

2021-22 NFHS Volleyball Part I Exam

	Question	Answer1	Answer2	Answer3	Answer4	Rule Reference
1	Assistant coaches shall remain seated on the bench during a set except to:	Ask the second referee, during a dead-ball situation, to verify the proper server for the opponent.	Confer with players during time-outs.	Spontaneously react to an outstanding play by a player(s) of their own team.	All are correct.	12-2-5a, c, d
2	During the set, the libero tracker shall:	Enter on the tracking sheet the starting players in the proper service order.	Record libero replacements and substitutions.	Notify the second referee during first dead ball when there is a discrepancy with a replacement.	All are correct.	5-7-1b; 5-7-3a, c
3	A player shall not re-enter the set during the same dead ball in which that player was substituted.	True	False			10-3-3
4	Players on the serving team may take action to prevent receivers from seeing contact of the serve or path of the served ball.	True	False			6-5-1, 6-5-2
5	The libero can replace a disqualified player.	True	False			6-4-2d
6	The official scorer collects the rosters from the head coaches.	True	False			7-1-1a
7	After the referee's recognition of a substitution request, a substitute shall:	Proceed without delay to the substitution zone.	Be ready to enter the substitution zone once the preceding substitute has been released to enter the court when more than one substitution is requested.	Remain in the substitution zone until the second referee releases the substitute and the replaced player.	All are correct.	10-2-3, 10-2-3c, 10-2-4, Officials Manual
8	If a player removes part of the uniform top or bottom while in the playing area, the coach is assessed:	No penalty.	A verbal warning - no card given.	An unsporting conduct card.	An unnecessary delay.	4-2-7
9	A time-out may be requested:	By the head coach during a dead ball.	By the playing captain during a dead ball.	Prior to the start of a set.	All are correct.	11-2-1, 11-2-2
10	If using an intermission, it shall be no longer than three minutes.	True	False			11-5-2
11	If a substitute fails to immediately report to the second referee after the substitution request is recognized, that team is charged with unnecessary delay, and the substitution is granted by the second referee.	True	False			10-2-7b (1), 10-2 PENALTIES 2
12	Blocking a ball which is entirely on the opponent's side of the net is permitted when the opposing team has had an opportunity to complete its attack. The attack is considered complete when the:	Attacking team has completed its three allowable hits.	Attacking team has had the opportunity to complete the attack or, in the referee's judgment, directs the ball toward the opponent's court.	Ball is falling near the net and, in the referee's judgment, no legal member of the attacking team could make a play on the ball.	All are correct.	9-6-4a, b, c
13	A libero is allowed to:	Block or attempt to block.	Set the ball using overhead finger action while behind the attack line extended, resulting in a completed attack above the height of the net.	Complete an attack from anywhere if, at the moment of contact, the ball is entirely above the height of the net.	Rotate to the front row.	9-5-6a, b, c, d

2021-22 NFHS Volleyball Part I Exam

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14	In order to review a decision made by the first referee, the head coach requests and is granted a time-out during the dead ball immediately following the situation in which a possible incorrect decision occurred. The team has already used its allotted time-outs. The referee's decision prevails. A loss of rally/point shall be awarded to the opponent.	True	False			11-3-1, 11-3 PENALTY
15	Pre-match duties for the first referee shall include:	Verifying with each head coach that all teammates are wearing legal uniforms and equipment.	Calling a captain(s) and the head coach from each team together for a pre-match conference by sounding a double whistle and raising a coin in the air.	Establishing nonplayable areas and defining any additional ground rules which may be necessary.	All are correct.	5-4-1d, h, j
16	A player's uniform number may be comprised of two digits including 00.	True	False			4-2-4b
17	A coach shall submit a roster to the second referee at the pre-match conference.	True	False			7-1-1a
18	All of the following are accurate in relation to a re-serve except:	Each player may have only one re-serve during the team's term of service.	A server is allowed a new five seconds for the re-serve.	After the first referee's signal for re-serve, no request for a time-out, substitution or libero replacement may be granted until after the ball has been served.	All are correct.	8-1-1, 8-1-5, 8-1-6
19	The following is not proper court protocol for the use of electronic devices during the match:	A team may use electronic devices during the match without restrictions.	The first referee may restrict use of the devices if it is determined the device interferes with the contest.	The location and use of devices shall not be in a restricted area as determined by host	State associations may have additional policies in place to further address the use of	9-2-1a,b, NOTE
20	If the host school does not pad the standards, floor/wall cables and first referee's platform according to the rules, the match shall not be played.	True	False			3-1-3 PENALTY
21	A loss of rally/point is awarded each time a vacant position rotates to serve in the right back position. This is recorded on the scoresheet as a regular loss of rally/point.	True	False			1-3-3
22	The visiting team captain shall call the toss in the first set and if a deciding set is necessary, a home team captain shall call the toss.	True	False			1-2-4a, b
23	A match shall be forfeited when the host management fails to resolve an unruly spectator situation.	True	False			1-7b
24	An attack line shall be drawn across each playing area from sideline to sideline and shall be:	Shaded.	One clearly visible color.	4 inches wide.	All are correct.	2-1-5
25	Medical-alert medals are considered jewelry and must be removed.	True	False			4-1-7a
26	All teammates shall not wear:	A like-colored uniform bottom.	The uniform as the manufacturer intended.	A uniform with buttons, zippers or snaps.	A uniform with one American flag, not exceeding 2 inches by 3 inches.	4-2-1a, b, c, g

2021-22 NFHS Volleyball Part I Exam

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27	All cards issued for unsporting conduct carry over from set to set throughout the match.	True	False			12-2 PENALTIES NOTES 2, Procedure for Unsporting Conduct Violations #9
28	Each player, including the libero, shall be identified by a number that is:	Solid-colored.	Located on the upper front of the uniform top.	Not more than two digits.	All the above.	4-2-4b, c, d
29	The referees' jurisdiction begins:	Upon the start of the match.	Upon the arrival on the floor.	Upon the pregame meeting.	Both A and B.	5-1-3
30	If a net fault is whistled by the first referee, he or she shall indicate the result of the play followed by the nature of the fault. The second referee will mirror the signal for a net serve.	True	False			5-2-1a EXCEPTION
31	Which of the following is incorrect concerning the first referee? The first referee must have:	A coin and a watch.	A lineup card.	A whistle.	A set of yellow and red cards.	5-3-2a
32	The second referee has the responsibility to:	Be in uniform at the site of the match no less than 30 minutes before the starting time.	Assist the first referee in pre-match duties.	Verify that the starting lineups have been entered correctly on the official scoresheet.	All are second referee responsibilities.	5-5-1a, b, d
33	The second referee shall notify the coach when a team uses its 15th through 20th substitutions.	True	False			5-5-3b (16)
34	The second referee has the responsibility to assist the first referee in determining back-row player faults.	True	False			5-5-3b (7)
35	The second referee shall confirm with the scorer the initial unnecessary delay warning and second and subsequent unnecessary delay penalties during a set by:	A coach.	A player.	A substitute.	All of the above.	5-5-3b (23)
36	During the set, each line judge shall assist the first referee and second referee by:	Identifying a service fault on the opposite side of the net.	Making illegal libero replacement calls.	Placing the ball on the end line of the serving side during time-outs.	Indicating when the serve, or any played ball, crosses the net not entirely between the net antennas.	5-9-3b, c
37	At the moment of the serve, all players shall be in the correct serving order.	True	False			6-4-3b
38	When a team plays with fewer than six players due to illness, injury or disqualification, a loss of rally/point shall not be given to the opponent when the vacant position rotates to serve.	True	False			6-4-5
39	A re-serve shall be called when:	The server releases the ball for service, then catches the ball.	The ball contacts the backboard or its supports hanging in a vertical position.	The server steps on the service line.	The server contacts the ball outside the hashmark.	8-1-2, 8-1-6
40	When a receiving team player is out of position on the serve and a service fault occurs, the receiving team is penalized.	True	False			8-2-7b
41	Substitution requests are not permitted:	At the beginning of a time-out.	After a replay is signaled.	After a re-serve is signaled.	All of the above are correct.	8-1-6, 9-8-2, 10-2-5
42	For a deciding set, the first serve is determined by the coin toss.	True	False			8-2-4
43	When teammates contact the ball at the same instant it is permitted and considered one hit.	True	False			9-4-6b
44	A player may not cross the extension of the center line outside the court at any time.	True	False			9-5-8

2021-22 NFHS Volleyball Part I Exam

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45	Which of the following statements is accurate in relation to net play:	A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas.	A player shall not contact a ball which is completely on the opponent's side of the net unless the contact is a legal block.	Recovering a ball hit into the net shall be permitted.	All of the above are correct.	9-6-1, 9-6-2, 9-6-3
46	A fault is a failure to play as permitted by the rules.	True	False			9-7-1
47	For a single fault a loss of rally/point is awarded	True	False			9-7 PENALTY 1
48	The head coach may stand only in the substitution zone to coach the team's players.	True	False			12-2-6
49	Once a replay is signaled by the first referee, a time-out may be requested.	True	False			9-8-2
50	The following action(s) results in an unnecessary delay.	Illegal substitute attempting to enter the set.	A coach not making a decision about an injured player within 30 seconds.	Failure to submit the team's roster at the pre-game conference.	All result in unnecessary delay.	7-1 PENALTY 1; 9-9-1a, g, j; 11-4-1 NOTE 2
51	Procedures for substitution include:	The head coach visually signaling.	The substitute entering the substitution zone.	The substitute reporting to the officials' table.	Both A and B are correct.	10-2-1a, b
52	A time-out prior to the start of the set shall be honored.	True	False			11-2-2
53	Unsporting conduct shall be charged to a coach questioning a referee's judgment.	True	False			12-2-8e
54	A five-minute warm-up period shall be afforded each team.	True	False			1-6-4
55	A single, partial/whole manufacturer's logo/trademark/reference on the uniform bottom to include the waistband shall be:	4 by 4 inches.	2¼ square inches or less.	2¾ inches.	3 inches or less.	4-2-1f
56	When multiple courts are used, the second referee may end a time-out or interval between sets with a:	Audio signal (horn).	Double whistle.	Beckon for serve.	Whistle.	5-8-3 NOTE
57	During the set, the scorer shall:	Sound the audio device at the time the ball is contacted for the serve when there is an improper server.	Notify the second referee during the first dead ball when there is a discrepancy with the score.	Verify the serving order to the first referee or second referee.	All are correct.	5-6-3b, c, e
58	During the set, each line judge shall assist the referees by:	Communicating with the first referee when asked, when the ball touches the ceiling or overhead obstruction, if out of the view of the referees.	Indicating when the ball touches the net, net antennas, and/or net supports not entirely between the net antennas.	Indicating when a player touches a ball that is going out of bounds on the player's side of the net.	All are correct.	5-9-3c, e, f
59	During a dead ball, the playing captain may request the following for the captain's team:	A time-out.	Verification of time-outs used.	Verification of serving order.	All are correct.	6-3-2a, b, c
60	It is legal for a head coach to request a time-out:	After the first referee has signaled for the next serve.	Prior to the start of the set.	After a replay is signaled.	During play.	8-1-6, 9-8-2, 11-2-1, 11-2-2
61	When used, a libero:	May be used as an exceptional substitution for an injured player if no other legal substitute is available.	May replace a disqualified teammate.	May not be designated as the playing captain.	Shall not be allowed to serve in one position in the serving order.	6-4-2b, c, d, e; 10-3-6c; 10-4-3b
62	At the moment of the serve for Team S:	Each right-side player on Team R shall have at least part of one foot touching the floor closer to the right sideline than both feet of the center player in the corresponding row.	All players, except the server, shall be within the team's playing court.	Each front-row player on both Team S and Team R shall have at least part of one foot touching the floor closer to the center line than both feet of the corresponding back-row player.	All are correct.	6-4-3a, b, c

2021-22 NFHS Volleyball Part I Exam

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63	The team lineup lists a starting number that no team member is wearing. The team legally substitutes a player with a legal number into that position. The team is not charged with a substitution.	True	False			7-1-4a(1)
64	If the same player number (not the libero) is listed more than once in the submitted starting lineup, the head coach may correct the error with a charged substitution if the correction occurs prior to the first serve.	True	False			7-1-4b(2)
65	On a re-serve, after the first referee's signal for service, requests for _____ may be recognized.	Time-outs	Service order	Libero replacement	None are correct.	8-1-6
66	A serve is illegal and the ball remains dead if the server:	Tosses the ball for serve and the ball touches any part of a backboard or its supports hanging in a vertical position over the serving area.	Does not contact the ball to serve within five seconds.	Is touching the end line or the floor outside the serving area when the ball is contacted.	All are correct.	8-2-5b,c,g
67	For teams with fewer than six players, each time a vacant position rotates to serve in the right back position, a loss of rally/point is awarded to the opponent.	True	False			8-1-4
68	During the set, the _____ is permitted to stand in the replacement zone.	Incoming substitute	Assistant coach	Head coach	Nonplaying team members	9-1-1, 12-2-6
69	The libero uniform can be made of the same predominant color(s) of the team uniform top if placed differently on the uniform top.	True	False			4-2-2
70	A live ball becomes dead when:	The receiving team makes multiple contacts with a served ball on its first hit.	The serve contacts the net and enters into the receiving team's court.	The ball touches the floor.	After touching the ball on a block, a team contacts the ball three times before returning the ball into the opponent's court.	9-3-3g
71	Team R's CF, LF and LB are very close to each other at the net, and all three are reaching higher than the top of the net. The ball is attacked by Team S and contact is made by Team R's block. Which of the following statements is true?	CF, LF and LB do not meet the definition of a collective block.	Only LF contacts the ball and therefore a legal block.	A blocking fault results because LB has participated in a completed collective block.	All the statements are true.	9-5-1(c)3 NOTE
72	A back-row setter, when in front of the attack line, may:	Send the ball into the opponent's court when the ball is partially above the height of the net.	Jump.	Contact the ball below the height of the net.	All are correct	9-5-1c NOTE, 9-5-4, 9-5-5
73	Any action other than a block or a serve that directs the ball toward the opponent's court is considered a(n):	Attack.	Pass.	Dig.	Set.	9-5-1a, b
74	Blocking a served ball is not permitted.	True	False			9-6-5
75	A referee shall stop play when a player gains an advantage by contacting:	Officials' table.	Team bench.	Wall.	All are illegal.	2-4-1b

2021-22 NFHS Volleyball Part I Exam

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76	A stray volleyball rolls onto the court during the set and disrupts play. The referee will:	Give the team that was interfered with the option of accepting the outcome of the play or a replay.	Stop play and signal a replay.	Allow the rally to continue to its natural end. The rally will be replayed only if players from the team that lost the rally complain that they were distracted by the stray volleyball.	Allow a player to bat the ball away while continuing play.	9-8-1g(1)
77	A team has been assessed a second administrative unnecessary delay. The penalty is:	A second administrative yellow card.	An administrative red card, loss of rally/point.	The head coach must remain seated during play for yellow card.	All are correct.	9-9-1 PENALTIES 2
78	The head coach must remain seated during play after being assessed a yellow unsporting conduct card.	True	False			12-2-6
79	Unnecessary delay occurs when:	An illegal replacement attempts to enter the set.	A team repeatedly uses an improper substitution procedure.	A coach is late submitting the team's lineup to the second referee.	All are unnecessary delay.	9-9-1b, h, i
80	The first unnecessary delay by a coach, player, substitute, replacement or team results in a warning (administrative yellow card), and shall result in the head coach being required to remain seated during play.	True	False			9-9-1 PENALTY 1
81	To signal a second unnecessary delay (red card), raise the hand on side of the offending team beside head, palm facing in, hold the red card on the wrist of the raised hand.	True	False			Official Signals No. 20
82	All of the following are accurate in relation to a re-serve except:	Each player may have only one re-serve during the team's term of service.	A server is allowed a new five seconds for the re-serve.	After the first referee's signal for re-serve, no request for a time-out, substitution or libero	All are correct.	8-1-1, 8-1-5, 8-1-6
83	During a time-out, a substitute shall enter the set following normal exchange procedures after:	Beckoned by the officials' table.	Beckoned by the first referee.	Beckoned by the coach during the time-out.	The time-out when both teams have returned to the court.	10-2-5
84	The player and substitute may exchange positions in the substitution zone before the second referee's signal.	True	False			10-2-4
85	A team is allowed _____ substitutions per set.	15	18	unlimited	20	10-3-2
86	The libero may not:	Replace a middle blocker who has rotated to the back row.	Replace a designated back row player.	Replace the first server at the beginning of the set.	Serve for multiple positions in the serving order.	10-4-1a
87	Between sets, teams may not:	Serve into the opponent's court.	Hit into opponent's court.	Warm up with volleyballs on both sides of the net.	All are correct.	11-5-3
88	After an injury a coach has 30 seconds to:	Complete a legal libero replacement for the injured player.	Leave the player in the set with play beginning immediately.	Take a team time-out if the team has not used its allotted time-outs.	All are correct.	11-4-1
89	When a team member seated on the bench receives a red card for unsporting conduct, the head coach must:	Have the team member escorted out.	Remain seated during play for the rest of the match.	Remain seated for the rest of the set.	Designate standing privileges to an assistant coach.	12-2-6
90	Prior to entry into the set, it is illegal for a teammate to leave the team bench to warm up in a nonplayable area without volleyballs.	True	False			12-2-7b

2021-22 NFHS Volleyball Part I Exam

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91	An unsporting conduct card shall be issued to a coach when disrespectfully addressing a referee and/or other match officials. If this is the first serious offense or second minor offense:	A Red Conduct Card is assessed and loss of rally/point is awarded to opponent.	A Red Conduct Card is assessed, no loss of rally/point is awarded, and a notation is made in the book.	The offender is disqualified from the set.	The offender is disqualified from the match.	12-2-8d, 12-2-9b, 12-2 PENALTIES 1
92	A ball is considered playable when it touches a wall or objects on the floor outside the court.	True	False			2-3a
93	A spectator becomes unruly and disruptive to the orderly progress of the set. The first referee has the responsibility to:	Defer to the second referee to resolve the matter.	Suspend the set until the host management resolves the situation.	Suspend the match.	Continue play.	12-3
94	The libero's uniform top cannot be made solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top.	True	False			4-2-2
95	Which of the following is the correct end of non-deciding set procedure for the first referee:	Whistle and signal "end of set" and direct players to their respective team benches.	Whistle and signal "end of set", whistle and direct players to their respective team benches.	Whistle and signal "end of set."	Double whistle and signal "end of set."	5-4-3c (22); 5-4-4b, c
96	Head coverings worn for religious reason are not considered hair devices; must be made of non-abrasive or soft materials and it must fit securely.	True	False			4-1-6a
97	When a player wearing an illegal uniform attempts to enter the set, unnecessary delay shall be assessed to the team.	True	False			4-2 PENALTY 1
98	Which of the following is true of the official's uniform?	All officials must dress alike.	Shirts may be long or short sleeved and a state association approved color (white, cyan blue or gray).	Shoes, socks and slacks must be black.	All of the above.	5-3-1a, b, c
99	An unnecessary delay (administrative yellow card) will be assessed at the start of a set upon failure to submit to the second referee no later than two minutes prior to the end of the timed prematch warmup, a written, accurate numeric lineup. A subsequent unnecessary delay (administrative red card) shall be assessed if:	The lineup has not been submitted 20 seconds after the two-minute mark.	The lineup has not been submitted by the end of the timed prematch warmup.	The lineup has not been submitted 30 seconds after the end of the timed prematch warmup.	All are correct.	7-1-2 PENALTIES
100	If the host school does not pad the standards, floor/wall cables and first referee's platform according to the rules, the match shall not be played.	True	False			3-1-3 PENALTY

2021-22 NFHS Volleyball Part I Exam

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