbell, Anna Veit, Jana Slota, Sarah Wrage; Cherokee 51.84
- 4 Michelle Clausen, Elisa Hutchinson, Erin McKee, Cathy Kister; Creston 51.88
- 5 Alicia Fischell, Amber Beer, Amber Narveson, Michelle Sieck; Center Point-Urbana 52.14
- 6 Emily Vanderzwan, Renea Roelfs, Amanda Schmidt, Heather McLatchie; Mediapolis 52.37
- 7 Kelly Turpin, Katie Kliegl, Marissa Fagg, Angie Haluska; Jefferson-Scranton 52.76
- 8 Carly Farnsworth, Jacque Gerlovich, Wendi Kragel, Traci Kragel; Waukee 53.05

## Heat 3

- 1 Andrea O'Rourke, Julie Drzycimski, Amanda Bothe, Missy Rork; Fort Dodge St. Edmond 50.96
- 2 Angie Kerndt, Kristin Rude, Josie Einck, Auny Kerndt; Decorah 51.02
- 3 Amber Gembler, April Mueller, Kim Puhrman, Greta Goerss; Spirit Lake Park 51.30
- 4 Darla Kaisand, Danae Breeden, Sara Thompson, Alison Pirkel; Grinnell 51.36
- 5 Lyndsay Davis, Cheri Gatewood, Amber Harrington, Sarah Stevens; Eagle Grove 51.70
- 6 Abby Mills, Erin Gervais, Michelle Purviance, Tasha Harvey; Storm Lake 52.43
- 7 Tara Baschke, Jackie Wittrock, Mandy Holman, Jessica Miner; Okoboji 52.78
- 8 Sharlyn Meinders, Steph Bly, Carrie Bode, Jen Johnson; Osage 53.09

## Class 2A 4x200 Meter Relay Finals

- 1 Jenny Suckow, Tara Heller, Dayna Jensen, LaKisha Harper; North Fayette 1:46.64
- 2 Sarah Tompkins, Laura Masing, Liz Jaben, Anna Teigland; Clear Lake 1:46.78
- 3 Sara Schulte, Carol Bridgewater, Megan Kromminga, Brandee Bierschenk; Benton 1:47.35
- 4 Rachel Hutchins, Anna Casey, Jackie Welter, Carey Gile; Cascade 1:47.71
- 5 Emily Vorm, Kate Pellett, Stephanie Sieck, Kami Roecker; Atlantic 1:47.87
- 6 Megan Heideman, Kim Burns, Brandi Ficek, Alison Nicholas; Council Bluffs St. Albert 1:48.27
- 7 Kim Groen, Melissa Nelson, Angie Kajewski, Lindsay Moss; Algona 1:48.71
- 8 Hollie Stam, Sarah Haan, Nicole Bruxvoort, Charissa Fynaardt; Pella Christian 1:49.08

## Heat 1

- 1 Sara Schulte, Carol Bridgewater, Megan Kromminga, Brandee Bierschenk; Benton 1:46.42
  - 2 Megan Heideman, Kim Burns, Brandi Ficek, Alison Nicholas; Council Bluffs St. Albert 1:48.00
  - 3 Rachel Hutchins, Anna Casey, Carey Gile, Jackie Welter; Cascade 1:48.14
  - 4 Teri Olson, Kristin Rude, Angie Kerndt, Auny Kerndt; Decorah 1:50.82
  - 5 Melissa Abernathy, Micky Sutton, Melissa Geiken, Sara Johnson; Vinton-Shellsburg 1:51.79
  - 6 Monica Vermeer, Kayla Rozeboom, Jana Bahrke, Kirsten Overlie; Sioux Center 1:52.17
  - 7 Sharlyn Meinders, Steph Bly, Lindsey Werner, Jen Johnson; Osage 1:52.39
- Missy Rork, Jennifer Perkins, Amber Bonnstetter, Amanda Bothe; Fort Dodge St. Edmond DQ

## Heat 2

- 1 Jenny Suckow, Tara Heller, Dayna Jensen, LaKisha Harper; North Fayette 1:46.83
  - 2 Emily Vorm, Kate Pellett, Stephanie Sieck, Kami Roecker; Atlantic 1:48.11
  - 3 Kim Groen, Melissa Nelson, Angie Kajewski, Lindsay Moss; Algona 1:48.39
  - 4 Tara Baschke, Stephanie Fisk, Brenda Johnson, Jessica Miner; Okoboji 1:49.95
  - 5 Brittany Ziesman, Jill Jordahl, Sabra Ellingson, Sara Stensland; Iowa Falls 1:51.37
  - 6 Casey Pash, Molly Simdorn, Kristen Goeser, Jessica Rasmussen; Harlan 1:51.56
  - 7 Melanie Schettler, Heidi Clayton, Kara Paul, Sarah Wood; Red Oak 1:52.67
- Anna Kalkwarf, Karen Hoover, Amber Eganhouse, Greta Nelson; Marion DQ

## Heat 3

- 1 Sarah Tompkins, Laura Masing, Liz Jaben, Anna Teigland; Clear Lake 1:46.99
  - 2 Hollie Stam, Sarah Haan, Nicole Bruxvoort, Charissa Fynaardt; Pella Christian 1:48.81
  - 3 Stefany Stookesberry, Angie Brown, Amy Cason, Emily Zeitler; Davis County-Fox Valley 1:49.23
  - 4 Jennifer Wieck, Jessica Mennen, Katie Wolfe, Jenny Carroll; Hampton-Dumont 1:49.54
  - 5 Erin Sherman, Taren Carson, Kate Deatsch, Lindsey Clark; Centerville 1:51.17
  - 6 Cristen Harleen, Kelley Currey, Andria Cerwick, Courtney Goodman; Ballard 1:53.25
  - 7 Jordan Robertson, Brandi Thornburg, Amanda Friedrichsen, Sarah Kautzky; Perry 1:53.47
- Amber Ferguson, Jobiena Lobberecht, Adrienne Roberts, Shelli Meyer; Eddyville-Blakesburg DQ

## Class 2A 4x400 Meter Relay Finals

- 1 Laurel Gladish, Laura Korth, Jen Ranheim, Jana Benson; Forest City 4:03.16
- 2 Jessica Hagen, Stephanie Sieck, Anna Sonntag, Jill Robinson; Atlantic 4:04.64
- 3 Angie Kajewski, Kim Groen, Melissa Nelson, Lindsay Moss; Algona 4:06.72
- 4 Cristen Harleen, Shelly Tomlinson, Suzanne Wiggers, Tammy Ervin; Ballard 4:07.06
- 5 Maria Duncalf, Kara Dietrich, Amy Hemesath, Abbie Stepanek; Benton 4:08.21

- 6 Stefany Stookesberry, Brooke Esslinger, Megan Perry, Emily Zeitler; Davis County-Fox Valley 4:08.30
- 7 Abby Loes, Helen Hughes, Jackie Welter, Carey Gile; Cascade 4:12.08
- 8 Jamie Lemke, Melissa Humpal, Jessie Moe, Lucy Schultz; Decorah 4:17.38

## Heat 1

- 1 Cristen Harleen, Shelly Tomlinson, Suzanne Wiggers, Tammy Ervin; Ballard 4:07.95
- 2 Maria Duncalf, Kara Dietrich, Amy Hemesath, Abbie Stepanek; Benton 4:09.50
- 3 Carey Gile, Helen Hughes, Jackie Welter, Abby Loes; Cascade 4:09.91
- 4 Allison Kuball, Heidi Snook, Jessica Mundt, Madelyn Yocum; Chariton 4:13.93
- 5 Stacy Wiederin, Angie Angel, Stacie Snyder, Tracy Simons; Carroll Kuemper 4:14.23
- 6 Terese Nickol, Alicia Nosbisch, Jessica Jacque, Sara Gaul; Dyersville Beckman 4:15.13
- 7 Erin Schleef, Natasha Wiese, Tonya Tuttle, Julia Slota; Cherokee 4:16.63
- 8 Charissa Fynaardt, Rachel Eggink, Suzanne Van Roekel, Danielle Vander Linden; Pella Christian 4:23.49

## Heat 2

- 1 Angie Kajewski, Kim Groen, Melissa Nelson, Lindsay Moss; Algona 4:07.15
- 2 Stefany Stookesberry, Megan Perry, Brooke Esslinger, Emily Zeitler; Davis County-Fox Valley 4:08.19
- 3 Jamie Lemke, Melissa Humpal, Jessie Moe, Lucy Schultz; Decorah 4:13.25
- 4 Lauren Feller, Courtney Williams, Courtney Ebersole, Carrie Ratcliff; Sergeant Bluff-Luton 4:13.27
- 5 Jessica Rasmussen, Tara Bruck, Kara Carstens, Katie Hosack; Harlan 4:14.05
- 6 Andrea Conover, Becky Krueger, Sabra Ellingson, Sara Stensland; Iowa Falls 4:15.08
- 7 Sandra Tjaden, Shalene Miller, Kelcey Naber, Mary Kummerfield; South O'Brien 4:15.14
- 8 Renee Stuva, Abby Reynolds, Micki Seelinger, Michelle Stover; Clarke 4:17.02

## Heat 3

- 1 Laura Korth, Jen Ranheim, Laurel Gladish, Jana Benson; Forest City 4:05.27
- 2 Jessica Hagen, Stephanie Sieck, Kristi Von Dielingen, Jill Robinson; Atlantic 4:05.46
- 3 Chrystal Heins, Ashley Burton, Michelle Bakkum, Jessie Brooks; MFL-Mar-Mac 4:14.01
- 4 Jenny Steines, Emilie Lewis, Nema Meier, Jen Brown; DeWitt Central 4:15.37
- 5 Audra Wischmeier, Katie Hinson, Brianne Miller, Renea Roelfs; Mediapolis 4:18.47
- 6 Lindsay Overman, Sheila Brunsting, Lindsey Grom, Amy Sheldahl; Boyden-Hull/Rock Valley 4:18.77
- 7 Jenny Suckow, Amy Learn, Dayna Jensen, Heidi Walvatne; North Fayette 4:20.07
- 8 Danielle Shaw, Allison Koppen, Jennifer Gettler, Jenni Duede; Jefferson-Scranton 4:23.41

## Class 2A 4x800 Meter Relay Finals

- 1 Terese Nickol, Missy Domeyer, Mary Nosbisch, Alicia Nosbisch; Dyersville Beckman 09:47.04

- 2 Jessica Hagen, Kristi Von Dielingen, Stephanie Byriel, Jill Robinson; Atlantic 09:47.51
- 3 Liz Markwitz, Kara Dietrich, Maria Duncalf, Brianne Hupke; Benton 09:52.14
- 4 Melissa Humpal, Alex Cook, Laura Storkamp, Sarah Solem; Decorah 09:52.61
- 5 Kristen Kubik, Leigh Hagen, Jackie Hibbeler, Maggie Driscoll; Davenport Assumption 09:55.03
- 6 Brenda Brighton, Nikki Billmeyer, Shannon Ellis, Kali Kiner; Monticello 10:00.96
- 7 Amy DuChene, Hillary Brockshus, Kristi Schmidt, Leah Hentges; Spirit Lake Park 10:01.21
- 8 Robyn Moritz, Heidi Walvatne, Tara Norris, Amy Learn; North Fayette 10:01.89
- 9 Stefany Stookesberry, Holly Huggins, Megan Perry, Brooke Esslinger; Davis County-Fox Valley 10:02.46
- 10 Erin Wessling, Nicole Cronk, Jennie Farmer, Jill Mangold; Vinton-Shellsburg 10:04.36
- 11 Katie Milner, Claire Weidman, Melissa Respeliers, Katie Busch; Council Bluffs St. Albert 10:07.47
- 12 Andrea Conover, Shonda Parr, Larissa Pisney, Sara Stensland; Iowa Falls 10:07.86
- 13 Jessica Kilburg, Maggie Hurdlik, Monica Niess, Nicole Cueno; Maquoketa 10:08.60
- 14 Jenny Kramer, Emily O'Donohoe, Cherie Ter Hark, Angie Schwickerath; New Hampton 10:09.31
- 15 Angie Angel, Tricia Arellano, Michelle Behrens, Stacie Snyder; Carroll Kuemper 10:09.84
- 16 Tara Bruck, Jill Schechinger, Lorraine Stamp, Kara Carstens; Harlan 10:11.99
- 17 Vicky Benz, Margaret Feller, Kari Kruger, Bridget Prins; Sibley-Ocheyedan 10:16.89
- 18 Megan Chapman, Brooke James, Amanda Berns, Summer Elgin; Center Point-Urbana 10:17.81
- 19 Jenny Steines, Ellen Witte, Erin Thayer, Emilie Lewis; DeWitt Central 10:18.39
- 20 Megan Dabroski, Natalie Wendt, Leah Dunham, Angie Tumey; Maquoketa Valley 10:18.88
- 21 Stacy Myers, Alyssa Vander Beek, Gina Lorensen, Kendra Versendaal; Prairie City-Monroe 10:25.94
- 22 Jill Camenisch, Nicole Bangert, Amy Simpson, Jenni Aanonson; Algona 10:26.62
- 23 Audrey Emanuel, Katie Kincade, Kelsey Tucker, Jennifer Bush; Winterset 11:01.81

## Class 2A Sprint Medley Relay Finals

- 1 Kacey Kuntz, Jessica Enns, Katie Overman, Nikki Nelson; Mount Vernon-Lisbon 1:49.59
- 2 Lyndsay Davis, Amber Harrington, Cheri Gatewood, Sarah Stevens; Eagle Grove 1:51.17
- 3 Kristy Echelberger, Brandi Halsne, Sarah Tompkins, Anna Teigland; Clear Lake 1:52.15
- 4 Amber Gembler, Kim Puhrman, Greta Goerss, Ashley Gray; Spirit Lake Park 1:52.71
- 5 Hollie Stam, Nicole Bruxvoort, Charissa Fynaardt, Sarah Haan; Pella Christian 1:52.77
- 6 Micky Sutton, Melissa Geiken, Melissa Abernathy, Sara Johnson; Vinton-Shellsburg 1:54.95
- 7 Kristin Smolik, Halae Schulte, Carol Bridgewater, Abbie Stepanek; Benton 1:55.15
- 8 Monica Vermeer, Abby Sandbulte, Kayla Rozeboom, Kirsten Overlie; Sioux Center 1:55.50

## Heat 1

- 1 Hollie Stam, Nicole Bruxvoort, Charissa Fynaardt, Sarah Haan; Pella Christian 1:52.82
- 2 Kristy Echelberger, Brandi Halsne, Anna Teigland, Sarah Tompkins; Clear Lake 1:52.99
- 3 Micky Sutton, Melissa Geiken, Melissa Abernathy, Sara Johnson; Vinton-Shellsburg 1:54.87
- 4 Angie Petersen, Kim Burns, Alison Nicholas, Brandi Ficek; Council Bluffs St. Albert 1:55.45
- 5 Sasha DeShaw, Billie Hunt, Laurie Steffen, Megan Dabroski; Maquoketa Valley 1:56.68
- 6 Trisha Knepper, Helen Hughes, Jackie Welter, Abby Loes; Cascade 1:57.40



- 7 Lindsey Bone, Jamie Arduser, Stacy Monk, Brenda Brighton; Monticello 2:00.25  
8 Angie Brown, Angela Zeitler, Amy Cason, Emily Zeitler; Davis County-Fox Valley 2:01.87

## Heat 2

- 1 Lyndsay Davis, Amber Harrington, Cheri Gatewood, Sarah Stevens; Eagle Grove 1:52.36  
2 Jordan Robertson, Amanda Friedrichsen, Sarah Kautzky, Tami Smith; Perry 1:55.06  
3 Anna Veit, Jana Slota, Mackinzie Campbell, Erin Schleef; Cherokee 1:55.21  
4 Ashley Burton, Candice Ford, Michelle Bakkum, Jessie Brooks; MFL-Mar-Mac 1:55.43  
5 Amy Rich, Elizabeth Greiner, Katy Doughty, Kelli Long; Washington 1:57.86  
6 Jessica Beving, Elisa Hutchinson, Cathy Kister, Michelle Clausen; Creston 1:58.19  
7 Angie Kerndt, Josie Einck, Teri Olson, Kara Lukes; Decorah 1:58.19  
8 Cathy Hruska, Cassie Beck, Amy Sumner, Andrea Boos; New Hampton 1:59.61

## Heat 3

- 1 Kacey Kuntz, Jessica Enns, Katie Overman, Nikki Nelson; Mount Vernon-Lisbon 1:50.55  
2 Amber Gembler, Kim Puhrman, Greta Goerss, Ashley Gray; Spirit Lake Park 1:52.40  
3 Kristin Smolik, Shalae Schulte, Carol Bridgewater, Abbie Stepanek; Benton 1:54.44  
4 Monica Vermeer, Abby Sandbulte, Kayla Rozeboom, Kirsten Overlie; Sioux Center 1:54.44  
5 Sarah Graham, Jaclyn Fritz, Dayna Jensen, Jenny Suckow; North Fayette 1:56.28  
6 Kate Deatsch, Lindsey Clark, Heather Mitchell, Bobbie Williamsen; Centerville 1:56.76  
7 Jacque Gerlovich, Wendi Kragel, Traci Kragel, Beth Boyer; Waukee 1:56.92  
8 Michelle Stover, Amy Lundquist, Abby Reynolds, Micki Seelinger; Clarke 1:57.41

## Class 2A Distance Medley Relay Finals

- 1 Abby Van Syoc, Stacy Vitek, Laurel Gladish, Jana Benson; Forest City 4:11.83  
2 Megan Kromminga, Carol Bridgewater, Abbie Stepanek, Brianne Hupke; Benton 4:12.46  
3 Emily Vorm, Stephanie Sieck, Jessica Hagen, Jill Robinson; Atlantic 4:12.48  
4 Mandy Pins, Carisa Wessels, Mary Nosbisch, Missy Domeyer; Dyersville Beckman 4:14.57  
5 Melissa Abernathy, Melissa Geiken, Katy Annis, Sara Johnson; Vinton-Shellsburg 4:17.57  
6 Kristy Echelberger, Angie Doebel, Laura Maring, Kristin Keefe; Clear Lake 4:19.48  
7 Julie Vonnahme, Sarah Keat, Holly Dorenkamp, Sara Stribe; Carroll 4:20.83  
8 Lindi Olson, Amy Buck, Angie Ahlquist, Val Oltman; Nevada 4:21.62  
9 Kelli McGill, Jessi Kucera, Carrie Ratcliff, Courtney Ebersole; Sergeant Bluff-Luton 4:21.65  
10 Samantha Bohnstengel, Nikki Hruska, Ashley Mullen, Lindsay Albertsen; Union 4:22.59  
11 Shalene Miller, Allison Kruger, Sandra Tjaden, Mary Kummerfield; South O'Brien 4:22.81  
12 Elizabeth Greiner, Katy Doughty, Kelli Long, Stephanie Richardson; Washington 4:22.88  
13 LaKisha Harper, Tara Heller, Heidi Walvatne, Amy Learn; North Fayette 4:24.61  
14 Jamie Lemke, Josie Einck, Melissa Humpal, Laura Storkamp; Decorah 4:25.40  
15 Kacey Kuntz, Katie Overman, Stephanie Pisarik, Stephanie Legore; Mount Vernon-Lisbon 4:26.00

- 16 Ranae Grinstead, Angela Zeitler, Megan Perry, Brooke Esslinger; Davis County-Fox Valley 4:26.61
- 17 Tara Heiselman, Amy Sumner, Angie Schwickerath, Emily O'Donohoe; New Hampton 4:27.36
- 18 Kellie Hicks, Jenny Williams, Erin Miller, Jara Sunderman; Clarinda 4:28.20
- 19 Erin Wycoff, Kelly Weaver, Karen Hoover, Emily Baumert; Marion 4:28.89
- 20 Adria Sheil-Brown, Jen Brown, Nema Meier, Jenny Steines; DeWitt Central 4:29.09
- 21 Kristin Hart, Jennifer Phillips, Falynn Dierickx, Mariah Schweitzer; Louisa-Muscatine 4:29.17
- 22 Tammy Ervin, Kelley Currey, Suzanne Wiggers, Danielle Beck; Ballard 4:31.15
- Lori Van Meeteren, Jill Van Bommel, Marisa Kooima, Kristi Meendering; Western Christian DQ
- Amy Rorah, Tara Hainstock, Abby Rorah, Nicole Cueno; Maquoketa DQ

## Class 2A Shuttle Hurdle Relay Finals

- 1 Liz Jaben, Kathy Bitker, Brandi Halsne, Sarah Tompkins; Clear Lake 1:04.70
- 2 Natasha Wiese, Jana Slota, Anna Veit, Sarah Wrage; Cherokee 1:05.27
- 3 Kim Hirstein, Rosie Brodell, Anne Solis, Vanessa Doerscher; Davenport Assumption 1:05.41
- 4 Cassie Hefner, Bobbie Williamsen, Kristin McCord, Heather Mitchell; Centerville 1:06.21
- 5 Julisa Leistad, Sarah Carlson, Aimee Hane, Sam Kinne; Jefferson-Scranton 1:06.45
- 6 Tara Wicks, Kim Puhrman, Shelagh McDonald, April Mueller; Spirit Lake Park 1:06.88
- 7 Kaarin Lamb, Tiffany Pedersen, Jamie McBride, Kami Roecker; Atlantic 1:08.78
- 8 Laura Korth, Tiffany Anderson, Abby Van Syoc, Michelle DeWaard; Forest City 1:10.27

### Heat 1

- 1 Natasha Wiese, Jana Slota, Anna Veit, Sarah Wrage; Cherokee 1:04.95
- 2 Jamie McBride, Tiffany Pedersen, Kami Roecker, Kaarin Lamb; Atlantic 1:05.80
- 3 Emily Anderson, Katie Keizer, Kristi Robinson, Angie Larson; Okoboji 1:07.94
- 4 Kristin Agnew, Rebecca Silhanek, Heidi Meyer, Shawna Nelson; Benton 1:08.92

### Heat 2

- 1 Kim Hirstein, Rosie Brodell, Anne Solis, Vanessa Doerscher; Davenport Assumption 1:06.22
- 2 Mandi Ketcham, Mandi Harms, Jennifer Berning, Dusti Ketcham; Shenandoah 1:06.74
- 3 Micky Sutton, Abby Knaack, Carrie Lohrer, Shawna Duetsch; Vinton-Shellsburg 1:07.96
- 4 Rebecca Niemeyer, Rachel Sheldahl, Alisha Van Zee, Amy Sheldahl; Boyden-Hull/Rock Valley 1:10.40

### Heat 3

- 1 Julisa Leistad, Sarah Carlson, Aimee Hane, Sam Kinne; Jefferson-Scranton 1:06.45
- 2 Tracy Abens, Cassie Angstrom, Laura Anderson, Ashley Jones; Webster City 1:07.65
- 3 Missy Clark, Tiffany Dykstra, , Jess Aalbers, Rachel Dykstra; MOC-Floyd Valley 1:08.85

4 Megan Hixenbaugh, Cristina Cortez, Tara Haning, Merideth Anderson; Knoxville 1:09.40

## Heat 4

- 1 Rebecca Schelhaas, Bridgette Dorhout, Darci Bouma, Jessie Koopmans; Unity Christian 1:07.80
- 2 Amber Christman, Rachelle Kuhlmann, Maria Melby, Earleen Meseck; Boyer Valley 1:08.94
- 3 Liz Olson, Jessy Heim, Janica Goeser, Ann Brinker; Harlan 1:10.42
- 4 Melanie Wilson, Cristen Harleen, Danalee Hokel, Emily Harmon; Ballard 1:10.57

## Heat 5

- 1 Cassie Hefner, Bobbie Williamsen, Kristin McCord, Heather Mitchell; Centerville 1:06.68
- 2 Lindsay Olson, Katie Hoey, Jesse Harper, Sarah Meckley; North Fayette 1:06.82
- 3 Steph Leytem, Rachel Hutchins, Jodi Takes, Anna Casey; Cascade 1:07.80
- 4 Jamie Klein, Melissa Larson, Sarah Hanson, Jill Pfadenhauer; Roland-Story 1:08.01

## Heat 6

- 1 Liz Jaben, Kathy Bitker, Brandi Halsne, Sarah Tompkins; Clear Lake 1:04.80
- 2 Laura Korth, Tiffany Anderson, Michelle DeWaard, Abby Van Syoc.; Forest City 1:05.90
- 3 Tara Wicks, Kim Puhrman, Shelagh McDonald, April Mueller; Spirit Lake Park 1:06.33
- 4 Nicole Burrell, Leighann Freeman, Michelle Peterson, Amber Eganhouse; Marion 1:07.12

## Class 2A High Jump Finals

- 1 Melissa Nelson; Algona 5'06" (1.68m)
- 2 Sondra Rauterkus; Harlan 5'05" (1.65m)
- 3 Rachel Dykstra; MOC-Floyd Valley 5'05" (1.65m)
- 4 Leah Dvorak; New Hampton 5'03" (1.60m)
- 5 Janae Anderson; Boyden-Hull/Rock Valley 5'02" (1.57m)
- 6 Jessi Kucera; Sergeant Bluff-Luton 5'02" (1.57m)
- 7 Jaclyn Ross; Solon 5'00" (1.52m)
- 7 Margaret Wrage; Union 5'00" (1.52m)
- 7 Casee Piel; Creston 5'00" (1.52m)
- 10 Jill Schoenherr; Boyer Valley 5'00" (1.52m)
- 10 Julie Westenberg; Unity Christian 5'00" (1.52m)
- 10 Shelli Meyer; Eddyville-Blakesburg 5'00" (1.52m)
- 13 Allison Kruger; South O'Brien 5'00" (1.52m)
- 13 Kalyn Byers; Clarinda 5'00" (1.52m)
- 15 Sarah Wood; Red Oak 4'10" (1.47m)
- 15 Lyndsy Owen; Waukee 4'10" (1.47m)

15 Jessica Mueller; Elkader Central/Garnavillo 4'10" (1.47m)  
 15 Abby McCorkel; Stuart West Central 4'10" (1.47m)  
 15 Rachel Kirchner; Clarinda 4'10" (1.47m)  
 20 Jamie Stark; Center Point-Urbana 4'10" (1.47m)  
 21 Sarah Kleinsmith; Mount Vernon-Lisbon 4'10" (1.47m)  
 Nichole Pattison; North Fayette NH \*  
 Dawn Netz; Pella Christian NH \*

## Class 2A Long Jump Finals

1 Nikki Nelson; Mount Vernon-Lisbon 17'04.25" (5.29m)  
 2 Alicia Fischell; Center Point-Urbana 17'01.0" (5.21m)  
 3 Tiffany Pedersen; Atlantic 17'00.5" (5.19m)  
 4 Bobbie Williamsen; Centerville 16'04.0" (4.98m)  
 5 Ann Brinker; Harlan 16'02.75" (4.95m)  
 6 Madelyn Yocum; Chariton 16'00.75" (4.90m)  
 7 Brandi Halsne; Clear Lake 16'00.5" (4.89m)  
 8 Laurie Steffen; Maquoketa Valley 16'00.5" (4.89m)  
 9 Alison Nicholas; Council Bluffs St. Albert 15'10.25" (4.83m)  
 10 Kathy Wohlers; Missouri Valley 15'08.0" (4.78m)  
 11 Brenda Vos; Pella Christian 15'07.5" (4.76m)  
 12 Jenny Carroll; Hampton-Dumont 15'06.75" (4.74m)  
 13 Micky Sutton; Vinton-Shellsburg 15'05.75" (4.72m)  
 14 Jen Johnson; Osage 15'05.0" (4.70m)  
 15 Tiffany Henson; DeWitt Central 15'03.5" (4.66m)  
 16 Bridget Knutzen; Adel-DeSoto-Minburn 15'01.5" (4.61m)  
 17 Jennifer Wieck; Hampton-Dumont 15'01.0" (4.60m)  
 18 Jessie Koopmans; Unity Christian 14'10.0" (4.52m)  
 19 Jeana Heistand; Boyer Valley 14'07.25" (4.45m)  
 20 Kelly Perry; Sheldon 14'04.75" (4.39m)  
 Leah Dvorak; New Hampton DQ  
 Jenny Suckow; North Fayette DQ  
 LaKisha Harper; North Fayette DQ  
 Jeanna VanVeen; Prairie City-Monroe DNC

## Class 2A Shot Put Finals

1 Lorrie Grems; Estherville-LC 40'10.50" (12.46m)  
 2 Alissa Dennis; Ballard 38'08.25" (11.79m)  
 3 Jennifer Capper; Washington 37'07.00" (11.46m)  
 4 Katie Ruby; Humboldt 37'03.50" (11.37m)  
 5 Ellen Bunkers; Jefferson-Scranton 37'01.50" (11.32m)

- 6 Susan Chamberlain; Harlan 36'06.75" (11.14m)
- 7 Megan Medinger; Camanche 36'00.25" (10.98m)
- 8 Jill Roach; Eddyville-Blakesburg 35'09.25" (10.90m)
- 9 Laura Stork; Carroll Kuemper 35'04.75" (10.79m)
- 10 Michelle Stover; Clarke 34'10.50" (10.63m)
- 11 Ann Monroe; MFL-Mar-Mac 34'08.00" (10.57m)
- 12 June Numedahl; Decorah 34'07.50" (10.55m)
- 13 Allison Kruger; South O'Brien 34'05.50" (10.50m)
- 14 Allison Reese; Forest City 34'05.00" (10.49m)
- 15 Tera Williamson; Osage 34'05.00" (10.49m)
- 16 Jessica VanDerLeest; Solon 34'02.50" (10.43m)
- 17 Samantha Gruenwald; Maquoketa 34'02.25" (10.42m)
- 18 Carrie Bond; Centerville 34'01.75" (10.41m)
- 19 Angie Dagle; Sibley-Ocheyedan 34'00.75" (10.38m)
- 20 Molly Standafer; North Fayette 33'06.50" (10.22m)
- 21 Ingrid Mellemseter; Decorah 33'05.00" (10.19m)
- 22 Angie Hogue; Carroll 33'04.00" (10.16m)
- 23 Mary Streeter; North Fayette 33'04.00" (10.16m)
- 24 Sara Hildebrand; Norwalk 31'08.25" (9.66m)

## Class 2A Discus Finals

- 1 Alissa Dennis; Ballard 131'10" (40.18m)
- 2 Angie Dagle; Sibley-Ocheyedan 127'05" (38.84m)
- 3 Beth Klever; Atlantic 122'11" (37.47m)
- 4 Sarah Haan; Pella Christian 121'02" (36.93m)
- 5 Jen Duffy; New Hampton 119'11" (36.55m)
- 6 Kate Schreiber; Algona 117'00" (35.66m)
- 7 Allison Reese; Forest City 114'10" (35.00m)
- 8 Betsy Cartwright; Dallas Center-Grimes 113'08" (34.65m)
- 9 Billie Hunt; Maquoketa Valley 113'07" (34.62m)
- 10 Jennifer Capper; Washington 112'02" (34.19m)
- 11 Angie Hogue; Carroll 111'09" (34.06m)
- 12 Jennifer Perkins; Fort Dodge St. Edmond 110'08" (33.73m)
- 13 Crystal Anderson; Forest City 110'07" (33.71m)
- 14 Rhiannon Huffman; South O'Brien 110'03" (33.60m)
- 15 Lindsay Diehl; Clarke 109'09" (33.45m)
- 16 Erin Coffey; Chariton 109'03" (33.30m)
- 17 Laura Stork; Carroll Kuemper 107'05" (32.74m)
- 18 Tracy O'Donnell; North Fayette 103'06" (31.55m)
- 19 Jenny Rembe; Sergeant Bluff-Luton 103'05" (31.52m)
- 20 Katie Koch; Cherokee 103'03" (31.47m)
- 21 Fallon Luskey; DeWitt Central 102'05" (31.22m)
- 22 Lorrie Grems; Estherville-LC 100'09" (30.71m)
- 23 Katie Richardson; Storm Lake 093'05" (28.47m)

24 Susan Chamberlain; Harlan 084'00" (25.60m)

# 1998 IOWA GIRLS' STATE TRACK CHAMPIONSHIPS RESULTS CLASS 3A and WHEELCHAIR

By Track-on-a-Mac on May 25, 1998 at 1:31 PM

## Class 3A Team Scoring

1. Iowa City High 55
2. Des Moines Roosevelt 35
3. Ames 34
4. Cedar Rapids Regis-LaSalle 32
5. Clinton 28
6. Iowa City West 25
7. Ankeny 22
7. West Des Moines Valley 22
9. Marshalltown 21
10. Fort Madison 20
11. West Delaware 19
12. Cedar Rapids Prairie 17
13. Spencer 16
14. Sioux City North 15 1/2
15. Davenport North 14
16. Cedar Falls 13 1/2
17. Dubuque Senior 12
17. West Des Moines Dowling 12
19. Davenport Central 11
20. Johnston 10
21. Muscatine 9
22. Sioux City West 7
23. Pleasant Valley 6 1/2
24. Davenport West 6
24. Southeast Polk 6
26. Urbandale 5
27. Bettendorf 4
27. Sioux City Heelan 4
29. Ottumwa 3 1/2

- 30. Cedar Rapids Jefferson 3
- 30. Cedar Rapids Washington 3
- 30. Dubuque Wahlert 3
- 30. Oskaloosa 3
- 34. North Scott 2
- 34. Waverly-Shell Rock 2
- 38. Indianola 1
- 38. Newton 1
- 38. Waterloo East 1
- 38. Western Dubuque 1

## **Class 3A 100 Meter Dash Finals**

- 1 Kate Gordon; Sioux City North 12.21
- 2 LoLo Jones; Des Moines Roosevelt 12.38
- 3 Kristin Knight; Iowa City High 12.40
- 4 Pam Orris; Dubuque Senior 12.62
- 6 Rasheedah Jones; Waterloo East 12.95
- 7 Tesi Dawson; Southeast Polk 12.96
- 8 Antrica Spears; Davenport Central 13.16

### **Heat 1**

- 1 LoLo Jones; Des Moines Roosevelt 12.44
- 2 Rasheedah Jones; Waterloo East 12.74
- 3 Tiesha Griffin; Sioux City West 13.15
- 4 Cassie Broome; Mason City 13.32
- 5 Kara Fenceroy; Sioux City Heelan 13.51
- 6 Kristyn Barber; Cedar Rapids Washington 13.56

### **Heat 2**

- 1 Kristin Knight; Iowa City High 12.39
- 2 Laura Aschoff; Ankeny 12.61
- 3 Tesi Dawson; Southeast Polk 12.92
- 4 Sarah Sinclair; Oskaloosa 13.17
- 5 Korynn Barber; Cedar Rapids Washington 13.18
- 6 Tiffany Cruikshank; Marshalltown 13.20
- 7 Lakesha Harris; Davenport West 13.51

### **Heat 3**



- 1 Kate Gordon; Sioux City North 12.23
- 2 Pam Orris; Dubuque Senior 12.31
- 3 Antrica Spears; Davenport Central 12.96
- 4 Lisa Naab; Mount Pleasant 13.14
- 5 Stephanie Burgmeier; Dubuque Wahlert 13.43

## **Class 3A 200 Meter Dash Finals**

- 1 Kristin Knight; Iowa City High 24.76
- 2 Kate Gordon; Sioux City North 25.08
- 3 Leilani Smith; CR Regis-LaSalle 25.29
- 4 Jana Irvin; Sioux City West 25.47
- 5 Pam Orris; Dubuque Senior 25.58
- 6 Taylor Ewald; Des Moines Roosevelt 25.69
- 7 Tina Klith; Cedar Rapids Prairie 25.86
- 8 Rasheeda Jones; Waterloo East 26.17

### **Heat 1**

- 1 Kristin Knight; Iowa City High 25.26
- 2 Jana Irvin; Sioux City West 25.64
- 3 Tina Klith; Cedar Rapids Prairie 26.05
- 4 Jamey Cox; Waterloo West 26.65
- 5 Meghan Menough; WDM Dowling 27.15
- 6 Carrie Schnauber; Davenport Central 27.22
- 7 Laura Simmons; Urbandale 27.55

### **Heat 2**

- 1 Leilani Smith; CR Regis-LaSalle 25.44
  - 2 Taylor Ewald; Des Moines Roosevelt 25.45
  - 3 Kathy Schmidt; North Scott 26.43
  - 4 Erica Sheeres; Lewis Central 27.53
  - 5 Katy Bogguss; Cedar Rapids Washington 27.87
  - 6 Chelsi Auen; Spencer 28.38
- Erin Maysent; Ames DNR  
Angie Williams; Charles City DQ

### **Heat 3**

- 1 Kate Gordon; Sioux City North 25.63
- 2 Pam Orris; Dubuque Senior 25.90
- 3 Rasheeda Jones; Waterloo East 26.09
- 4 Marisol Santana; Muscatine 26.64
- 5 Kim Couch; Ottumwa 26.94
- 6 Antrica Spears; Davenport Central 27.47
- 7 Jenny Brower; Sioux City East 28.88
- 8 Sara Falk; Sioux City Heelan 29.16

## **Class 3A 400 Meter Dash Finals**

- 1 Angie German; West Delaware 0:57.56
- 2 Maria Johnson; CR Regis-LaSalle 0:58.05
- 3 Tina Klith; Cedar Rapids Prairie 0:58.39
- 4 Carey Morris; Fort Madison 0:59.02
- 5 Anne Hamilton; North Scott 0:59.44
- 6 Nicole Chizek; Marshalltown 0:59.53
- 7 Ellie Schnepf; LeMars 1:00.29
- Tanya Hunigan; Davenport North DNR

### **Heat 1**

- 1 Maria Johnson; CR Regis-LaSalle 0:57.86
- 2 Angie German; West Delaware 0:57.98
- 3 Anne Hamilton; North Scott 0:59.16
- 4 Tammy Reavis; WDM Dowling 0:59.76
- 5 Hattie Bagbey; Des Moines Lincoln 1:00.53
- 6 Kristin Kelly; Mount Pleasant 1:01.42
- 7 Heidi Hagerty; Western Dubuque 1:01.57
- 8 Alisha Culp; Cedar Rapids Jefferson 1:04.55

### **Heat 2**

- 1 Tanya Hunigan; Davenport North 0:59.12
- 2 Carey Morris; Fort Madison 0:59.51
- 3 Amanda Manatt; Newton 1:00.62
- 4 Aimee Heisel; Fairfield 1:01.71
- 5 Christine Devore; Des Moines Roosevelt 1:02.52

### **Heat 3**

- 1 Nicole Chizek; Marshalltown 0:58.86
- 2 Tina Klith; Cedar Rapids Prairie 0:59.00
- 3 Ellie Schnepf; LeMars 0:59.20
- 4 Jenny Versluys; Pella 0:59.78
- 5 Steph Suntken; Indianola 1:00.28
- 6 Nicole Doeden; Cedar Falls 1:01.78
- 7 Christine Atkins; Des Moines Roosevelt 1:02.17
- 8 Anessa Sloan; Iowa City High 1:03.69

## **Class 3A 800 Meter Run Finals**

- 1 Laura Schlapkohl; Iowa City West 2:15.00 J
- 2 Jessica Huff; Marshalltown 2:15.65
- 3 Kristin Flood; WDM Valley 2:15.66
- 4 Candi Jones; Oskaloosa 2:16.54
- 5 Michelle Sokol; Urbandale 2:16.71
- 6 Wendy Shaw; Davenport Central 2:18.27
- 7 Stephanie Mann; Des Moines Hoover 2:18.64
- 8 Anne Ruffcorn; Bettendorf 2:19.94
- 9 Ashley Kunkle; Cedar Falls 2:21.34
- 10 Erin Van Zee; Pella 2:21.95
- 11 Amanda Stiefel; Burlington 2:23.00
- 12 Kristin Anderson; Boone 2:23.46
- 13 Susie Tofte; Urbandale 2:24.70
- 14 Katie Basham; Fort Madison 2:26.10
- 15 Michelle Larson; Clinton 2:27.11
- 16 Sarah Lepp; Dubuque Senior 2:28.32
- 17 Anila Persaud; Ames 2:28.94
- 18 Olivia Mills; Iowa City High 2:28.99
- 19 Kelsey Singletary; Ankeny 2:29.49
- 20 Kartina Lowery; Cedar Rapids Jefferson 2:29.95
- 21 Brandy Hunold; Fort Madison 2:31.92
- 22 Abbey Sandberg; Cedar Rapids Washington 2:33.15
- Amanda Glynn; CR Regis-LaSalle DNF
- Abby Lemek; Sioux City Heelan DNF

## **Class 3A 1500 Meter Run Finals**

- 1 Julie Bigler; Fort Madison 4:38.78 J
- 2 Rita Fiala; Johnston 4:45.71 J
- 3 Michelle Lilienthal; Iowa City High 4:47.40
- 4 Anne Ruffcorn; Bettendorf 4:51.12

- 5 Michelle Sokol; Urbandale 4:52.08
- 6 Lauren Levy; Iowa City West 4:52.82
- 7 Elly Glass; Dubuque Senior 4:53.27
- 8 Megan Murray; Pleasant Valley 4:53.57
- 9 Lindsay Heilegenthal; Ames 4:54.51
- 10 Molly Wedel; Spencer 4:54.76
- 11 Kathryn Stamler; Muscatine 4:56.45
- 12 Karen McCormick; Lewis Central 4:57.31
- 13 Bryony Jones; Ankeny 5:03.18
- 14 Amanda Glynn; CR Regis-LaSalle 5:03.38
- 15 Amy Murphy; Bettendorf 5:04.90
- 16 Jessica Seglar; WDM Dowling 5:05.21
- 17 Megan Tabor; Dubuque Senior 5:05.41
- 18 Lesley Smith; Iowa City West 5:06.27
- 19 Stacy Ernst; Cedar Rapids Kennedy 5:07.87
- 20 Amanda Tuttle; Marshalltown 5:08.56
- 21 Jenny Klein; Dubuque Wahlert 5:13.60
- 22 Jessica Weible; Sioux City East 5:14.93
- 23 Masumi Fottral; Cedar Rapids Prairie 5:16.08
- 24 Bridget Stephenson; Sioux City Heelan 5:17.70

## **Class 3A 3000 Meter Run Finals**

- 1 Julie Bigler; Fort Madison 10:15.84 J
- 2 Michelle Lilienthal; Iowa City High 10:18.11 J
- 3 Rita Fiala; Johnston 10:24.73 J
- 4 Megan Murray; Pleasant Valley 10:30.04
- 5 Molly Wedel; Spencer 10:30.92
- 6 Elly Glass; Dubuque Senior 10:33.11
- 7 Jessica Saglar; WDM Dowling 10:42.14
- 8 Kathryn Stamler; Muscatine 10:42.52
- 9 Lesley Smith; Iowa City West 10:50.53
- 10 Michelle Sokol; Urbandale 10:50.54
- 11 Lauren Levy; Iowa City West 10:54.18
- 12 Amanda Tuttle; Marshalltown 10:54.25
- 13 Karen McCormick; Lewis Central 10:55.59
- 14 Amy Murphy; Bettendorf 10:55.82
- 15 Megan Tabor; Dubuque Senior 10:55.98
- 16 Colleen Bubb; Waverly-Shell Rock 11:04.99
- 17 Megan Rehm; Fort Madison 11:06.11
- 18 Bridget Stephenson; Sioux City Heelan 11:16.91
- 19 Jennifer Smith; Davenport North 11:17.50
- 20 Ali Garrett; Bettendorf 11:22.40
- 21 Emily Shoopman; Waterloo West 11:27.42
- 22 Melicia Patik; Cedar Rapids Prairie 11:28.17

- 23 Tara LeMay; Urbandale 11:37.77  
24 Brooke Ralston; Cedar Rapids Jefferson 11:50.36

## Class 3A 100 Meter Hurdles Finals

- 1 LoLo Jones; Des Moines Roosevelt 13.78 J\*  
2 Teesa Price; Iowa City High 14.22 J  
3 Laura Aschoff; Ankeny 14.43  
4 Fiona Asigbee; Cedar Rapids Prairie 14.65  
5 Josie Campese; Davenport Central 14.74  
6 Sarah Steffen; Western Dubuque 14.84  
7 Katie Brooker; Muscatine 15.26  
8 Stacy Van Vark; Pella 15.27

### Heat 1

- 1 LoLo Jones; Des Moines Roosevelt 13.92  
2 Laura Aschoff; Ankeny 14.50  
3 Elizabeth Bicknell; Pleasant Valley 15.55  
4 Tristan Smith; Fort Dodge 15.56  
5 Maria Hardinger; Mason City 15.57  
6 Alissa Koerner; Sioux City Heelan 15.59  
7 Amber Johnson; Southeast Polk 15.61

### Heat 2

- 1 Josie Campese; Davenport Central 14.57  
2 Fiona Asigbee; Cedar Rapids Prairie 14.59  
3 Katie Brooker; Muscatine 15.02  
4 Stacy Van Vark; Pella 15.15  
5 Sue Scholten; Sioux City West 15.77  
6 Jenny Mitchell; Cedar Falls 15.87  
7 Paige Berthel; Cedar Rapids Kennedy 16.31  
8 Jessi Dillman; Newton 16.61

### Heat 3

- 1 Teesa Price; Iowa City High 14.23  
2 Sarah Steffen; Western Dubuque 14.49  
3 Lynette Heinauer; Ankeny 15.28

- 4 Heidi Kiester; Johnston 15.45
- 5 Sarah Harned; Oskaloosa 15.71
- 6 Misa Nakato; Iowa City West 15.77
- 7 Becky Lauver; Lewis Central 15.83

## **Class 3A 400 Meter Hurdles Finals**

- 1 Teesa Price; Iowa City High 1:03.05 J
- 2 Jessica Wray; Ames 1:04.49
- 3 Angie German; West Delaware 1:05.13
- 4 Fiona Asigbee; Cedar Rapids Prairie 1:06.03
- 5 Lynette Heinauer; Ankeny 1:06.40
- 6 Amanda Manatt; Newton 1:06.82
- 7 Valerie Lucas; WDM Valley 1:06.98
- 8 Sarah Steffen; Western Dubuque 1:09.96

### **Heat 1**

- 1 Angie German; West Delaware 1:05.19
- 2 Teesa Price; Iowa City High 1:05.21
- 3 Andrea Lapham; CB Abraham Lincoln 1:07.55
- 4 Jessica Johnson; Waterloo East 1:08.47
- 5 Aimee Reichel; Dubuque Wahlert 1:09.67
- 6 Sarah Ernst; Cedar Rapids Kennedy 1:10.07
- 7 Erica Lynn; Ames 1:12.54

### **Heat 2**

- 1 Fiona Asigbee; Cedar Rapids Prairie 1:05.72
- 2 Sarah Steffen; Western Dubuque 1:06.14
- 3 Valerie Lucas; WDM Valley 1:06.39
- 4 Amanda Manatt; Newton 1:06.87
- 5 Katie Meyer; Dubuque Hempstead 1:08.30
- 6 Amy Oleson; Burlington 1:08.72
- 7 Hannah Elkins; Ottumwa 1:09.96
- 8 Erin Schulte; Cedar Rapids Jefferson 1:10.07

### **Heat 3**

- 1 Jessica Wray; Ames 1:04.95

- 2 Lynette Heinauer; Ankeny 1:05.95
- 3 Jamie Nemmers; Cedar Falls 1:06.95
- 4 Alissa Koerner; Sioux City Heelan 1:08.66
- 5 Megan Miller; Marshalltown 1:10.25
- 6 Erica Cooper; Indianola 1:11.08
- 7 Echille Thomas; Des Moines Roosevelt 1:11.78
- 8 Megan Kerwood; Boone 1:11.87

## Class 3A 4x100 Meter Relay Finals

- 1 Ronnie Caldwell, Taylor Ewald, Davonna Carr, LoLo Jones; Des Moines Roosevelt 48.57 \*
- 2 Hafina Jones, Destiny Sisk, Tanya Hunigan, LaKeisha Lee; Davenport North 49.28
- 3 Megan Nuebel, Amanda Hentges, Niki Jacobsen, Amy Wigen; Spencer 49.85
- 4 Tiesha Griffin, Erin Steffen, Amanda Stidfole, Jana Irvin; Sioux City West 50.30
- 5 Alisa Steffen, Julie Gilbreath, Alyssa Rost, Rochelle Anderson; Waverly-Shell Rock 50.49
- 6 Jaclyn Houghton, Diane Stratton, Kim Hibbert, Sarah Turner; Urbandale 50.58
- 7 Peggy Owens, Carly Miller, Anna Ziegenhorn, Kara Hulse; Cedar Falls 50.64
- 8 Steph Pearce, Erica Junod, Ambre Moton, Laura Aschoff; Ankeny 50.99

### Heat 1

- 1 Ronnie Caldwell, Taylor Ewald, Davonna Carr, LoLo Jones; Des Moines Roosevelt 49.01
- 2 Peggy Owens, Carly Miller, Anna Ziegenhorn, Kara Hulse; Cedar Falls 50.70
- 3 Jaclyn Houghton, Diane Stratton, Kim Hibbert, Sarah Turner; Urbandale 50.84
- 4 Abby Tiedemann, Nicole Reilly, Sarah Wieneke, Krista Johnson; Cedar Rapids Jefferson 50.92
- 5 Dawn Engle, Shana Stephens, Becky Bartello, Abby Townsend; Newton 51.30
- 6 Kerri Scholl, Keri Koser, Claire Smith, Misa Nakato; Iowa City West 51.64
- 7 Amanda Nearad, Melissa Holland, Jill Tiemeyer, Anessa Sloan; Iowa City High 51.79
- 8 J.J. Padilla, Molly Parrott, Becky Lauver, Erica Sheeres; Lewis Central 51.83

### Heat 2

- 1 Megan Nuebel, Amanda Hentges, Niki Jacobsen, Amy Wigen; Spencer 49.58
- 2 Jana Irvin, Erin Steffe, Amanda Stidfole, Tiesha Griffin; Sioux City West 50.26
- 3 Lindsey Sinn, Kara James, Channy Dary, Lisa Naab; Mount Pleasant 51.80
- 4 Amber Morrow, Hannah Elkins, Emily Gleich, Kim Couch; Ottumwa 52.03
- 5 Jen Small, Sara Heying, Kara Fenceroy, Jessica Hooks; Sioux City Heelan 52.15
- 6 Jennifer Demmer, Beth Harris, Abbie Ruden, April Vorwald; Western Dubuque 52.25
- 7 Johanne De Winter, Megan Flaws, Dawn Tesdall, Robin Boyd; Ames 52.37
- 8 Becca Aull, Desiree Flickinger, Brett Lester, Marisol Santana; Muscatine 56.92

## Heat 3

- 1 Hafina Jones, Destiny Sisk, Tanya Hunigan, LaKeisha Lee; Davenport North 48.99
- 2 Steph Pearce, Erica Junod, Ambre Moton, Laura Aschoff; Ankeny 49.21
- 3 Alisa Steffen, Julie Gilbreath, Alyssa Rost, Rochelle Anderson; Waverly-Shell Rock 50.60
- 4 Shannon Smith, Jeffia Hill, Tara Bruce, Laura Burke; WDM Valley 51.64
- 5 Jessica Clapp, Amy Hinkle, Stephanie Brooks, Jamey Cox; Waterloo West 51.80
- 6 Erin Strub, Theresa Redding, Katie Kluesner, Melissa Millman; Dubuque Senior 51.91
- 7 Jessie Wellnitz, Nicole Sallis, Shaleeta Austin, Tajah Theroith; Waterloo East 52.24
- 8 Carissa Salwey, Tauni Mackey, Rashelle Whitson, Emilie Williams; Cedar Rapids Prairie 53.30

## Class 3A 4x200 Meter Relay Finals

- 1 Ronnie Caldwell, Davonna Carr, Kristin Cavanagh, Taylor Ewald; Des Moines Roosevelt 1:42.76
- 2 Amber Engelen, Tiffany Belz, Kylan Loney, Erin Maysent; Ames 1:43.57
- 3 Katie Kluesner, Erin Strub, Melissa Millman, Pam Orris; Dubuque Senior 1:45.54
- 4 Jami Willfong, Niki Jacobsen, Amanda Hentges, Amy Wigen; Spencer 1:45.58
- 5 Steph Pearce, Erica Junod, Sarah Lindner, Ambre Moton; Ankeny 1:45.69
- 6 Sarah Wieneke, Nicole Reilly, Lacey Blackhawk, Krista Johnson; Cedar Rapids Jefferson 1:46.20
- 7 Julie Moeller, Sara Heying, Laura Keane, Jill Fisher; Sioux City Heelan 1:47.21
- Lolitha Marshall, Hafina Jones, LaKeisha Lee, Destiny Sisk; Davenport North DNF

## Heat 1

- 1 Sarah Wieneke, Nicole Reilly, Lacey Blackhawk, Krista Johnson; Cedar Rapids Jefferson 1:46.63
- 2 Julie Moeller, Sara Heying, Laura Keane, Jill Fisher; Sioux City Heelan 1:46.74
- 3 Kim Hibbert, Rachel Buescher, Diane Stratton, Sarah Turner; Urbandale 1:46.97
- 4 Meghan Menough, Michelle Marcouiller, Melissa Dale, Jena Murray; WDM Dowling 1:47.38
- 5 Becca Aull, Laura Palmer, Desiree Flickinger, Marisol Santana; Muscatine 1:48.09
- 6 Tauni Mackey, Amber Hook, Kellie Kloubec, Lisa Ungerer; Cedar Rapids Prairie 1:48.96
- 7 Emily Johnson, Casee Constable, Amber Hill, Tesi Dawson; Southeast Polk 1:50.12
- 8 Melissa Holland, Lindsey Quigley, Jill Tiemeyer, Jessica Wyatt; Iowa City High 1:53.05

## Heat 2

- 1 Ronnie Caldwell, Davonna Carr, Kristin Cavanagh, Taylor Ewald; Des Moines Roosevelt 1:44.12
- 2 Jami Willfong, Niki Jacobsen, Amanda Hentges, Amy Wigen; Spencer 1:46.00
- 3 Alisa Steffen, Julie Gilbreath, Alyssa Rost, Rochelle Anderson; Waverly-Shell Rock 1:47.07
- 4 Jana Irvin, Teresa Allan., Kris Jenkins, Tiesha Griffin; Sioux City West 1:47.80
- 5 Jill Coan, Jenny Streinz, Katie Meade, Blayne Milligan; Iowa City West 1:49.13
- 6 Dawn Engle, Becky Bartello, Sara Birkenholz, Abby Townsend; Newton 1:49.78



- 7 Laura Uthe, Diane Kaufman, Amanda Oostendorp, Amy Comer; Dubuque Hempstead 1:50.63
- 8 Rachel Smith, Beth Harris, Abbie Ruden, April Vorwald; Western Dubuque 1:51.20

## Heat 3

- 1 Amber Engelen, Tiffany Belz, Kylan Loney, Erin Maysent; Ames 1:43.57
- 2 Lolitha Marshall, Hafina Jones, LaKeisha Lee, Destiny Sisk; Davenport North 1:44.80
- 3 Steph Pearce, Erica Junod, Sarah Lindner, Ambre Moton; Ankeny 1:45.65
- 4 Katie Kluesner, Erin Strub, Melissa Millman, Pam Orris; Dubuque Senior 1:46.03
- 5 Melissa Conklin, Carrie Schnauber, Janelle Hester, Kelly Witt; Davenport Central 1:48.86
- 6 Beanna Hayes, Emily Case, Tiffany Socknat, Jenny Fegler; Sioux City East 1:49.64
- 7 Amber Morrow, Hannah Elkins, Shannon Leonard, Kim Couch; Ottumwa 1:50.36
- 8 Hillary Armstrong, Tamara Hummons, Heather Covell, Amanda Koester; Clinton 1:50.71

## Class 3A 4x400 Meter Relay Finals

- 1 Christie Muenzenberger, Valerie Lucas, Leah Lamale, Kristin Flood; WDM Valley 4:01.20
- 2 Kelly Witt, Janelle Hester, Wendy Shaw, Josie Campese; Davenport Central 4:02.44
- 3 Marie Zach, Maria Johnson, Emily Putman, Carrie Van Sickel; CR Regis-LaSalle 4:02.59
- 4 Jena Murray, Meghan Menough, Tammy Reavis, Liz Abramovich; WDM Dowling 4:02.76
- 5 Kelli Chesnut, Nicole Gatens, Anne Heefner, Teesa Price; Iowa City High 4:03.98
- 6 Lisa Ungerer, Esther Stephen, Fiona Asigbee, Tina Klith; Cedar Rapids Prairie 4:04.93
- 7 Erin Maysent, Claire Gilchrist, Jessica Wray, Kylan Loney; Ames 4:06.07
- 8 Alissa Koerner, Jill Fisher, Abby Lemek, Julie Moeller; Sioux City Heelan 4:07.62

## Heat 1

- 1 Erin Maysent, Jessica Wray, Claire Gilchrist, Kylan Loney; Ames 3:58.46
- 2 Marie Zach, Carrie Van Sickel, Emily Putman, Maria Johnson; CR Regis-LaSalle 4:02.14
- 3 Alissa Koerner, Jill Fisher, Abby Lemek, Julie Moeller; Sioux City Heelan 4:04.91
- 4 Hannah Olson, Amy Arns, Alyssa Rost, Rochelle Anderson; Waverly-Shell Rock 4:09.15
- 5 Katie Lokken, Tara Boeck, Jen Jepsen, Jodi Boeck; Denison-Schleswig 4:10.53
- 6 Caron Otto, Melissa Persaud, Alex Wink, Kate Gordon; Sioux City North 4:10.96
- 7 Megan Sash, Amber Doud, Jessica Cyphers, Candi Jones; Oskaloosa 4:13.25
- 8 Melissa Millman, Jenna Specht, Mylessa Johnson, Sabrina Weidebacher; Dubuque Senior 4:16.07

## Heat 2

- 1 Lisa Ungerer, Esther Stephen, Fiona Asigbee, Tina Klith; Cedar Rapids Prairie 4:01.60
- 2 Kelli Chesnut, Nicole Gatens, Anne Heefner, Teesa Price; Iowa City High 4:02.59

- 3 Teresa Wauters, Kirstin Bermudez, Jenni Markham, Diane Gaskill; Marshalltown 4:07.84
- 4 Andrea Van Sickle, Josi Modlin, Abby Townsend, Amanda Manatt; Newton 4:10.75
- 5 Megan Vens, Cristy Callahan, Renee Waddell, Michelle Larson; Clinton 4:11.84
- 6 Andrea Bockensteadt, Angie German, Mollie Wessels, Katie Johannes; West Delaware 4:11.94
- 7 Traci Jones, Leah Kramme, Sarah Lindner, Nicole Rieken; Ankeny 4:12.76
- Dondra Nichols, Sara Blythe, Kylee Welling, Steph Suntken; Indianola DQ

## Heat 3

- 1 Kelly Witt, Janelle Hester, Wendy Shaw, Josie Campese; Davenport Central 4:03.76
- 2 Christie Muenzenberger, Valerie Lucas, Leah Lamale, Kristin Flood; WDM Valley 4:03.96
- 3 Meghan Menough, Angie Brees, Liz Abramovich, Tammy Reavis; WDM Dowling 4:04.64
- 4 Kelly Clarkson, Heidi Kiester, Lacey Corcoran, Sarah Kiester; Johnston 4:08.92
- 5 Erin Schulte, Lacey Blackhawk, Jo Duffield, Nicole Reilly; Cedar Rapids Jefferson 4:11.11
- 6 Christy Meade, Maggie Beavers, Tara Taylor, Stephanie Mann; Des Moines Hoover 4:15.21
- 7 Anne Corken, Amanda Hohmann, Sarah Paisley, Ann Marie Noel; Dubuque Wahlert 4:15.65
- 8 Jill Engbrecht, Lindsey Smith, Sami Allison, Aimee Heisel; Fairfield 4:15.68

## Class 3A 4x800 Meter Relay Finals

- 1 Lauren Levy, Lesley Smith, Andrea Buckwalter, Laura Schlapkohl; Iowa City West 09:33.27
- 2 Claire Gilchrist, Emily Duffelmeyer, Anila Persaud, Lindsay Heilegenthal; Ames 09:34.26
- 3 Patricia Ekiring, Kelsie Linder, Kelsey Paul-Petersen, Anne Heefner; Iowa City High 09:35.18
- 4 Jannae Holuber, Nicole Chizek, Teresa Wauters, Jessica Huff; Marshalltown 09:37.54
- 5 Marie Zach, Amanda Glynn, Mary Hays, Carrie Van Sickel; CR Regis-LaSalle 09:37.76
- 6 Julie Bigler, Katie Basham, Brandy Hunold, Lindsey Nye; Fort Madison 09:38.46
- 7 Katie Berger, Anne Berger, Melissa Rhinehart, Abby Lemek; Sioux City Heelan 09:47.63
- 8 Kate Cooper, Celie Corken, Emily Komiskey, Ann Marie Noel; Dubuque Wahlert 09:47.76
- 9 Liz Abramovich, Melissa Folden, Allison Schiltz, Jessica Seglar; WDM Dowling 09:51.36
- 10 Kelsey Singletary, Michelle Kaiser, Windy Clark, Bryony Jones; Ankeny 09:53.23
- 11 Susie Tofte, Sarah Gosselink, Tara LeMay, Kelli Best; Urbandale 09:54.69
- 12 Melissa Coleman, Jodi Boeck, Brandy Sonnichson, Katie Lokken; Denison-Schleswig 09:55.95
- 13 Hannah Olson, Colleen Bubb, Amy Arns, Tricia Coleman; Waverly-Shell Rock 09:57.35
- 14 Kathryn Stamler, Natalie Hetzler, Karrie Temple, Colleen Schmitt; Muscatine 09:58.59
- 15 Stephanie Brown, Jenni Norris, Holly Gookyk, Amy Steenhoek; Pella 10:00.92
- 16 Megan Vens, Jama Clark, Renee Waddell, Michelle Larson; Clinton 10:01.90
- 17 Leah Lamale, Julie Hardin, Rebecca Baker, Christy Drescher; WDM Valley 10:03.54
- 18 Sarah Willems, Abbey Hurm, Jenna Specht, Sarah Lepp; Dubuque Senior 10:04.89
- 19 Kim Ahrens, Erin Arnold, Megan Murray, Jill Borcharding; Pleasant Valley 10:07.75
- 20 Andrea Lapham, Sarah Hough, Jeanne Mayotte, Melissa Hough; CB Abraham Lincoln 10:08.46
- 21 Cindy Loffler, Sarah Smith, Kristin Way, Sarah Kiester; Johnston 10:10.13

- 22 Jamie McLaughlin, Jayme Jandrey, Jessica Schultz, Kristin Kelly; Mount Pleasant 10:11.25
- 23 Tiffany Gossweiler, Bethany Mastin, Shallen Smitherman, Hollie Walusz; Mason City 10:11.33
- 24 Kartina Lowery, Annie Fox, Nicole Walker, Katie Fox; Cedar Rapids Jefferson 10:20.00

## **Class 3A Sprint Medley Relay Finals**

- 1 Casey Novy, Marie Zach, Leilani Smith, Maria Johnson; CR Regis-LaSalle 1:48.75
- 2 Amanda Nearad, Kelli Chesnut, Kristin Knight, Nicole Gatens; Iowa City High 1:49.17
- 3 Hafina Jones, LaKeisha Lee, Destiny Sisk, Tanya Hunigan; Davenport North 1:49.47
- 4 Johanne De Winter, Amber Engelen, Erin Maysent, Kylan Loney; Ames 1:49.56
- 5 Andrea Ridgeway, Melissa Dale, Jena Murray, Tammy Reavis; WDM Dowling 1:51.17
- 6 Alyi Mikulanec, Kristin Lickiss, Dondra Nichols, Steph Suntken; Indianola 1:51.21
- 7 Paige Davidson, Sarah Sinclair, Sarah Harned, Candi Jones; Oskaloosa 1:52.45
- 8 Peggy Owens, Anna Ziegenhorn, Kara Hulse, Nicole Doeden; Cedar Falls 1:55.10

### **Heat 1**

- 1 Amanda Nearad, Kelli Chesnut, Kristin Knight, Nicole Gatens; Iowa City High 1:50.52
- 2 Paige Davidson, Sarah Sinclair, Sarah Harned, Candi Jones; Oskaloosa 1:50.54
- 3 Alyi Mikulanec, Kristin Lickiss, Dondra Nichols, Steph Suntken; Indianola 1:51.15
- 4 Peggy Owens, Anna Ziegenhorn, Kara Hulse, Nicole Doeden; Cedar Falls 1:52.22
- 5 Jenny Schofield, Stacy Van Vark, Wendy Marlow, Jenny Versluys; Pella 1:52.91
- 6 Carissa Salwey, Emilie Williams, Lisa Ungerer, Melissa Lanphere; Cedar Rapids Prairie 1:56.83
- 7 Sara Rebling, Martha Siebert, Sami Allison, Aimee Heisel; Fairfield 1:57.45
- 8 Angie Anderson, Krystal Berding, Lena Hoard, Katie Long; Mason City 1:59.64

### **Heat 2**

- 1 Johanne De Winter, Amber Engelen, Kylan Loney, Erin Maysent; Ames 1:50.11
- 2 Andrea Ridgeway, Melissa Dale, Jena Murray, Tammy Reavis; WDM Dowling 1:51.23
- 3 Lindsay Berding, Tricia Klaver, Abby Ohm, Ellie Schnepf; LeMars 1:52.39
- 4 Jessie Wellnitz, Tajah Theroith, Rasheedah Jones, Natalie Curran; Waterloo East 1:52.82
- 5 Jaclyn Houghton, Kim Hibbert, Diane Stratton, Sarah Turner; Urbandale 1:53.24
- 6 Annie Bruns, Julie Gilbreath, Rochelle Anderson, Alyssa Rost; Waverly-Shell Rock 1:53.61
- 7 Kelli McCurdy, Jameela Hameed, Tristan Smith, Machel Peterson; Fort Dodge 1:54.32
- 8 Emily Snyder, Kelly McConnaha, Desiree Flickinger, Colleen Schmitt; Muscatine 1:55.57

### **Heat 3**

- 1 Casey Novy, Marie Zach, Leilani Smith, Maria Johnson; CR Regis-LaSalle 1:49.65

- 2 Hafina Jones, LaKeisha Lee, Destiny Sisk, Tanya Hunigan; Davenport North 1:50.27
- 3 Steph Pearce, Erica Junod, Ambre Moton, Leah Kramme; Ankeny 1:52.45
- 4 Natalie Oster, Lindsay Wood, Kathy Schmidt, Anne Hamilton; North Scott 1:53.93
- 5 Megan Nuebel, Amy Wigen, Amanda Hentges, Jami Willfong; Spencer 1:54.06
- 6 Laura Wharton, Laura Keane, Sara Heying, Julie Moeller; Sioux City Heelan 1:54.92
- 7 Mylessa Johnson, Theresa Redding, Sabrina Weidebacher, Katie Kluesner; Dubuque Senior 1:55.03
- 8 Kerri Cooper, Melissa Conklin, Kelly Witt, Josie Campese; Davenport Central 1:56.09

## **Class 3A Distance Medley Relay Finals**

- 1 Teresa Wauters, Diane Gaskill, Nicole Chizek, Jessica Huff; Marshalltown 4:07.92
- 2 Angie Maupin, Valerie Lucas, Christie Muenzenberger, Kristin Flood; WDM Valley 4:09.74
- 3 Misa Nakato, Jenny Streinz, Blayne Milligan, Laura Schlapkohl; Iowa City West 4:11.29
- 4 Casey Novy, Leilani Smith, Carrie Van Sickel, Amanda Glynn; CR Regis-LaSalle 4:12.38
- 5 Kara Hulse, Anna Ziegenhorn, Jamie Nemmers, Ashley Kunkle; Cedar Falls 4:12.52
- 6 Amber Engelen, Megan Flaws, Claire Gilchrist, Lindsay Heilegenthal; Ames 4:12.66
- 7 Amanda Nearad, Nicole Gatens, Kelli Chesnut, Anne Heefner; Iowa City High 4:12.86
- 8 Sara Heying, Laura Wharton, Katie Berger, Abby Lemek; Sioux City Heelan 4:16.60
- 9 Christy Meade, Maggie Beavers, Tara Taylor, Stephanie Mann; Des Moines Hoover 4:17.43
- 10 Kelli Marlow, Wendy Marlow, Ashley Bogaards, Erin Van Zee; Pella 4:17.48
- 11 Abbey Nimmer, Ashley Guffey, Jenny Frels, Anne Ruffcorn; Bettendorf 4:17.52
- 12 Becca Aull, Laura Palmer, Natalie Hetzler, Colleen Schmitt; Muscatine 4:20.31
- 13 Amy Young, Lacey Corcoran, Heidi Kiester, Sarah Kiester; Johnston 4:21.07
- 14 Jami Willfong, Niki Jacobsen, Chelsi Auen, Molly Wedel; Spencer 4:21.69
- 15 Jaclyn Houghton, Jenny Reiter, Rachel Buescher, Sarah Gosselink; Urbandale 4:22.21
- 16 Tamika Miller, Haley Beyer, Amy Oleson, Amanda Stiefel; Burlington 4:22.50
- 17 Jessica Shives, Jen Jepsen, Jodi Boeck, Katie Lokken; Denison-Schleswig 4:22.91
- 18 Crystal Mack, Mikki Westphal, Lindsey Ekblad, Debra Baker; Davenport West 4:23.02
- 19 Tauni Mackey, Amber Hook, Kellie Kloubec, Esther Stephen; Cedar Rapids Prairie 4:23.32
- 20 Jessie Wellnitz, Tajah Theroith, Sara Cose, Natalie Curran; Waterloo East 4:24.28
- 21 Molly Parrott, Erica Sheeres, Kara Riso, Karen McCormick; Lewis Central 4:25.93
- 22 April Ready, Erin Daley, Marissa Birchard, Melissa Hough; CB Abraham Lincoln 4:27.95
- 23 Amy Kueker, Jessica Groth, Hannah Olson, Sara Koehler; Waverly-Shell Rock 4:33.35
- Melissa Conklin, Carrie Schnauber, Janelle Hester, Wendy Shaw; Davenport Central DQ

## **Class 3A Shuttle Hurdle Relay Finals**

- 1 Rachel Dierenfield, Traci Jones, Chrissy Hendricks, Lynette Heinauer; Ankeny 1:02.38
- 2 Heather Covell, Amanda Koester, Tara Jetter, Cristy Callahan; Clinton 1:03.93
- 3 Jana Eaton, Tonja Miller, Erin Fitzgerald, Angie Ligouri; WDM Dowling 1:04.43
- 4 Sarah Kitchell, Jessica Wray, Megan Popelka, Carly Mortensen; Ames 1:04.79
- 5 Jenny Mitchell, Melissa Lovegren, Kellie Smith, Jamie Nemmers; Cedar Falls 1:05.51

6 Angie Baumgartner, Shannon Haas, Heather Hardin, Katie Johannes; West Delaware 1:05.64  
7 Brooke Plumb, Tori Dunham, Alison Kempenaar, Jessi Dillman; Newton 1:05.74  
Emily Vold, Rachel Hardinger, Lena Hoard, Maria Hardinger; Mason City DQ1:05.45

## Heat 1

1 Traci Jones, Rachel Dierenfield, Chrissy Hendricks, Lynette Heinauer; Ankeny 1:03.91  
2 Brooke Plumb, Tori Dunham, Alison Kempenaar, Jessi Dillman; Newton 1:05.72  
3 Mel Hochmuth, Sarah Van Wyk, Bridget Benke, Amber Johnson; Southeast Polk 1:06.83

## Heat 2

1 Angie Baumgartner, Shannon Haas, Heather Hardin, Katie Johannes; West Delaware 1:05.22  
2 Emily Vold, Rachel Hardinger, Lena Hoard, Maria Hardinger; Mason City 1:05.92  
3 Lindsey Anderson, Jenny Knapp, Heidi Hetzler, Colleen Hogan; WDM Valley 1:06.25  
4 Erin Johnson, Jessica Ehlers, Melissa Anderson, Paige Berthel; Cedar Rapids Kennedy 1:07.57

## Heat 3

1 Laura Uthe, Katie Meyer, Jenny Moser, Amy Comer; Dubuque Hempstead 1:06.23  
2 Ann Waters, Megan Miller, Kendra Crow, Jessie Bowman; Marshalltown 1:06.69  
3 Lesley Andrews, Katie Kelly, Kari Redenius, Rhonda Sonberg; Charles City 1:09.31  
4 Jill Ostwinkle, Shannon Hunt, April Vorwald, Sarah Steffen; Western Dubuque 1:11.41

## Heat 4

1 Jana Eaton, Tonja Miller, Erin Fitzgerald, Angie Ligouri; WDM Dowling 1:04.49  
2 Lindsey Sinn, Shawna Shappell, Jenny Brauman, Angie Reschly; Mount Pleasant 1:07.62  
3 Jessica Shives, Lori Argotsinger, Maggie Gorman, Jen Jepsen; Denison-Schleswig 1:08.30  
Becky Lauver, Jenny Willer, J.J. Padilla, Molly Parrott; Lewis Central DQ

## Heat 5

1 Sarah Kitchell, Carly Mortensen, Megan Popelka, Jessica Wray; Ames 1:04.71  
2 Shelly McCulla, Christina Van Zante, Andrea Grob, Stacy Van Vark; Pella 1:06.55  
3 Natalie Johnson, Allison Ehret, Blair Anderson, Tamika Miller; Burlington 1:06.78  
4 Amanda Wheatley, Molly Sewell, Melissa Staley, Alissa Koerner; Sioux City Heelan 1:09.28

## Heat 6

- 1 Heather Covell, Amanda Koester, Tara Jetter, Cristy Callahan; Clinton 1:05.28
- 2 Jenny Mitchell, Melissa Lovegren, Kellie Smith, Jamie Nemmers; Cedar Falls 1:05.81
- 3 Kelli Best, Lynn Hall, Amy Selover, Lacey Woolf; Urbandale 1:06.68
- 4 Anne Burgmeier, Beth Patterson, Neisha Stocking, Elizabeth Bicknell; Pleasant Valley 1:06.82

## Class 3A High Jump Finals

- 1 Amanda Koester; Clinton 5'04" (1.63m)
- 2 Anna Friederichs; Davenport West 5'04" (1.63m)
- 3 Tina Wolfe; Pleasant Valley 5'02" (1.57m)
- 3 Shannon Leonard; Ottumwa 5'02" (1.57m)
- 5 Jenny Sherry; Sioux City North 5'02" (1.57m)
- 5 Casie Miller; Cedar Falls 5'02" (1.57m)
- 7 Tonja Miller; WDM Dowling 5'00" (1.52m)
- 7 Jameela Hameed; Fort Dodge 5'00" (1.52m)
- 7 Jill Arganbright; Iowa City West 5'00" (1.52m)
- 7 Brooke Zrudsky; Linn-Mar 5'00" (1.52m)
- 7 Kiley Fidler; Cedar Rapids Washington 5'00" (1.52m)
- 10 Tara Biederman; Dubuque Hempstead 5'00" (1.52m)
- 10 Heather Covell; Clinton 5'00" (1.52m)
- 10 Krista Johnson; Cedar Rapids Jefferson 5'00" (1.52m)
- 13 Erin Martin; Ames 5'00" (1.52m)
- 13 Jessie Noid; Marshalltown 5'00" (1.52m)
- 17 Megan Lienau; Iowa City High 4'10" (1.47m)
- 17 Traci Jones; Ankeny 4'10" (1.47m)
- 19 Amy Steenhoek; Pella 4'10" (1.47m)
- 20 Erin Coen; Cedar Falls 4'10" (1.47m)
- 20 Dana Kuiken; Fairfield 4'10" (1.47m)
- Bethany Robert; Wat. Col-D. Bosco nh \*
- Hattie Bagbey; Des Moines Lincoln nh \*
- Desiree Flickinger; Muscatine nh \*

## Class 3A Long Jump Finals

- 1 Kara Hulse; Cedar Falls 17'10.00" (5.44m)
- 2 Fiona Asigbee; Cedar Rapids Prairie 17'09.25" (5.42m)
- 3 Jill Fisher; Sioux City Heelan 17'08.25" (5.39m)
- 4 Teesa Price; Iowa City High 17'05.75" (5.33m)

- 5 Laura Aschoff; Ankeny 17'05.25" (5.31m)
  - 6 Amber Engelen; Ames 17'03.00" (5.26m)
  - 7 LoLo Jones; Des Moines Roosevelt 17'02.75" (5.25m)
  - 8 LaKeisha Lee; Davenport North 17'00.25" (5.19m)
  - 9 Julie Gilbreath; Waverly-Shell Rock 16'11.25" (5.16m)
  - 10 Amanda Koester; Clinton 16'06.50" (5.04m)
  - 11 Tara Biederman; Dubuque Hempstead 16'06.25" (5.04m)
  - 12 Amy Wigen; Spencer 16'03.50" (4.97m)
  - 13 Holly Gookyk; Pella 16'02.75" (4.95m)
  - 14 Kathy Merten; Charles City 16'01.75" (4.92m)
  - 15 Krista Johnson; Cedar Rapids Jefferson 15'10.25" (4.83m)
  - 16 Davonna Carr; Des Moines Roosevelt 15'09.75" (4.82m)
  - 17 Tonja Miller; WDM Dowling 15'07.50" (4.76m)
  - 18 Angie German; West Delaware 15'07.00" (4.75m)
  - 19 Rachel Buescher; Urbandale 15'05.75" (4.72m)
  - 20 Molly Parrott; Lewis Central 15'05.50" (4.71m)
  - 21 Cristy Callahan; Clinton 15'03.50" (4.66m)
  - 22 Sarah Steffen; Western Dubuque 14'10.50" (4.53m)
  - 23 Tristan Smith; Fort Dodge 14'09.25" (4.50m)
- Alisa Steffen; Waverly-Shell Rock DNC

## Class 3A Shot Put Finals

- 1 Leann Boerema; Clinton 44'05.50" (13.55m)
- 2 Susan Francois; West Delaware 39'09.50" (12.13m)
- 3 Rainey Goedken; Spencer 39'08.75" (12.11m)
- 4 Nikki Rowland; Cedar Rapids Washington 37'10.00" (11.53m)
- 5 Kim Jenkins; Cedar Rapids Jefferson 37'09.00" (11.51m)
- 6 Brooke Ennen; Muscatine 37'07.25" (11.46m)
- 7 Greta Pemsli; Dubuque Wahlert 37'07.00" (11.46m)
- 8 Nicole Johnson; Southeast Polk 37'00.75" (11.30m)
- 9 Maureen Head; Iowa City West 36'08.75" (11.20m)
- 10 Sara Nauman; Dubuque Senior 36'06.50" (11.14m)
- 11 Christie Phillips; Burlington 36'05.75" (11.12m)
- 12 Joli Coil; Waverly-Shell Rock 36'05.25" (11.11m)
- 13 Devin Achenbach; Cedar Rapids Kennedy 36'01.00" (11.00m)
- 14 Toni Aquilar; Pleasant Valley 35'11.75" (10.97m)
- 15 Suzanne Gudlewski; Davenport West 35'10.00" (10.92m)
- 16 Erin Thornton; Cedar Rapids Kennedy 35'06.75" (10.84m)
- 17 Stacie Dunlap; Ames 35'06.00" (10.82m)
- 18 Nichole Robison; Sioux City West 35'03.00" (10.74m)
- 19 Pam Iversen; Denison-Schleswig 34'11.50" (10.66m)
- 20 Tasha Massey; Iowa City High 34'10.75" (10.64m)
- 21 Tracy Keenan; Lewis Central 33'08.00" (10.26m)
- 22 Christina Meusburger; Des Moines Lincoln 33'06.00" (10.21m)

- 23 Kara Hinz; Cedar Falls 33'04.25" (10.17m)  
24 Jenny Bandstra; Pella 33'01.25" (10.09m)

## Class 3A Discus Finals

- 1 Brooke Ennen; Muscatine 125'04" (38.20m)  
2 Nicole Johnson; Southeast Polk 124'02" (37.85m)  
3 Leann Boerema; Clinton 123'05" (37.62m)  
4 Greta Pemsli; Dubuque Wahlert 120'06" (36.73m)  
5 Stacie Dunlap; Ames 120'04" (36.68m)  
6 Jess Boline; Bettendorf 119'10" (36.53m)  
7 Leah Heston; Ankeny 116'04" (35.46m)  
8 Maureen Head; Iowa City West 112'09" (34.37m)  
9 Nikki Rowland; Cedar Rapids Washington 112'01" (34.16m)  
10 Lacey Corcoran; Johnston 111'00" (33.83m)  
11 Toni Aquilar; Pleasant Valley 111'00" (33.83m)  
12 Erin Thornton; Cedar Rapids Kennedy 110'10" (33.78m)  
13 Christie Phillips; Burlington 107'02" (32.66m)  
14 Shari Gries; Sioux City East 107'00" (32.61m)  
15 Megan Krumrei; Cedar Rapids Kennedy 106'11" (32.59m)  
16 Barb Bruner; Fairfield 105'10" (32.26m)  
17 Leslie Schmailzl; Glenwood 105'01" (32.03m)  
18 Sara Nauman; Dubuque Senior 101'04" (30.89m)  
19 Kristin Kinsel; Lewis Central 100'08" (30.68m)  
20 Tracy Keenan; Lewis Central 100'05" (30.61m)  
21 Joni Kinney; Mason City 100'02" (30.53m)  
22 Jennifer Salviati; Linn-Mar 099'05" (30.30m)  
23 Angie Greiner; Fairfield 098'09" (30.10m)  
24 Sue Stoffel; Dubuque Wahlert 098'05" (30.00m)

## Wheelchair 100 Meter Dash Finals

- 1 Cheri Blauwet; West Lyon 21.48 \*  
2 Susan Tillman; Clarion-Goldfield 25.47

## Wheelchair 400 Meter Dash Finals

- 1 Cheri Blauwet; West Lyon 1:15.14 \*  
Susan Tillman; Clarion-Goldfield DNS



## Wheelchair Shot Put Finals

- 1 Susan Tillman; Clarion-Goldfield 13'11.5" (4.25m)
- 2 Cheri Blauwet; West Lyon 12'05" (3.78m)