

4A All State Team

Player of the Year	Charolette Richards	CR Xavier	12
Coach of the Year	Lindsay Beaves	Dubuque Wahlert	

1st Team

Charlotte Richards	Xavier	12
Emily Holterhaus	Pella	11
Katherine Poore	Lewis Central	12
Kylee Christensen	Sergeant Bluff Luton	12
Alyyah Carter	Dubuque Wahlert	10
Madison Larson	Independence	11
Abigail Weideman	Center Point Urbana	12
Caitlyn Smith	Marion	12

2nd Team

Jenna Gremmel	Dubuque Walhert	12
Krystal Tranel	Dubuque Walhert	12
Jayne Willemssen	Waverly Shell Rock	12
Samantha McCabe	Bishop Heelan	12
Madison Harms	Sergeant Bluff Luton	11
Claire Marsh	Waverly Shell Rock	12
Sami Schepers	ADM	12
Amber Dilsaver	Fort Madison	12

Honorable Mention

Kara Wichhart	Pella	12
Krissa Larson	Waverly Shell Rock	12
Olivia Vier	Ballard	12
Megan Holt	Lewis Central	12
Claire Sandvig	Boone	12
Natalie Clayberg	Pella	11
Jade Henderson	Xavier	12
Ally Ferguson	Dallas Center Grimes	12
Kate Tidman	Bondurant Farrar	11
Shauntina Williams	Cleer Creak Amana	11