

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/12/2023 01:52 PM  
 Iowa Girls & Boys State Track Meet 2023 - 5/18/2023 to 5/20/2023  
 Des Moines, Iowa  
 Drake Stadium  
 Meet Program

Event 5 Girls 100 Meter Dash 3A (24)

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 Thursday 5/18/2023 - 6:37 PM

State Record: 12.08 2017 Keaton Kester, ADM  
 All-Time: 11.49 2018 Syndey Milani, Southeast Polk  
 Name Year School

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 Heat 1 Prelims

1	Aiden Gosselink	09 Grinnell
2	Shay Sinnard	12 Carroll
3	Hayley Stowe	11 Decorah
4	Jessica Kyne	11 DSM, Hoover
5	Makayla Crannell	11 ADM, Adel
6	Jada Grove	10 ADM, Adel
7	Brinley Krivachek	12 Decorah
8	Cloe Savitski	10 Webster City

Heat 2 Prelims

1	Mackenzie Harder	10 Storm Lake
2	Maleah Walker	12 Oskaloosa
3	Caliana Whitaker	09 Mt Vernon
4	Meghan McDonald	12 Wahlert, Dub
5	Tierney Huss	11 MOC-FV
6	Kaleigh Tooker	09 MOC-FV
7	Shannon Cleary	09 Bishop Heela
8	Emersyn McGrath	09 Clear Lake

Heat 3 Prelims

1	Piper Stahle	09 Solon
2	Takira Smith	11 DSM, Hoover
3	Ava Ramler	11 Epworth, WD
4	Taylor Wing	10 Maquoketa
5	Brynn Walters	11 Epworth, WD
6	Mackenzie Kauffman	12 Spirit Lake
7	Laine Hadsall	12 CPU
8	Andi Scott	11 Mt Pleasant

Event 13 Girls 200 Meter Dash 3A (24)

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 Thursday 5/18/2023 - 4:30 PM

State Record: 24.42 2022 Audrey Biermann, Western Dubuque  
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk  
 Name Year School

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 Heat 1 Prelims

1	Maleah Walker	12 Oskaloosa
2	Aiden Gosselink	09 Grinnell
3	Aly Stahle	10 Solon
4	Makayla Crannell	11 ADM, Adel
5	Caliana Whitaker	09 Mt Vernon
6	Ava Ramler	11 Epworth, WD
7	Prisca Kalala	12 Clear Crk-Am

8	Emersyn McGrath	09	Clear Lake
Heat 2 Prelims			
1	Madi Huls	11	LeMars
2	Kim Karnga	11	DSM, Hoover
3	Jacie Trine	11	Pella
4	Tierney Huss	11	MOC-FV
5	Lani Hubka	12	Decorah
6	Erika Amendt	12	Spencer
7	Mia Duckett	11	Solon
8	Noel Boettger.	12	Ballard
Heat 3 Prelims			
1	Josey Dunbar	12	Clarke
2	Anna O'Rear	09	W Delaware
3	Brynn Walters	11	Epworth, WD
4	Abigail Cave	09	Marion
5	Jessica Kyne	11	DSM, Hoover
6	Reese Brownlee	10	Clear Lake
7	Danika Arnold	11	Glenwood
8	Mackenzie Harder	10	Storm Lake

## Event 21 Girls 400 Meter Dash 3A (24)

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 Thursday 5/18/2023 - 7:10 PM

State Record:	54.56	2022	Audrey Biermann, Western Dubuque
All-Time:	52.90	2018	Sydney Milani, Southeast Polk
Name			Year School

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## Section 1 Timed Finals

1	Mackenzie Harder	10	Storm Lake
2	Reaghan Ressler	10	Independence
3	Kenley Meis	12	Bishop Heela
4	Hannah Desmarais	10	ADM, Adel
5	Laurel Mizerak	10	Gilbert
6	Madi James	10	ADM, Adel
7	Jade Coots	12	Vinton-Shell
8	Maya Hogrefe	09	LeMars

## Section 2 Timed Finals

1	Kobi Lietz	10	Solon
2	Melanie Sullivan	12	Knoxville
3	Emma Meester	12	Mt Vernon
4	McKenzie Riley	10	Decorah
5	Tess Erickson	11	Vinton-Shell
6	Madeline Fidone	11	Lewis Centra
7	Brooklyn Shannon	10	Newton
8	Avary Darling	12	Winterset

## Section 3 Timed Finals

1	Josey Dunbar	12	Clarke
2	Ava Rush	12	Atlantic
3	Rylee Steffen	11	Wahlert, Dub
4	Gracie Federspiel	11	Solon
5	Reese Brownlee	10	Clear Lake
6	Jacie Trine	11	Pella
7	Annika Kotula	12	Assumption
8	Reese Kuhlman	11	Maquoketa

## Event 29 Girls 800 Meter Run 3A (24)

Saturday 5/20/2023 - 10:50 AM

State Record: 2:07.51 5/21/2016 Joy Ripslinger, Assumption

All-Time: 2:06.52 2021 Ainsley Erzen, Carlisle

Name Year School

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Section 1 Timed Finals

1	Sienna Kass	10	LeMars
2	Sarah May	10	MOC-FV
3	Anna Quillin	11	Solon
4	Macie Ripslinger	11	Assumption
5	Addison Doughan	10	Clear Lake
6	Kolby Oldenkamp	09	Sioux Center
7	Jada Hoffman	10	Assumption
8	Anna Feuerbach	11	Clear Lake
9	Sami Craven	11	Winterset
10	Olivia Bellini	09	Wahlert, Dub
11	Annika Larson	10	Ballard
12	Addison Dabroski	09	Marion

## Section 2 Timed Finals

1	Ava Rush	12	Atlantic
2	Marie Dea	11	Carroll
3	Gracie Federspiel	11	Solon
4	Keira Andersen	09	Gilbert
5	Sarah Feddersen	10	Gilbert
6	Liza Schaffer	12	North Polk
7	Maya Bergstrom	11	Carlisle
8	Abby Teagarden	11	Pella
9	Tierney Carter	09	Oskaloosa
10	Iris Dahl	09	Washington
11	Laura Swart	12	Mt Vernon
12	Claire Pellett	11	Atlantic

Event 37 Girls 1500 Meter Run 3A (24)  
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Saturday 5/20/2023 - 3:00 PM

State Record: 4:36.96 2022 Ainsley Erzen, Carlisle

All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name Year School

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Section 1 Timed Finals

1	Kira Barker	10	Clear Crk-Am
2	Liza Schaffer	12	North Polk
3	Marissa Ferebee	09	Pella
4	Paityn Noe	12	Ballard
5	Maya Bergstrom	11	Carlisle
6	Geneva Timmerman	12	ADM, Adel
7	Moriah Knapp	12	Algona
8	Iris Dahl	09	Washington
9	Clare Stahr	11	Gilbert
10	Kayla Young	12	Solon
11	Annika Larson	10	Ballard
12	Lindsey Sonderman	10	Harlan
13	Deni Katcher	09	CPU
14	Morgan Sutton	11	Winterset
15	Addison Doughan	10	Clear Lake
16	Avery Rump	09	Fort Madison
17	Haley James	09	ADM, Adel

18	Marie Daggett	11	Carlisle
19	Lily Graham	10	Wahlert, Dub
20	Katelyn Krieger	12	Spirit Lake
21	Corinne McCord	10	Sioux Center
22	Claire Jensen	09	Mt Vernon
23	AudryElla Meyer	10	Marion
24	Tierney Carter	09	Oskaloosa

## Event 45 Girls 3000 Meter Run 3A (24)

Thursday 5/18/2023 - 3:35 PM

State Record: 9:55.37 2017 Joy Ripslinger, Assumption

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School
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## Section 1 Timed Finals

1	Moriah Knapp	12	Algona
2	Katelyn Krieger	12	Spirit Lake
3	Lindsey Sonderman	10	Harlan
4	Paityn Noe	12	Ballard
5	Kayla Young	12	Solon
6	Avery Rump	09	Fort Madison
7	Maya Bergstrom	11	Carlisle
8	Lola Mendlik	10	Denison-Schl
9	Marissa Ferebee	09	Pella
10	Geneva Timmerman	12	ADM, Adel
11	Addison Doughan	10	Clear Lake
12	Biyanca Dokter	12	MOC-FV
13	Claire Jensen	09	Mt Vernon
14	Marie Daggett	11	Carlisle
15	Emily McLaughlin	11	Clear Lake
16	Madelyn Berglund	10	Glenwood
17	Lucy Murphy	09	Wahlert, Dub
18	Deni Katcher	09	CPU
19	Emma Wilkerson	11	CPU
20	Peyton Morey	10	Spencer
21	Elyse Zwart	10	Boy-Hul/Rock
22	Avelyn Vance	11	Ballard
23	Jaida Lyons	11	Benton Comm
24	Tess Paulsen	11	Pella

## Event 51 Girls 100 Meter Hurdles 3A (24)

Friday 5/19/2023 - 4:10 PM

State Record: 14.51 2018 Grace Martensen, Benton Community

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
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## Heat 1 Prelims

1	Carly Dunn	10	Sioux Center
2	JaKya Powell	10	DSM, Hoover
3	Soren Maricle	12	Central DeWi
4	Silvana Kabolo	12	Clear Crk-Am
5	Hope Moore	12	Benton Comm
6	Claire Miller	12	Denison-Schl
7	Laura Downs	12	Carlisle
8	Layla Arp	10	North Polk

## Heat 2 Prelims

1	Sydney Kipp	11	Decorah
2	Tiana Gehling	12	North Polk
3	Sierra Durin	12	Xavier, CR
4	Addisyn Terpstra	12	Newton
5	Sophia Stahle	12	Solon
6	Madison Tunning	12	Carroll
7	Brooklyn Banghart	09	Independence
8	Leighton Messinger	09	Washington

## Heat 3 Prelims

1	JaQuay Priest	12	Newton
2	Carlie Clemmer	11	Glenwood
3	Chloe Meester	10	Mt Vernon
4	Naomi Durin	12	Xavier, CR
5	Jerra Merchant	12	Spencer
6	Hannah Quang	11	Oskaloosa
7	Jaya Kleemeier	11	Winterset
8	Jayci Reed	09	Atlantic

## Event 59 Girls 400 Meter Hurdles 3A (24)

Friday 5/19/2023 - 5:50 PM

State Record: 1:02.53 5/19/2010 Holly Salzbrenner, Mount Vernon-Lisbon

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name Year School

## Section 1 Timed Finals

1	Jocelyn Manock	09	North Polk
2	Lauren Staudt	11	Charles City
3	Sophia Bleich	10	Gilbert
4	Emma Arnold	12	Xavier, CR
5	Kiersten Swart	09	Mt Vernon
6	Hailey Kemper	10	Fort Madison
7	Elise Coghlan	09	ADM, Adel
8	Emmalee Wells-Stout	10	Oskaloosa

## Section 2 Timed Finals

1	Rellana Van Deuren	11	Mt Pleasant
2	Carlie Clemmer	11	Glenwood
3	Breckyn Petersen	10	Glenwood
4	Reese Keenan	10	Spirit Lake
5	Jaya Kleemeier	11	Winterset
6	Jaylin Herring	09	Clear Crk-Am
7	Evelyn Adam	11	Oskaloosa
8	Morgan Botos	10	Atlantic

## Section 3 Timed Finals

1	Madi James	10	ADM, Adel
2	Reagan Roling	12	Carlisle
3	Jerra Merchant	12	Spencer
4	Sophia Stahle	12	Solon
5	Alivia Schulte	12	W Delaware
6	Laura Swart	12	Mt Vernon
7	Charlotte Pritchard	11	Spirit Lake
8	Mia Stahle	11	Solon

## Event 68 Girls 4x100 Meter Shuttle Hurdle 3A (24)

Thursday 5/18/2023 - 8:00 PM

State Record: 1:03.13 5/21/2016 Pella, Pella  
 K Pingel, E Holterhaus, E Thoreson, C McKinstrey  
 All-Time: 1:00.44 2022 Dowling Catholic, Dowling Catholic  
 O Kramer, R Leman, A Gaskell, E Okwaramoi  
 School

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Heat 1 Prelims
  1 Benton Comm '1'
  3 Newton '1'
  5 North Polk '1'
  7 Spirit Lake '1'
Heat 2 Prelims
  1 Oskaloosa '1'
  3 Solon '1'
  5 Carlisle '1'
  7 Independence '1'
Heat 3 Prelims
  1 ADM, Adel '1'
  3 Clear Crk-Amana '1'
  5 Spencer '1'
  7 Glenwood '1'
Heat 4 Prelims
  1 Atlantic '1'
  3 Xavier, CR '1'
  5 Mt Vernon '1'
  7 Fairfield '1'
Heat 5 Prelims
  1 W Delaware '1'
  3 Decorah '1'
  5 Denison-Schlswg '1'
  7 Hampton-Dumont-CAL '1'
Heat 6 Prelims
  1 Waverly-SR '1'
  3 Winterset '1'
  5 LeMars '1'
  7 MOC-FV '1'

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Event 74 Girls 4x100 Meter Relay 3A (24)

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Friday 5/19/2023 - 6:30 PM
State Record: 48.21 2018 Wahlert, Dubuque, Wahlert, Dubuque
                L Wedewer, A Sherman, C Broderick, B Hasken
All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
                CR Jefferson Tied in 2015
School

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Heat 1 Prelims
  1 Mt Pleasant '1'
  2 Glenwood '1'
  3 DSM, Hoover '1'
  4 Epworth, WD '1'
  5 Decorah '1'
  6 Carlisle '1'
  7 Boy-Hul/Rock Val '1'
  8 Algona '1'
Heat 2 Prelims
  1 Xavier, CR '1'

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2 Newton '1'  
 3 Solon '1'  
 4 MOC-FV '1'  
 5 ADM, Adel '1'  
 6 Spencer '1'  
 7 Marion '1'  
 8 Carroll '1'

## Heat 3 Prelims

1 Boone '1'  
 2 Clear Crk-Amana '1'  
 3 Pella '1'  
 4 Wahlert, Dub '1'  
 5 Maquoketa '1'  
 6 Bishop Heelan '1'  
 7 North Polk '1'  
 8 Bond-Farrar '1'

## Event 82 Girls 4x200 Meter Relay 3A (24)

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 Friday 5/19/2023 - 4:55 PM

State Record: 1:40.93 2018 Wahlert, Dubuque, Wahlert, Dubuque  
 L Wedewer, A Sherman, C Broderick, B Hasken

All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson

A Ranschau, J Blue, M Meese, L Schneekloth

School

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## Section 1 Timed Finals

1 Bond-Farrar '1'  
 2 Sioux Center '1'  
 3 Glenwood '1'  
 4 Solon '1'  
 5 LeMars '1'  
 6 Waverly-SR '1'  
 7 MOC-FV '1'  
 8 Carroll '1'

## Section 2 Timed Finals

1 North Polk '1'  
 2 Mt Pleasant '1'  
 3 Boone '1'  
 4 Pella '1'  
 5 W Delaware '1'  
 6 Gilbert '1'  
 7 Clear Crk-Amana '1'  
 8 Maquoketa '1'

## Section 3 Timed Finals

1 Wahlert, Dub '1'  
 2 Decorah '1'  
 3 Mt Vernon '1'  
 4 ADM, Adel '1'  
 5 Epworth, WD '1'  
 6 Marion '1'  
 7 Spencer '1'  
 8 DSM, Hoover '1'

## Event 90 Girls 4x400 Meter Relay 3A (24)

=====  
 Friday 5/19/2023 - 7:20 PM

State Record: 3:53.05 5/24/2014 MOC-FV, MOC-FV  
 R Muilenburg, D Heimensen, K Landhuis, A Conaway  
 All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E  
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty  
 School

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 Heat 1 Prelims

1 MOC-FV '1'  
 2 Newton '1'  
 3 Oskaloosa '1'  
 4 Solon '1'  
 5 Mt Vernon '1'  
 6 Decorah '1'  
 7 North Polk '1'  
 8 Carlisle '1'

Heat 2 Prelims

1 Atlantic '1'  
 2 Glenwood '1'  
 3 Epworth, WD '1'  
 4 Wahlert, Dub '1'  
 5 W Delaware '1'  
 6 Carroll '1'  
 7 ADM, Adel '1'  
 8 Washington '1'

Heat 3 Prelims

1 Waverly-SR '1'  
 2 Lewis Central '1'  
 3 Clear Crk-Amana '1'  
 4 Pella '1'  
 5 Gilbert '1'  
 6 Sioux Center '1'  
 7 LeMars '1'  
 8 Bishop Heelan '1'

Event 98 Girls 4x800 Meter Relay 3A (24)

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 Thursday 5/18/2023 - 5:25 PM

State Record: 9:17.72 5/18/2010 Mount Vernon/Lisbon, Mount Vernon/Lisbon  
 All-Time: 9:09.09 2001 Iowa City West, Iowa City West  
 School

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 Section 1 Timed Finals

1 Assumption '1'  
 2 Pella '1'  
 3 Algona '1'  
 4 Maquoketa '1'  
 5 Marion '1'  
 6 Bishop Heelan '1'  
 7 Epworth, WD '1'  
 8 Decorah '1'  
 9 Winterset '1'  
 10 Glenwood '1'  
 11 Nevada '1'  
 12 Newton '1'

Section 2 Timed Finals

1 Xavier, CR '1'  
 2 Clear Crk-Amana '1'



3 Ballard '1'  
 4 Solon '1'  
 5 Gilbert '1'  
 6 ADM, Adel '1'  
 7 Mt Vernon '1'  
 8 Wahlert, Dub '1'  
 9 Washington '1'  
 10 MOC-FV '1'  
 11 Sioux Center '1'  
 12 Atlantic '1'

Event 112 Girls 800 Sprint Medley 3A (24)

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 Saturday 5/20/2023 - 9:25 AM

State Record: 1:43.58 2022 Western Dubuque, Western Dubuque  
 A Ramler, S Recker, B Walters, A Biermann  
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar  
 A Rolle, O Hubler, J Bennett, P Wensel

School

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 Section 1 Timed Finals

1 W Delaware '1'  
 2 W Burlington/ND '1'  
 3 Winterset '1'  
 4 Carlisle '1'  
 5 Bond-Farrar '1'  
 6 Gilbert '1'  
 7 Waverly-SR '1'  
 8 Independence '1'

Section 2 Timed Finals

1 North Polk '1'  
 2 Atlantic '1'  
 3 Boone '1'  
 4 MOC-FV '1'  
 5 Carroll '1'  
 6 LeMars '1'  
 7 ADM, Adel '1'  
 8 Xavier, CR '1'

Section 3 Timed Finals

1 Mt Vernon '1'  
 2 Solon '1'  
 3 Clear Lake '1'  
 4 Wahlert, Dub '1'  
 5 Decorah '1'  
 6 Maquoketa '1'  
 7 Spencer '1'  
 8 Pella '1'

Event 120 Girls High Jump 3A (24)

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 Thursday 5/18/2023 - 4:30 PM

State Record: 5-09 5/22/2014 Alexis Conaway, MOC-FV  
 All-Time: 6-01 2010 Hannah Wilms, Dike-NH  
 Name Year School

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 Flight 1 Finals

1 Kelsey Tauke 10 Pella

2	Tori White	09	Newton
3	Carlee Webber	10	Marion
4	Nakila Toney	12	Charles City
5	Maya Hogrefe	09	LeMars
6	Cadence Sinclair	12	Carlisle
7	Sara Mun	09	Denison-Schl
8	Noelle Johnson	10	Boone
9	Lilly Towne	11	Solon
10	Libby Fandel	10	Xavier, CR
11	Melanie Chanthapangna	09	Storm Lake
12	Morgan Mann	10	Humboldt
13	Emma Robinson	09	Carlisle
14	Ramey Dahlquist	11	Waverly-SR
15	Kamryn Hilsabeck	12	North Polk
16	Bliss Beck	11	Clear Crk-Am
17	Ava VanBerkum	10	Xavier, CR
18	Keely Collins	11	Charles City
19	Grace Voss	12	Washington
20	Blair Bandstra	11	Sioux Center
21	Madison Ehrig	11	Algona
22	Soren Maricle	12	Central DeWi
23	Sydney Maue	10	CPU
24	London Warmuth	10	ADM, Adel

## Event 128 Girls Long Jump 3A (24)

Friday 5/19/2023 - 4:30 PM

State Record: 18-08.50 5/17/2019 Aliyah Carter, Wahlert, Dub

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School
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## Flight 1 Finals

1	Jaclyn Meyer	12	Xavier, CR
2	Anna Noble	11	North Polk
3	Elizabeth Timmerman	09	Clear Crk-Am
4	Elsa Appleton	11	Mt Vernon
5	Allie Kruse	10	LeMars
6	Maddie Bergman	12	Lewis Centra
7	Ava Maloney	11	CPU
8	Avery Bock	09	Denison-Schl
9	Kylie Tauke	12	Pella
10	Josey Dunbar	12	Clarke
11	Hailey Miller	11	Solon
12	Shannon Cleary	09	Bishop Heela

## Flight 2 Finals

1	Keely Collins	11	Charles City
2	Emma Descourouez	12	Clear Crk-Am
3	Rylee Bomgaars	10	Boy-Hul/Rock
4	Kenley Meis	12	Bishop Heela
5	Tiana Gehling	12	North Polk
6	Aiden Gosselink	09	Grinnell
7	Melanie Sullivan	12	Knoxville
8	Mackenzie Harder	10	Storm Lake
9	Maleah Walker	12	Oskaloosa
10	Reese Brownlee	10	Clear Lake
11	Isabelle Noring	12	Carlisle
12	Shay Sinnard	12	Carroll

## Event 136 Girls Discus Throw 3A (24)

Thursday 5/18/2023 - 2:00 PM

State Record: 154-07 5/17/2012 Katelyn Weimerskirch, Wahlert, Dub

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

## Flight 1 Finals

1	Olivia Rowedder	10	Carroll
2	Ashlyn Finarty	12	Knoxville
3	Emma Wiebold	10	Boone
4	Lauren Travis	09	Spirit Lake
5	Abigail Felton	11	Solon
6	Olivia Hilby	10	Wahlert, Dub
7	Doryn Paup	12	Creston
8	Elliana Heisinger	12	Spencer
9	Carolyn Miller	12	Bond-Farrar
10	Elise Thramer	12	Lewis Centra
11	Erin Ades	11	Boone
12	Taylor Luscomb	12	CPU

## Flight 2 Finals

1	Hannah Kling	12	Grinnell
2	Lauren Hagedorn	09	ADM, Adel
3	Kate Shafer	10	Solon
4	Madison Hettinga	10	MOC-FV
5	Ciara Heffron	11	Knoxville
6	Ashlyn Gomez	12	MOC-FV
7	Julia Alberts	12	Decorah
8	Fran Travis	11	Spirit Lake
9	Ashlynn Works	11	Humboldt
10	Libby Dix	10	Mt Vernon
11	Makenna Walhof	12	Sioux Center
12	Charlee Morton	10	Hampton-Dumo

## Event 144 Girls Shot Put 3A (24)

Friday 5/19/2023 - 2:00 PM

State Record: 45-05 5/18/2007 Brooke Gritters, Pella

All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name Year School

## Flight 1 Finals

1	Gracelynn Brown	10	Winterset
2	Ashlynn Works	11	Humboldt
3	Maci Cook	12	Epworth, WD
4	Jordyn Matiyow	10	Lewis Centra
5	Leah Kollar	11	Solon
6	Kennedy Stanford	10	ADM, Adel
7	Ava English	10	Mt Pleasant
8	Elise Thramer	12	Lewis Centra
9	Kylie Krumm	11	Grinnell
10	Ciara Heffron	11	Knoxville
11	Madison Hettinga	10	MOC-FV
12	Kaylee Rosacker	11	Spencer

## Flight 2 Finals

1	Leah Stewart	10	Charles City
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2	Sophia Kreutner	12	Vinton-Shell
3	Katelyn Eggena	11	Waverly-SR
4	Carolyn Miller	12	Bond-Farrar
5	Elliana Heisinger	12	Spencer
6	Kyla Vaughn	12	Mt Vernon
7	Taylor Luscomb	12	CPU
8	Lauren Travis	09	Spirit Lake
9	Hannah Kling	12	Grinnell
10	Ashlyn Finarty	12	Knoxville
11	Charlee Morton	10	Hampton-Dumo
12	Chloe Reiser	12	Decorah

## Event 150 Girls Distance Medley 3A (24)

Friday 5/19/2023 - 3:00 PM

State Record: 4:03.14 5/19/2006 Fairfield, Fairfield  
 A Bowers, A Bandy, A Kuiken, J Kuiken

All-Time: 3:55.82 2017 Assumption, Assumption  
 School

## Section 1 Timed Finals

- 1 Maquoketa '1'
- 2 MOC-FV '1'
- 3 Clear Lake '1'
- 4 Carlisle '1'
- 5 Clear Crk-Amana '1'
- 6 Denison-Schlswg '1'
- 7 Benton Comm '1'
- 8 Assumption '1'

## Section 2 Timed Finals

- 1 Wahlert, Dub '1'
- 2 Spirit Lake '1'
- 3 Sioux Center '1'
- 4 Gilbert '1'
- 5 Pella '1'
- 6 Atlantic '1'
- 7 LeMars '1'
- 8 W Delaware '1'

## Section 3 Timed Finals

- 1 Mt Vernon '1'
- 2 ADM, Adel '1'
- 3 Ballard '1'
- 4 Marion '1'
- 5 Carroll '1'
- 6 North Polk '1'
- 7 Oskaloosa '1'
- 8 Solon '1'