

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/14/2023 06:01 PM
 Iowa Girls & Boys State Track Meet 2023 - 5/18/2023 to 5/20/2023
 Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 3 Girls 100 Meter Dash 2A (24)

=====
 Thursday 5/18/2023 - 6:30 PM

State Record: 12.13 2022 Jaidyn Sellers, Panorama
 All-Time: 11.49 2018 Sydney Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	Ayden Feske	11	Eagle Grove
2	Macie Graves	10	Dike-NH
3	Iva Senio	12	West Branch
4	Jaidyn Sellers	11	Panorama
5	Meredith Van Wyk	09	Pella Christ
6	Jacey Johnston	09	Osage
7	Hailee Pesek	11	New Hampton
8	Shae Dutler	11	Ridge View

Heat 2 Prelims

1	Jayden Cravatta	11	Camanche
2	Kamryn Lande	10	Roland-Story
3	Cadan VanLaningham	12	Davis County
4	Anna Heynen	11	Unity Chrst,
5	Paige Holst	12	Northeast, G
6	Jerzee Knight	10	Clarinda
7	Hadley Ayers	10	Sioux Ctrl,
8	Amanda Davis	10	Pocahon Area

Heat 3 Prelims

1	Addison Adam	10	Cardinal, El
2	Ella Blinkinsop	12	Camanche
3	Tasha Williams	12	W Central Va
4	Eden Moore	11	Van Meter
5	Jaslynn Dagel	12	Ia Falls-Ald
6	Jaselyne Anderson	11	Estherville-
7	Katelyn Zelle	10	Jesup
8	Nevaeh Decker	11	Mid-Prairie,

Event 11 Girls 200 Meter Dash 2A (24)

=====
 Thursday 5/18/2023 - 4:20 PM

State Record: 24.49 5/21/2009 Hannah Willms, Dike-NH
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	Aliyah Humphrey	12	Underwood
2	Jaslynn Dagel	12	Ia Falls-Ald
3	Anna Heynen	11	Unity Chrst,
4	Natalie Demai	12	Denver
5	Jerzee Knight	10	Clarinda
6	Tasha Williams	12	W Central Va
7	Iva Senio	12	West Branch

8	Gralynn Martin	11	Alburnett
Heat 2 Prelims			
1	Grace Sanderson	12	Camanche
2	Ellsa Jorgensen	12	Okoboji, Mil
3	Paige Holst	12	Northeast, G
4	Meredith Van Wyk	09	Pella Christ
5	Molly Shafer	10	Eddyvl-Blake
6	Hailee Pesek	11	New Hampton
7	Olivia Shannon	12	Greene Count
8	Amanda Davis	10	Pocahon Area
Heat 3 Prelims			
1	Macie Graves	10	Dike-NH
2	Jaselyne Anderson	11	Estherville-
3	Cadan VanLaningham	12	Davis County
4	Jaidyn Sellers	11	Panorama
5	Tabitha Evans	12	Mid-Prairie,
6	Jacey Johnston	09	Osage
7	Kamryn Lande	10	Roland-Story
8	Payton Petersen	11	Dike-NH

Event 19 Girls 400 Meter Dash 2A (24)

Thursday 5/18/2023 - 7:00 PM

State Record:	53.96	5/20/2010	Hannah Willms, Dike-NH
All-Time:	52.90	2018	Sydney Milani, Southeast Polk
Name		Year	School

Section 1 Timed Finals

1	Lilly Andrews	11	Williamsburg
2	Addie Nerem	11	Tipton
3	Kate Carlson	10	Union, LaPor
4	Maddie Olson	12	Sheldon
5	Justine Cowley	12	N Fayette Va
6	Mack Walter	12	Tipton
7	Brooklyn Fryar	11	Van Meter
8	Madison Stille	11	South Hardin

Section 2 Timed Finals

1	Greta Sieren	11	Mid-Prairie,
2	Jaelye Woudstra	10	Unity Chrst,
3	Abby George	10	Albia
4	Natalie Heupel	12	Greene Count
5	Jenna Vonnahme	11	Pocahon Area
6	Paige Holst	12	Northeast, G
7	Jocelyn O'Neal	09	Red Oak
8	Abby Winterrowd	11	OABCIG

Section 3 Timed Finals

1	Rachel Schany	09	Emmetsburg
2	Kate Shafer	10	Eddyvl-Blake
3	Jacey Johnston	09	Osage
4	Bailey Vos	09	Pella Christ
5	Jaselyne Anderson	11	Estherville-
6	Jaidyn Sellers	11	Panorama
7	Aubrey Decker	11	Denver
8	Kyndra Gramstad	10	W Lyon, Inwo

Event 27 Girls 800 Meter Run 2A (24)

Saturday 5/20/2023 - 10:40 AM

State Record: 2:12.12 5/19/2007 Ashley Miller, Tipton
 All-Time: 2:06.52 2021 Ainsley Erzen, Carlisle

Name	Year	School
=====		
Section 1 Timed Finals		
1	Hailey Homan	10 Denver
2	Bailey Vos	09 Pella Christ
3	Ava Krutsinger	09 Chariton
4	Alivia Edens	11 Tipton
5	Abby George	10 Albia
6	Caroline Van Utrecht	10 Eddyvl-Blake
7	Chloe Judisch	11 South Cent C
8	Kaycee Pittman	09 Greene Count
9	Quinnlyn Schultz	10 Aplntn-Parks
10	Mary Schriever	11 Cent Lyon
11	Ava Capron	10 Monticello
12	Greta Sieren	11 Mid-Prairie,
Section 2 Timed Finals		
1	Clare Wright	11 Jesup
2	Marisa Kehoe	11 Monticello
3	Mary Kelly	12 Van Meter
4	Madison Brouwer	12 Sibley-Ochey
5	Clare Kelly	12 Van Meter
6	Danielle Hostetler	11 Mid-Prairie,
7	Macey Marovets	12 Williamsburg
8	Grace Storjohann	09 Grundy Cente
9	Mayson Hartley	12 Clarinda
10	Bethany Warren	10 Forest City
11	Teah Miller	12 Ia Falls-Ald
12	Lilian Nelson	12 Forest City

Event 35 Girls 1500 Meter Run 2A (24)

Saturday 5/20/2023 - 2:52 PM

State Record: 4:33.41 5/20/2017 Anna Hostetler, Mid-Prairie,
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name	Year	School
=====		
Section 1 Timed Finals		
1	Madison Marco	12 Sibley-Ochey
2	Emma McCoy	10 Van Meter
3	Danielle Hostetler	11 Mid-Prairie,
4	Hillary Trainor	11 Sumner-Fredr
5	Madison Brouwer	12 Sibley-Ochey
6	Clare Kelly	12 Van Meter
7	McKenna Montgomery	09 Albia
8	Alyssa Richman	10 Manson NW We
9	Amilia Condon	10 Union, LaPor
10	Lilian Nelson	12 Forest City
11	Katelyn Johnston	12 Osage
12	Eva Fleshner	09 Woodward-Gra
13	Abby Fleming	11 Mid-Prairie,
14	Kinze Shea	11 Crestwood
15	Clare Wright	11 Jesup
16	Mayson Hartley	12 Clarinda
17	Leah Koehler	10 Monticello

18	Hallie Kelchen	09	Cascade
19	Teah Miller	12	Ia Falls-Ald
20	Reeve Ristau	10	Denver
21	Jaycie Vohs	11	Ridge View
22	Amber Homan	12	Denver
23	Emma Althoff	12	Monticello
24	Grace Woodall	09	Cherokee, Wa

Event 43 Girls 3000 Meter Run 2A (24)

Thursday 5/18/2023 - 3:20 PM

State Record: 9:47.52 5/18/2017 Anna Hostetler, Mid-Prairie,

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School
------	------	--------

Section 1 Timed Finals

1	McKenna Montgomery	09	Albia
2	Teah Miller	12	Ia Falls-Ald
3	Alyssa Richman	10	Manson NW We
4	Hillary Trainor	11	Sumner-Fredr
5	Katelyn Johnston	12	Osage
6	Mayson Hartley	12	Clarinda
7	Eva Fleshner	09	Woodward-Gra
8	Kinze Shea	11	Crestwood
9	Abby Fleming	11	Mid-Prairie,
10	Danielle Hostetler	11	Mid-Prairie,
11	Madison Marco	12	Sibley-Ochey
12	Laura Owen	10	Tipton
13	Meryl Casady	09	DSM Christia
14	Hailey Egbert	10	Shenandoah
15	Emma Althoff	12	Monticello
16	Amilia Condon	10	Union, LaPor
17	Hallie Kelchen	09	Cascade
18	Preslie Oswald	12	Manson NW We
19	Scarlett Byrnes	09	Osage
20	Iris Melody	09	South Cent C
21	Jaycie Vohs	11	Ridge View
22	Rachel Putze	09	KPWC
23	Kayden Spencer	12	Ogden
24	Katie Young	09	Unity Chrst,

Event 50 Girls 100 Meter Hurdles 2A (24)

Friday 5/19/2023 - 4:00 PM

State Record: 14.33 5/23/2009 Alex Gochenour, Logan-Mag.

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
------	------	--------

Heat 1 Prelims

1	Berkley Johannsen	12	Sioux Ctrl,
2	Lacey Neighbor	12	Alburnett
3	Devin Simon	12	Cascade
4	Carlie Jo Fusco	12	Durant
5	Hailey Martin	12	Underwood
6	Carley Underwood	12	Colfax-Mingo
7	Kate Green	10	Cascade
8	Lainey Shelangoski	11	Durant

Heat 2 Prelims

1	Sophia Mason	12	Pleasantvill
2	Mikayla Beisel	10	Clarion-Gold
3	Taydem Graden	10	Ogden
4	Clara Teigland	12	Treynor
5	Chloe Denton	10	Shenandoah
6	Bailey Boeve	09	Hinton
7	Abby Tollefson	11	W Marshall
8	Olyvia Bellows	11	Aplntn-Parks

Heat 3 Prelims

1	Kinsey Mohwinkle	11	Aplntn-Parks
2	Tatum Shepherd	11	Ridge View
3	Sydney Anton	11	Union, LaPor
4	Abreiana Christoffer	12	Estherville-
5	Carlee Rochford	12	New Hampton
6	Molly Shafer	10	Eddyvl-Blake
7	Annie Metzger	10	W Lyon, Inwo
8	Brynn Webber	12	Sioux Ctrl,

Event 58 Girls 400 Meter Hurdles 2A (24)

Friday 5/19/2023 - 5:40 PM

State Record: 1:02.62 5/20/2011 Alex Gochenour, Logan-Mag

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name Year School

Section 1 Timed Finals

1	Annie Metzger	10	W Lyon, Inwo
2	Morgan Neuroth	11	E Marshall
3	Taylor Ries	10	New Hampton
4	Mikayla Beisel	10	Clarion-Gold
5	Emelia Hauser	12	W Marshall
6	Tatum Shepherd	11	Ridge View
7	Avery Major	11	Albia
8	Ava Salvo	10	South Hardin

Section 2 Timed Finals

1	Lainey Shelangoski	11	Durant
2	Olivia Phillips	10	I-35, Truro
3	Ava Eddy	09	Aplntn-Parks
4	Sydney Anton	11	Union, LaPor
5	Kate Shafer	10	Eddyvl-Blake
6	Mya Curry	11	Cascade
7	Laney Wolfswinkel	10	Cherokee, Wa
8	Bailey Boeve	09	Hinton

Section 3 Timed Finals

1	Carlie Jo Fusco	12	Durant
2	Preslie Peterson	11	Sioux Ctrl,
3	Eden Moore	11	Van Meter
4	Clara Teigland	12	Treynor
5	Gracie Schoonhoven	12	Unity Chrst,
6	Devin Simon	12	Cascade
7	Aubrey Decker	11	Denver
8	Alayna Wingate	12	Sibley-Ochey

Event 67 Girls 4x100 Meter Shuttle Hurdle 2A (24)

Thursday 5/18/2023 - 7:40 PM

State Record: 1:05.29 5/21/2011 West Fork, S, West Fork, S
 S Weiland, B Fleshner, L Peterson, T Twedt
 All-Time: 1:00.44 2022 Dowling Catholic, Dowling Catholic
 O Kramer, R Leman, A Gaskell, E Okwaramoi
 School

=====
 Heat 1 Prelims
 1 PCM, Monroe '1'
 3 Sioux Ctrl, SR '1'
 5 Shenandoah '1'
 7 Osage '1'
 Heat 2 Prelims
 1 Durant '1'
 3 Aplntn-Parksbg '1'
 5 Ogden '1'
 7 W Lyon, Inwood '1'
 Heat 3 Prelims
 1 Waukon '1'
 3 Underwood '1'
 5 Cent Decatur '1'
 7 West Liberty '1'
 Heat 4 Prelims
 1 Van Meter '1'
 3 Treynor '1'
 5 Alburnett '1'
 7 OABCIG '1'
 Heat 5 Prelims
 1 Mid-Prairie, W '1'
 3 Ridge View '1'
 5 Union, LaPorte C '1'
 7 Clarion-Golfd-Dows '1'
 Heat 6 Prelims
 1 W Marshall '1'
 3 Estherville-LC '1'
 5 Cascade '1'
 7 Colfax-Mingo '1'

Event 72 Girls 4x100 Meter Relay 2A (24)

=====
 Friday 5/19/2023 - 6:20 PM

State Record: 49.29 5/22/2021 Northeast, GL, Northeast, GL
 P Holst, E Rickertsen, M Tarr, N Hildebrandt
 All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
 CR Jefferson Tied in 2015
 School

=====
 Heat 1 Prelims
 1 Pella Christian '1'
 2 Ogden '1'
 3 Greene County '1'
 4 Sioux Ctrl, SR '1'
 5 Camanche '1'
 6 Ridge View '1'
 7 Alburnett '1'
 8 Crestwood '1'
 Heat 2 Prelims
 1 Clarinda '1'

2 Northeast, GL '1'
 3 West Branch '1'
 4 Denver '1'
 5 Forest City '1'
 6 Dike-NH '1'
 7 Estherville-LC '1'
 8 Roland-Story '1'

Heat 3 Prelims

1 Unity Chrst, OC '1'
 2 Williamsburg '1'
 3 Davis County, B '1'
 4 Mid-Prairie, W '1'
 5 Okoboji, Milford '1'
 6 Underwood '1'
 7 W Lyon, Inwood '1'
 8 Cardinal, Eldon '1'

Event 80 Girls 4x200 Meter Relay 2A (24)

=====
 Friday 5/19/2023 - 4:40 PM

State Record: 1:42.94 5/16/2008 North Polk, North Polk
 S Humphrey, C Christensen, M Moeckly, J Andreassen
 All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
 A Ranschau, J Blue, M Meese, L Schneekloth

School

=====
Section 1 Timed Finals

1 Mediapolis '1'
 2 Clarinda '1'
 3 KPWC '1'
 4 Camanche '1'
 5 Alburnett '1'
 6 Treynor '1'
 7 W Lyon, Inwood '1'
 8 Pleasantville '1'

Section 2 Timed Finals

1 Davis County, B '1'
 2 Sioux Ctrl, SR '1'
 3 W Central Valley '1'
 4 Williamsburg '1'
 5 Crestwood '1'
 6 Greene County '1'
 7 Ridge View '1'
 8 Van Meter '1'

Section 3 Timed Finals

1 West Branch '1'
 2 Dike-NH '1'
 3 Okoboji, Milford '1'
 4 Denver '1'
 5 Mid-Prairie, W '1'
 6 Unity Chrst, OC '1'
 7 Roland-Story '1'
 8 Underwood '1'

Event 88 Girls 4x400 Meter Relay 2A (24)

=====
 Friday 5/19/2023 - 7:00 PM

State Record: 3:55.52 5/19/2012 Cascade, WD, Cascade, WD
 A Green, A Meyer, T Helmle, A Gibbs
 All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty
 School

=====
 Heat 1 Prelims

1 Grundy Center '1'
 2 Greene County '1'
 3 Monticello '1'
 4 Eddyvl-Blakes/F '1'
 5 New Hampton '1'
 6 Hinton '1'
 7 Underwood '1'
 8 Southeast Valley '1'

Heat 2 Prelims

1 Durant '1'
 2 Aplntn-Parksbg '1'
 3 Dike-NH '1'
 4 Unity Chrst, OC '1'
 5 Williamsburg '1'
 6 Pella Christian '1'
 7 Tipton '1'
 8 Osage '1'

Heat 3 Prelims

1 Cent Lyon '1'
 2 Western Christ '1'
 3 Sioux Ctrl, SR '1'
 4 Denver '1'
 5 Sibley-Ocheyedan '1'
 6 Cascade '1'
 7 Van Meter '1'
 8 Waukon '1'

Event 96 Girls 4x800 Meter Relay 2A (24)
 =====

Thursday 5/18/2023 - 5:00 PM

State Record: 9:24.76 5/16/2019 Western Christ, Wst Christian
 B Nelson, M Van'tHul, E Heynen, O Granstra
 All-Time: 9:09.09 2001 Iowa City West, Iowa City West
 School

=====
 Section 1 Timed Finals

1 Hinton '1'
 2 DSM Christian '1'
 3 New Hampton '1'
 4 Hudson '1'
 5 Northeast, GL '1'
 6 Jesup '1'
 7 AHSTW '1'
 8 Aplntn-Parksbg '1'
 9 Mid-Prairie, W '1'
 10 Beckman '1'
 11 Davis County, B '1'
 12 Cherokee, Wash '1'

Section 2 Timed Finals

1 Cent Lyon '1'

2 Monticello '1'
 3 Denver '1'
 4 Forest City '1'
 5 Unity Chrst, OC '1'
 6 Van Meter '1'
 7 Grundy Center '1'
 8 Western Christ '1'
 9 Albia '1'
 10 Williamsburg '1'
 11 Sioux Ctrl, SR '1'
 12 Tipton '1'

Event 110 Girls 800 Sprint Medley 2A (24)

=====
 Saturday 5/20/2023 - 9:12 AM

State Record: 1:46.35 5/22/2010 Dike-NH, Dike-NH
 A Dove, M Daley, N Hensley, H Willms
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel
 School

=====
 Section 1 Timed Finals

1 Crestwood '1'
 2 KPWC '1'
 3 I-35, Truro '1'
 4 Ogden '1'
 5 New Hampton '1'
 6 W Lyon, Inwood '1'
 7 Cascade '1'
 8 Emmetsburg '1'

Section 2 Timed Finals

1 Dike-NH '1'
 2 Pocahon Area '1'
 3 Eddyvl-Blakes/F '1'
 4 Forest City '1'
 5 Underwood '1'
 6 Camanche '1'
 7 Williamsburg '1'
 8 Davis County, B '1'

Section 3 Timed Finals

1 Mid-Prairie, W '1'
 2 Okoboji, Milford '1'
 3 Denver '1'
 4 Van Meter '1'
 5 Treynor '1'
 6 Estherville-LC '1'
 7 Pella Christian '1'
 8 Roland-Story '1'

Event 118 Girls High Jump 2A (24)

=====
 Friday 5/19/2023 - 4:30 PM

State Record: 5-11 5/22/2009 Hannah Willms, Dike-NH
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford
 Name Year School

=====
 Flight 1 Finals

1	Haley Steffener	11	Mediapolis
2	Noelle Hill	09	Davis County
3	Carlie Willis	11	Grundy Cente
4	Mikayla Beisel	10	Clarion-Gold
5	Samantha Lass	10	Ogden
6	River Hamaker	12	Cent Decatur
7	Ella Groenewold	12	Mid-Prairie,
8	Cara Veenstra	12	Pella Christ
9	Hadley Hardersen	10	DSM Christia
10	Madison Stowater	11	Ridge View
11	Cameron Johnson	11	Waukon
12	Nahia Ellis	12	Cherokee, Wa
13	Alaysia McCord	11	Woodward-Gra
14	Molly Zylstra	12	Unity Chrst,
15	Trista Ohlmeier	10	MVAOCOU
16	Olyvia Bellows	11	Aplntn-Parks
17	Carlee Rochford	12	New Hampton
18	Alyssa Fowler	12	Northeast, G
19	Bailey Boeve	09	Hinton
20	Allison Koch	09	Grundy Cente
21	Molly Shafer	10	Eddyvl-Blake
22	Aubrey De Groot	12	Unity Chrst,
23	Rachel Schany	09	Emmetsburg
24	Maddie Olson	12	Sheldon

Event 126 Girls Long Jump 2A (24)

=====
 Thursday 5/18/2023 - 4:30 PM

State Record: 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name Year School

=====
 Flight 1 Finals

1	Pearson Hall	10	West Liberty
2	Macy Blum	12	Kuemper Cath
3	Kamryn Sanders	12	Greene Count
4	Maike Brenner	11	Camanche
5	Kinsey Drake	10	Wilton
6	Emma Lueck	11	Mid-Prairie,
7	Brenlie Graden	12	Ogden
8	Avery Wilson	09	Sioux Ctrl,
9	Kinsey Mohwinkle	11	Aplntn-Parks
10	Bailey Boeve	09	Hinton
11	Adalyn Sporleder	10	Roland-Story
12	Catie Hook	11	Wilton

Flight 2 Finals

1	Sophia Keys	09	Columbus Cat
2	Jadyn Petersen	11	Dike-NH
3	Jocelyn O'Neal	09	Red Oak
4	Addyson Jeske	10	Eagle Grove
5	Kaitlyn Krambeer	11	Waukon
6	Jordyn Reimer	12	Underwood
7	Kinsey Alt	12	W Central Va
8	Lacey Neighbor	12	Alburnett
9	Shae Dutler	11	Ridge View
10	Rachel Schany	09	Emmetsburg
11	Kallie Greiner	12	Davis County

12 Carlee Rochford 12 New Hampton

Event 134 Girls Discus Throw 2A (24)

Friday 5/19/2023 - 2:00 PM

State Record: 172-01 5/20/2016 Kiana Phelps, KP-WC

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

Flight 1 Finals

1	Ella Ray	10	Eddyvl-Blake
2	Eliau Dzangue	11	Tipton
3	Ciera Hutton Spieker	11	I-35, Truro
4	Jadyn Huisman	11	Treynor
5	Addy Engel	10	Hudson
6	Jorja Culver	11	Anamosa
7	Brigitte Rohrer	11	Union, LaPor
8	Alley Freemon	11	Union, LaPor
9	Hillary Ruschy	10	Estherville-
10	Maya Zappia	11	MO Valley
11	Kaleigh Friend	12	DSM Christia
12	Megan Vander Pol	11	Western Chri

Flight 2 Finals

1	Grace Rhomberg	12	Cascade
2	Keira Hammen	12	South Cent C
3	Morgan Stecher	11	Louisa-Musc
4	Erica Power	11	Osage
5	Jenna Thurm	12	Williamsburg
6	Sarah Dean	10	N Fayette Va
7	Isabelle Graubard	11	Alburnett
8	Maddie Fischer	11	Anamosa
9	Lauren Kounkel	11	Hinton
10	Hannah Schroeder	09	N Fayette Va
11	Allie Schweitzberger	12	KPWC
12	Jana Ter Wee	11	W Lyon, Inwo

Event 142 Girls Shot Put 2A (24)

Thursday 5/18/2023 - 2:00 PM

State Record: 48-08.75 5/19/2016 Kiana Phelps, KP-WC

All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name Year School

Flight 1 Finals

1	Katie Ruden	12	Columbus Cat
2	Delaney Mathews	09	Treynor
3	Marinza Roosa	11	Ogden
4	Elle Ridgeway	12	Williamsburg
5	Claire Geerts	11	New Hampton
6	Brigitte Rohrer	11	Union, LaPor
7	Aubrey Metzger	10	Cent Lyon
8	Sadie Smith	12	West Branch
9	Jenna Thurm	12	Williamsburg
10	Keytin Elser	12	Sibley-Ochey
11	Alyssa Pierce	10	West Branch
12	Allie Schweitzberger	12	KPWC

Flight 2 Finals

1	Lynnae Green	10	Shenandoah
2	Rylee Gallaher	12	PCM, Monroe
3	Kloe Hemmersbach	11	Waukon
4	Alex Kitchen	11	Southeast Va
5	Lauren Kounkel	11	Hinton
6	Hannah Schroeder	09	N Fayette Va
7	Ellie Sibbel	11	Kuemper Cath
8	Elian Dzangue	11	Tipton
9	Keira Hammen	12	South Cent C
10	Katelyn Grady	12	Sheldon
11	Hillary Ruschy	10	Estherville-
12	Jana Ter Wee	11	W Lyon, Inwo

Event 149 Girls Distance Medley 2A (24)

Friday 5/19/2023 - 2:40 PM

State Record: 4:06.86 5/19/2006 Tipton, Tipton
C Kotz, B Latare, M Miller, A Miller
All-Time: 3:55.82 2017 Assumption, Assumption
School

Section 1 Timed Finals

- 1 Tipton '1'
- 2 Treynor '1'
- 3 Sioux Ctrl, SR '1'
- 4 Okoboji, Milford '1'
- 5 Crestwood '1'
- 6 Denver '1'
- 7 W Marshall '1'
- 8 Hudson '1'

Section 2 Timed Finals

- 1 South Cent Cal '1'
- 2 Cent Lyon '1'
- 3 Grundy Center '1'
- 4 Clarinda '1'
- 5 Chariton '1'
- 6 Aplntn-Parksbg '1'
- 7 Manson NW Web '1'
- 8 Hinton '1'

Section 3 Timed Finals

- 1 Sumner-Fredrksbg '1'
- 2 Jesup '1'
- 3 Williamsburg '1'
- 4 Van Meter '1'
- 5 Monticello '1'
- 6 Sibley-Ocheyedan '1'
- 7 Forest City '1'
- 8 Mid-Prairie, W '1'